



Bixby Knolls Towers

Gazette

An RHF Community

3747 Atlantic Ave • Long Beach, CA 90807 • (562) 426-6123

Bixby Knolls Towers Retirement Community

Chuck StevensResident Services
Charles Bowler Activities Director
Ashley YarmanMarketing Director
Salvador RosalezAsst. Marketing Director
Pat HoltBusiness Office Manager
Robert Esquir Maintenance Supervisor
Donald Van DamDining Services Director
Bryant DurstExecutive Chef
Thomas CowlingHousekeeping Director

Important Phone Numbers

Front Desk 562-426-6123 x200
Dining Room 562-426-6123 x268
Kitchen Office 562-426-6123 x209
Activities 562-426-6123 x206
Resident Services 562-426-6123 x202
Housekeeping 562-426-6123 x201
Maintenance 562-426-6123 x218
Business Office 562-426-6123 x232
Beauty Salon 562-426-7145

Dining Room Hours

Breakfast:

Room Service 7:30a.m. - 8:00a.m.
Dine in.....7:30a.m. - 9:00a.m.

Lunch:

Room Service 11:00a.m. - 11:30a.m.
Dine in 11:30a.m. - 1:00p.m.

Dinner:

Room Service4:00p.m. - 4:30p.m.
Dine in4:30p.m. - 6:00p.m.

October 2021



Oktoberfest

All residents are invited to join us for our annual Oktoberfest celebration with authentic German cuisine prepared by our very own Chief Bryant and some fantastic German entertainment performed by Bogart & Boyd. This is all happening on Friday, October 15th from 11:30-1:00 in the dining room.

Activity Spot Light

Pumpkin Painting

Please join us for our Arts-n-Crafts class. This month we will be painting pumpkins. Bring your creative ideas with you.

Wednesday, October 20th, 2021
at 2:00pm

World Market

The holidays are upon us, now is the time to join us for a trip to the World Market for unique gifts from around the world for your friends and family. World Market features eclectic array of imported housewares, furniture, decor and specialty foods. We will be going on

October 28, 2021 at 3:30 pm



Bingo! Bingo! Bingo!

Sundays, 1:45pm
Located in the 'B' Building

Wednesdays, 1:45pm
Located in the 'B' Building

Saturdays, 1:45pm
Located in the 'B' Building

Mask Reminder

Just a friendly reminder to
always wear a mask in all
common areas of the
community.

**After-Hours Maintenance
Emergencies**

If there is a flood or plumbing
stoppage that you cannot
control, or any other
maintenance emergency that
cannot wait until business
hours, please call:
562-426-6123

Newsletter Contributions

We want to hear about you! Are
there any events in your life
you'd like to share with your
neighbors? Any hobbies you'd
like to share with us? Or would
you like to find others to have a
game of bridge or chess with?
let us know, and we'll do our
best to mention it in our
newsletter.



Trivia With Chuck

Don't forget October 11, 2021,
at 1:30pm to join Chuck with
his 'Fun-Filled' Trivia—where
you can come and enjoy
laughter and a memorable time!



Bixby Happy Hour

Time to spice up the fun! This
month for Happy Hour Fridays
we will be serving fun Cocktails
served alongside our deliciously
made snacks!

Interesting October Facts

October is here, and in the
Northern Hemisphere, that
often means the days are flush
with falling leaves, chilling
weather and growing
anticipation for the holiday
season. The tenth month by our
Gregorian calendar, October
shares a root with octopus and
octagon.



**Happy Birthday to These
Bixby Residents Born
in October**

- Anne Megil 1st
- Pat Knirk 2nd
- Don Willcut 4th
- Fred Zimmerman 5th
- Kenneth Weinberg 5th
- Samira Delancie 8th
- Nancy Padron 9th
- Edith McHugh 9th
- Beverly Giannelli 11th
- Gerald Davis 12th
- Brian Schumaker 15th
- Gloria Harper 16th
- Baudilla Stillwell 19th
- Robert Schumann 20th
- Donald Klabouch 20th
- Esther Landi 22nd
- Gilbert Griego 24th
- Betty Lyons 25th



Farmers Market Trip

Our last outing to the local
Farmers Market was a great
success. All Residents are
welcome to join us on October
14th at 3:30pm

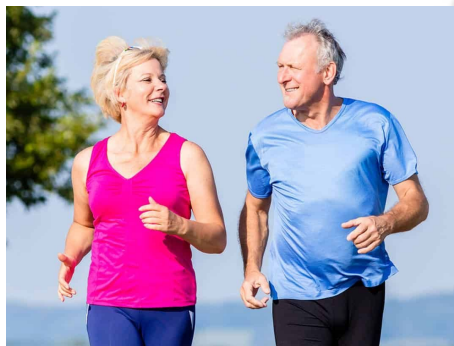


Our Out to Lunch Bunch

Please sign up to join our out to lunch bunch bus seating is limited.

October 13th at 11:30am
"Katella Deli"

October 27th at 11:30am
"Applebee's"



It's Exercise Time

Monday-Friday 10 am we engage in some fitness fun—with our very own resident-run fitness committee!

Monday- Sit & Be Fit

Tuesday- Stronger Seniors

Wednesday- Core Fitness

Thursday- Strength Exercise

Friday- Take Five



Resident Referral Program

Imagine waking up, brewing a cup of coffee, and having a dear friend come over to start the day with you ... When you refer someone to Bixby Knolls Towers and they choose to make our community their home, we will give you \$250.

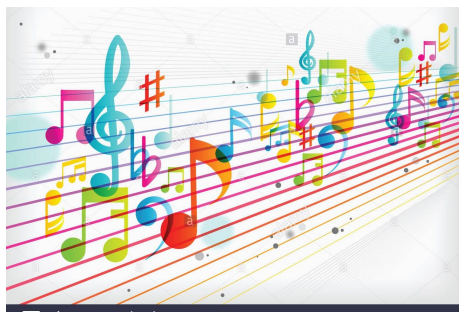
1st move-in within a calendar month = \$250

2nd move-in within a calendar month = \$500 (\$750 total)

3rd move-in within a calendar month = \$1,000 (\$1750 total)

4th move-in within a calendar month = One Month Free (total)

Inquire with the Marketing Department for more details and restrictions



Long Beach Musical Arts Club

All are welcome
October 12th, 2021, at 1:00 pm
for the musical styling of the Long Beach Musical Arts Club.
Come down to enjoy which will surely be an exciting program.
Refreshments following.

Location: Lobby



Friday Night Movie

Friday, October 1st, 2021

"Before Sunset"

Friday, October 8th, 2021

"Legally Blonde"

Friday, October 15th, 2021

"Bridesmaids"

Friday, October 22th, 2021

"Chain Reaction"

Friday, October 29th, 2021

"Impostor"





Picnic in the park

"This Month In History" OCTOBER

1901: The Executive Mansion is officially renamed the White House by President Theodore Roosevelt.

1940: Considered America's first superhighway, the Pennsylvania Turnpike opens to traffic. The 160-mile four-lane roadway was called an engineering marvel.

1956: In a match known as "game of the century," 13-year-old chess prodigy Bobby Fischer defeats international master Donald Byrne.

1962: "Dr. No," the first in the movie franchise about fictional British spy James Bond, premieres in London.

1974: Former MVP Frank Robinson is named the MLB's first Black manager when he's chosen to lead the league's Cleveland team.

1984: During a mission on the space shuttle Challenger, astronaut Kathryn Sullivan becomes the first American woman to walk in space.

2008: The popular music, podcast and video streaming service Spotify launches in its home country of Sweden.

2019: After winning five medals at the world championships in Germany, Simone Biles breaks records to become the most-decorated gymnast in the annual competition's history.