

MAYFLOWER GARDENS

retirement community

6570 W. Avenue L-12, Lancaster, CA 93536 661-943-3228



Mayflower Gardens Retirement Community

Monday - Saturday 9 a.m.-5 p.m.

Sunday 10 a.m.-4 p.m.

Your Friendly Staff - Mayflower I

Briana Larkin Executive Director
Ian Dasmarrinas Business Office Manager
Ashley Yarman Marketing Director
Regina Carvalho Café Manager
Heather Flores Activities Director
Tony Filinow Maintenance Supervisor
Charmaine Langley Accounting Assistant
Gabe Maldonado Leasing Consultant

Important Phone Numbers

Mayflower I Office 661-943-3228
MG Convalescent Hospital 661-943-3212
Beauty Salon 661-943-3131
The Market Place ... Mon-Fri 661-943-3228 x110
Mayflower Treasures ... Mon-Wed 661-943-0348
Resident Services Mayflower I 661-902-6108
Mayflower II Office (NEW) 661-722-8383
Harshfield Terrace Office 661-718-1775

Mayflower Café

Sunday-Thursday,

8am-1:30pm...661-943-9478

Delivery to your Apartment: \$1

Mayflower Gardens Maintenance Department

Mon - Fri. 8 am to 4:30 pm 661-943-2523

After-Hours Emergency 661-943-2523

First Valley Medical Group

Monday-Friday 8:00am - 5:00pm

661-728-1500

March 2020

Greetings From the Executive Director

Did you know we have a suggestion box in the Game Room? We pay attention to what our residents tell us, and we would love to hear any suggestions or comments you might have. Let us know how we can serve you better—or tell us what we already do that makes living here great. Drop your comments in the box or tell us directly.

Thank you!

Briana Larkin



State Assembly Mobile Office at Mayflower Gardens

Do you have questions regarding any personal Unclaimed Property, Veteran Issues, State Services (DMV/Taxes), or even questions about Legislation? The Mobile Offices of State Assemblyman Tom Lackey will be here **Tuesday, March 10th in the MPR between 12:30pm - 2:30pm** to answer your questions and assist you with these matters. If you have any questions you may also call the Assembly Office at (661) 267-7636.

Mayflower Treasures Donation Center

Hours: Mon.-Wed.

8:00am – 12:00pm

TREASURES FURNITURE

Call for Appointment

(661) 943-0348

*Please call during regular hours
to arrange donation drop-off.*

PIONEER CLUB ACTIVITIES AND NEWS

Let's Play Bingo!

Tuesday, 5:00 pm

Purchase games by 4:30pm. \$15
buys boards for all games. Extras
are \$2 each.

Saturday Nickel Bingo

12:30 pm Most Saturdays. See
Calendar.

Coffee & Donuts

Saturdays, 8 am in the Café.

Treasures 1st Saturday Sale!

Saturday, March 7th 8am-12pm.



Resident Potluck!

Friday, March 13th, 2020, come
join us for a Residents' Potluck
at 12pm in the Café! Sign-ups
start Monday, March 2nd during
Trip Sign-ups in the Café and
continue until March 11th in the
Café. Participants should bring a
dish to feed approximately 8
people or you can pay \$7 to
sample all the goodies! There's
going to be a 50/50 Raffle too!

Hope to see you there!

BUS TRIPS & ALL ACTIVITIES

*Sign up for March Events, ALL
Activities and March Bus Trips
Starting*

Monday, March 2nd

*in person in the café. Fees must
be paid at time of sign-up.*

Monday-Friday only



Descanso Gardens!

A place of Beauty and Botanical
wonders on 150 acres of land!

Their delicious Cafe offers
pastries, sandwiches, salads,
cookies and more for us to enjoy
a fantastic lunch!

Date: March 5, 2020

Cost: \$9 plus lunch (self)

Leaving Center: 8:00 am



Ronald Reagan Library

We are heading to the Ronald
Reagan Library to explore the
life of one of our Greatest
Presidents along with a
marvelous piece of history,
Egypt's Lost Cities! After our
journey, a tasty lunch at a local
restaurant.

Date: April 2, 2020

Leaving Center: 8:30am

Cost: \$27.00 & lunch (self)



Dine, Shop, Enjoy!

We are off to IKEA in Burbank!

Time to browse, shop, eat, &
enjoy their 456,000 square foot
warehouse!

Date: March 19th, 2020

Leaving Center: 9:30 am

Cost: Lunch & Shopping (self)

Don't forget your bags



Looking for Something to Do?

Mayflower Gardens is seeking
individuals that would like to
help make a difference! We are
looking for individuals who
have a little extra time to help
with things such as creating
centerpieces, decorating tables,
setting up for events, cleaning
up after events, and more!

Whether it's a few minutes or a
few hours, every little bit of time
helps! Please meet Heather &
Ashley in the MPR on March
27th, 2020 at 11:30am to enjoy
a COMPLIMENTARY lunch,
discuss volunteer opportunities,
and sign-up to help make a
difference! Please come if you
are truly willing to commit!!!



Mayflower Theatre: "Musical March"

Wednesday, March 4th, 2020

"Mamma Mia"

Wednesday, March 11th, 2020

"Mamma Mia 2"

Wednesday, March 18th, 2020

"Hairspray"

Wednesday, March 25th, 2020

"Rent"

**Showtimes @ 11am & 2pm.
Complimentary Beverages &
Popcorn will be served. RSVP
in our office.**



Crafty Friday

Spring has Sprung! Come create a wondrous floating tea cup to celebrate the first day of Spring!

Date: March 20th, 2020

Cost: \$10.00

Craft Room at 1:00pm



St. Patrick's Karaoke

Mayflower Residents, don't pack away your shamrocks, green & gold, or Irish spirit yet! Our March Karaoke will be a St. Patrick's Day extravaganza! Please wear your glitter, green & gold attire and join us for a ShamROCKing Time!

Date: March 27th, 2020

Time: 3:00 - 5:00 in the Café



Entertainment Wednesday!

March's Entertainment Wednesday showcasing the musical talent of "Breakfast with Barbie." Come out and have your lunch at our Café while enjoying some fantastic musical accompaniment.

Date: March 11th, 2020

Time: 11:30am - 1:00pm

March Fitness Fridays!

Please come out and join your Activities Director on Friday, March 6th and 20th at 9:00am for a morning stroll around the Community for some fitness, fresh air, and fun facts! Sign-ups in the Office!



Night Out

Craving delicious fine dining Italian food? Olive Garden has a variety of pastas and sauces to take care of all your pasta dreams. They also have excellent soups, salads, bread sticks, and incredible Italian desserts. Come hungry and happy then leave full and even happier!

Date: March 18, 2020

Time: 5:00 pm

Cost: Self



Paint With Lori




Did you know you can learn to paint just like a professional artist? All you need is a fantastic teacher and a little imagination!

Come join our painting night and uncover a new talent or rediscover an old one!

Date: March 23, 2020

Time: 1:00pm

Location: MPR/ Cost: \$30

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>8:00 MP MPR Closed for Voting</p> <p>8:30 MP QH Congregational UCC -moved to Harshfield</p> <p>10:30 MP UCC Bible Class - moved to Harshfield</p> <p>2:00 HF Lancaster Baptist Church</p>	<p>2</p> <p>8:00 MP MPR Closed for Voting</p> <p>9:00 MP TOPS Weight Loss - moved to Craft Room</p> <p>11:30 CR Grace Resources - Food Giveaway in Craft Room</p> <p>12:30 GR Pinochle</p> <p>5:30 MC Ballroom Dance Lesson</p>	<p>3</p> <p>8:00 MP MPR Closed for Voting</p> <p>9:00 GR Chair Exercise</p> <p>10:00 MP Catholic Mass - Service at Harshfield</p> <p>4:30 MC Tuesday Night Bingo</p>	<p>4</p> <p>8:00 MP MPR Closed for Voting</p> <p>10:00 GR Advance Planning Services</p> <p>10:00 MP Tai Chi - Cancelled</p> <p>11:00 MT "Mamma Mia"</p> <p>11:00 MP Reach Church Bible Study</p> <p>12:00 GR Canasta</p> <p>1:00 BC AV Bookmobile</p> <p>5:00 MC Line Dancing</p>	<p>5</p> <p>8:00 AT Descanso Gardens</p> <p>8:00 MP MPR Closed for Voting</p> <p>9:00 GR Chair Exercise</p> <p>10:00 HT 10c Bingo</p> <p>11:00 MP Hope Chapel Bible Study - cancelled for voting</p> <p>1:30 GR Scrabble</p> <p>4:30 MP Church of Jesus Christ - Bible Study (in Cafe)</p>	<p>6</p> <p>8:00 MP MPR Closed for Voting</p> <p>9:00 CR Fitness Friday - Fitness, Fresh Air, & Fun Facts</p> <p>12:00 MP Food Bank - In Cafe?</p> <p>1:00 GR Rummikube</p> <p>5:00 MP Hula Dancers - In Cafe</p> <p>5:00 GR Poker</p>	<p>7</p> <p>8:00 MC Coffee & Donuts</p> <p>8:00 MP MPR Reopen</p> <p>8:00 TS Treasures Saturday Sale</p> <p>9:00 MC Crafters Club</p> <p>11:00 SS Savory Saturday - Quartz Hill (Ave. N & 50th St. W)</p> <p>12:30 MC Nickel Bingo</p>
<p>8</p> <p>8:30 MP QH Congregational UCC</p> <p>10:30 MP UCC Bible Class</p> <p>2:00 HF Lancaster Baptist Church</p>	<p>9</p> <p>9:00 MP TOPS Weight Loss</p> <p>11:30 MP Grace Resources</p> <p>12:30 GR Pinochle</p> <p>5:30 MC Ballroom Dance Lesson</p> <p>6:30 MP Quartz Hill 4-H</p>	<p>10</p> <p>9:00 GR Chair Exercise</p> <p>10:00 MP Catholic Mass</p> <p>4:30 MC Tuesday Night Bingo</p>	<p>11</p> <p>10:00 MP Tai Chi</p> <p>11:00 MT "Mamma Mia 2"</p> <p>11:00 MP Reach Church Bible Study</p> <p>11:00 MP Resident's Meeting</p> <p>12:00 GR Canasta</p> <p>12:00 MP Entertainment Wednesday - "Breakfast with Barbie"</p> <p>1:00 BC AV Bookmobile</p> <p>5:00 MC Line Dancing</p>	<p>12</p> <p>9:00 GR Chair Exercise</p> <p>10:00 HT 10c Bingo</p> <p>11:00 MP Hope Chapel Bible Study</p> <p>1:30 GR Scrabble</p> <p>4:30 MP Church of Jesus Christ - Bible Study</p> <p>6:30 MP AYSO Meeting</p>	<p>13</p> <p>12:00 MC Resident Potluck</p> <p>1:00 GR Rummikube</p> <p>5:00 MP Hula Dancers</p> <p>5:00 GR Poker</p>	<p>14</p> <p>8:00 MC Coffee & Donuts</p> <p>9:00 MC Crafters Club</p> <p>12:00 MP Daughters of the American Revolution</p> <p>12:30 MC Nickel Bingo</p>
<p>15</p> <p>8:30 MP QH Congregational UCC</p> <p>10:30 MP UCC Bible Class</p> <p>2:00 HF Lancaster Baptist Church</p>	<p>16</p> <p>9:00 MP TOPS Weight Loss</p> <p>11:30 MP Grace Resources</p> <p>12:30 GR Pinochle</p> <p>5:30 MC Ballroom Dance Lesson</p>	<p>17</p> <p>9:00 GR Chair Exercise</p> <p>10:00 MP Catholic Mass</p> <p>1:00 MC Brand New Day & Dr. Sivalingam - "St. Patty's Day Sweets"</p> <p>4:30 MC Tuesday Night Bingo</p>	<p>18</p> <p>10:00 GR Advance Planning Services</p> <p>10:00 MP Tai Chi</p> <p>11:00 MT "Hairspray"</p> <p>11:00 MP Reach Church Bible Study</p> <p>12:00 GR Canasta</p> <p>1:00 BC AV Bookmobile</p> <p>5:00 MC Line Dancing</p> <p>5:00 AT Night Out - Olive Garden</p>	<p>19</p> <p>9:00 GR Chair Exercise</p> <p>9:30 AT IKEA: Shopping/Lunch</p> <p>10:00 HT 10c Bingo</p> <p>11:00 MP Hope Chapel Bible Study</p> <p>1:30 GR Scrabble</p> <p>4:30 MP Church of Jesus Christ - Bible Study</p>	<p>20</p> <p>9:00 CR Fitness Friday - Fitness, Fresh Air, & Fun Facts</p> <p>12:00 MP Food Bank</p> <p>1:00 CR Crafty Friday - Spring Tea Cups</p> <p>1:00 GR Rummikube</p> <p>5:00 MP Hula Dancers</p> <p>5:00 GR Poker</p>	<p>21</p> <p>8:00 MC Coffee & Donuts</p> <p>9:00 MC Crafters Club</p> <p>11:00 SS Savory Saturday - Quartz Hill (Ave. N & 50th St. W)</p> <p>12:30 MC Nickel Bingo</p>
<p>22</p> <p>8:30 MP QH Congregational UCC</p> <p>10:30 MP UCC Bible Class</p> <p>2:00 HF Lancaster Baptist Church</p>	<p>23</p> <p>9:00 MP TOPS Weight Loss</p> <p>11:30 MP Grace Resources</p> <p>12:30 GR Pinochle</p> <p>1:00 CR Paint with Lori Antionette</p> <p>5:30 MC Ballroom Dance Lesson</p>	<p>24</p> <p>9:00 GR Chair Exercise</p> <p>10:00 MP Catholic Mass</p> <p>4:30 MC Tuesday Night Bingo</p>	<p>25</p> <p>10:00 MP Tai Chi</p> <p>11:00 MT "Rent"</p> <p>11:00 MP Reach Church Bible Study</p> <p>12:00 GR Canasta</p> <p>1:00 BC AV Bookmobile</p> <p>5:00 MC Line Dancing</p> <p>6:00 MP Sound Meditation w/ Live Music</p>	<p>26</p> <p>8:00 No Bus</p> <p>9:00 GR Chair Exercise</p> <p>10:00 HT 10c Bingo</p> <p>11:00 MP Hope Chapel Bible Study</p> <p>1:30 GR Scrabble</p> <p>4:30 MP Church of Jesus Christ - Bible Study</p>	<p>27</p> <p>8:00 No Bus</p> <p>11:30 MP Who Wants to be a Volunteer? "Lunch"</p> <p>1:00 GR Rummikube</p> <p>3:00 MC Karaoke</p> <p>5:00 MP Hula Dancers</p> <p>5:00 GR Poker</p>	<p>28</p> <p>8:00 MC Coffee & Donuts</p> <p>9:00 MC Crafters Club</p> <p>12:30 MC Nickel Bingo</p> <p>5:00 MC Saturday Night Dance</p>
<p>29</p> <p>8:30 MP QH Congregational UCC</p> <p>10:30 MP UCC Bible Class</p> <p>2:00 HF Lancaster Baptist Church</p>	<p>30</p> <p>9:00 MP TOPS Weight Loss</p> <p>11:30 MP Grace Resources</p> <p>12:30 GR Pinochle</p> <p>5:30 MC Ballroom Dance Lesson</p>	<p>31</p> <p>9:00 GR Chair Exercise</p> <p>10:00 MP Catholic Mass</p> <p>4:30 MC Tuesday Night Bingo</p>			<p>St. Patrick's Day Karaoke Party</p> <p>Don't Forget! Friday, March 27th is our St. Patrick's Day Karaoke Extravaganza! Wear all your favorite shades of Green, Glitter, and Gold and get ready to Rock!</p>	

***** CALL 911 *****

... for EMERGENCIES such as fire, gas leak or if you or your property are in *immediate* danger, such as you smell smoke, gas or suspect a fire.

AFTER HOURS EMERGENCIES

If there is a flood or plumbing stoppage that you cannot control, or any other maintenance emergency that cannot wait until business hours please call:

Mayflower I

Maintenance Emergency
661-943-2523, 24 hours

Mayflower II

Maintenance Emergency
661-722-8383

Harshfield

Maintenance Emergency
661-718-1775



Bright Ideas Winner!

The Mayflower Office would like to thank all the residents who took the time to jot down their "Bright Ideas" for activities they would like to see around Mayflower Gardens. Our Lucky Winner of the \$25 Café gift card is Connie McCracken. Thanks to everyone who participated and we look forward to adding on as many of these activities as possible!

Catholic Mass

St. Junipero Serra Church:

Tuesday Catholic Mass
10:00am in Mayflower MPR

Catholic Church Info

Mayflower Resident Liaison
Miik "Mikey" Miller
661-448-7494



Bible Study Calendar

Quartz Hill UCC
Bible Class every Sunday
morning at 10:30am in the MPR

Bible Study Calendar (Cont.)

*

Hope Chapel Bible Study Group
Every Thursday at 11am in
the MPR

*

The Church of Jesus Christ of
Latter Day Saints every Thursday
at 4:30pm in the MPR
By Karen & Bruce Day

*

AV Reach Bible Study
Every Wednesday at 11am in
the MPR



"Our Relationships"

The invisible web of relationships that holds us all together is very important. The Statement, "No Man Is an Island" is important, by keeping this web healthy, positive, good, and generous; we are easily able to find, keep, and make friends.

As Christians, we are blessed with commandments, teachings, stories, conditions, and examples of Jesus to guide us to how we relate to each other and to our world. People and wise men have used this ethical and religious instruction for thousands of years. They deserve our eye of reverence and respect.
-Rev. Roger Plessen

The Women's Fellowship-

10:30am Sunday, March 29th,
in the Chapel.

The Men's Fellowship-

10:30am Sunday, March 29th,
in the Chapel.

Communion-

During Morning Worship
Service, March 1st 9:00-10:30am
in the Chapel & March 18th
10:30-11am-MFG Convalescent
Hospital

**Quartz Hill Congressional
UCC-Mayflower Church**

Rev. Roger Plessen
(661) 722 - 2961 Church Office

March Quote

"One should never Iron a
Four-leaf clover; you do not
want to Press Your Luck!"

Happy Birthday!

03/01 Margaret LaRocque
Lavinia Carlton
Daniel Evans
03/04 Francis Sandiford
03/05 Joy Myers
Ethel Buchanan
Janet Myers
Ron Andrews
03/06 Clifford Moulton
03/07 Victor Dennis
Richard Rojas
03/08 Barbara Keegan
Dorothy Febrow
03/09 Emma Hyder
Douglas Borland
03/10 Patricia Madigan
03/11 Gene Owens
Alice Kammann
Betty Heffer
03/12 Sandra Prim
Linda Lydon
Anastasia Jennings
03/13 Michele Parks
03/14 Linda Chiriff
Carol Minnick
03/15 Ron Sigler
03/16 Patricia Albertini
03/17 Roberta Simmons
03/20 Lisa Bertman
03/21 Marguerite Osuna
03/22 Barbara Martin
Valentine Alvarez
Mary Caldwell
03/23 Robert Rothgery
Angela Avitia
03/24 Mattie Marie Gordon
03/25 Jeanita Wood
Terry Meade
Michael West
03/27 Richard Minnick
03/28 Maria Colon
Margaret Haney

03/29 Ronald Miller
Mark Myers
Janet Currie
03/30 Martha May
Cynthia Young

BECOME A BOARD MEMBER

Pioneer Club Board Elections Are Near!

Attention Mayflower Residents:
It is time to prepare for our Upcoming Pioneer Club Board Elections for 2020. If you have a desire to help fellow residents, extra time to volunteer for activities and events, and a true passion for making a difference; please inquire in our Mayflower Office how to go about placing your name on the upcoming 2020 ballot!



What Can Be Better Than Bingo?

How about two opportunities each week to get your Bingo Fix?! Every Saturday at 12:30pm (Nickel Bingo) and Tuesday Evenings at 5:00 in the Café (\$15 for ALL boards)! Snacks & Refreshments for sale during game play!

March Fitness

DVD Chair Exercises:

Every Tuesday & Thursday
9am-10am in Game Room

*

Tai Chi:

Every Wednesday morning,
10am-11am in the MPR

*

Low Vision Support Group:

Third Thursday of every month
- MPR.

March 19th: in Game Room.

Seminars

Michele's Advance Planning

Services:

March 4th & 18th at 10am in
Game Room
(661) 945 - 0400

St. Patty's Day Sweets

"Brand New Day & Simpler Horizons Representatives" are bringing a St. Patrick's Day Treat to enjoy while you learn about their available programs that may benefit you! *Medicare Advantage, Life Insurance, & Health Insurance.*

Time: 1:00pm

Location: Café

Meditation With Live Music

Meditation can lead to reduced stress & anxiety, and increased happiness & longevity. Sound meditation with Live music can enhance results even more!

Come out and try it on
Wednesday, March 25th at
6:00pm in the MPR with
instructor Oren Selah.



Robert L. Plunkett

Attorney at Law since 1977

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Powers of Attorney
Probate Living Wills

Within Walking Distance of Mayflower Gardens!

Can Do House Calls Phone (661) 722-3585

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(661) 726-3303

For (661) 726-3367

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CREMATION ASSISTANCE

PLEASE CALL WITH ANY QUESTIONS
OR TO SCHEDULE AN APPOINTMENT

WE CAN MEET AT THE OFFICE OR
WHERE YOU ARE MOST COMFORTABLE

HEALTH INSURANCE

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All Major Health Carriers

Janet Pierson 661-212-9171

P.O. Box 1496, Acton, CA 93510

piersonj252@gmail.com

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"The Last Confession"



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