

# MAYFLOWER GARDENS

retirement community

6570 W. Avenue L-12, Lancaster, CA 93536 661-943-3228

## Mayflower Gardens Retirement Community

Monday - Saturday 9 a.m.-5 p.m.  
Sunday 10 a.m.-4 p.m.

### Your Friendly Staff - Mayflower I

Briana Larkin ..... Executive Director  
Ian Dasmariñas ..... Business Office Manager  
Ashley Yarman ..... Marketing Director  
Regina Carvalho ..... Café Manager  
Heather Flores ..... Activities Director  
Tony Filinow ..... Maintenance Supervisor  
Crystal Manzo ..... Maintenance Office Admin  
Heather Stelpstra ..... Accounting Assistant  
Yesenia Rios ..... MGI Resident Services  
Valeria Osorio ..... Leasing Consultant

### Important Phone Numbers

Mayflower I Office ..... 661-943-3228  
MG Convalescent Hospital ..... 661-943-3212  
Beauty Salon ..... 661-943-3131  
The Market Place .... Mon-Fri 661-943-3228 x110  
Mayflower Treasures .... Mon-Wed 661-943-0348  
Resident Svcs. Mayflower I . 661-943-3228x107  
Mayflower II Office ..... 661-718-1775  
Harshfield Terrace Office ..... 661-718-1775

### Mayflower Café

Sun-Thurs, 8am-1:30pm...661-943-9478

### Mayflower Gardens Maintenance Department

Mon - Fri. 8 am to 4:30 pm 661-943-2523  
After-Hours Emergency 661-943-2523

### First Valley Medical Group

Monday-Friday 8:00am - 5:00pm  
661-728-1500

## March 2021

### Greetings From the Executive Director

I would like to recognize our wonderful staff. Thank you for your hard work and dedication to the Mayflower family. I appreciate everyone's ongoing support to keep our residents and staff safe as we continue to take precautionary measures for COVID-19.

Please remember during these times to not neglect your mental and physical health. If you are ever feeling overwhelmed, depressed, or scared or have any questions about the current situation, please let me or a staff member know, and we will do our best to help. These are difficult times, but together we will persevere.

--Briana Larkin



### Happy St. Patrick's Day

Who is ready for some traditional St. Patrick's Day corned beef and cabbage? On Wednesday, March 17th, don't forget to order your annual Irish specialty meal from our very own Mayflower Gardens café. Meal will include corned beef and cabbage, roasted red potatoes, a roll, & a dessert. Cost will be \$12.75 and will be available for pickup or delivery.

## MAYFLOWER TREASURES DONATION CENTER TREASURES FURNITURE

(661) 943-0348

*Treasures Thrift Store is currently  
not accepting donations at  
this time!*

## PIONEER CLUB ACTIVITIES AND NEWS



### Blarney Stones

According to Irish legend, whoever kisses the Blarney Stone in Ireland will be gifted with eloquence and persuasiveness.

Many people believe it also brings "luck." And as luck would have it, this month's craft will be

a socially distant outdoor painting event located at our very own Berry Park. Those who wish to paint their own Irish Blarney Stones while enjoying a tasty "golden treat" must call the office to reserve their spot with their Activities Director. A \$10

payment to hold one's reservation is due no later than Thursday, March 11th. Painting event will be held on Monday, March 15th, at 1:00 pm at Berry

Park. Spaces are limited, so please make reservations as soon as possible.



### One Step Closer

On Friday, February 12th, 2021, Mayflower took another giant step forward in the battle against the COVID-19 pandemic. Over half of our community came to our second vaccination clinic in our café to receive their second dose of the Moderna vaccine.

Every vaccine gets us one step closer to returning to a "new normal in our daily lives."

Residents who may have missed our on-site clinic may be able to sign up directly through LA County to get the vaccine.

Residents can visit [www.VaccinateLACounty.com](http://www.VaccinateLACounty.com) or call 833-540-0473 for more information. Please contact our Resident Services Coordinator if you need help obtaining the latest information or making an appointment. We are here to help!



### Mayflower Veterans

Are you a Veteran living here at Mayflower Gardens? We are currently in the process of updating our "Honoring Our Veterans Wall" so that it reflects the most current standing within our community. If you are a Veteran, please call your Activity Director in the office so that she can verify that we have your name & picture on our wall. Thank you.



### Helping Hands

During these unprecedented and challenging times, many residents have still been able to help out in their community through partaking in volunteer work and random acts of kindness. It is important to us that we can recognize these individuals for their dedication and hard work. If you donated homemade goods such as masks, hats, or anything of the like to local charities, hospitals, or other organizations or if you have donated any personal time at local churches, food banks, soup kitchens, etc., please let your Activity Director know by calling the office. No act is too big or too small and we would like to send our deepest thanks to everyone for doing their part this past year.





### SHAMROCKIN' Good Time!

'Tis the season of the Irish and the wearin' "o" green; we are looking for a reason to celebrate, if you know what we mean. A light heart lives longest so the Irish say, and so we are having a socially distant event to celebrate St. Patty's Day! Come on down to Berry Park for some Irish cheer. We will have lots of laughs and delicious green beer.

**Where:** Berry Park

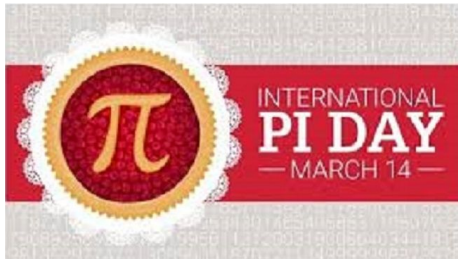
**When:** Friday, March 19th

**Time:** 12:00 - 3:00 pm

\*Please remember to practice proper social distancing guidelines and wear a mask throughout the duration of this pick up & go event.\*

A Time slot pickup schedule will be given out prior to event date.

We look forward to seeing you there!



### National Pi(e) Day

Why is March 14th declared as National Pi Day? Because it is 3.14, the value of Pi.

What better way to celebrate this glorious day than by having some tasty pie and a delicious cup of hot coffee! Come on down to the café pick up and go window between 10:00 am and 12:00 pm to receive your free slice of pie & cup of coffee.



or



or



### National Poultry Day

















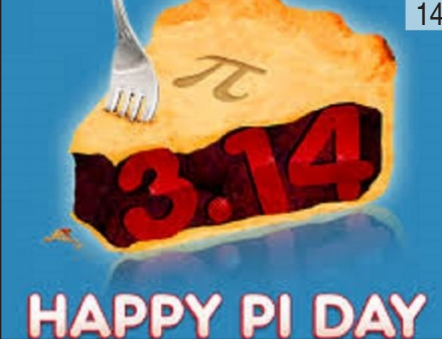























Guess what, Mayflower?

National Poultry Day occurs in March. What better way to celebrate than with a delicious deluxe chicken sandwich, waffle fries, and a chocolate chunk cookie from Chick-fil-A! You read that right! If you would like to partake in this wondrously delicious poultry event, please enclose a \$10 cash payment in an envelope with your name & apartment number labeled "Chick-fil-A" and turn it in to the office by end of day Tuesday, March 9th. Meals will be delivered directly to your apartment door between 12:00 - 2:00 pm on Friday, March 12th.

\*If you happen to have some extra egg cartons and art materials hanging around, feel free to try making this easy egg carton rooster!





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>As a Reminder!</b> All Activities Mayflower Residents partake in must adhere to all CDC recommendations to reduce the spread of COVID-19, such as: - staying home when you are sick. - wearing masks in public settings. - following proper social distancing guidelines (maintaining at least 6 ft. of distance between individuals).	1 	2 9:00  Food Bank 	3 <b>Garden of Beauty Salon</b> Don't forget, Mayflower Residents, Mayflower Gardens has a salon right here on our campus. The "Garden of Beauty" Salon entrance is located right next to the Administration Office Entrance. To book an appointment, please call (Tues - Fri) (661) 943 - 3131	4 9:00  Mayflower Gardens Pick Up & Go Library 	5 8:00  Coffee & Donuts 	<b>As a Reminder!</b> In response to the COVID-19 pandemic, all trips, activities, & events for the month of March are currently cancelled. Trips, activities, and events will resume as soon as we receive notification that it is safe to do so. <b>*All events are subject to change*</b>
7 	8 <b>What's Irish and comes out in spring?</b> ***** <b>Paddy O'Furniture!</b>	9 9:00  Food Bank 	10 	11 9:00  Mayflower Gardens Pick Up & Go Library 	12 8:00  Coffee & Donuts  12:00 National Poultry Day: Chick-fil-A Delivery 	13 
14 	15 ««---- Spring Forward 3/14/2021 1:00 Blarney Stones Painting - Berry Park 	16 9:00  Food Bank 	17 	18 9:00  Mayflower Gardens Pick Up & Go Library 	19 8:00  Coffee & Donuts  12:00 SHAMROCKIN' Good Time - Berry Park	20 
21 	22 <b>Valentine's Day Trivia Winner</b> <b>Congratulations</b> to our resident in 08 - F for playing our Valentine's Day trivia game in our February Gazette. Please call your Activity Director to find out how to claim your winning prize!	23 9:00  Food Bank 	24 	25 9:00  Mayflower Gardens Pick Up & Go Library 	26 8:00  Coffee & Donuts 	27 
28 <b>We Have a Winner!</b> <b>Congratulations</b> , Helen, for winning our fifth game of "Mayflower Gardens At Home Community Wide Bingo!" March 1st starts our 6th game; have you picked up your bingo card yet?	29 	30 9:00  Food Bank 	31 		Why did the birdie go to the hospital? ***** For a tweet-ment!	<b>All Events Are Subject to Change</b>



**\*\*\* CALL 911 \*\*\***

... for EMERGENCIES such as fire, gas leak or if you or your property are in *immediate* danger, such as you smell smoke, gas or suspect a fire.

**AFTER HOURS EMERGENCIES**

If there is a flood or plumbing stoppage that you cannot control, or any other maintenance emergency that cannot wait until business hours please call:

**Mayflower I**

Maintenance Emergency  
661-943-2523, 24 hours

**Mayflower II**

Maintenance Emergency  
661-722-8383

**Harshfield**

Maintenance Emergency  
661-718-1775



Robert McGregor  
Doris Davis  
Vicki Schmidt  
Helen Soder

**WELCOME**  
to the *neighborhood*

\*Many churches are providing services online. Please contact your church or its Mayflower Resident Liaison to find out if & how you can attend their services online!\*



\*In response to the COVID-19 pandemic, all Church Services and Bible Study Programs are currently postponed for the month of March.\*

**Catholic Church Info**

*Mayflower Resident Liaison*  
Miik "Mikey" Miller  
661-448-7494

**The Church of Jesus Christ of Latter Day Saints Info**

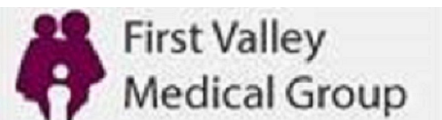
*Mayflower Resident Liaisons*  
Karen & Bruce Day

**Hope Chapel Info**

*Please contact Anita or Wanda*  
(661) 943 - 1074

**AV Reach Info**

*Mayflower Resident Liaison*  
Wanda Fox



**Introducing the First Valley Medical Group Providers**

The First Valley Medical Group providers on the Mayflower Gardens Campus include Dr. Kanagaratnam Sivalingam, Dr. Eric Denley, and now the newest member of the First Valley team, Olga Khmelinina.

Olga Khmelinina is a certified RN, MSN, and FNP, as well as a CNP. Olga specializes in Women's Health, Internal Medicine, Geriatric Health Care, and diabetes.



**Dr. Denley (pictured above)**  
**FNP Olga Khmelinina (below)**





## Happy Birthday!

- 03/01 Margaret LaRocque  
Daniel Evans  
03/04 Francis Sandiford  
Paul Shonk  
03/05 Joy Myers  
Janet Myers  
Ron Andrews  
Ethel Buchanan  
03/07 Victor Dennis  
Richard Rojas  
03/08 Barbara Keegan  
Dorothy Febrow  
03/09 Emma Hyder  
Douglas Borland  
03/10 Patricia Madigan  
03/11 Gene Owens  
Alice Kammann  
03/12 Sandra Prim  
Linda Lydon  
Anastasia Jennings  
03/14 Linda Chiriff  
Carol Minnick  
Thelma Hansen  
John Warren  
03/15 Ron Sigler  
03/17 Roberta Simmons  
03/20 Lisa Bertman  
03/22 Barbara Martin  
Valentine Alvarez  
Mary Caldwell  
03/23 Robert Rothgery  
Angela Avitia  
Macario Casillas  
03/25 Mattie Marie Gordon  
Jeanita Wood  
Terry Meade  
Michael West  
Roger Williams

## Happy Birthday (cont.)

- 03/27 Richard Minnick  
03/28 Maria Colon  
Margaret Haney  
03/29 Ronald Miller  
Mark Myers  
Janet Currie  
03/30 Martha May  
Cynthia Young  
03/31 Barbara Edgar



## Fun Facts About March!

It is the first month of spring, which begins March 19-21 (this year on the 20th). In the Southern Hemisphere, March is the same as September in the Northern Hemisphere. Each year, March and June end on the same day of the week. It is the time of year when animals start to wake up from their long winter hibernation.

**Holidays:** Read Across America Day (Dr. Seuss' Birthday), Saint Patrick's Day, Pi Day, Daylight Saving Begins, Women's History Month, National Nutrition Month, American Red Cross Month, & Fire Prevention Month are all celebrated in March.

### Symbols of March:

Birthstone - aquamarine;  
Flower - daffodil; Zodiac signs - Pisces and Aries



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# Word Search

## Category: European Nations

K R A M N E D M B C F O  
I C E L A N D C G H R C  
D D S D A U S T R I A A  
L B U L G A R I A C N N  
A S O C O S D D L R C O  
G P Y V D V Y Y B O E M  
U A D N F R A S A A C U  
T I F S A W I K N T E I  
R N G G R M S T I I E G  
O D N O K D R D A A R L  
P U N S W E D E N L G E  
H D N A L E R I G C Y B

1. Bulgaria
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### Word Search Solution:

1. Albania
2. Austria
3. Belgium
4. Bulgaria
5. Croatia
6. Denmark
7. France
8. Germany
9. Greece
10. Hungary
11. Iceland
12. Ireland
13. Italy
14. Monaco
15. Norway
16. Poland
17. Portugal
18. Slovakia
19. Spain
20. Sweden

