

MAYFLOWER GARDENS

retirement community

6570 W. Avenue L-12, Lancaster, CA 93536 661-943-3228

Gazette

Mayflower Gardens Retirement Community

Monday - Saturday 9 a.m.-5 p.m.
Sunday 10 a.m.-4 p.m.

Your Friendly Staff - Mayflower I

Briana Larkin Executive Director
Hope Smith Business Office Manager
Regina Carvalo Café Manager
Charmaine Langley Activities Director
Tony Filinow Asst. Maintenance Supervisor
Irene Soto Maintenance Office Admin
John Mancini Accounting Assistant
Toulonne Newhouse Leasing Consultant
Twila Allee MGI Resident Services

Important Phone Numbers

Mayflower I Office 661-943-3228
MG Convalescent Hospital 661-943-3212
Beauty Salon 661-943-3131
Mini Mart Mon-Fri 661-943-3228 x110
Mayflower Treasures ... Mon-Wed 661-943-0348
Resident Services Mayflower I 661-902-6108
Mayflower II Office (NEW) 661-722-8383
Harshfield Terrace Office 661-718-1775

Mayflower Café

Sunday-Thursday, 8am-1:30pm ... 661-943-9478
Delivery to your Apartment: \$1

Mayflower 1 Maintenance

Mon. - Fri. 8am to 4:30pm 661-943-2523
After Hours Emergency 661-943-2523

We're on Social Media!

Did you know we're on Facebook? Search our community name and follow us for important updates and community happenings.

June 2019

Greetings From the Executive Director

Did you know we have a suggestion box in the game room? We pay attention to what our residents tell us, and we would love to hear any suggestions or comments you might have. Let us know how we can serve you better—or tell us what we already do that makes living here great. Drop your comments in the box or tell us directly! Thank you, -Briana Larkin

ACTIVITY SPOTLIGHT

Masquerade Ball - Senior Prom

Please join us for a night to remember!
The evening will feature a beautiful dinner with your choice of Beef Wellington or Lemon Garlic Shrimp
Skewers with 2 sides, salad and dessert.

Live Music will be provided by Rat Pack Ricky with his various samplings of music from the "Great American Songbook."

A king and queen will be crowned at the end of the evening.

Date: Friday, June 14th

Time: 5 to 8pm

Price: \$ 17.00 plus tax



More details on the back of the menu

PIONEER CLUB ACTIVITIES AND NEWS

LET'S PLAY BINGO!

Tuesdays, 5:00pm

Purchase games by 4:30pm
\$15 buys one of all games
Progressive Pot up to \$500

Saturday Nickel Bingo

12:30pm Most Saturdays
See Events Calendar.

COFFEE and DONUTS

Saturdays, 8:00am, Café

TREASURES

1st SATURDAY SALE!

1st Saturday, June 1st
8:00am - 12:00pm
Great Sales on Saturdays.

Mayflower Treasures Donation Center

Hours: Mon.-Wed.
8:00am - 12:00pm
(661) 943-0348

TREASURES FURNITURE

Call for Appointment
(661) 943-0348

*Please call during regular hours
to arrange donation drop-off*

4TH OF JULY - POTLUCK

Saturday, July 6th at 12pm

Sign up in Café; walk-ins
welcome until 12:15pm.

Pay \$7 or prepare your favorite
4th of July ready to serve side
dish enough for 8 people.



*Please be at the Mayflower Bus
Stop 15 minutes before our
scheduled departure time.*

LA ZOO



Let's go see the animals of
the world.

Bring extra money if you want to
rest your legs and ride on the
trams within the zoo.

Many places to choose to have
lunch.

Date: Thursday, June 6th
Cost: \$18.00 + Lunch
Leave center at 9:00am

WILLIAM S. HART MUSEUM



William S. Hart was an
actor best
known for his silent Western
films. This museum allows a
peek into this iconic man's life
and brings to light a time that is
slowly being forgotten.

Breakfast at Coco's Bakery &
Restaurant

Date: Thursday, June 20th
Leave: 9am

JULY BUS TRIPS

Sign up for JUNE Events and
JULY Bus Trips

Starting MONDAY,

June 3rd,

*in person at the office. Fees must
be paid at time of sign-up.*

Monday-Friday only

JETHAWKS - 3RD OF JULY FIREWORKS

Date: Wednesday, July 3rd

Leave: 5:30pm

\$10 per ticket

Special Fireworks for July 4th

SANTA BARBARA - STEARNS WHARF

Enjoy the seaside sights and
sounds of Stearns Wharf, one of
Santa Barbara's most iconic
landmarks. It is California's
oldest working wharf and the
perfect spot to soak up the sun,
salty breezes and stunning views
of the impossibly blue Pacific.
Wonderful restaurants with great
views and great seafood.

Date: Thursday, July 18th

Leave: 9am

Spending money for
Lunch & Shopping





JUNE MOVIES

All movies starts at 1pm in the Theater Room.
Popcorn and Soda Served.

"A Dog's Way Home"

June 7th

"Mission of Honor"

June 12th

"Instant Family"

June 18th

"the Upside"

June 25th

See Outside of Theater Door
for more
information

GENTLEMEN'S GATHERING

Dart Tournament

New men's group, the Gentlemen's Gathering. Come to enjoy light refreshment, good company and conversation. Monthly program will include current events, discussions, cards and other games! This month will feature beer & pretzels and a dart game in celebration of Father's Day!

Date: Monday, June 17th
Time: 3pm in Game Room



CRAFT

Mandala Painting

Date: Starting on Wednesday, June 5th and finishing Tuesday, June 11th.

Location in the MPR, please note that we can accommodate up to 20 people. Cost is \$7 per person. All materials included.



GAME DAY - WHEEL OF FORTUNE

Contestants needed; sign up in office.

Date: Friday, June 21st at 1pm in the Café

Great prizes to be won!!
Pink lemonade and Popcorn will be served.



FUNDAY FRIDAY

Friday, June 7th

Ice Cream Social

Sponsored by Kaiser Permanente
12 noon in our Café

Friday, June 28th



Great singing fun with Jack.
3pm to 5pm
Come test your vocal cords.

SATURDAY FUN

4th Saturday Dance

Saturday, June 22nd
Music by Joel
Potluck
5pm to 8pm
Donations welcome

BASEBALL FUN

JUNE - JETHAWKS GAME

Date: Thursday, June 13th
Leave: 5:30pm
Game starts at 6:35pm.
Tickets available in office
Sign up early!!!

NIGHT OUT

Date: Wednesday, June 26th
Time: 5pm



Office Updates & Reminders

Periodically Speaking

You can have a say in this community newsletter, which is printed specifically for our residents! Submit salutations, congratulations, observations and more right to the office door via e-mail, handwritten notes or a personal visit. We'll make sure our editor mulls over your newsworthy words for an upcoming edition.

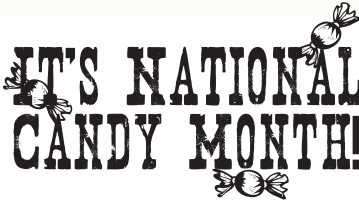
Private Duty Aide

Do you have a private duty aide? If so, please stop by the office to pick up and complete the private duty aide agreement.

Planter Area Reminder

Resident garden areas are located directly in front of each apartment. Some apartments, especially, end and some corner units, may not have front garden space. Garden plantings should be in harmony with the general landscaping of the area and must be maintained by the resident. If you cannot or do not wish to maintain your garden space, please contact Maintenance for options. Management reserves the right to remove any plant that is inappropriate to the area.

Sunday	Monday	Tuesday
Ericka's Caregiving & Companionship Light Housekeeping, Laundry, Meals, Personal Care, Transportation and More. Reliable, Trustworthy and Affordable. References Available. Ericka 818-571-0659	<u>Classified Ads:</u> <i>If You Would Like to Advertise on This Page to Reach Nearly 700 Mayflower Gardens Campus Residents, Please Call the Office for Details. Deadline for Copy and Payment Is the 10th of Each Month for the Next Month's Gazette. Subject to space and availability.</i>	Please note that Mayflower Gardens is not affiliated nor guarantees services from our advertisers.
QH Congregational UCC 2 8:45am... MPR/Chapel QH UCC Bible Class 10:30am... MPR/Chapel Lancaster Baptist Church 2:00pm... Richfield . . . Mayflower Café Open 8am-1:30pm Sun-Thurs	TOPS: Weight Loss 3 9:00am... MPR . Grace Resources Food Giveaway 11:30 am MPR . Pinochle 12:00pm... Game Rm . Ballroom Dancing 5:30pm... Café .	Chair Exercise 4 9:00am... Game Room Arthritis Exercise 9am To 10am ... MPR Catholic Mass 10:00am... MPR/Chapel Tuesday Night Bingo 4:30pm... Café \$15 Buys One of Each Game Now Featuring Progressive Pot See Page 2 For Details
QH Congregational UCC 9 8:45am... MPR/Chapel QH UCC Bible Class 10:30am... MPR/Chapel Lancaster Baptist Church 2:00pm... Richfield . . . Mayflower Café Open 8am-1:30pm Sun-Thurs	TOPS: Weight Loss 10 9:00am... MPR . Grace Resources Food Giveaway 11:30am MPR . Pinochle 12:00pm... Game Rm . Ballroom Dancing 5:30pm... Café .	Chair Exercise 11 9:00am... Game Room Arthritis Exercise 9:00am To 10:00am .. MPR Catholic Mass 10:00am... MPR/Chapel 2nd Craft - Mandala Painting 1pm In Craft Room Tuesday Night Bingo 4:30pm... Café \$15 Buys One of Each Game
QH Congregational UCC 16 8:45am... MPR/Chapel QH UCC Bible Class 10:30am... MPR/Chapel Lancaster Baptist Church 2:00pm... Richfield FATHER'S DAY Special Menu, Please See Back of Menu. Mayflower Café Open 8am-1:30pm Sun-Thurs	TOPS: Weight Loss 17 9:00am... MPR Grace Resources Food Giveaway 11:30am MPR Pinochle 12:00pm... Game Rm Gentlemen's Gathering Dart Tournament Teams of 2 (sign up in office) 3pm in Game Rm Ballroom Dancing 5:30pm... Café .	Chair Exercise 18 9:00am... Game Room Catholic Mass 10:00am... MPR/Chapel Matinee "Instant Family" 1pm In Theater Tuesday Night Bingo 4:30pm... Café \$15 Buys One of Each Game Now Featuring Progressive Pot See Page 2 For Details
QH Congregational UCC 23/30 8:45am... MPR/Chapel QH UCC Bible Class 10:30am... MPR/Chapel Lancaster Baptist Church 2:00pm... Richfield . . . Mayflower Café Open 8am-1:30pm Sun-Thurs	TOPS: Weight Loss 24 9:00am... MPR . Grace Resources Food Giveaway 11:30am MPR . Pinochle 12:00pm... Game Rm . Ballroom Dancing 5:30pm... Café .	Chair Exercise 25 9:00am... Game Room Catholic Mass 10:00am... MPR/Chapel Matinee "The Upside" 1pm In Theater Tuesday Night Bingo 4:30pm... Café \$15 Buys One of Each Game Now Featuring Progressive Pot See Page 2 For Details

Wednesday	Thursday	Friday	Saturday
	LEGEND: <i>Berry Park: BBQ Park on West Side of the Admin Building.</i> <i>MPR: Multipurpose Room/Chapel</i> <i>Night Out: Monthly Dinner at a Local Restaurant</i> <i>Savory Saturday: Trip to Local Shopping Center for Lunch</i>	HAPPY FATHER'S DAY	Coffee & Donuts 8:00am... Café . Treasures Saturday Sale 8am To 12pm . Savory Saturday Leave 11am - Winco\Target . Nickel Bingo 12:30pm In Café
Tai Chi 10 - 11am In MPR Crafty Wednesday Mandala Painting 1pm In Craft Room Canasta 12noon... Game Room AV Bookmobile 1-2:30pm... Behind Café Line Dancing Class 5pm ... Café	Chair Exercise 9am... Game Rm Arthritis Exercise 9am To 10am MPR Chair Yoga 10 - 11am ... MPR Hope Chapel Bible Study 11:00am... MPR/Chapel Trip LA Zoo Leave at 9am Scrabble 1:30 In Game Room	Food Bank 12noon...MPR Modified Bus Schedule NO AFTERNOON BUS Ice Cream Social Kaiser Permanente .. 12:00 In the Café. Traveling Boutique Matinee "Dog's Way Home" 1pm In Theater Room. Poker 5:00pm...Game Room	Coffee & Donuts 8:00am... Café . Nickel Bingo 12:30pm In Café
Tai Chi 10 - 11am in MPR Resident Meeting 11am in MPR Canasta 12noon... Game Room Matinee "Mission of Honor" 1pm AV Bookmobile Line Dancing Class 5pm ... Café	Chair Exercise 9am... Game Rm Arthritis Exercise 9am To 10am MPR Chair Yoga 10 - 11am ... MPR Hope Chapel Bible Study 11:00am... MPR/Chapel Scrabble 1:30 In Game Room Jethawks Baseball Game Leave Center 5:30pm	Food Bank 12noon...MPR . . Poker 5:00pm...Game Room . Masquerade Ball - Senior Prom 5pm To 8pm (Pre Buy Tickets in Office)	Coffee & Donuts 8:00am... Café . Savory Saturday Leave 11am ... Winco\Target . . . Nickel Bingo 12:30pm In Café
Tai Chi 10 - 11am in MPR Entertainer - Tony Dettore 12pm to 1pm in Café Canasta 12noon... Game Room NO AFTERNOON BUS AV Bookmobile 1-2:30pm... Behind Café Line Dancing Class 5pm ... Café	Chair Exercise 9am... Game Rm Chair Yoga 10 - 11am ... MPR Hope Chapel Bible Study 11:00am... MPR/Chapel Trip William S Hart Museum & Coco's Bakery Leave at 9am Scrabble 1:30 In Game Room	Food Bank 12noon...MPR . . Game Day "Wheel of Fortune" 1pm In Café Pop Corn and Pink Lemonade . Poker 5:00pm...Game Room	Coffee & Donuts 8:00am... Café . . Nickel Bingo 12:30pm In Café . . Saturday Monthly Dance .
Tai Chi 10 - 11am In MPR Author Susan Casey "Women of American Revolution" 12pm In Café Canasta 12noon... Game Room AV Bookmobile 1-2:30pm... Behind Café Line Dancing Class 5pm ... Café	Chair Exercise 9am... Game Rm Chair Yoga 10 - 11am ... MPR Hope Chapel Bible Study 11:00am... MPR/Chapel Vision Loss Support Group 1:30 in MPR Scrabble 1:30 In Game Room	Food Bank 12noon...MPR . Modified Bus Schedule NO AFTERNOON BUS . Karaoke 3 To 5pm Café Poker 5:00pm...Game Room	Coffee & Donuts 8:00am... Café . . . Nickel Bingo 12:30pm In Café . . .



***** CALL 911 *****

... for EMERGENCIES such as fire, gas leak or if you or your property are in *immediate* danger, such as you smell smoke, gas or suspect a fire.

**AFTER-HOURS
EMERGENCIES**

If there is a flood or plumbing stoppage that you cannot control, any other emergency that cannot wait until business hours, please call:

Mayflower I

Maintenance Emergency
661-943-2523, 24 hours

Mayflower II

Maintenance Emergency
661-722-8383

Harshfield

Maintenance Emergency
661-718-1775

Modified Bus Schedule

Please see the back of menu for more details. Modified bus schedule will begin July 1st through July 16th.

Pest Control

We have a pest control service on the property each week. If your apartment needs service before your next scheduled visit, give us a call in the maintenance department.

Catholic Mass
St. Junipero Serra Church
Tuesday Catholic Mass
Tuesdays, 10:00am
in the Mayflower MPR

Catholic Church Info
Mayflower Resident Liaison
Miik "Mikey" Miller
661-448-7494
Eucharistic Minister
Jeanie Fisher
661-675-8662

Deepest Sympathy

To the family and friends of
those we lost recently.
*May the warm, beautiful memories
of someone you love wash over you
at this time and stay with you
forever.*

PASTOR'S MESSAGE

Great Things

Great things don't happen by mere accident. Egypt, ancient Rome, the nations of Europe and the United States are the result of many struggles, battles and the labors of millions of people resembling the great waves that ride up in the sea. Their greatness is only for a time in a long path to history. Sometimes people make a lot of money or get a lot of fame; sometimes they lose what they have gained rather quickly. King Solomon wrote about this in the Bible, "All is vanity and vanity is vanity and passes after the wind." But some things do not

**Bible Study at Mayflower
Gardens**

QH UCC

Bible Class every Sunday
morning at

10:30am in the MPR

Women & Men Fellowship on
Sunday, June 30th at 10:30am
in the MPR.

*

Hope Chapel Bible Study Group
every Thursday morning at
11:00am in the MPR.

*

The Church of Jesus Christ
of Latter Day Saints

Every Thursday afternoon at
4:30pm in the MPR
By Karen & Bruce Day

pass away. One, what Jesus did on the cross. Two, our salvation. Three, eternal life. Four, those we love. Five, love, hope and faith. Six, the joy of being a Christian. Seven, the good we do in life.

Rev. Roger Plessen

Church Services

Church Service every Sunday at
9am in the Chapel.

Communion - will be served
during morning Worship
service, June 2nd at 9am to
10:30am in the Chapel.

June 19th at 10:30am at our
MFG Convalescent Hospital.
661-722-2961 - Church Office



06/01 Donald Hanson
 06/03 Christy Kidd
 06/04 Valdemar Silguero
 06/05 Rosetta McKenzie
 06/06 Hallie Conley
 Mary Brown
 06/07 Sonia Easley
 Judy Chumley
 Cathy Hamilton
 06/08 Ellen Schomberg
 06/09 Carroll Olney
 Carolyn Laudig
 Teresa Garcia
 Barbara Evans
 06/10 Elsie Soliah
 James Barker
 06/12 Marlene Kelley
 Carmel Rowles
 06/15 Bera Cockrell
 Kathy Whitehall
 06/16 Cheryl Rosas
 06/17 Louise Watson
 Joseph Gonzales
 Barbara Johnson
 06/18 Ruth Sperling
 Toni Sanders
 06/19 Bertie Zibble
 06/20 John Chavez
 06/21 Verna Kassan
 Iris Mears
 06/22 Linnia Salinas
 Kenneth Howard
 06/24 Angela Hall
 Bill Sleeper
 06/25 Ida Shaffner
 Robert Mendoza

06/25 Sonja Lewis
 Suzanne Brower
 Henrietta Lewis
 06/26 Charles Gill
 06/27 Monouchehr Shahbakhri
 06/29 Isiah Hall
 Lee Staton-Lara
 06/30 Arthur Warren

June Birthstone - Pearl



"Pearl" is derived from the latin word "pirum," meaning pear, which is the shape that many pearls take on naturally when they grow. In Ancient China it was believed that the pearl protected from fire and fire-breathing dragons. In Europe they represent purity, modesty and chastity.

Michele's Q & A

Wednesday, June 12th
 Wednesday, June 26th



Health & Fitness Corner



In Season Produce for June

Corn * Apricots
 Lettuce * Blueberries
 Cantaloupe * Cherries
 Peaches * Strawberries

Exercise Classes for June

DVD Chair Exercises:

Every Tuesday and Thursday morning

9am to 10am in Game Room.

Arthritis Exercises: MPR

June 4th and June 6th

9am to 10am

June 11th and June 13th

9am to 10am

Tai Chi: MPR

Every Wednesday morning

10am to 11am

Chair Yoga: MPR

Every Thursday morning

10am to 11am

Seminars for June

Alzheimer's Foundation

"Know the 10 signs"

Wednesday, June 19th

2:00pm to 3:30pm in the MPR

Vision Loss Support Group

Fourth Thursday of the month.

June 27th 1:30 in the MPR

Inspiration for June:

It's never too late or too early to work toward being the healthiest YOU



Robert L. Plunkett

Attorney at Law since 1977

Wills Trusts
Powers of Attorney
Probate Living Wills

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piersonjm252@gmail.com

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(661) 726-3303

Linda
(661)305-1128



Hablamos Español

J & L Cleaning Services

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