

August 17

Reading:

Psm 55:22

Cast your burden upon the Lord, and he will sustain thee. He will never suffer the righteous to be moved.

Matt 11:28-29 Come to me, all you that labor and are heavy laden, and I will give you rest.

Prayer:

Oh Lord, when life is heavy help me to cast my burden and weariness on you. I trust you to help and give rest when I cry out and seek you. Help me on this journey through life; and draw near as I draw near to you. In Christ's name,

Amen

Provided by Brian Magnone, CIO & VP of Treasury - RHF



