

MAYFLOWER GARDENS

retirement community

6570 W. Avenue L-12, Lancaster, CA 93536 661-943-3228

Gazette

Mayflower Gardens Retirement Community

Monday - Saturday 9 a.m.-5 p.m.

Sunday 10 a.m.-4 p.m.

Your Friendly Staff - Mayflower I

Briana Larkin Executive Director
Hope Smith Business Office Manager
Regina Carvalho Café Manager
Charmaine Langley Activities Director
Tony Filinow Maintenance Supervisor
John Mancini Accounting Assistant
Ashley Yarman Leasing Consultant
Gabe Maldonado Leasing Consultant

Important Phone Numbers

Mayflower I Office 661-943-3228
MG Convalescent Hospital 661-943-3212
Beauty Salon 661-943-3131
The Market Place ... Mon-Fri 661-943-3228 x110
Mayflower Treasures ... Mon-Wed 661-943-0348
Resident Services Mayflower I 661-902-6108
Mayflower II Office (NEW) 661-722-8383
Harshfield Terrace Office 661-718-1775

Mayflower Café

Sunday-Thursday, 8am-1:30pm ... 661-943-9478

Delivery to your Apartment: \$1

Mayflower Gardens Maintenance Department

Mon. - Fri. 8am to 4:30pm 661-943-2523

After Hours Emergency 661-943-2523

*There are no limits to what you can accomplish,
except the limits you place on your own thinking.*

November 2019

Greetings From the Executive Director

Thanksgiving is a time to reflect on the things in our lives for which we can be thankful. In that spirit, we want you to know how grateful we are that you selected our community to call home. Our staff appreciates each and every one of you and hopes that you have a memorable time spent with family and friends during the holiday. We wish everyone a Happy Thanksgiving surrounded by good food, friends and family.

~Briana Larkin

Activity Spotlight



Our annual holiday craft fair features over 40 vendors that will be offering a huge variety of crafts, baked goods, gifts and more. Treasures will take over our Game Room with incredible bargains. Raffles & prizes.

Don't miss it! Coffee and donuts and Mayflower's famous hot dogs will be for sale.

Date: November 16th

Time: 9:00am to 1:00pm

Where: Mayflower Café

PIONEER CLUB ACTIVITIES AND NEWS

Mayflower Treasures Donation Center

Hours: Mon.-Wed.

8:00am – 12:00pm

Sign-ups 9:05am - 11:55am

(661) 943-0348

TREASURES FURNITURE

Call for Appointment

(661) 943-0348

*Please call during regular hours
to arrange donation drop-off*

LET'S PLAY BINGO!!!

Tuesdays, 5:00pm

Purchase games by 4:30pm

\$15 buys one of all games.

Extras \$2 each.

Saturday Nickel Bingo

12:30pm Most Saturdays

See Events Calendar.

COFFEE and DONUTS

Saturdays, 8:00am, Café

TREASURES

1st SATURDAY SALE!

Please note that there will not be a 1st Saturday Sale for the month of November. However, on Saturday, December 16th at our annual Craft Holiday Boutique, Treasures will have the whole Game Room to display their amazing wares at real low prices.

Treasures Holiday Times

Treasures will be closed on the 25th, 26th and 27th of November due to Thanksgiving. They will re-open on Monday, December 2nd.



Veterans Day Dinner Celebration

Mayflower Gardens will be honoring our Veterans with an evening of fine dining and live entertainment. A beautiful three course meal will be served:

Appetizer, choice of Beef Wellington or Shrimp with sides and dessert. All are welcome to attend this event and are encouraged to come out and honor our local Veterans for this dinner celebration.

All Mayflower Gardens Veterans and their spouses will be free.

Price: \$13.95

Date: Mon., Nov. 11th, From 5:00pm-7:00pm

Entertainment: By Max Esparza

Please R.S.V.P. or buy tickers in the office by November 5th.



Disneyland

Date: Thurs., Nov. 21st

Time: Leaving center at 8am

Leaving the park: 6-7pm

Price: \$129 per person

Motorized Wheelchair available for rent at Disneyland

BUS TRIPS & ALL ACTIVITIES

*Sign up for NOVEMBER Events,
ALL Activities and DECEMBER*

Bus Trips Starting

Friday, November 1st,

*in person in the café. Fees must
be paid at time of sign-up.*

Monday-Friday only



Westfield Topanga & The Village

Join us for a lovely afternoon of shopping and lunch.

Date: Thur. Dec. 5th

Time: Leave center 9am

Cost: Spending money



Christmas Holiday Home Tour

Come join us for a magical holiday tour to view some of the beautifully decorated homes in town. The bus & tram will be available for this evening tour.

Hot chocolate and holiday Christmas cookies will be served.

Please meet outside the craft room. Remember to sign up!

Date: Tues., Dec. 17th

Time: 6pm - 8pm



Action Packed Movies for November

Wednesday, Nov. 6th

"Spider in the Web"

Thursday, Nov. 14th

"American Woman"

Wednesday, Nov. 20th

"A Score to Settle"

Showings at 11am & 2pm.

Complimentary Popcorn and beverages will be served. Please RSVP in the office

Staff Holiday Dessert Bake-Off

Take a break from the holiday rush and join us for a variety of delightful treats made by your Mayflower Gardens team. Residents are invited to attend and help crown the winner of the Mayflower Staff Dessert Bake-off!

Date: Friday, Nov. 8th

Time: 11:30am

Place: Café

Light Refreshments will be served



Crafty Wednesday

Time to get ready for Christmas.

Come to craft and make a beautiful table center piece for your Christmas table.

Date: Wednesday, Nov. 13th

Time: 1pm

Cost: \$4

Pay at sign up, not many spots available, so don't delay.



Karaoke



Join us for Karaoke!

Date: Friday, Nov. 22nd

Time: 3-5pm

Your favorite appetizers will be for sale from our very own café.

Please note that if you have more than 6 guests please RSVP and book a table.



Thanksgiving Dinner



It is the time of year when we all sit down with family and old friends and give thanks for all our blessings.

Join us for our Thanksgiving Dinner where we can all sit together and give thanks.

Date: Wednesday, Nov. 27th

Time: 11:30am

Venue: Café

Cost: \$10.95 + tax

Please make sure to RSVP and buy tickets in the office in advance. Tickets must be purchased by November 25th.

Thanksgiving Menu

Please note that we will only be serving the below menu on this day.

Roast Turkey, Mashed Potato, Gravy, Stuffing, Yams, Green Bean Casserole, Cranberry Sauce and roll. Your choice of Pumpkin or Sweet Potato Pie.



Holiday Safety Tips for Your Apartment Home


- * Always be aware of your surroundings.
- * Never leave any valuables in your vehicle.
- * If you see anything suspicious, please call the police.
- * Please report any community light outages to the office.
- * Meet your neighbors. When you know each other, you're more likely to look out for anything suspicious.
- * Always lock your vehicle door.


Visitor Parking

During the Holiday Season we have lots of visitors and guests—which means lots of vehicles! We ask that you be considerate of your friends and neighbors and remind your guests to park in the space in the parking lot closest to your building. Please make sure to not block access for emergency vehicles or to other residents and do not drive any vehicle on the lawn. Thanks for your cooperation.

Parking

Please remember that our rules prohibit cars that are not properly licensed from parking in our community parking areas. To avoid any problems, please check to make sure that your registration and license tags are up to date.

Sunday	Monday	Tuesday
MAYFLOWER BEAUTY SALON: Full Service Salon at Reasonable Rates Right Here on Campus. Hair Cuts, Style, Color, Perms, Even Extensions! Men's Cuts Too. Mani-Pedi, Wax Services and MORE! Located Next to the Library. Call for an Appointment, 661-943-3131	Caregiver for Hire: Services Provided: Doctor Visits, Grocery Shopping & Light Cleaning. Flexible Hours. \$15 Per Hour + Car Gas. Call: Elaine Suber c: 661-466-6894 / h: 661-279-5076 References provided upon request.	
QH Congregational UCC 3 8:45am... MPR/Chapel QH UCC Bible Class 10:30am... MPR/Chapel Lancaster Baptist Church 2:00pm... Harshfield . . . Mayflower Café Open 8am-1:30pm Sun-Thurs.	TOPS: Weight Loss 4 9:00am... MPR . Grace Resources Food Giveaway 11:30 am MPR . Pinochle 12:00pm... Game Rm . Ballroom Dancing 5:30pm... Café .	Chair Exercise 5 9:00am... Game Room . Catholic Mass 10:00am... MPR/Chapel . Tuesday Night Bingo 4:30pm... Café \$15 Buys One of Each Game .
QH Congregational UCC 10 8:45am... MPR/Chapel QH UCC Bible Class 10:30am... MPR/Chapel Lancaster Baptist Church 2:00pm... Harshfield . . . Mayflower Café Open 8am-1:30pm Sun-Thurs.	TOPS: Weight Loss 11 9:00am... MPR No Grocery Bus Veterans Day Celebration Dinner 5:00pm Grace Resources Food Giveaway 11:30 am MPR Pinochle 12:00pm... Game Rm . Ballroom Dancing 5:30pm... Café .	Chair Exercise 12 9:00am... Game Room . Catholic Mass 10:00am... MPR/Chapel . Tuesday Night Bingo 4:30pm... Café \$15 Buys One of Each Game .
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Wednesday	Thursday	Friday	Saturday
<p><i>Please note that Mayflower Gardens is not affiliated with nor guarantees services from our advertisers.</i></p>		<p>Food Bank ¹</p> <p>.</p> <p>.</p> <p>Sign-Ups for All Activities In the Café 9-10am</p> <p>.</p> <p>.</p> <p>Poker 5:00pm...Game Room</p> <p>.</p>	<p>Coffee & Donuts ² 8:00am... Café</p> <p>.</p> <p>Savory Saturday Leave 11am Winco & Target Ave. K & 10th West</p> <p>.</p> <p>Nickel Bingo 12:30pm In Café</p> <p>.</p>
<p>Tai Chi ⁶ 10 - 11am In MPR Michelle Advance Funeral 10am In Game Room Canasta 12noon... Game Room Matinee 1pm "Spider In the Web" AV Bookmobile 1-2:30pm... Behind Café Line Dancing Class 5pm ... Café</p>	<p>Chair Exercise ⁷ 9am... Game Rm Trip Lancaster Beauty School 9am Hope Chapel Bible Study 11:00am... MPR/Chapel 10c Bingo 1pm At Harshfield Scrabble 1:30 In Game Room</p>	<p>No Food Bank ⁸</p> <p>.</p> <p>.</p> <p>Holiday Staff Bake Off! 11:30am In the Café</p> <p>.</p> <p>Poker 5:00pm...Game Room</p> <p>.</p>	<p>Coffee & Donuts ⁹ 8:00am... Café</p> <p>.</p> <p>.</p> <p>.</p> <p>.</p> <p>Nickel Bingo 12:30pm In Café</p> <p>.</p> <p>.</p> <p>.</p>
<p>Tai Chi ¹³ 10 - 11am In MPR Crafty Wednesday 1pm In Craft Room Resident Meeting 11am In MPR Canasta 12noon... Game Room AV Bookmobile 1-2:30pm... Behind Café Line Dancing Class 5pm ... Café</p>	<p>Chair Exercise ¹⁴ 9am... Game Rm Hope Chapel Bible Study 11:00am... MPR/Chapel 10c Bingo 1pm At Harshfield Matinee "American Woman" 1pm In Theater Scrabble 1:30 In Game Room</p>	<p>Food Bank ¹⁵</p> <p>.</p> <p>.</p> <p>.</p> <p>.</p> <p>Poker 5:00pm...Game Room</p> <p>.</p> <p>.</p> <p>.</p>	<p>Coffee & Donuts ¹⁶ 9am</p> <p>.</p> <p>Holiday Craft Fair 9am to 1pm More info on pg. 1</p> <p>.</p> <p>Savory Saturday Leave 11am Winco & Target Ave. K & 10th West</p> <p>.</p>
<p>Tai Chi ²⁰ 10 - 11am In MPR Michelle Advance Funeral 10am In Game Room Canasta 12noon... Game Room Matinee "A Score to Settle" No Afternoon Bus AV Bookmobile 1-2:30pm... Behind Café Line Dancing Class 5pm ... Café</p>	<p>Chair Exercise ²¹ 9am... Game Rm Trip Disneyland 9am Hope Chapel Bible Study 11:00am... MPR/Chapel 10c Bingo 1pm At Harshfield Scrabble 1:30 In Game Room</p>	<p>No Food Bank ²²</p> <p>.</p> <p>.</p> <p>Karaoke 3-5pm In Café</p> <p>.</p> <p>.</p> <p>Poker 5:00pm...Game Room</p> <p>.</p>	<p>Coffee & Donuts ²³ 8:00am... Café</p> <p>.</p> <p>.</p> <p>.</p> <p>.</p> <p>Nickel Bingo 12:30pm In Café</p> <p>.</p> <p>.</p> <p>.</p>
<p>Tai Chi ²⁷ 10 - 11am In MPR Michelle Advance Funeral 10am In Game Room Thanksgiving Dinner 11:30am In Café Canasta 12noon... Game Room AV Bookmobile 1-2:30pm... Behind Café Line Dancing Class 5pm ... Café</p>	<p>***** THANKSGIVING DAY ***** Office, Café, Center and Maintenance CLOSED TODAY ***** If You Have a Maintenance EMERGENCY, Please Call 661-492-1060</p>	<p>No Food Bank ²⁹</p> <p>.</p> <p>.</p> <p>No Grocery Bus</p> <p>.</p> <p>.</p> <p>Poker 5:00pm...Game Room</p> <p>.</p> <p>.</p> <p>.</p>	<p>Coffee & Donuts ³⁰ 8:00am... Café</p> <p>.</p> <p>.</p> <p>.</p> <p>.</p> <p>Nickel Bingo 12:30pm In Café</p> <p>.</p> <p>.</p> <p>.</p>

IN CASE OF EMERGENCY

*** CALL 911 ***

... for EMERGENCIES such as fire, gas leak or if you or your property are in *immediate* danger, such as you smell smoke, gas or suspect a fire.

AFTER-HOURS MAINTENANCE EMERGENCIES

If there is a flood or plumbing stoppage that you cannot control, or any other maintenance emergency that cannot wait until business hours, please call:

Mayflower I

Maintenance Emergency
661-943-2523, 24 hours

Mayflower II

Maintenance Emergency
661-722-8383

Harshfield

Maintenance Emergency
661-718-1775

Garbage Disposals

To keep your disposal working properly, please make sure you run cold water in the sink whenever you use the disposal. Also, never put nonfood items, bones, coffee grounds, potato peels or grease down your disposal. A rule of thumb: If you can't chew it, your disposal can't handle it.

Catholic Mass

St. Junipero Serra Church

Tuesday Catholic Mass

Tuesdays, 10:00am
in the Mayflower MPR

Catholic Church Info

Mayflower Resident Liaison

Miik "Mikey" Miller

661-448-7494

Eucharistic Minister

Jeanie Fisher

661-675-8662

WITH DEEPEST SYMPATHY

*To Family members and friends of
those we lost recently:*

*"What we have first enjoyed we
can never lose. All that we love
deeply becomes a part of us."*

BIBLE STUDY CALENDAR

QH UCC

Bible Class every Sunday
morning at

10:30am in the MPR.

Women & Men Fellowship on
Sunday, November 24th, at
10:30am at Chapel.

*

Hope Chapel Bible Study Group

Every Thursday morning at
11:00am in the MPR.

*

The Church of Jesus Christ of Latter Day Saints

Every Thursday afternoon at
4:30pm in the MPR.

By Karen & Bruce Day

PASTOR'S MESSAGE

Mighty Council

People are always looking for power, to be dominant, persuasive and to be influential in making things happen their way. We greatly admire mighty athletes, politicians, soldiers and the like.

In the Bible, counsel is associated with might. In the recipe of the holy anointing oil mentioned together is "cinnamon" representing counsel and right next to it is "sweet calamus root" symbolizing might. Therefore good counsel goes with might. In other words, if you want power, you have to have good advisors. That is why

all our presidents try to gather good advisors.

If you want to be powerful, you have got to surround yourself with good people with good ideas.

As Christians, we need to do both, to give and receive good advice and council.

Communion ...

... will be served during Morning Worship Service, Nov. 3rd, from 9am to 10:30am in our Chapel.

Communion will be served at MFG Convalescent Hospital Wednesday, Nov. 20th, from 10:30am to 11am.

Quartz Hill Congregational UCC-Mayflower Church
Church Office: 661-722-2961



11/01 Frank Dauphinaus
Santos Alvarado

11/02 Helen Basile

11/03 Wanda Fox
Robin Seybold

11/05 Jo Hitchcock

11/06 Barbara Handell

11/08 Margaret Henderson
Betty Bender

11/09 Albina Schaeffer

11/10 Bonnie Foote

11/11 Mary Bunch
Ronal Nishiyama

11/12 Carol Murray

11/13 David Baldassari
Fatimah Peer

11/14 Joni Jackson

11/16 Marlene Naster

11/17 Ryoko Franklin

11/18 Sari Boehme
Ida McMillian

11/19 Jeannie Harp
Vernell McMichael

11/20 Kathleen Austin
Christine Myers
Barbara Danielson

11/22 Lloyd Jackson

11/23 Sherry Fischer
Andrew Thompson

11/24 Carolyn Tullgren

11/26 Margaret Hicks

11/27 Christy Duprety
Millie Cruz
Yvonne Turner
Chester Peca
Caitlin MacDowell

11/29 Eunice Girroir

11/30 Richard Gonzales
David Miller
Andres Omelas



Your Birth Flower for November *Chrysanthemum*

Your flower signifies happiness, companionship, health and friendship. You are noble in your thoughts and like to help others.



Don't Forget!!!

Set your clocks **BACK** one hour before you go to bed on Saturday, November 2nd.

Thanksgiving reminds us to give thanks and count our blessings, suddenly so many things become so little when we realize how blessed we are.

Don't Take a Chance!

Because we cannot be responsible for a loss due to theft, fire or flood, including water damage from broken pipes, we strongly urge all our residents to protect their property with renters' insurance. It's inexpensive, and it offers peace of mind in case of an accident or loss. Don't take chances—invest in a policy today!

HEALTH & FITNESS CORNER



NOVEMBER IN SEASON PRODUCE LIST

Broccoli	Cranberries
Mushrooms	Oranges
Spinach	Tangerines
Sweet Potatoes	Pears
Pumpkins	Pomegranates
Winter Squash	

FITNESS PROGRAM IN NOVEMBER

DVD Chair Exercises:

Every Tuesday and Thursday morning
9am to 10am in Game Room.

*

Tai Chi:

Every Wednesday morning
10am to 11am in the MPR.

*

Chair Yoga:

Every Thursday morning,
10am to 11am in the MPR.

SEMINARS

Michele's Advance Planning Services:

Nov. 6th at 10am
Nov. 20th at 10am

*

PLEASE NOTE DATE CHANGE:
Vision Loss Support Group
Thursday, November 21st



Robert L. Plunkett

Attorney at Law since 1977

Wills Trusts
Powers of Attorney
Probate Living Wills

Within Walking Distance of Mayflower Gardens!
Can Do House Calls Phone (661) 722-3585

MICHELE'S
ADVANCE FUNERAL &
CREMATION ASSISTANCE

PLEASE CALL WITH ANY QUESTIONS
OR TO SCHEDULE AN APPOINTMENT

WE CAN MEET AT THE OFFICE OR
WHERE YOU ARE MOST COMFORTABLE

Elite Carpet Care, Inc.
Carpet & Upholstery Cleaning

Richard Aleshire
Carpet Technician Owner

Truck Mounted Equipment
Residential & Commercial
Licensed & Insured

(661) 726-3303
Fax (661) 726-3367

Covering the Antelope and Santa Clarita Valleys

HEALTH INSURANCE
All Major Health Carriers

Janet Pierson 661-212-9171
P.O. Box 1496, Acton, CA 93510
piersonj252@gmail.com

TLC INSURANCE
"The Last Confusing"

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