

Mayflower Gardens Retirement Community

Monday - Saturday 9 a.m.-5 p.m. Sunday 10 a.m.-4 p.m.

Your Friendly Staff - Mayflower I

Briana Larkin	Executive Director
Hope Smith	Business Office Manager
Regina Carvalo	Café Manager
Charmaine Langley	Activities Director
Tony Filinow A	sst. Maintenance Supervisor
Irene Soto	Maintenance Office Admin
John Mancini	Accounting Assistant
Toulonne Newhouse	Leasing Consultant
Twila Allee	MGI Resident Services

Important Phone Numbers

Mayflower I Office	661-943-3228
MG Convalescent Hospital	661-943-3212
Beauty Salon	661-943-3131
Mini Mart Mon-Fri 661-	943-3228 x110
Mayflower Treasures Mon-Wed	661-943-0348
Resident Services Mayflower I	661-902-6108
Mayflower II Office (NEW)	661-722-8383
Harshfield Terrace Office	661-718-1775
Mayflower Café (to order food)	661-943-9478

Mayflower Café

Sunday-Thursday, 8am-1:30pm ... 661-943-9478 Delivery to your Apartment: \$1

Mayflower I Maintenance

Mon-Fri. 8 am-4:30 pm	
After Hours Emergency M	aint 661-943-2523

Farm Fun

Q: What's a baby chick's favorite vegetable? A: Eggplant.

April 2019

Executive Director's Corner

Spring is in full swing and it's time to clear away the winter clutter. Spring cleaning can also extend to the common areas around our community. With the cool spring breezes blowing our way, it's time to open your windows and doors for some fresh air. When you do, you may notice some excess clutter you left on your patio last fall. Please take a moment to clean up. Your view will be better, and your neighbors will appreciate it, too! You deserve a beautiful place to call home. Let's all do our part to keep our property looking great! Here's to a happy spring full of smiles, laughter and beautiful weather!

- Briana Larkin

ACTIVITIES SPOTLIGHT



EASTER EGG SCRAMBLE

Fun, Family Event!

Kid-friendly coloring and
crafts, free popcorn, Prizes and Surprises, PLUS the
traditional age-separated Stuffed Plastic Egg Scramble
on the front lawn of the Center! Hot Dog lunch will be
available for sale. Invite your whole family for this fun
event! Date: Saturday, April 20th Place: In Front of
Center 11:30am, Scramble at 12 noon

PIONEER CLUB ACTIVITIES AND NEWS

LET'S PLAY BINGO!

Tuesdays, 5:00pm

Purchase games by 4:30pm \$15 buys one of all games <u>Saturday Nickel Bingo</u>

12:30pm Most Saturdays See Events Calendar.

COFFEE and DONUTS

Saturdays, 8:00am, Café CRAFTERS CLUB

Saturdays, 9:00am, Game Room

TREASURES

1st SATURDAY SALE!

1st Saturday, April 6th 8:00am - 12:00pm Come on in for even more discounts. Up to 50% off selected items.



Mayflower Treasures Donation Center

Hours: Mon.-Wed. 8:00am - 12:00pm (661) 943-0348

TREASURES FURNITURE

Call for Appointment (661) 943-0348

Please call during regular hours to arrange donation drop-off

Catholic Church Info

Mayflower Resident Liaison Miik "Mikey" Miller 661-448-7494 Eucharistic Minister Jeanie Fisher 661-675-8662



Please be at the Mayflower Bus Stop 15 minutes before our scheduled departure time.

LUNCH & A MOVIE

Let's go out to lunch and then on to catch a movie! Char will have a movie list available a week before. Date: Thursday, April 4th Leave center: 11am

THE GROVE - FARMERS' MARKET

The Grove is a popular fashion and lifestyle destination offering the best mix of retail, restaurants and entertainment in Los Angeles. Come hungry and leave happy from one of their delicious restaurants, open for mid-day lunches!

Date: Thursday, April 18th

Cost: Spending money

Leave center: 10am

Note: The bus can only handle two bags per person.



APRIL BUS TRIPS

Sign up for <u>APRIL</u> Events and MAY Bus Trips
Starting MONDAY,
APRIL <u>1ST</u>,

in person in the office. Fees must be paid at time of sign-up. Monday-Friday only



POTTERY PAINTING AND RED ROBIN

Pottery Painting & Lunch
As You Wish Pottery
Create your own work of pottery
art! Lunch at Red Robin.
Date: Thursday, May 2nd
Cost: Materials plus Lunch
Leave Center: 11:00am

LAZY T RANCH



Let's try this again!!
Thursday, May 16th at 11am
Please note that the people
who signed
up in February do not have to
sign up
again - your name is on the list.
Spaces still available if you are
interested.

PIZZA FRIDAY



Friday, April 12th
11:30 in the Café
\$7.00 for
2 slices of pizza, salad, chips
and soda
Please sign up in the office and
pre-pay
All orders must be ordered the
day before.

HIGH SCHOOL RODEO DISTRICT 9 - FREE GIFT TO YOUR PET!

Local High School students from District 9 have worked hard to collect donations of dog/cat food, toys and other goodies for your beloved pets. These teens will be on our campus to deliver these items to our residents!

Date: Tuesday, April 23rd

Location: 4pm outside the

Craft Room

Sign up with Char in the office!





EASTER CRAFT DAY

Friday, April 19th 1pm in the Craft Room Please sign up in the office \$4.00 incl. all materials Free Refreshments

Come and make 2 mason jar bunnies or chicklets filled with delicious Easter egg candies for you or gift your friend for Easter.



LET'S CELEBRATE SOME OF THE AWARD WINNERS OF 2019

- Theater Room
Popcorn and Sodas incl. All
movies start at 1pm
Friday, April 5th - "Black
Panther"
Tuesday, April 16th - "A Star
is Born"
Thursday, April 25th "BlacKkKlansman"
Tuesday, April 30th - "Green
Book"

MAYFLOWER'S HEALTH & FITNESS CORNER

Exercise Classes

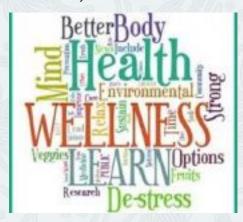
Starting in April:

<u>Tai Chi with Suzanne</u>

Wednesdays, 10am in the MPR

<u>Yoga with Suzanne</u>

Thursdays, 10am in the MPR



Produce in Season for the Month of April

Artichokes, Asparagus
Broccoli, Lettuce
Rhubarb, Spring Peas
Zucchini
Mangoes and Pineapples



Don't let arthritis stop you from reaping the rewards of lifelong fitness!

Join us to learn about Arthritis

Exercises
on Tuesday, April 23rd.
12pm in the MPR

COMING SOON TO MAYFLOWER GARDENS



MAYFLOWER CAFÉ -GRAB N GO

Look for it!!
Don't always have time to stop and eat? On your way to town or the doctor?
We will have pre-made salads, sandwiches and wraps to go daily for your convenience.

Have it on its own or buy a combo with chips and soda.

Walk in, choose, pay & GO!!



Mayflower Cafe Delivery

We are always striving to make life easier and more convenient for our residents! You are now able to pre-order meals from the Café for weekly delivery. Order forms may be picked up in the office weekly, or you may ask your tram driver to deliver one to you. Completed forms must be turned in to ensure your delivery for the next week.

\$1.00 will be added per delivery



Sunday	Monday	Tuesday
	TOPS: Weight Loss	Chair Exercise
X	9:00am MPR	9:00am Game Room
		Catholic Mass
0	April Fools' Day	10:00am MPR/Chapel
ABBIL		
APRIL	Pinochle 12:00pm Game Rm	Tuesday Night Bingo
Fools'	-	4:30pm Café
FOULS	Ballroom Dance Lessons	\$15 Buys One of Each Game Now Featuring Progressive Pot
DAVI	5:30pm Café	See Page 2 For Details
7	8	
QH Congregational UCC	TOPS: Weight Loss	Chair Exercise
8:45am MPR/Chapel QH UCC Bible Class	9:00am MPR	9:00am Game Room Catholic Mass
10:30am MPR/Chapel		10:00am MPR/Chapel
Lancaster Baptist Church	•	
2:00pm Harshfield	Pinochle 12:00pm Game Rm	
		Tuesday Night Bingo
·		4:30pm Café
Mayflower Café	Ballroom Dance Lessons	\$15 Buys One of Each Game Now Featuring Progressive Pot
Open 8am-1:30pm Sun-Thurs	5:30pm Café	See Page 2 For Details
14	15	10
QH Congregational UCC	TOPS: Weight Loss	Chair Exercise
8:45am MPR/Chapel QH UCC Bible Class	9:00am MPR	9:00am Game Room Catholic Mass
10:30am MPR/Chapel	-	10:00am MPR/Chapel
Lancaster Baptist Church	•	Matinee 1pm In the Theater
2:00pm Harshfield	Pinochle 12:00pm Game Rm	"A Star Is Born"
		Tuesday Night Bingo
·	-	4:30pm Café \$15 Buys One of Each Game
Mayflower Café	Ballroom Dance Lessons	Now Featuring Progressive Pot
Open 8am-1:30pm Sun-Thurs	5:30pm Café	See Page 2 For Details
QH Congregational UCC 21	22	Chair Exercise 23
8:45am MPR/Chapel	TOPS: Weight Loss	9:00am Game Room
QH UCC Bible Class	9:00am MPR	Catholic Mass
10:30am MPR/Chapel	Happy Earth Day!!!!!	10:00am MPR/Chapel Cat & Dog Day See Page 3
Lancaster Baptist Church		Partners in Care Foundation
2:00pm Harshfield		Arthritis Exercise 12pm - MPR
Easter Sunday	Pinochle 12:00pm Game Rm	Tuesday Night Bingo
	Rallroom Donas Lassans	4:30pm Café
Mayflower Café	Ballroom Dance Lessons 5:30pm Café	\$15 Buys One of Each Game Now Featuring Progressive Pot
Open 8am-1:30pm Sun-Thurs	o.oopniii oalo	See Page 2 For Details
		Chair Exercise 3
OH Congregational LICC = 1	TOPS: Weight Loss	9:00am Game Room
QH Congregational UCC		Catholic Mass
8:45am MPR/Chapel QH UCC Bible Class	9:00am MPR	
RH Congregational UCC 8:45am MPR/Chapel QH UCC Bible Class 10:30am MPR/Chapel	9:00am MPR	10:00am MPR/Chapel
RH Congregational UCC 8:45am MPR/Chapel QH UCC Bible Class 10:30am MPR/Chapel Lancaster Baptist Church	9:00am MPR	
RH Congregational UCC 8:45am MPR/Chapel QH UCC Bible Class 10:30am MPR/Chapel	9:00am MPR Pinochle 12:00pm Game Rm	10:00am MPR/Chapel Matinee "Green Book" 1pm In Theater Room
RH Congregational UCC 8:45am MPR/Chapel QH UCC Bible Class 10:30am MPR/Chapel Lancaster Baptist Church		10:00am MPR/Chapel Matinee "Green Book" 1pm In Theater Room Tuesday Night Bingo
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RH Congregational UCC 8:45am MPR/Chapel QH UCC Bible Class 10:30am MPR/Chapel Lancaster Baptist Church		10:00am MPR/Chapel Matinee "Green Book" 1pm In Theater Room Tuesday Night Bingo

Wednesday	Thursday	Friday	Saturday
Tai Chi Cancelled for this date	Chair Exercise 9am Game Rm	Food Bank 12noonMPR Poker	Coffee & Donuts 8:00am Café
Canasta 12noon Game Room	Trip Lunch & A Movie Leave Center - 11am	5:00pmGame Room	Treasures First Saturday Sale 8am To 12pm
AV Bookmobile 1-2:30pm Behind Café Line Dancing Class	Hope Chapel Bible Study 11:00am MPR/Chapel	. Matinee "Black Panther"	Nickel Bingo Snacks for Sale 5c Per Card, Per Game
5pm Café	Scrabble 1:30 In Game Room	1pm In Theater Room.	\$1 Pull Tabs 12:30pm In Café
Tai Chi Cancelled for this date Resident Meeting 11:00am MPR	Chair Exercise 9am Game Rm	Food Bank 12 12noonMPR Poker 5:00pmGame Room	Coffee & Donuts 8:00am Café Savory Saturday Leave 11am
Canasta 12noon Game Room AV Bookmobile	Hope Chapel Bible Study	Extended Mall Hours	Lunch At Tom's Then Poppy Tour Sign Up in Office Nickel Bingo
1-2:30pm Behind Café Line Dancing Class 5pm Café	11:00am MPR/Chapel . Scrabble 1:30 In Game Room	Pizza Friday 2 Slices, Salad, Chips & a Drink for only \$7.00 11:30am In Café.	Snacks for Sale 5c Per Card, Per Game \$1 Pull Tabs 12:30pm In Café
Tai Chi 10am To 11pm In MPR	Chair Exercise 9am Game Rm	12noonMPR	Coffee & Donuts 8:00am Café
Captain Bob in the Café 12 Noon Rockets and Robots Canasta 12noon Game Room No Afternoon Bus	Chair Yoga by Suzanne 10am To 11am - MPR Trip: The Grove - Farmers' Market Leave Center: 10am	Poker 5:00pmGame Room .	Annual Easter Egg Hunt Starts at 11:30am Hunt Starts at Noon Details on Page 1
AV Bookmobile 1-2:30pm Behind Café Line Dancing Class 5pm Café	Hope Chapel Bible Study 11:00am MPR/Chapel Scrabble 1:30 In Game Room	Crafty Friday Easter Jars 1pm In Craft Room.	No Nickel Bingo
Tai Chi 10am to 11pm in MPR Entertainer Billy Burdin 12 noon in the Café	Chair Exercise 9am Game Rm Chair Yoga - MPR Matinee	Food Bank 12noonMPR Poker 5:00pmGame Room	Coffee & Donuts 27 8:00am Café Nickel Bingo 5c Per Card, Per Game \$1 Pull Tabs
Canasta 12noon Game Room AV Bookmobile 1-2:30pm Behind Café Line Dancing Class 5pm Café	"Black K Klansman" Hope Chapel Bible Study 11:00am MPR/Chapel Scrabble 1:30 In Game Room Baseball - Jet Hawks Leave Center 5:30pm	Karaoke 3pm To 5pm In the Café	12:30pm In Café Savory Saturday Leave 11am Casa Gutierrez\Jack's Place Then Poppy Tour - Sign Up in Office Saturday Dance
Classified Ads: If You Would Like to Advertise on This Page to Reach Nearly 700 Mayflower Gardens Campus Residents, Please Call the Office for Details. Deadline for Copy and Payment Is the 10th of Each Month for the Next	Earth Day	LEGEND: MGI: Mayflower I MGII: Mayflower II HT: Harshfield Terrace MPR: Multi-Purpose Room/Chapel CERT: Resident Emergency Response Team Night Out: Monthly Dinner Out	5pm In the Café HAPPY FASTER
Month's Gazette. Subject to space and availability.		Savory Saturday: Trip to Local Shopping Center for Lunch	

EMERGENCY

FIRE POLICE MEDICAL 911

*** CALL 911 ***

... for EMERGENCIES such as fire, gas leak or if you or your property are in *immediate* danger, such as you smell smoke, gas or suspect a fire.

AFTER-HOURS EMERGENCIES

CALL YOUR MAINTENANCE DEPARTMENT IF

If there is a flood or plumbing stoppage that you cannot control.

Any other maintenance emergency that cannot wait until

business hours.

Mayflower I

Maintenance Emergency 661-943-2523, 24 hours

Mayflower II

Maintenance Emergency 661-722-8383

Harshfield

Maintenance Emergency 661-718-1775



MAYFLOWER SPIRITUAL NEWS



Hope Chapel Bible Study

Join the Hope Chapel Bible Study group every Thursday of the month. 11am to 12pm in the MPR Chapel Room

Catholic Mass

St. Junipero Serra Church Tuesday Catholic Mass Tuesdays, 10:00am in the Mayflower MPR

WITH DEEPEST SYMPATHY

"Those we love don't go away, They walk beside us every day. Unseen, unheard but always near, So loved, so missed, so very dear." Our deepest condolences to family and friends of those we lost recently.



FAITHFULNESS

Faithfulness and Fidelity are greatly admired in our soldiers. The Marine Corps motto "Semper Fidelis" in Latin means "Always Faithful". Fidelity is required of husbands, wives, politicians, all sorts of leaders, and all employees. A faithful person does not betray a trust or a commitment they have made nor is faithfulness limited to the rich and powerful. Employees are faithful because every member is part of a team. What would we do without faithful dishwashers, trash collectors, bank tellers and caregivers? Life would be pretty uncomfortable in a hurry. In the Bible, Abraham was

faithful and a friend to God. Moses faithfully led the Israelites out of Egypt. God is faithful and just to forgive our sins and lead us to rightness. Faithfulness to God and to others is absolutely important to be a Christian, for

God gives us the privilege of helping people to salvation and being a good example for others to follow.

Rev. Roger Plessen

Service Begins: 9am every Sunday Communion: April 7th at 9am MG Hosp.: April 17th, at 10:30 Women's Group: Sunday, April 28th at 10:30am Men's Group: Sunday, April 28th at 10:30am



April Birthdays

04/01 David Smith
04/03 Robert Perillo
Marilyn Towe
04/04 Pat Okawa
Evelyn Allan
Barbara Moulton
Merilyn Woolstenhulme
Sherry Gill

04/05 Barbara Parkhurst Patricia Wilson-Nowicki Lenell Cloud

04/06 Cheryl Samuel-Harris Doris Lindquist Pamela Langenwalter

04/07 Esther Cortez 04/10 Stephen Secol 04/11 Marguerite Gaudet Sondra Ball

04/12 Steven Wenino Henry Drescher Marilyn Birds John McCracken

Lowell Day 04/13 Robin Brown

04/14 Patricia Paulhus Joseph Touschner Thomas King Betty Harrod

04/16 April Aaron Ram Gulati

04/18 Lorraine Stephens Robert Chumley Cheryl Ann Davis Fidencia Yates

04/20 Patricia Frans Herbert Marquardt

04/24 Gloria Nieblas

04/25 Donna Meisenholder Peggy Goldenberg Dixie McCabe

04/26 Nancy Acosta Phillip Adams

04/28 Robert Tyler Sandra Barker Elke Heinrichs

04/29 Sandra Auringer Thomas Davis George Survey Wayne Martin Barbara LaFleur

04/30 Judith Halstead



IMPORTANT MESSAGE FROM YOUR MAINTENANCE DEPARTMENT

Cooler Project

To prepare for warmer weather, maintenance personnel will begin inspecting, replacing parts and hooking up the evaporative coolers beginning on Monday, April 1st. This project could take up to three weeks to complete.

Part of this process will be to clear out any dirt or leaf particles that may have accumulated. We will come to every apartment to test and clear each cooler. If you are not home, we will not enter. A note will be left on your door and we will appreciate if you could call us and make an appointment that is convenient to you.



Linda Ross



In September of this year Linda will be at Mayflower Gardens for seven very joyful years.
Linda has been very involved throughout the years and there is hardly a volunteer position she has not done.
Even her granddaughter has volunteered at Mayflower for more than a year.

Her favorite hobby is to make quilts, she even got 1st prize last year at the AV Fair.

To help her relax she does challenging puzzles and cares for her two hairy babies, Issy who is 15 years old and Tink who is 7 years old.



































Robert L.
Plunkett
Attorney at Law since 1977
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Powers of Attorney
Probate Living Wills

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