



# MAYFLOWER GARDENS

# Gazette

retirement community  
6570 W. Avenue L-12, Lancaster, CA 93536 661-943-3228

## Mayflower Gardens Retirement Community

Monday - Saturday 9 a.m.-5 p.m.  
Sunday 10 a.m.-4 p.m.

### Your Friendly Staff - Mayflower I

Briana Larkin ..... Executive Director  
Hope Smith ..... Business Office Manager  
Regina Carvalho ..... Café Manager  
Charmaine Langley ..... Activities Director  
Tony Filinow ..... Asst. Maintenance Supervisor  
John Mancini ..... Accounting Assistant  
Toulonne Newhouse ..... Leasing Consultant  
Ashley Yarman ..... Leasing Consultant  
Twila Allee ..... MGI Resident Services

### Important Phone Numbers

Mayflower I Office ..... 661-943-3228  
MG Convalescent Hospital ..... 661-943-3212  
Beauty Salon ..... 661-943-3131  
The Market Place ... Mon-Fri 661-943-3228 x110  
Mayflower Treasures ... Mon-Wed 661-943-0348  
Resident Services Mayflower I ..... 661-902-6108  
Mayflower II Office ..... (NEW) 661-722-8383  
Harshfield Terrace Office ..... 661-718-1775

### Mayflower Café

Sunday-Thursday, 8am-1:30pm ... 661-943-9478  
Delivery to your Apartment: \$1

### Mayflower Gardens Maintenance Department

Mon. - Fri. 8am to 4:30pm 661-943-2523  
After Hours Emergency 661-943-2523

*Once you choose hope,  
anything is possible.*

## September 2019

### Greetings From the Executive Director

Hello, everyone! September promises to be another great month at our community. Fall will be here soon, bringing cooler temperatures and the rich colors of falling leaves. Check out this month's calendar and be on the lookout for details about some favorite fall activities that we have planned. As always, please feel free to stop by my office at any time. Have a great September!

-Briana Larkin

### Activity Highlight for September

#### Annual BBQ Time

September is here!!

Let's say goodbye to summer Mayflower style with our big annual BBQ. All residents welcome.  
Please see page 3 for more details.



## PIONEER CLUB ACTIVITIES AND NEWS

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### LET'S PLAY BINGO!

Tuesdays, 5:00pm

Purchase games by 4:30pm  
\$15 buys one of all games.  
Extras \$2 each.

### Saturday Nickel Bingo

12:30pm Most Saturdays  
See Events Calendar.

### COFFEE and DONUTS

Saturdays, 8:00am, Café

### TREASURES

#### 1st SATURDAY SALE!

1st Saturday, September 7th  
8:00am - 12:00pm  
Great Sales on Saturdays.  
50% off on selected items.

### **Mayflower Treasures Donation Center**

Hours: Mon.-Wed.  
8:00am - 12:00pm  
(661) 943-0348

### **TREASURES FURNITURE**

Call for Appointment  
(661) 943-0348

*Please call during regular hours  
to arrange donation drop-off*

### **POTLUCK**

Sign-up will be in the Café the  
first week of September.

Walk-ins welcome.

Pay \$7 or prepare your favorite  
Italian, ready-to-serve side  
dish—enough for 6 people.  
Date: Friday, September 6th  
Time: 12pm

*Be the reason someone smiles,  
feels loved and believes in the  
goodness of people.*

*Please be at the Mayflower Bus  
Stop 15 minutes before our  
scheduled departure time.*

### **William S. Hart Museum & Coco's**



The time has come to enjoy  
ourselves with a  
delicious brunch at Coco's and  
visit the beautiful  
home of the late silent movie  
actor William S. Hart.  
Date: Thursday, Sept. 5th  
Time: Leave center at 10am  
Cost: Spending money,  
museum is free.

### **San Manuel Casino**



Are you ready for an exciting  
time at the slot machines?  
Feeling lucky? Enjoy the  
delicious foods with a wide  
variety from Serrano Buffet.  
Don't forget George Lopez's  
Chingon Kitchen located on the  
2nd floor for great Mexican  
dishes.  
Date: Thursday, Sept. 19th  
Time: Leave center at 9am  
Cost: Spending money

### **SEPTEMBER BUS TRIPS**

Sign up for SEPTEMBER Events  
and OCTOBER Bus Trips  
Starting TUESDAY, September  
3RD,  
in person in the café. Fees must  
be paid at time of sign-up.  
Monday-Friday only

### **Exotic Feline Compound in Rosamond**

Warm or cool weather, the  
amazing felines will  
be out for you to admire.  
Afterward we can stop for a  
quick meal at a local restaurant.  
Comfortable shoes are  
suggested.  
Date: Thursday, October 10th  
Leave center at 10am  
Price: Entrance fee \$12.00  
Bring extra money for meal.

### **LA ZOO**

Imagine you are going on a  
safari to explore and learn more  
about all the beautiful wild  
animals. Many places inside the  
zoo to choose for lunch.  
Date: Thursday, October 24th  
Cost: \$18.00 + extra for lunch  
Leave center at 9:00am - 5pm





NOW SHOWING  
**Mayflower Theater**

Wednesday, September 4th  
 "The Hustle" starring Anne Hathaway & Rebel Wilson

\*

Wednesday, September 11th  
 "Poms" starring Diane Keaton

\*

Thursday, September 19th  
 "LongShot" starring Seth Rogen

\*

Wednesday, September 25th  
 "RocketMan" starring Taron Egerton

\*

All movies start at 1pm promptly.  
 Popcorn is served.

### Crafty Friday

#### Tea Cup Candles

Let's make scented candles in beautiful antique tea cups. If you happen to have a tea cup, bring it with you.

Date: Friday, September 13th  
 Time: 1pm  
 Venue: TBA  
 Cost: \$4



### Hand Massages

Are your hands dry, flaky or just plain tired? What about a free, soft massage? Come on down to the Café and let's help get your hands ready for winter. Eula from Mary Kay will be here to give you advice on your skin.

Stand a chance to win an Ultimate Pampering Session and a \$25 gift card.

Date: Thursday, Sep. 12th

Time: 1:30pm

Please leave your hand jewelry at home.



### Mock Elections for 2020



Mayflower residents will be the first to experience how the new election for 2020 will be done.

LA County will be holding a mock election here at Mayflower Gardens.

Date: September 28 & 29th in the MPR.

Please note that during the setup and breakdown, all regular activities will be re-directed, from September 26th through October 1st.



### Our Annual Mayflower BBQ

Grab your cowboy hat and boots and mosey on down for our Resident Appreciation BBQ! One of our favorite bands, Team

Honky Tonk, will be here for your dancin' and listenin' pleasure. We provide the food and music; you bring the FUN!

NOTE: This very special Resident event is for all current Mayflower I, II and Harshfield residents only and is completely FREE. No To-Goes, Phone Orders

or Deliveries will be offered. We hope to see you all there!

Date: Friday, Sept. 20th  
 Time: 2-5pm, Tram will run  
 Place: Café and Front Patio

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Please RSVP by Sept 16th so we can get a count for our BBQin' chefs.

Doors open at 1:45pm. This event is exclusively for our residents, and no non-resident friends, family, or non-resident caregivers will be permitted.



## NOVEMBER HOLIDAY BOUTIQUE

Saturday, November 16th,  
9:00am to 1:00pm  
Vendor Reservations are  
now open. Come on  
down to book your table  
to sell your goods. \$5 for  
Mayflower residents and  
\$25 for non-residents.  
First 10 bookings will get a  
free raffle ticket for  
the day.

## DISNEYLAND IN NOVEMBER



## Star Wars: Galaxy's Edge

Did you know that Star Wars Land is now open in Disneyland? The new Star Wars Land addition is referred to as **STAR WARS: GALAXY'S EDGE**. This new land is a breathtaking experience that fully immerses you in the Star Wars universe. The land consist of restaurants, stores and two magnificent new attractions. This land is 14 acres, the largest single addition to any Disney theme park ever. Would you like to see this? Then join us on November 21st at 9am for a fun-filled, exciting day at Disneyland. We will be getting home late, so don't wait up!!!

Sunday	Monday	Tuesday
<b>QH Congregational UCC</b> 1 8:45am... MPR/Chapel <b>QH UCC Bible Class</b> 10:30am... MPR/Chapel <b>Lancaster Baptist Church</b> 2:00pm... Harshfield . . . <b>Mayflower Café</b> Open 8am-1:30pm Sun-Thurs	2 ***** <b>LABOR DAY</b> ***** MGI Office, Café, Closed Today Center Open . Maintenance EMERGENCIES: See Pg. 6	<b>Chair Exercise</b> 3 9:00am... Game Room . <b>Catholic Mass</b> 10:00am... MPR/Chapel . <b>Tuesday Night Bingo</b> 4:30pm... Café \$15 Buys One of Each Game See Page 2 For Details
<b>QH Congregational UCC</b> 8 8:45am... MPR/Chapel <b>QH UCC Bible Class</b> 10:30am... MPR/Chapel <b>Lancaster Baptist Church</b> 2:00pm... Harshfield . <b>Happy Grandparents Day</b> . <b>Mayflower Café</b> Open 8am-1:30pm Sun-Thurs	9 <b>TOPS: Weight Loss</b> 9:00am... MPR . <b>Grace Resources Food Giveaway</b> 11:30 am MPR . <b>Pinochle</b> 12:00pm... Game Rm . <b>Ballroom Dancing</b> 5:30pm... Café .	<b>Chair Exercise</b> 10 9:00am... Game Room . <b>Catholic Mass</b> 10:00am... MPR/Chapel . <b>Tuesday Night Bingo</b> 4:30pm... Café \$15 Buys One of Each Game See Page 2 For Details
<b>QH Congregational UCC</b> 15 8:45am... MPR/Chapel <b>QH UCC Bible Class</b> 10:30am... MPR/Chapel <b>Lancaster Baptist Church</b> 2:00pm... Harshfield . . . <b>Mayflower Café</b> Open 8am-1:30pm Sun-Thurs	16 <b>TOPS: Weight Loss</b> 9:00am... MPR <b>No Bus</b> <b>Grace Resources Food Giveaway</b> 11:30 am MPR . <b>Pinochle</b> 12:00pm... Game Rm . <b>Ballroom Dancing</b> 5:30pm... Café .	<b>Chair Exercise</b> 17 9:00am... Game Room . <b>Catholic Mass</b> 10:00am... MPR/Chapel . <b>Tuesday Night Bingo</b> 4:30pm... Café \$15 Buys One of Each Game See Page 2 For Details
<b>QH Congregational UCC</b> 22 8:45am... MPR/Chapel <b>QH UCC Bible Class</b> 10:30am... MPR/Chapel <b>Lancaster Baptist Church</b> 2:00pm... Harshfield . . . <b>Mayflower Café</b> Open 8am-1:30pm Sun-Thurs	23 <b>TOPS: Weight Loss</b> 9:00am... MPR . <b>Grace Resources Food Giveaway</b> 11:30 am MPR . <b>Pinochle</b> 12:00pm... Game Rm . <b>Ballroom Dancing</b> 5:30pm... Café .	<b>Chair Exercise</b> 24 9:00am... Game Room . <b>Catholic Mass</b> 10:00am... MPR/Chapel <b>Tuesday Night Bingo</b> 4:30pm... Café \$15 Buys One of Each Game See Page 2 For Details <b>Night Out Fundraiser</b> Shakey's Pizza 5pm
<b>QH Congregational UCC</b> 29 8:45am... Harshfield <b>QH UCC Bible Class</b> 10:30am... Harshfield <b>Lancaster Baptist Church</b> 2:00pm... Harshfield . <b>LA County Mock Elections</b> . <b>Mayflower Café</b> Open 8am-1:30pm Sun-Thurs	30 <b>TOPS: Weight Loss</b> 9:00am... Craft Rm . <b>Grace Resources Food Giveaway</b> 11:30am Craft Rm . <b>Pinochle</b> 12:00pm... Game Rm . <b>Ballroom Dancing</b> 5:30pm... Café .	<b>Andres's Caregiving Services</b> 661-492-7491 Services Incl.: Grocery Shopping Dr. Appts Housekeeping General Errands IHSS or Private Pay

Wednesday	Thursday	Friday	Saturday
<p><b>Tai Chi</b> 4 10 - 11am In MPR <b>Michelle Advance Funeral</b> 10am <b>Canasta</b> 12noon... Game Room <b>Billy Burdin Entertainer</b> 12 - 1pm In Café <b>AV Bookmobile</b> 1-2:30pm... Behind Café <b>Matinee - 1pm The Hustle</b> <b>Line Dancing Class</b> 5pm ... Café</p>	<p><b>Chair Exercise</b> 5 9am... Game Rm <b>Water Aerobics</b> 10 - 11am ... MFG2 <b>Hope Chapel Bible Study</b> 11:00am... MPR/Chapel <b>10c Bingo</b> 1pm At Harshfield <b>Trip: William S. Hart</b> <b>Scrabble</b> 1:30 In Game Room</p>	<p><b>Food Bank</b> 6 12:30pm To 2pm ...MPR . <b>No Bus</b> - Van will run Walmart &amp; Trader Joe's <b>Potluck</b> 12pm Café . <b>Poker</b> 5:00pm...Game Room .</p>	<p><b>Coffee &amp; Donuts</b> 7 8:00am... Café . <b>Treasures Saturday Sale</b> 8am - 12pm <b>Savory Saturday</b> Ave L &amp; 30th West Leave center at 11am <b>Nickel Bingo</b> 12:30pm In Café .</p>
<p><b>Tai Chi 10</b> 11 10 - 11am In MPR <b>Resident Meeting</b> 11am In MPR <b>Canasta</b> 12noon... Game Room <b>Matinee</b> 1pm "Poms" <b>AV Bookmobile</b> 1-2:30pm... Behind Café <b>Line Dancing Class</b> 5pm ... Café</p>	<p><b>Chair Exercise</b> 12 9am... Game Rm <b>Water Aerobics</b> 10 - 11am ... MFG2 <b>Hope Chapel Bible Study</b> 11:00am... MPR/Chapel <b>10c Bingo</b> 1pm At Harshfield <b>Hand Massage</b> 1:30pm Café <b>Scrabble</b> 1:30 In Game Room</p>	<p><b>No Food Bank</b> 13 . <b>No Bus</b> . <b>Crafty Friday</b> 1pm TBA . <b>Poker</b> 5:00pm...Game Room .</p>	<p><b>Coffee &amp; Donuts</b> 14 8:00am... Café . . . . <b>Nickel Bingo</b> 12:30pm In Café . . .</p>
<p><b>Tai Chi 10</b> 18 10 - 11am In MPR <b>Michelle - Advance</b> Funeral 10am <b>Canasta</b> 12noon... Game Room <b>NO AFTERNOON BUS</b> <b>AV Bookmobile</b> 1-2:30pm... Behind Café . <b>Line Dancing Class</b> 5pm ... Café</p>	<p><b>Chair Exercise</b> 19 9am... Game Rm <b>Water Aerobics</b> 10 - 11am ... MFG2 <b>Hope Chapel Bible Study</b> 11:00am... MPR/Chapel <b>10c Bingo</b> 1pm At Harshfield <b>Matinee</b> 1pm "Longshot" <b>Trip: San Manuel</b> <b>Scrabble</b> 1:30 In Game Room</p>	<p><b>Food Bank</b> 20 12:30pm To 2pm ...MPR . <b>Annual BBQ</b> 2pm - 5pm Café . <b>Poker</b> 5:00pm...Game Room . .</p>	<p><b>Coffee &amp; Donuts</b> 21 8:00am... Café . . <b>Savory Saturday</b> Ave L &amp; 30th West Leave center at 11am . <b>Nickel Bingo</b> 12:30pm In Café .</p>
<p><b>Tai Chi 10</b> 25 10 - 11am In MPR . <b>Canasta</b> 12noon... Game Room <b>Matinee</b> 1pm "Rocketman" <b>AV Bookmobile</b> 1-2:30pm... Behind Café <b>Line Dancing Class</b> 5pm ... Café</p>	<p><b>Chair Exercise</b> 26 9am... Game Rm <b>Water Aerobics</b> 10 - 11am ... MFG2 <b>Hope Chapel Bible Study</b> 11:00am... Game Rm <b>10c Bingo</b> 1pm At Harshfield <b>Vision Loss</b> 1:30 In Craft Rm <b>Scrabble</b> 1:30 In Game Room</p>	<p><b>No Food Bank</b> 27 . <b>Karaoke with Jack</b> 3pm to 5pm Please book table if parties are larger than 6 people . . <b>Poker</b> 5:00pm...Game Room . .</p>	<p><b>Coffee &amp; Donuts</b> 28 8:00am... Café . <b>LA County</b> <b>Mock Elections</b> . <b>Nickel Bingo</b> 12:30pm In Café . <b>Saturday Dance</b> 5pm - 8pm</p>
<p><b>CAREGIVER IHSS:</b> Doctors Appts, Medication Reminders, Cooking, Cleaning, Errands, Laundry &amp; Companionship. English and Spanish. Please Call: Alba 661 435 4975</p>	<p><i>Please note that Mayflower Gardens is not affiliated with nor guarantees services from our advertisers.</i></p>	<p><b>MAYFLOWER BEAUTY SALON:</b> Full Service Salon at Reasonable Rates Right Here on Campus. Hair Cuts, Style, Color, Perms, Even Extensions! Men's Cuts, Too. Mani-Pedi, Wax Services and MORE! Located Next to the Library. Call for an Appointment, 661-943-3131</p>	<p><i>Happy Grandparents Day!</i></p>



**EMERGENCY**  
 FIRE  
 POLICE  
 MEDICAL **911**

**\*\*\* CALL 911 \*\*\***

... for EMERGENCIAS such as fire, gas leak or if you or your property are in *immediate* danger, such as you smell smoke, gas or suspect a fire.

### **AFTER-HOURS MAINTENANCE EMERGENCIAS**

If there is a flood or plumbing stoppage that you cannot control, or any other maintenance emergency that cannot wait until business hours, please call:

#### **Mayflower I**

Maintenance Emergency  
 661-943-2523, 24 hours

#### **Mayflower II**

Maintenance Emergency  
 661-722-8383

#### **Harshfield**

Maintenance Emergency  
 661-718-1775

### **Maintenance Moment**

We want to keep our property well-maintained and a place that you continue to love to call home. Help us stay in top-notch shape by promptly reporting all maintenance issues, big or small, to the office. Thanks.

### **Catholic Mass**

#### **St. Junipero Serra Church**

Tuesday Catholic Mass  
 Tuesdays, 10:00am  
 in the Mayflower MPR

### **Catholic Church Info**

#### **Mayflower Resident Liaison**

Miik "Mikey" Miller

661-448-7494

*Eucharistic Minister*

Jeanie Fisher

661-675-8662



### **PASTOR'S MESSAGE**

#### **GOD'S GREETING**

Babies have safety in cribs. Adults and mature humans would loathe the safety and confinement of a crib; adults value freedom. Freedom has its choices and risks. There is little risk in the crib and little to learn there also. In the Bible the word Shalom meant more than just a word for peace of a greeting, to the Hebrews it also meant good wishes, harmony and goodbye. The Hawaiians say Aloha which comes from the same root and meaning as the Biblical word Shalom.

The Bible teaches us in the book of Isaiah that Jesus is called the

### **BIBLE STUDY GROUPS**

#### **QH UCC**

Bible Class every Sunday morning at 10:30am in the MPR.

Women & Men Fellowship on Sunday, September 29th, at 10:30am at Harshfield.

#### **Hope Chapel Bible Study Group**

Every Thursday morning at 11:00am in the MPR except Thursday 26th. It will be in the Game Room.

#### **The Church of Jesus Christ of Latter Day Saints**

Every Thursday afternoon at 4:30pm in the MPR except Thursday 26th. It will be in the Café. By Karen & Bruce Day

Prince of Peace who brings God's greeting, harmony and peace. As Christians we find safety, freedom and God's greeting of harmony as we long for and accept his peace.

**\*\*Rev. Roger Plessen\*\***

#### **Communion ...**

... will be served during Morning Worship Service, Sept. 1st, from 9am to 10:30am in our Chapel. Communion will be served at MFG Convalescent Hospital Wednesday, Sept. 18th, from 10:30am to 11am.

\*

Quartz Hill Congregational UCC-Mayflower Church  
 Church Office: 661-722-2961

## Our September Babies



09/01	Ralph Rodriquez Betty Lou McCrillis
09/03	Eli Colvin Veronica Lovett
09/04	Roger Plessen
09/07	Janice Arnold Susan Pound
09/09	Richard Derrico
09/10	Linda Mehl
09/12	Nancy Springer
09/15	Janice Anderson Rosemary Cohen
09/17	Barbara DeVaux Jacqueline Young Patricia Royce
09/18	Lisa Levenson
09/19	Linda Ross Empress Collins
09/20	Nancy Miller Benny Surles JoAnne Ferrarini
09/21	Oscar Rodas
09/23	Elizabeth Plessen
09/24	Isabella Sutherland
09/25	BettyAnn Avery Kathryn Hannich Samuel Salas Belinda Gill Thomas Williams
09/26	Alona De Guzman Judi Bagley
09/27	Audrey Roberts Mary Williams
09/28	Bonnie Weber Mary Beltran
09/29	Bonnie Davis Diana Cohen Shirley Barbour



*Life is 10% what happens to you and 90% how you react to it.*

### PRIVATE DUTY AIDE

Do you have a private duty aide? If so, please stop by the office to pick up and complete the private duty aide agreement.

### FROM THE OFFICE



We would like to remind you that, as per Mayflower pet policy, all dogs and cats must be on a leash when outside the unit.

\*\*

\*

Per our resident handbook, all trash must be bagged and tied before placing in the bins located in or just outside the laundry room.

## HEALTH & FITNESS CORNER



### In Season Produce for September

Eggplant	Grapes
Lettuce	Pomegranates
Pumpkin	Spinach
Tomatoes	

### Fitness Program For September

#### DVD Chair Exercises:

Every Tuesday and Thursday morning

9am to 10am in Game Room.

#### Tai Chi: MPR

Every Wednesday morning  
10am to 11am.

#### Water Aerobics: MFG2

Every Thursday morning  
10am to 11am.

### For Your Health

#### Monday, September 16th

Veronica Ball from Vitas 1:30pm  
in Café

Veronica will be talking about Home Safety Tips & Disaster Plans. Refreshments and giveaway raffles.

#### Wednesday, September 4th

Vons Pharmacy 11am in Library.  
Please bring health insurance cards for the shingles, flu and pneumonia vaccines if interested.

Light refreshments.





## Robert L. Plunkett

Attorney at Law since 1977

Wills Trusts  
Powers of Attorney  
Probate Living Wills

Within Walking Distance of Mayflower Gardens!

Can Do House Calls Phone (661) 722-3585

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For (661) 726-3367

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CREMATION ASSISTANCE

PLEASE CALL WITH ANY QUESTIONS  
OR TO SCHEDULE AN APPOINTMENT

WE CAN MEET AT THE OFFICE OR  
WHERE YOU ARE MOST COMFORTABLE

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piersonj252@gmail.com

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