

MAYFLOWER GARDENS *Gazette*

retirement community

6570 W. Avenue L-12, Lancaster, CA 93536 661-943-3228

Mayflower Gardens Retirement Community

Monday - Saturday 9 a.m.-5 p.m.
Sunday 10 a.m.-4 p.m.

Your Friendly Staff - Mayflower I

Briana Larkin Executive Director
Hope Smith Business Office Manager
Regina Carvalo Café Manager
Charmaine Langley Activities Director
Tony Filinow Asst. Maintenance Supervisor
Irene Soto Maintenance Office Admin
John Mancini Accounting Assistant
Toulonne Newhouse Leasing Consultant
Twila Allee MGI Resident Services
Jason Dent Marketing Director

Important Phone Numbers

Mayflower I Office 661-943-3228
MG Convalescent Hospital 661-943-3212
Beauty Salon 661-943-3131
Mini Mart Mon-Fri 661-943-3228 x110
Mayflower Treasures ... Mon-Wed 661-943-0348
Resident Services Mayflower I 661-902-6108
Mayflower II Office (NEW) 661-722-8383
Harshfield Terrace Office 661-718-1775
Mayflower Café (to order food) ... 661-943-9478

Mayflower Café

Sunday-Thursday, 8am-1:30pm ... 661-943-9478
Delivery to your Apartment: \$1

Mayflower I Maintenance

Mon.-Fri. 8 a.m.-4:30 p.m. 661-943-2523
After Hours Emergency Maint. 661-943-2523

March 2019

Executive Director's Corner

Hello, there! March is upon us, and with it comes the welcome arrival of spring. I think we are all looking forward to warmer weather and more outings.

Would you like to increase the odds of something good happening in your life? Good luck is more likely to strike if you step out of your comfort zone and are receptive to fresh opportunities. Experts say that being open to new activities, people and places can help create more positive experiences. We have a lot of activities planned this month and I encourage everyone to join us!

-Briana Larkin

Activities Spotlight



Starting in March we would like to introduce a new activity at Mayflower Gardens!!!

GAME SHOW DAY!

We will host the following interactive games in the coming months and need contestants!

Mayflower Family Feud

Jeopardy

Wheel of Fortune

Sign up in the office with your team of five or let us place you on a team and play Family Feud. Not sure if you wish to play? Be an audience participant!

Many, many great prizes to be won!!

PIONEER CLUB ACTIVITIES AND NEWS

LET'S PLAY BINGO!

Tuesdays, 5:00pm

Purchase games by 4:30pm

\$15 buys one of all games

Saturday Nickel Bingo

12:30pm Most Saturdays

See Events Calendar.

COFFEE and DONUTS

Saturdays, 8:00am, Café

CRAFTERS CLUB

Saturdays, 9:00am, Game Room

TREASURES

1st SATURDAY SALE!

1st Saturday, March 2nd

8:00am - 12:00pm

Come on in for even more discounts. Up to 50% off selected items.

POTLUCK

March 2nd - 12:30pm in the Café

Mayflower Treasures Donation Center

Hours: Mon.-Wed.

8:00am - 12:00pm

(661) 943-0348

TREASURES FURNITURE

Call for Appointment

(661) 943-0348

*Please call during regular hours
to arrange donation drop-off*

Catholic Church Info

Mayflower Resident Liaison

Miik "Mikey" Miller

661-448-7494

Eucharistic Minister

Jeanie Fisher

661-675-8662

MARCH BUS TRIPS

*Please be at the Mayflower Bus
Stop 15 minutes before our
scheduled departure time.*

LUNCH AT CRACKER BARREL



Cracker Barrel on March 7th

Leave center: 9:30am

Shop in their beautiful country store.

Please note: If you are driving, please make sure to RSVP in the office so we can provide a group count to Cracker Barrel.

LA ZOO TRIP



Let's go and have some fun!
Lots of places to have lunch.

March 21st

Cost: \$18.00 + Lunch

Leave center at 9:30am

NIGHT OUT

Chili's Fundraiser

March 27th @ 5pm

**If you are driving, please
still sign up in office.**

APRIL BUS TRIPS

*Sign up for MARCH Events and
APRIL Bus Trips
Starting FRIDAY,
MARCH 1ST,
in person in the office. Fees must
be paid at time of sign-up.
Monday-Friday only*

LUNCH & MOVIE



April 4th

Leave center at 11am

Start thinking where you would like to have lunch.

A list of movies will be available on the bus so you can decide before the time.

THE GROVE - FARMER'S MARKET



April 18th

Leave center at 10am

Bring money for all their delicious food and fresh produce!

Eat first! The bus can only handle two bags per person.

MATINEE

Friday, March 1st
1pm in Theater Room
Please sign up in office.
No cost.



POTLUCK

Irish Potluck

Saturday, March 2nd, at 12:30
Serving Irish Stew. Bring your favorite Irish side dish, green salads or desserts. Or just pay \$7.00.
One game of blackout bingo and Pull tabs.



May you live as long as you want.
And never want as long as you live.

ST. PATRICK'S CELEBRATION

A bit of malarkey
A bit of green grub and drink
Make no mistake
This is one party you would not want to miss!!!

Join us on March 15th,
3pm to 5pm,
in the Mayflower Garden's
Green Café.

Good entertainment as well!!!

The Irish menu that will be cooked by our wonderful staff will leave you wanting more for months after, as will the prices. So dress in your best green and join us on the day!

NEW TRIPS OR EVENTS SIGN UP

SIGN UP

As we are always striving to make it more comfortable for you, our residents, we have decided to change our first day of the month sign up to the following:

The café will have a numbered sign up sheet from 8am on the day. As you come in, please write down your name and wait in the warm\cool café until the office opens and we will call you as it appears on the sheet.

*Please write only your name.
Please do not stand in line outside the office door.*

CRAFT

Candle Holders



Need to spruce up your living room or bedroom?
Then join me on
Friday, March 8th
1pm in the Craft Room
Cost \$4
Sign up in office
and
Prepay

GAME DAY



SURVEY SAYS

Friday, March 22nd
12 noon in the Café
Sign up in the office with your team of five or sign up and we will place you on a team.
Don't feel like playing? Then come on down and support the contestants.
Popcorn and lemonade will be served!!
Great prizes to be won!!!

What's Cooking



COLCANNON - IRISH MASH POTATO

* 4 russet potatoes, peeled and cut into large chunks

* Salt

* 5-6 Tbsp unsalted butter

* 3 lightly packed cups of chopped kale, cabbage or chard

* 3 green onions

(including the green onion greens), minced (about 1/2 cup)

* 1 cup milk or cream

* Peel and cut potatoes in chunks. Add 2 tablespoons of salt, and bring to a boil. Boil until the potatoes are fork tender. Drain.

* Return pot to the stove over medium-high heat. Melt butter until it's hot, add the greens. Cook 3-4 minutes until wilted and some of their water is out. Add green onions and cook 1 minute more.

* Add milk\cream, mix well, and add the potatoes. Reduce heat to medium. Mash potatoes, mix well with the greens. Add salt to taste, serve hot, with a knob of butter in the center.

Sunday	Monday	Tuesday
<p>Caregiver and Housekeeper Errands In Home Support Service Call Luisa Haro 661-367-2594</p>		<p><i>Classified Ads:</i> <i>If You Would Like to Advertise on This Page to Reach Nearly 700 Mayflower Gardens Campus Residents, Please Call the Office for Details. Deadline for Copy and Payment Is the 10th of Each Month for the Next Month's Gazette. Subject to space and availability.</i></p>
<p>QH Congregational UCC 3 8:45am... MPR/Chapel QH UCC Bible Class 10:30am... MPR/Chapel Lancaster Baptist Church 2:00pm... Harshfield . . . Mayflower Café Open 8am-1:30pm Sun-Thurs</p>	<p>TOPS: Weight Loss 4 9:00am... MPR . Computer Class 10am To 12 pm Computer Room . Pinochle 12:00pm... Game Rm . Ballroom Dance Lessons 5:30pm... Café</p>	<p>Chair Exercise 5 9:00am... Game Room Catholic Mass 10:00am... MPR/Chapel . Tuesday Night Bingo 4:30pm... Café \$15 Buys One of Each Game Now Featuring Progressive Pot See Page 2 For Details</p>
<p>QH Congregational UCC 10 8:45am... MPR/Chapel QH UCC Bible Class 10:30am... MPR/Chapel Lancaster Baptist Church 2:00pm... Harshfield . Daylight Saving Begins . Mayflower Café Open 8am-1:30pm Sun-Thurs</p>	<p>TOPS: Weight Loss 11 9:00am... MPR Computer Class 10am To 12 pm Computer Room Pinochle 12:00pm... Game Rm HDMG Arthritis Workshop 2pm In MPR Ballroom Dance Lessons 5:30pm... Café .</p>	<p>Chair Exercise 12 9:00am... Game Room Catholic Mass 10:00am... MPR/Chapel Extended Mall Day . Tuesday Night Bingo 4:30pm... Café \$15 Buys One of Each Game Now Featuring Progressive Pot See Page 2 For Details</p>
<p>QH Congregational UCC 17 8:45am... MPR/Chapel QH UCC Bible Class 10:30am... MPR/Chapel Lancaster Baptist Church 2:00pm... Harshfield . . . Mayflower Café Open 8am-1:30pm Sun-Thurs</p>	<p>TOPS: Weight Loss 18 9:00am... MPR . Computer Class 10am To 12 pm Computer Room . Pinochle 12:00pm... Game Rm . Ballroom Dance Lessons 5:30pm... Café</p>	<p>Chair Exercise 19 9:00am... Game Room Catholic Mass 10:00am... MPR/Chapel . Tuesday Night Bingo 4:30pm... Café \$15 Buys One of Each Game Now Featuring Progressive Pot See Page 2 For Details</p>
<p>QH Congregational UCC 24/31 8:45am... MPR/Chapel QH UCC Bible Class 10:30am... MPR/Chapel Lancaster Baptist Church 2:00pm... Harshfield . . . Mayflower Café Open 8am-1:30pm Sun-Thurs</p>	<p>TOPS: Weight Loss 25 9:00am... MPR . . . Pinochle 12:00pm... Game Rm . Ballroom Dance Lessons 5:30pm... Café</p>	<p>Chair Exercise 26 9:00am... Game Room Catholic Mass 10:00am... MPR/Chapel . Tuesday Night Bingo 4:30pm... Café \$15 Buys One of Each Game Now Featuring Progressive Pot See Page 2 For Details</p>

March Madness - Happy St. Paddy's

Wednesday	Thursday	Friday	Saturday
MAYFLOWER SALON: Full Service Salon at Reasonable Rates Right Here on Campus. Hair Cuts, Style, Color, Perms, Even Extensions! Men's Cuts, Too. Mani-Pedi, Wax Services and MORE! Located Next to the Library. Call for an Appointment, 661-943-3131		Food Bank 1 12noon...MPR . Poker 5:00pm...Game Room . Matinee Friday "Mission Impossible - Fallout" 1pm In Theater	Coffee & Donuts 8:00am... Café . Crafters Club 9:00am... Game Room Potluck 12:30pm In Café Irish Stew Treasures Saturday Sale 8am To 12pm 50% Off on Selected Items
Tai Chi 10am In the MPR Canasta 12noon... Game Room Dave Winstone 12noon History of Rock 'n' Roll in Café AV Bookmobile 1-2:30pm... Behind Café Papa John's Pizza Night Line Dancing Class 5:00pm... Café	Chair Exercise 9am... Game Rm Pokeno 10am... Game Rm QH UCC Bible Study 11:00am... MPR/Chapel . CRACKER BARREL Leave 9:30am . Scrabble 1:30pm Game Room	Food Bank 12noon...MPR Poker 5:00pm...Game Room . . . Crafty Friday Candle Holders 1pm In Craft Room. .	Coffee & Donuts 8:00am... Café . Crafters Club 9:00am... Game Room . Nickel Bingo Snacks for Sale 5c Per Card, Per Game \$1 Pull Tabs 12:30pm In Café
Tai Chi 10am... MPR Resident Meeting 11:00am... MPR Canasta 12noon... Game Room AV Bookmobile 1-2:30pm... Behind Café Line Dancing Class 5pm ... Café .	Chair Exercise 9am... Game Rm . Pokeno 10am... Game Rm . QH UCC Bible Study 11:00am... MPR/Chapel . Scrabble 1:30 In Game Room	Food Bank 12noon...MPR Poker 5:00pm...Game Room . . . St. Paddy's Day Celebration 3-5pm in Café See page 3 for details .	Coffee & Donuts 8:00am... Café Crafters Club 9:00am... Game Room Savory Saturday 11am Winco, Target Ave K & 10 W Nickel Bingo Snacks for Sale 5c Per Card, Per Game \$1 Pull Tabs 12:30 In Café
Tai Chi 10am... MPR . Canasta 12noon... Game Room No Afternoon Bus AV Bookmobile 1-2:30pm... Behind Café . Line Dancing Class 5pm ... Café	Chair Exercise 9am... Game Rm Pokeno 10am... Game Rm LA ZOO Leave Centre 9:30am QH UCC Bible Study 11:00am... MPR/Chapel . Scrabble 1:30 In Game Room	Food Bank 12noon...MPR Poker 5:00pm...Game Room . . . Game Show Friday Family Feud 12noon in Café. .	Coffee & Donuts 8:00am... Café . Crafters Club 9:00am... Game Room Nickel Bingo \$1 Pull Tabs 12:30 In Café Saturday Dance 5pm In Café
Tai Chi 10am... MPR KAISER PERM. & MEDICAL 11am To 1pm In MPR Canasta 12noon... Game Room AV Bookmobile 1-2:30pm... Behind Café Line Dancing Class 5pm ... Café Night Out - Chili's Fundraiser	Chair Exercise 9am... Game Rm . Pokeno 10am... Game Rm . QH UCC Bible Study 11:00am... MPR/Chapel . Scrabble 1:30 In Game Room	Food Bank 12noon...MPR Poker 5:00pm...Game Room . . . Karaoke Friday Two parties in 1 month!!! 3 to 5pm In Café. .	Coffee & Donuts 8:00am... Café Crafters Club 9:00am... Game Room Savory Saturday 11am Winco, Target Ave K & 10 W Nickel Bingo Snacks for Sale 5c Per Card, Per Game \$1 Pull Tabs 12:30 In Café



*** CALL 911 ***

... for EMERGENCIES such as fire, gas leak or if you or your property are in immediate danger, such as you smell smoke, gas or suspect a fire.

AFTER-HOURS EMERGENCIES

CALL YOUR MAINTENANCE DEPARTMENT

If there is a flood or plumbing stoppage that you cannot control.

Any other maintenance emergency that cannot wait until business hours.

Mayflower I
Maintenance Emergency
661-943-2523, 24 hours

Mayflower II
Maintenance Emergency
661-722-8383

Harshfield
Maintenance Emergency
661-718-1775



MARCH 10TH

**

Remember to set your watches and clocks forward one hour before you go to sleep on Saturday evening, March 9th!!!! Don't forget to change the clock in your vehicle!!!

PATIENCE

We do not live in a patient society. People are looking for sudden and immediate results.

Millions of people buy huge numbers of lottery tickets in the hope they will hit the jackpot and become instant millionaires. People will spend their life's savings going into a business that they know very little about, wanting it all now.

The spirit of the gold miners lives today.

Yet the bible teaches patience, that usually good things come after hard work and Christian character is built slowly by many years of serving God. People are saved in a single hour and

Catholic Mass
St. Junipero Serra Church
Tuesday Catholic Mass
Tuesdays, 10:00am
in the Mayflower MPR



FRIENDS VISITING FRIENDS

If you wish to be visited or make new friends, call the Church office at 661-722-2961

sometimes pick up a rock and discover gold. However, good things take a while and patience is required. Everyone who has raised children knows it takes a lot of patience to bring up a child. The person conceived in a moment and born in a day may live to be 100 years old. We must be patient with others, with ourselves, with our world and with God.

Service Begins: 9am every Sunday

Communion: March 3rd, 9am
MG Hosp.: March 20th,
10:30am

Women's Group: March 31st
Men's Group: March 31st
Bible Study: 11am Thursdays



03/01 Margaret LaRocque
Lavinia Carlton
03/04 Francis Sandiford
03/05 Joy Myers
Ethel Buckhanan
Janet Myers
Ron Andrews
03/06 Clifford Moulton
03/07 Victor Dennis
Richard Rojas
03/08 Barbara Keegan
Dorothy Febrow
03/09 Emma Hyder
Douglas Borland
03/10 Patricia Madigan
03/11 Gene Owens
Alice Kammann
Betty Heffer
03/12 Sandra Prim
Linda Lydon
03/13 Michele Parks
Elayne Walker
03/14 Rober McCabe
03/15 Ron Sigler
03/17 Roberta Simmons
03/20 Patricia Andreoni
03/21 Marguerite Osuna
03/22 Barbara Martin
Valentine Alvarez
Mary Caldwell
03/23 Robert Rothgery
03/24 Sandra Franklin
03/25 MattieMarie Gordon
Jeanita Wood
Janet Knoblock
Terry Meade
Michael West

03/28 Maria Colon
Margaret Haney
03/29 Ronald Miller
Mark Myers
03/30 Martha May

March Birthstones



For the lucky individuals born in March, two birthstones are associated with this early spring month: aquamarine and bloodstone.

Both stones are very different from one another in appearance, but each share a similar symbolism of preserving or enhancing the health of the wearer.

SEMINARS AND WORKSHOPS - MARCH

March 11th

HDMG Arthritis Workshop
2pm in MPR

March 27th

Kaiser Permanente & Medicare
11am to 1pm in MPR

March 28th

Vision Loss Monthly Workshop
1:30pm in MPR

PLEASE SIGN UP IN OFFICE

Resident Spotlight

FLO PARKS



Flo will be celebrating 18 wonderful years living at Mayflower Gardens in August this year. Flo would like everybody to know that Jean Philly took her under her wing not long after her husband passed away. With much love, patience and an amazing friendship she got Flo involved in the community.

Flo has served on the Pioneer Board for over 7 years, worked Bingo, Potluck, the Gazette and of course the Treasures Store. She says that she is very happy at Mayflower Gardens and does not know what she would have done without Mayflower Gardens.

GUEST SUITE AVAILABLE

More company than you can handle? We can help. We have a guest suite available for a very affordable rate per night. Your guests will be able to enjoy all the same great amenities that you do. Just stop by the office or give us a call to make reservations.




Night Out at Las Originales. Blankets made by residents and delivered to Painted Turtle. Karaoke is back and it was a great party!!!

Covering the Antelope and Santa Clara Valleys

HEALTH INSURANCE

All Major Health Carriers

Janet Pierson 661-212-9171
 P.O. Box 3096, Azusa, CA 91708
 janetpierson@gmail.com
TLC INSURANCE
"The Least Costing"
 Find Me on [Facebook](#)



California #0140251
 Family & Group
 Medicare, Individual



Robert L. Plunkett
 Attorney at Law since 1977
 Wills Trusts
 Powers of Attorney
 Probate Living Wills

Within Walking Distance of Mayflower Gardens!
Can Do House Calls Phone (661) 722-3585



 Valley of Peace
 Cremation & Burial

**ADVANCE PLANNING
 WITH MICHELE**

Michele Escudero
 Starting at \$750
 661-945-0400 or 661-466-9940