



MAYFLOWER GARDENS

retirement community

Gazette

6570 W. Avenue L-12, Lancaster, CA 93536 661-943-3228

Mayflower Gardens Retirement Community

Monday - Saturday 9 a.m.-5 p.m.

Sunday 10 a.m.-4 p.m.

Your Friendly Staff - Mayflower I

Briana Larkin Executive Director
Ian Dasmariñas Business Office Manager
Ashley Yarman Marketing Director
Regina Carvalho Café Manager
Heather Flores Activities Director
Tony Filinow Maintenance Supervisor
Crystal Manzo Maintenance Office Admin

Important Phone Numbers

Mayflower I Office 661-943-3228
MG Convalescent Hospital 661-943-3212
Beauty Salon 661-943-3131
The Market Place ... Mon-Fri 661-943-3228 x110
Mayflower Treasures ... Mon-Wed 661-943-0348
Resident Services Mayflower I 661-902-6108
Mayflower II Office 661-722-8383
Harshfield Terrace Office 661-718-1775

Mayflower Café

Sunday-Thursday,
8am-1:30pm...661-943-9478

Mayflower Gardens Maintenance Department

Mon - Fri. 8 am to 4:30 pm 661-943-2523
After-Hours Emergency 661-943-2523

First Valley Medical Group

Monday-Friday 8:00am - 5:00pm
661-728-1500

November 2020

Greetings From the Executive Director

Thank you for the patience and perseverance you've shown during the COVID-19 pandemic. Doing your part to keep yourself and your neighbors safe has been a big part of keeping Mayflower Gardens as safe as possible during these unprecedented times. As we begin this holiday season, let us remember to take some time to appreciate the people and blessings we have in our lives by declaring our gratitude and giving thanks for all that we have.

All of us at Mayflower Gardens are thankful for YOU, our wonderful residents, and we wish each of you a very Happy Thanksgiving & Upcoming Holiday Season!

--Briana Larkin

Thanksgiving Dinner

Thanksgiving is upon us, wherein we usually spend the holiday sitting down with our family & friends. This year, many of our traditions may look a bit different. Celebrate with us by reserving your meals for our "2020 Thanksgiving Dinner." Please call the office by Friday, November 20th, to place your reservations for pick-up or delivery. **Dinner includes:**

Roast Turkey, Mashed Potatoes & Gravy, Stuffing, Yams, Green bean casserole, Cranberry Sauce, a Roll & your choice of a slice of pumpkin or sweet potato pie.

Cost: \$13.95 + tax; Delivery fee - \$1.00

When: Wednesday, November 25th, 2020

Where: Café Pick & Go Window or Delivery

Time: 11:00 am - 2:00 pm

**MAYFLOWER TREASURES
DONATION CENTER
TREASURES FURNITURE**

(661) 943-0348

*Treasures Thrift Store is currently
not accepting donations at
this time!*

**PIONEER CLUB
ACTIVITIES AND NEWS**

**Pioneer Club November
Craft Kit!**



It's the time of year when everyone starts remembering the blessings they have in their lives. What better way to count your blessings than by creating your very own Thankful Tree! Kits will include a tree branch, small bucket, rocks, glue and fall colored paper to cut out your leaves. To get this kit delivered directly to your door on November 20th, bring a \$5 payment in a sealed envelope with your name & apartment number on it up to the office by Friday, November 13th.

Project H.A.N.D.S.



Project H.A.N.D.S.® (Helping Angels National Donated Support) is an organized effort in which residents in RHF communities partner with other non-profit organizations, who provide services to those in need within their own local communities.

In regard to the ongoing COVID-19 pandemic, our Project H.A.N.D.S. volunteers have been working diligently sewing face masks for Mayflower Gardens residents, as well as many other RHF communities throughout the United States. We are currently looking for more volunteers to join our Mayflower Team! If you would like more information on how you can help in this endeavor, please call the office and ask for your Mayflower I Activities Director.

*Pictured above is one of our volunteers Connie Snodgrass, putting together her donation of over 200 masks!

**AND THE
WINNER IS...**

Halloween Trivia Winner!

Congratulations Stephanie Schmidt for playing our Halloween Trivia game. You are the winner of a free meal from our café and may collect your prize anytime during November.

Book Trivia

Such haunting news, no one played our October "Haunting Trivia" game! If you would like the chance to win a free meal from our café, please look back through your October Gazette for the instructions on how to play the book trivia game!



Many residents travel to visit family and friends for the Thanksgiving Holiday. If you plan to do any travelling during the holiday season, please be safe and remember that most cities/states require that you wear a mask in public and maintain proper physical & social distancing guidelines!

We Have a Winner!

Congratulations Dorothy Febrow (pictured below).

Dorothy was our second "At Home Community Wide Bingo" Winner on October 1st, 2020.



Who will be our next winner?



Don't forget, Mayflower Residents, First Valley Medical Group has an office located right here in our Community.

If you would like more information about First Valley Medical Group or if you would like to set up a medical appointment, please call

(661) 728 - 1500

or

(661) 943 - 6455

*First Valley Medical Group accepts all insurances and provides free delivery for medications and refills!

Vehicles & Campus Parking
Mayflower Gardens requires that *all* vehicles parked on our campus *must* have current DMV registration displayed.

*

Mayflower Parking Passes
Residents with vehicles must obtain a Resident Parking Permit at the Office.

Temporary overnight parking passes are available from the office seven days per week.

*

Holiday/Visitor Parking
During the holiday season we have lots of visitors and guests - which means lots of vehicles! We ask that you be considerate of your friends and neighbors and remind your guests to park in a space in the parking lot closest to your building. Please make sure not to block access for emergency vehicles or other residents and do not drive any vehicle on the lawn. Also, please park between the white lines of the parking spaces so that we may accommodate the maximum number of vehicles. Thanks for your cooperation.

*

Thanksgiving
Office will be closed Thursday, November 26th in observance of Thanksgiving. If you have any maintenance emergencies, please call the After-Hours Emergency Maintenance number:

(661) 943 - 2523

*

Happy Thanksgiving!



Saluting Our Veterans!

A Little History about Veterans Day

Veterans Day originated as "Armistice Day" on Nov. 11, 1919, the first anniversary of the end of World War I. Congress passed a resolution in 1926 for an annual observance, and Nov. 11 became a national holiday beginning in 1938 to salute those who served their country.

Mayflower Gardens would like to extend our deepest gratitude to all our Veterans!

Wednesday, November 11th, 2020, our café will be serving a Veterans Day Lunch Special to include an All American cheeseburger, fries, and an ice-cold root beer float. As a token of our appreciation, all Veterans who order the special will enjoy their meal free of charge! Veterans, please call the office to reserve your meal and schedule a pickup time.


*

Price - \$ 9.95

Veterans - Free

We Thank You for Your Service!

November 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
As a Reminder! 1 All Activities Mayflower Residents partake in must adhere to all CDC recommendations to reduce the spread of COVID-19, such as: - staying home when you are sick. - wearing face masks in public settings. - following proper social distancing guidelines (maintain 6 ft. of distance between individuals).	 2	9:00 MP Food Bank 3	First Valley Medical Group 4 	 5	8:00 MP Coffee & Donuts 6	As a Reminder! 7 In response to the COVID-19 outbreak, all trips, activities & events for the month of November are currently cancelled. Trips, Activities, & Events will resume as soon as we receive notification that it is safe to do so!
 8	 9	9:00 MP Food Bank 10	VETERANS DAY 11 	 12	8:00 MP Coffee & Donuts 13	 14
 15	 16	9:00 MP Food Bank 17	What role do green beans play in Thanksgiving? ***** The Casse-Role! 18	 19	8:00 MP Coffee & Donuts 20	 21
 22	Why did the turkey play the drums in his band? ***** Because he already had drum-sticks! 23	9:00 MP Food Bank 24	 25	Thanksgiving Day 26 	What do you call a turkey the day after Thanksgiving? ***** Lucky! Note: Coffee & Donuts will be closed in observance of the Holiday Weekend! 27	 28
Garden of Beauty Salon 29 Don't forget, Mayflower Residents, Mayflower Gardens has a salon right here on our campus. The "Garden of Beauty" Salon entrance is located right next to the Administration Office Entrance. To book an appointment, please call (Tues - Fri) (661) 943 - 3131.	 30		VITAS® Healthcare 661-942-3595 Antelope Valley's Local Choice for Hospice Care			Vitas Healthcare Can Help! Have you been diagnosed with a life-limiting illness? Vitas can provide for all your hospice needs. Give us a call and let us help! 800-938-4827 VITAS Healthcare

***** CALL 911 *****

... for EMERGENCIES such as
fire, gas leak or if
you or your property
are in *immediate* danger,
such as you smell smoke, gas or
suspect a fire.

AFTER HOURS EMERGENCIES

If there is a flood or plumbing
stoppage that you cannot
control, or any other
maintenance emergency that
cannot wait until business hours
please call:

Mayflower I

Maintenance Emergency
661-943-2523, 24 hours

Mayflower II

Maintenance Emergency
661-722-8383

Harshfield

Maintenance Emergency
661-718-1775

Welcome New Residents!



Roy Griffin
Joseph Lewis
Meredith Nicholson
Edith Bernstein
Susan Lord
Kip Lamaison
Roland Pacheco
Leith Bergier
James Ware

Mayflower Gardens says Hello &
Welcome to the Neighborhood!

***In response to the COVID-19
Pandemic, all Church Services
and Bible Study Programs are
currently postponed for the
month of November.***



***Many churches are providing
services online. Please contact
your church or its Mayflower
Resident Liaison to find out if
& how you can attend their
services online!***

Catholic Church Info

Mayflower Resident Liaison
Miik "Mikey" Miller
661-448-7494

**The Church of Jesus
Christ of Latter Day
Saints Info**

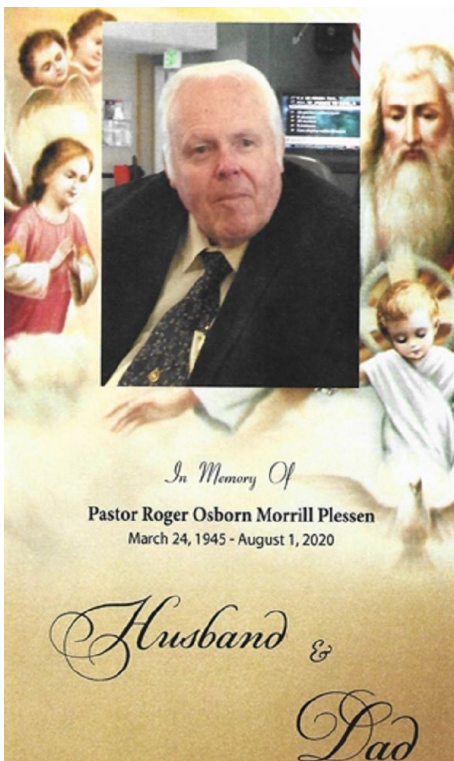
Mayflower Resident Liaisons
Karen & Bruce Day

Hope Chapel Info

Please contact Anita or Wanda
(661) 943 - 1074

AV Reach Info

Mayflower Resident Liaison
Wanda Fox



With Heartfelt Sympathy

Mayflower Gardens would like
to send our deepest condolences
to the Plessen family on the loss
of Roger Osborn Morrill Plessen.
Roger was the QH UCC Pastor at
Mayflower Gardens as well as a
dedicated husband, father,
friend, and confidant.

Roger Osborn Morrill Plessen
March 24, 1945 - August 1,
2020

An Old Irish Blessing

May the road rise up to meet
you. May the wind be always at
your back. May the sun shine
warm upon your face. And the
rains fall soft upon your fields,
And until we meet again, May
God hold you in the palm of
His hand.

Happy Birthday Mayflower Residents!

- 11/02 Helen Basile
11/03 Wanda Fox
Robin Seybold
11/06 Barbara Handell
11/08 Betty Bender
11/09 Albina Schaeffer
11/10 Bonnie Foote
Celia Rojas
11/11 Mary Bunch
Ronald Nishiyama
11/12 Carol Murray
11/13 David Baldassari
Fatimah Peer
11/14 Joni Jackson
11/16 Marlene Naster
11/17 Ryoko Franklin
Betty Wade
Sonora Graham
11/18 Sari Boehme
Ida McMillian
Marilyn Nave
11/19 Jeanie Harp
Vernell McMichael
Mark Vaughan
11/20 Barbara Danielson
Christine Myers
Lisa Bluemm
11/22 Lloyd Jackson
11/23 Sherry Fischer
Andrew Thompson
Don Donovan
11/24 Carolyn Tullgreen
Anthony DeChant
11/25 Julie Wheeler
11/26 Margaret Hicks
11/27 Millie Cruz
Yvonne Turner
Chester Peca
Caitlin MacDowell
Christy Duprey
Louis Gmitter
11/29 Eunice Girroir

Happy Birthday (cont.)

11/30 David Miller
Andres Ornelas



Your Birth Flower for November *Chrysanthemum*

Your flower signifies happiness, companionship, health and friendship. You are noble in your thoughts and like to help others.



November Birthstones: Citrine & Blue Topaz

NOVEMBER PRODUCE GUIDE



APPLES



BEETS



BRUSSELS SPROUTS



CABBAGE



CARROTS



CAULIFLOWER

Angela McClain
Territory Sales Manager
CK Franchising Inc.
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WE CAN MEET AT THE OFFICE OR
WHERE YOU ARE MOST COMFORTABLE

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Congratulations,

Dorothy Febrow! You are the winner of our October Gazette Poetry Contest for your poem about your Halloween Memories!

Halloween, what a fun time it was, costumes and candy, a bag came in handy.

We even got a little money too.

All this because we got to say, "Boo."

Halloween, what a fun night we had.

We stopped at each house, being helped by mom and dad.

Our bags loaded, we headed for home.

Tired, happy, and chilled to the bone.

I remember Halloween, such fun we had.

Sometimes remembering is kind of sad.

Those fun days are gone, but the memories are here.

It was a time in our life we hold so dear.

*

Please call your Mayflower Gardens Activities Director, Heather, to claim your prize.

*

The Mayflower Office would like to Thank all the residents who participated in the October Poetry Contest. It was a pleasure reading all of your creative and imaginative written words!

*

"Creativity is Intelligence having fun."

-

Albert Einstein

*

"Poetry is when an emotion has found its thought and its thought has found words."

-

Robert Frost

*

Residents, your Activities Director would like to hear more of your thoughts and ideas. If you have any ideas for at-home arts & crafts projects for the upcoming holiday season or more types of contests we can place in the gazette, please write down your ideas, place in a sealed envelope, address it to "Activities Director" and bring it to the front office door drop box! Your ideas are always appreciated!