

MAYFLOWER GARDENS

retirement community

Gazette

6570 W. Avenue L-12, Lancaster, CA 93536 661-943-3228

Mayflower Gardens Retirement Community

Monday - Saturday 9 a.m.-5 p.m.
Sunday 10 a.m.-4 p.m.

Your Friendly Staff - Mayflower I

Briana Larkin Executive Director
Hope Smith Business Office Manager
Regina Carvalo Café Manager
Charmaine Langley Activities Director
Tony Filinow Asst. Maintenance Supervisor
Irene Soto Maintenance Office Admin
John Mancini Accounting Assistant
Toulonne Newhouse Leasing Consultant
Twila Allee MGI Resident Services

Important Phone Numbers

Mayflower I Office 661-943-3228
MG Convalescent Hospital 661-943-3212
Beauty Salon 661-943-3131
Mini Mart Mon-Fri 661-943-3228 x110
Mayflower Treasures ... Mon-Wed 661-943-0348
Resident Services Mayflower I 661-902-6108
Mayflower II Office (NEW) 661-722-8383
Harshfield Terrace Office 661-718-1775
Mayflower Café (to order food) ... 661-943-9478

Mayflower Café

Sunday-Thursday, 8am-1:30pm ... 661-943-9478
Delivery to your Apartment: \$1



May 2019

Executive Director's Corner

"A mother's love for her child is like nothing else in the world."—Agatha Christie

Mother's Day is a holiday set aside to honor and celebrate mothers, grandmothers and mothers-to-be. Shower the special women in your life with love, hugs and maybe a card or a beautiful bouquet! From all of the staff at Mayflower Gardens, we wish all the moms and grandmothers who call our community home a very happy Mother's Day!

Briana Larkin

ACTIVITY SPOTLIGHT

The Original Renaissance Pleasure Faire in Irwindale, California, is an expansive showcase and celebration of Renaissance times and traditions. Some of the highlighted attractions include jousting performances, lute-lead traditional folk music, wizard shows, Celtic dancing, court-jester comedy shows, a fire circus show, knife throwing demos and a kids kingdom.



Date: Saturday, May 11th
Leaving center: 9am
\$30.00 per person at sign up

PIONEER CLUB ACTIVITIES AND NEWS

LET'S PLAY BINGO!

Tuesdays, 5:00pm

Purchase games by 4:30pm
\$15 buys one of all games
Progressive Pot up to \$500

Saturday Nickel Bingo

12:30pm Most Saturdays
See Events Calendar.

COFFEE and DONUTS

Saturdays, 8:00am, Café

TREASURES

1st SATURDAY SALE!

1st Saturday, May 4th

8:00am - 12:00pm

Great Sales on Saturdays.

POTLUCK

May 4th at 12pm

Sign up in Café, walk-ins
welcome until 12:15pm

Pay \$7 or prepare at home a

Mexican side enough for

8 people

Mayflower Treasures Donation Center

Hours: Mon.-Wed.

8:00am - 12:00pm

(661) 943-0348

TREASURES FURNITURE

Call for Appointment

(661) 943-0348

*Please call during regular hours
to arrange donation drop-off*

IMPORTANT MESSAGE FROM THE ACTIVITIES OFFICE

Please note that all trips and
most events have to be signed
up and paid for in the office by
the day before at the latest.



*Please be at the Mayflower Bus
Stop 15 minutes before our
scheduled departure time.*

LUNCH & POTTERY



"Red Robin" for lunch

"As You Wish Pottery"

Create your own work of
pottery art!

Date: Thursday, May 2nd

Cost: Materials plus Lunch

Leave Center: 11:00am

LAZY T RANCH

Lunch with the horses!!

Thursday, May 16th

Leave center 11am

SURPRISE TRIP

RENAISSANCE FAIR



\$30 per person at sign-up
in office

Leaving center at 9am see insert
for more details.

JUNE BUS TRIPS

Sign up for MAY Events and
JUNE Bus Trips

Starting WEDNESDAY,

MAY 1ST,

*in person in the office. Fees must
be paid at time of sign-up.*

Monday-Friday only

LA ZOO



We are finally going!!

Many places to have lunch.

Thursday, June 6th

Cost: \$18.00 + Lunch

Leave center at 9:30am

WILLIAM S. HART & BREAKFAST AT COCO'S



William S. Hart is an actor best
known for his silent Western
films. This museum allows a
peek into this iconic man's life
and brings to light a time that is
slowly being forgotten.

Thursday, June 20th

Leave center at 9am

Breakfast at Coco's Bakery &
Restaurant



MAY IS ALL ABOUT CELEBRATING WOMEN

"Girls Trip"

Date: Friday, May 3rd

"Rough Night"

Date: Tuesday, May 14th

"Mamma Mia"

Thursday, May 23rd

"Mamma Mia, Here We

Go Again

Thursday, May 30th

We will be serving Mimosas as a special tribute to all women.

All movies starts at 1pm.



Celebrate Cinco de Mayo, Mayflower Style, with Food, Music and FUN!! Meal provided by your very own Mayflower Café and will feature a festive taco bar with choice of beef, chicken or pork, rice and beans, chips and salsa bar.

Date: Monday, May 6th

Time: 12pm to 3pm

Meal Cost: \$9.86 (Tax Included)

FREE Margaritas

Celebrate All Mothers, Aunts and Grandmothers



Friday, May 10th

Starts at 12pm

Raffle tickets for sale for amazing prizes!!

Fashion Show.

Come see the beautiful clothing for sale in our very own Treasure Store. Clothing will be on sale for the day as well.

Refreshments.

Crafty Friday ROSE GLOBES

You have seen it in the stores. Now you can come and learn how to make a beautiful rose globe. Give it as a gift or keep it to make your room look beautiful.

Date: Friday, May 17th

Time: 1pm in the Craft Room

\$4 at sign-up



Mayflower Staff members will be participating in the Vet 4 Veterans Color Run to support local Veterans!

Date: Sunday, May 19th
Starts at 9am

Fundraiser Luncheon



Join us for a fundraiser for the Pioneer Club at BJ's. 20% of the food and beverage purchase will be donated back to the Pioneer Club!

Date: Friday, May 24th
Leaving center at 12pm
Located: BJ's Restaurant

Karaoke With Jack

Friday, May 31st 3 to 5pm
Appetizer menu will be available

IMPORTANT MESSAGE FROM THE OFFICE

On May 27th our offices, maintenance and Café will be closed for Memorial Day.

Accounting Corner:

Just a friendly reminder that rent is due on the 1st of each month and will be considered late by the 6th of the month. Please make sure that your unit number is marked on your payment so that we can make sure it is applied to the correct account. Also, we DO NOT accept any post-dated checks. All checks that are brought in will be deposited on same day.

Resident Service Coordinator

Twila Allee is here to help residents and or families with the following:
Identify residents that may be in need of services and coordinate services. She serves as advocate\ liaison with outside agencies who provide social, health benefits and other services.

She provides information and referrals, provides crisis intervention and conflict resolution.

She may assist residents in choosing or applying for community services. These services may include home care, nursing home placements, medical, financial, insurance and similar matters.

Sunday	Monday	Tuesday
	<u>Classified Ads:</u> If You Would Like to Advertise in the Gazette to Reach Nearly 700 Mayflower Gardens Campus Residents, Please Call the Office for Details. Deadline for Copy and Payment Is the 10th of Each Month for the Next Month's Gazette. Subject to space and availability.	
QH Congregational UCC 5 8:45am... MPR/Chapel QH UCC Bible Class 10:30am... MPR/Chapel Lancaster Baptist Church 2:00pm... Harshfield Boeker Studio Children Playing Musical instruments ... 1pm In Café Mayflower Café Open 8am-1:30pm Sun-Thurs	TOPS: Weight Loss 6 9:00am... MPR . Cinco De Mayo Celebration See Page 3 For Details . Pinochle 12:00pm... Game Rm . Ballroom Dance Lessons 5:30pm... Café	Chair Exercise 7 9:00am... Game Room Catholic Mass 10:00am... MPR/Chapel Extended Mall Day . Tuesday Night Bingo 4:30pm... Café \$15 Buys One of Each Game Now Featuring Progressive Pot See Page 2 For Details
QH Congregational UCC 12 8:45am... MPR/Chapel QH UCC Bible Class 10:30am... MPR/Chapel Lancaster Baptist Church 2:00pm... Richfield . . . Mayflower Café Open 8am-1:30pm Sun-Thurs	TOPS: Weight Loss 13 9:00am... MPR . . . Pinochle 12:00pm... Game Rm . Ballroom Dance Lessons 5:30pm... Café	Chair Exercise 14 9:00am... Game Room Catholic Mass 10:00am... MPR/Chapel Matinee "Rough Night" 1pm In Theater Tuesday Night Bingo 4:30pm... Café \$15 Buys One of Each Game Now Featuring Progressive Pot See Page 2 For Details
QH Congregational UCC 19 8:45am... MPR/Chapel QH UCC Bible Class 10:30am... MPR/Chapel Lancaster Baptist Church 2:00pm... Harshfield . Staff - Veterans Color Run . Mayflower Café Open 8am-1:30pm Sun-Thurs	TOPS: Weight Loss 20 9:00am... MPR . . . Pinochle 12:00pm... Game Rm . Ballroom Dance Lessons 5:30pm... Café	Chair Exercise 21 9:00am... Game Room Catholic Mass 10:00am... MPR/Chapel . . Tuesday Night Bingo 4:30pm... Café \$15 Buys One of Each Game Now Featuring Progressive Pot See Page 2 For Details
QH Congregational UCC 26 8:45am... MPR/Chapel QH UCC Bible Class 10:30am... MPR/Chapel Lancaster Baptist Church 2:00pm... Harshfield . . . Mayflower Café Open 8am-1:30pm Sun-Thurs	MEMORIAL DAY 27 Office, Cafe, Center and Maintenance Closed Today. . For Maintenance EMERGENCIES ONLY, Please Call Your Emergency Line. See Page 6 for contact numbers.	Chair Exercise 28 9:00am... Game Room Catholic Mass 10:00am... MPR/Chapel . . Tuesday Night Bingo 4:30pm... Café \$15 Buys One of Each Game Now Featuring Progressive Pot See Page 2 For Details

Wednesday	Thursday	Friday	Saturday
Tai Chi 10 - 11am in MPR . . Canasta 12noon... Game Room AV Bookmobile 1-2:30pm... Behind Café Line Dancing Class 5pm ... Café	Chair Exercise 9am... Game Rm Chair Yoga 10 - 11am ... MPR Trip Lunch @ Pottery Painting Hope Chapel Bible Study 11:00am... MPR/Chapel Scrabble 1:30 In Game Room . 	Food Bank 12noon...MPR Poker 5:00pm...Game Room . . . Matinee "Girls Trip" 1pm In Theater Room. . 	Coffee & Donuts 8:00am... Café Treasures Saturday Sale 8am To 12pm Potluck 12 pm In Café Mexican Theme Savory Saturday Rancho Vista & 10th, Palmdale Nickel Bingo 12:30pm In Café
Tai Chi 10 - 11am In MPR . Dean Dobbins Entertainer 12:30 To 1:30pm In Café . Canasta 12noon... Game Room AV Bookmobile 1-2:30pm... Behind Café Line Dancing Class 5pm ... Café	Chair Exercise 9am... Game Rm Chair Yoga 10 - 11am ... MPR Hope Chapel Bible Study 11:00am... MPR/Chapel Vision Loss 1:30pm ... MPR Scrabble 1:30 In Game Room . 	Food Bank 12noon...MPR Poker 5:00pm...Game Room . Mother's Day Celebration Fashion Show Light Refreshments Starts at 12pm In Café . 	Coffee & Donuts 8:00am... Café . Renaissance Fair Leave Center at 9am Details On Page 3 Nickel Bingo Snacks for Sale 5¢ Per Card, Per Game \$1 Pull Tabs 12:30pm In Café
Tai Chi 10 - 11am in MPR . No Afternoon Bus . Canasta 12noon... Game Room AV Bookmobile 1-2:30pm... Behind Café Line Dancing Class 5pm ... Café	Chair Exercise 9am... Game Rm Chair Yoga 10 - 11am ... MPR Hope Chapel Bible Study 11:00am... MPR/Chapel Trip Picnic at Lazy T Ranch Leave at 11am Scrabble 1:30 In Game Room . 	Food Bank 12noon...MPR Poker 5:00pm...Game Room . Crafty Friday Mandala Art Painting \$4.00 at sign up 1pm in Craft Room . 	Coffee & Donuts 8:00am... Café . Savory Saturday Rancho Vista & 10th, Palmdale Leave 11am Nickel Bingo Snacks for Sale 5¢ Per Card, Per Game \$1 Pull Tabs 12:30pm In Café
Tai Chi 10 - 11am in MPR . . Canasta 12noon... Game Room AV Bookmobile 1-2:30pm... Behind Café Line Dancing Class 5pm ... Café	Chair Exercise 9am... Game Rm Chair Yoga 10 - 11am ... MPR Hope Chapel Bible Study 11:00am... MPR/Chapel Matinee "Mamma Mia" 1pm In Theater Scrabble 1:30 In Game Room . 	Food Bank 12noon...MPR . Poker 5:00pm...Game Room . Lunch Out Fundraiser BJ's Restaurant in Palmdale Leave Center at 12:00pm . 	Coffee & Donuts 8:00am... Café . Nickel Bingo Snacks for Sale 5¢ Per Card, Per Game \$1 Pull Tabs 12:30pm In Café . Saturday Dance 5pm In Café
Tai Chi Cancelled for this date . . Canasta 12noon... Game Room AV Bookmobile 1-2:30pm... Behind Café Line Dancing Class 5pm ... Café	Chair Exercise 9am... Game Rm Chair Yoga 10 - 11am ... MPR Hope Chapel Bible Study 11:00am... MPR/Chapel Matinee "Mamma Mia Here We Go Again" 1pm In Theater Scrabble 1:30 In Game Room	Food Bank 12noon...MPR Poker 5:00pm...Game Room . . . Karaoke With Jack 3 - 5pm In The Café . 	

***** CALL 911 *****

... for EMERGENCIES such as
fire, gas leak or if
you or your property
are in *immediate* danger,
such as you smell smoke, gas or
suspect a fire.

**AFTER-HOURS
EMERGENCIES**

If there is a flood or plumbing
stoppage that you cannot
control.

Any other maintenance
emergency that cannot wait until
business hours.

Mayflower I
Maintenance Emergency
661-943-2523, 24 hours

Mayflower II
Maintenance Emergency
661-722-8383

Harshfield
Maintenance Emergency
661-718-1775

Swamp Cooler Reminder

- Open two windows about 2 inches to cross ventilate
- Turn the cooler switch to "pump mode" for 10 to 15 minutes to saturate the cooler pads.
- In very hot weather, about 90 degrees or higher, turn on your swamp cooler in the morning while the weather is still cool. If you turn it on in already hot weather, it will take longer to start cooling your apartment.

Catholic Mass

St. Junipero Serra Church

Tuesday Catholic Mass

Tuesdays, 10:00am
in the Mayflower MPR



Catholic Church Info

Mayflower Resident Liaison

Miik "Mikey" Miller

661-448-7494

Eucharistic Minister

Jeanie Fisher

661-675-8662

BIBLE STUDY GROUPS

The Church of Jesus Christ of

Latter Day Saints

Thursday afternoons

Starts at 4:30 in the MPR

By: Karen & Bruce Day

Hope Chapel Study Group

Thursday mornings in the
MPR at 11am

UCC Fellowship

Women's Fellowship on Sunday,

May 26th at 10:30am

Men's Fellowship on Sunday,

May 26th at 10:30am

PASTOR'S MESSAGE

THE MERRY HEART

The Bible says that a merry heart
is as good as medicine. By being
cheerful and seeing the bright
side of life, people get a more
positive outlook which leads
them to success.

Many people who see the
negative side of things get
depressed and won't try to do
anything to make it better.

What causes the average person
to give up trying and to fall into
a self destructive pattern allows
comedians and entertainers to
make jokes so people can laugh.
Even kings had court jesters to
raise people's spirits because
they could tell things no one

else could talk about.

A cheerful outlook, good humor
and a hearty laugh can clear the
air like nothing else.

**** Rev. Roger Plessen ****

Communion will be served
during Morning Worship Service
Sunday, May 5th at 9:00 to
10:30am in the Chapel
May 15th at 10:30 to 11:00am
at Mayflower Gardens
Convalescent Hospital

Quartz Hill Congregational
UCC-Mayflower Church
Rev. Roger Plessen
(661) 722-2961



5/1 Beverly Rueter
 5/2 Felisa Rivera
 Sandra Bane
 5/3 Wanda Causey
 5/4 Joyce Williams
 5/5 Linda Cheevers
 5/6 William Soper
 Carolann Watson
 5/8 Mary Williams
 David Roy
 5/9 Lois Strege
 Linda Garcia
 5/10 Jose Ramos
 Kathleen Taylor-Jordan
 5/12 Barbara Coberly
 5/14 Linda Carmack
 Rebecca Tumbleson
 Marta Anderson
 Mary Harrington
 Janet McElroy
 5/16 Georgia Reid
 Heather Girard
 5/18 Rosemary Aloisio
 Allen Carlyle
 5/19 Kaye Peterson
 5/20 Robert Roath
 Marianne Sweeney
 Dolores Shrum
 5/21 Melvin Harris
 5/22 Adair Stratman
 5/23 Ellen Jansz
 Bryan Carver
 5/24 Pamela Caldwell
 Beverly Spigel
 Lawrence Carter
 5/25 Joanna Moran
 Mary Varga
 5/26 Susan Montgomery
 Roger Poborsky
 Dorothy Davis
 5/27 Shirley Clinton

5/28 Eula Youngblood
 5/30 Jane Nauman
 5/31 Towana Catley

BIRTHSTONE FOR MAY

The birthstone for May is the **Emerald** which is associated with friendship, faithfulness and loyalty. The vibrant green hue of the May birthstone symbolizes the renewal of life in Spring.



JETHAWKS BASEBALL IS BACK!!



Keep a lookout in your monthly Gazette for dates and times to go see our local baseball team in action.

Our May game will be on May 30th.

Tickets are \$9 per person
 Sign up and pay in the office.

FROM MAYFLOWER CAFÉ

Be sure to try out our Southern cooking in May:

*Jambalaya with Chicken and Shrimp

*Smothered Chicken

*Southern Baked Candied Yams

*Southern Scalloped Potatoes

*Fried Green Tomatoes

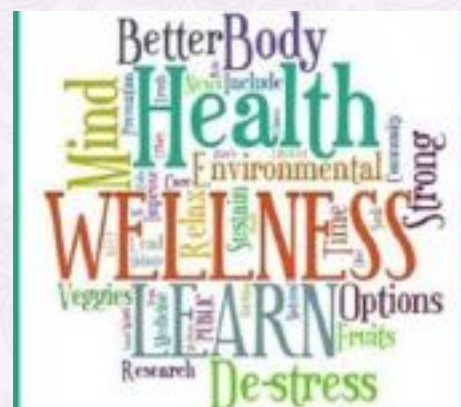
MAYFLOWER'S HEALTH & FITNESS CORNER

Fresh Produce for May

Artichokes, Asparagus, Broccoli, Lettuce, Okra, Rhubarb, Spring Peas, Zucchini, Apricots, Cherries & Pineapples

Exercise Classes

Tai Chi with Suzanne
 Wednesdays, 10am in the MPR
Yoga with Suzanne
 Thursday, 10am in the MPR



May's Seminars

Join The Dayle McKintosh Group
 on Thursday, May 9
 1:30 in the MPR
 Learn more about Vision Loss and the assistance out there.

Valley of Peace
Dates for Michelle

May 1st
 May 15th
 May 29th
 10am in the Game Room



A BIG thank you for your support and votes to make us AV's Best Senior Community 2019. We appreciate each and everyone of you.

Elite Carpet Care, Inc.
Carpet & Upholstery Cleaning
 Richard Aleshire
 Carpet Technician Owner
 Truck Mounted Equipment
 Residential & Commercial
 Licensed & Insured

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 Fax (661) 726-3367

Covering the Antelope and Santa Clara Valleys
HEALTH INSURANCE
All Major Health Carriers

Janet Pierson 661-212-9171
 P.O. Box 1096, Acton, CA 95550
 piersonjm235@gmail.com
TLC INSURANCE
"The Last Company"
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Robert L. Plunkett
 Attorney at Law since 1977
 Wills Trusts
 Powers of Attorney
 Probate Living Wills
 Within Walking Distance of Mayflower Gardens!
Can Do House Calls Phone (661) 722-3585

MICHELE'S
 ADVANCE FUNERAL &
 CREMATION ASSISTANCE

 PLEASE CALL WITH ANY QUESTIONS
 FOR TOP SCHEDULE AN APPOINTMENT
 WE CAN MEET AT THE OFFICE OR
 WHEREVER YOU ARE MOST COMFORTABLE
 (661) 466-9840