The Towers at Crooked Creek is a subsidized senior housing community in Indianapolis, Indiana.
The Preacher In Me

I remember in one of my first homiletics (preaching) classes at Lancaster Theological Seminary our professor said, “Don’t assume that because you have said something one time people will remember. The secret of a lasting sermon is to tell the congregation what you are going to tell them, then tell them, and then tell them what you’ve told them.” I thought of that comment from 1960 as I prepared to write this column about the importance of advocacy.

In the past three issues of RHF Today and in our recent Annual Report, I’ve written about the importance of participating in a strong advocacy program for funding new affordable housing for older adults as well as families. I mentioned how the government HUD 202 program (which at one time produced 20,000 new affordable apartments a year for persons 62 years and older) took a one-year hiatus (intermission) in 2012 and now it has been five years since a 202 building has been funded.

We opened our last two HUD 202 communities in San Antonio and Houston, Texas last month. Here are some comments we used in a recent letter to our communities:

“LeadingAge has created the Seniors Action Network – asking their nonprofit partners to have staff, board members, residents and their families sign up and receive notices about issues being voted on by our elected legislators that impact America’s seniors. I am asking you to lend your voice to this important project and sign up for LeadingAge’s Seniors Action Network.

Signing on to this network does not commit you to supporting or endorsing anything that you don’t want to support or endorse . . . but it does put you in the informational loop to find out about the issues that are being addressed in Washington, D.C. that will impact RHF and our residents and what LeadingAge is saying about it.

While one of the primary issues that RHF will be looking to push in the upcoming year is the reinstatement of the construction of HUD 202 communities (or a similar program), I know there are other issues they will be monitoring as well (veterans’ issues, Social Security, Medicare, etc.) . . . and since most of us are either already dealing with issues affecting seniors, will be dealing with those issues in the very near future, or have a loved one who is facing those issues – I think it is important that we are a part of that informational loop.”

(Continued on page 7)
RHF Providing a Place You Can Call Home

2017 marks RHF’s 56th Anniversary. Management staff from all of our multi-level retirement communities and management staff of all of our affordable communities in five western states met in Long Beach for a week of meetings and educational sessions. Several United Church of Christ (UCC) Conference Ministers and representatives joined some of those meetings, the worship service and the annual dinner to familiarize themselves with RHF, what we do, and the mission that we are committed to.

At our annual dinner, RHF also recognizes some outstanding organizations and individuals who make a difference in the lives of our residents throughout the year. Read about the honorees below and on the following pages.

2017 Friend of the Elderly Award
Jim Bowman, President / CEO
National Affordable Housing Trust (NAHT)

Jim Bowman, has over 30 years of experience in investment banking, capital markets and community building projects. As a known leader in the development and preservation of affordable homes, he has secured investments for the construction and rehabilitation of over 18,000 affordable apartments with an emphasis on housing for seniors.

Taking over the helm of NAHT in 1998, he has diligently worked with investment partners and top multifamily housing developers to ensure that quality, safe and sustainable places to call home are available to the most vulnerable groups of people throughout our society. Today, Jim continues to passionately lead his staff of highly trained and proficient professionals with the sole purpose of providing financial innovation for the creation and conservation of affordable housing across the United States.

Jim currently serves the Mayor of Columbus (OH) on the City of Columbus Sewer and Water Advisory Board representing the interests of senior citizens in the setting of utility rates. Jim was instrumental in developing a low income user discount for water and sewer services.

Jim is an alumnus of The Ohio State University, where he completed his undergraduate and graduate education. He holds a B.A. degree in Economics, as well as a Masters degree in Public Administration.

RHF’s 2017 Resident of the Year
Shirley “Bunny” Weston
Bishop’s Glen Retirement Community - Holly Hill, Florida

Shirley and her husband Roger moved to Bishop’s Glen in 2005. At 88, Bunny manages Bishop’s in-house TV channel 732, collecting information for the slides and uploading it to the broadcast. Then, seven days a week she is in the Recreation office twice a day making sure the system reflects the appropriate information and music.

As the BG Choir Director, she ensures they are ready for the 60+ performances a year; each performance takes practice which Bunny holds on Saturday mornings. She also holds Stretch and Flex classes twice a week. She chooses movies for the Sunday matinee. Saturday nights she helps with Bingo. Sundays find her gathering residents for the Presbyterian church bus she organizes to pick up residents for worship.

Monthly she interviews and writes articles about various residents on campus for the community’s Gazette newsletter. She reviews publications and informs staff of issues, suggesting things in a timely manner that have been done in the past which they might want to consider.
**RHF Celebrates 56 Years …**

**RHF’s 2017 Service Coordinator of the Year**

DeLisa Harrington - The Towers at Crooked Creek, Indianapolis, Indiana

DeLisa Harrington has been the Service Coordinator at The Towers at Crooked Creek in Indianapolis, IN since 2005. She is a graduate of Indiana University with a BSW in Social Work.

She assists, inspires and encourages residents by ensuring their needs are met through identifying those needs and coordinating and providing services. Services include assessments, benefit/entitlements, education, crisis intervention, supportive listening, advocacy, programs, resources, outreach, general information/referral, healthcare services, transportation, home management, family support and navigating the complex healthcare system.

In one year, she was instrumental in obtaining $1,050,537 in services and free items for her residents. She is dependable and trusted by not only the residents but also the staff members. She is dedicated and passionate about being an advocate for the residents.

DeLisa created the Resident Ambassador program in her building, and it has changed the residents and the building as a whole for the better. The Ambassadors acknowledge and celebrate fellow residents. Each participant takes a pledge stating they will be an active participant by demonstrating they care. Basically the Ambassadors’ mission is to create a positive environment through engagement and outreach that boosts resident morale. This program contributes to making a positive change in their community.

She is well-respected not only at Crooked Creek, but within the community and RHF. She maintains a positive attitude, works well with management and tirelessly advocates for “her” residents. “My journey as a Service Coordinator has been more of a calling than a job. Connecting with residents can be life changing and something I truly enjoy.”

**RHF’s 2017 Manager of the Year**

Nicole Beverly - The Towers at Crooked Creek, Indianapolis, Indiana

Nicole is a very intelligent, caring, compassionate, and professional woman who is very energetic and passionate about her job, her building, her residents, and the Mission of RHF.

Nicole has the ability to make each and every person she encounters feel at ease and welcomed. She has changed the “personality” of Crooked Creek since she joined the staff. The entire building has a happy, contented feel due to her demeanor and positive, heartwarming influence. She leads by example, and is an inspiration to many. She makes others want to be better.

The positive impact she has on those around her was reflected in the significant number of letters that were written by staff and residents that accompanied her nomination for this award.

The Resident Satisfaction Survey conducted last summer was overwhelmingly positive and was accompanied by three pages of complimentary comments.

She represents RHF and Crooked Creek well on site and in the surrounding community. She has excellent leadership skills, motivates her team by her actions, and fosters high morale. She has the respect of her residents, peers, supervisors and subordinates alike.
The RHF Board established the Rex Chapman Award in honor of Rex, who served on the Board of Retirement Housing Foundation from 1977 to 1998, and chaired the Board from 1984 to 1989.

The award is not given every year, but when it is given it is to someone who has provided outstanding leadership to the mission of RHF, who oversaw the growth of RHF, and who has had a lifetime and/or singular effect on the success of the mission.

In our 56th year, we are honored to present the Rex Chapman Award to the Rev. Dr. John E. Trnka. John has served the RHF mission for 33 years.

One of our three founders and second executive director, Rev. Clark Harshfield, asked John to join the Advisory Boards of Westminster Village Kentuckiana and Yellowwood Terrace, both in Clarksville, Indiana, in 1983. Indiana was the first state outside of California to welcome the RHF mission in 1981.

In 1985, when RHF consisted of 23 communities, John was asked to join the RHF Board of Directors, which he served until his retirement in September, 2016. John served as Vice Chair from 1989 to 1999, and as Chair from 1999 to 2005. He served again as Chair from 2011 to 2014. John was born in Chicago, and received his college education at Elmhurst College, Elmhurst, Illinois, followed by four years at Eden Seminary in Webster Groves, Missouri.

He was ordained into the United Church of Christ, and served a clinical year in Long Beach at Woodruff United Church of Christ, then 40 years as pastor in Collinsville, Illinois; St. Louis, Missouri; New Albany, Indiana; Belleville, Illinois, and two years as a stewardship specialist in the Stewardship Council of the UCC denomination.

He has been happily married to Shirley Elmore of Collinsville for 60 years.

“It has been inspirational and a pleasure to know and work with John Trnka for over 30 years. He has been an energetic leader in RHF and the United Church of Christ which is reflected by his frequent statement: “Let me know if there is anything I can do to help.”

- Dr. Laverne Joseph

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He has been happily married to Shirley Elmore of Collinsville for 60 years.

“As Board Chair, I would like to thank John for his service, and I am proud to see him honored in this way. John has been an inspiration to those of us who have been blessed to serve with him.”

- Ray East, RHF National Board Chair

Shirley had served on the Advisory Commission since its founding in 1984. She served as Chair from October, 2007 to February, 2011, and continued on the Commission until her retirement in September, 2016.

The Trnkas have two children, Deborah Ann Cochran, a nurse practitioner, and John Jr., a Colonel in the United States Air Force for more than 31 years.
Honoring Some Incredible Individuals
“A pessimist, they say, sees a glass of water as being half empty; an optimist sees the same glass as half full. But a giving person sees a glass of water and starts looking for someone who might be thirsty.”
- G. Thomas Gale

April has been designated as National Volunteer Month. RHF and our communities are blessed to have thousands of people believe in its mission and volunteer at our communities. These two individuals were honored at our annual dinner in February for their volunteer efforts in two of those communities.

RHF’s 2017 Local Board Member of the Year
Rosemary Hansen- Vacaville Autumn Leaves, Vacaville, California

Rosemary has served on the board since 1988 when the facility was originally opened, in conjunction with the California state Grange and RHF.

Rosemary has modeled that an active, involved board can make all the difference to a nonprofit organization. She uses all of her experience, skills, knowledge and education to move Vacaville Autumn Leaves forward. Rosemary truly exemplifies the spirit of teamwork and commitment to achieving quality results.

Autumn Leaves is proud to be represented by an organization with a board president that functions as effectively as Rosemary does, and grateful to Rosemary for setting the tone where board members contribute so much.

“I enjoy working with the great staff at the residence and the other board members,” Rosemary says. “Retirement Housing Foundation is a wonderful organization and I am very pleased and proud to be associated with them.”

RHF’s 2017 Volunteer of the Year
Patricia Peterson - Pinewood Manor, Bremerton, Washington

Patti Peterson has been a volunteer at Pinewood Manor since 2013. She has been an advocate for the residents of Pinewood Manor by making sure they get the food that they need and supplying food for the different residents’ suppers they have each month.

She worked diligently along with the former Social Service Coordinator, city officials and community services groups such as the Boy Scouts, local VFW, Home Depot and Lowe’s to get the supplies and building materials for raised garden beds so that the residents could grow their own fresh produce during the summer.

Since retiring from the position of Director of the Bremerton Food Bank a few short months ago, Patti has been volunteering to come twice a month to Pinewood Manor to conduct art and craft classes for the residents free of charge. She brings all the supplies they need for the classes and is the most patient, kind and gentle teacher we have ever seen. Her talents are matchless.
RHF held a groundbreaking ceremony on February 28th for Crenshaw Gardens, a tax credit affordable housing community for families; and Crenshaw Villas, a tax credit, affordable housing community for older adults, in the West Adams-Baldwin Hills-Leimert area of Los Angeles.

Los Angeles Deputy Mayor Brenda Shockley and a representative from the offices of California State Assemblyman Sebastian Ridley-Thomas attended the event. Also in attendance were representatives from the funders of the communities and other local agencies.

Crenshaw Gardens and Crenshaw Villas will have 49 and 50 residential units, respectively, and both will have ground floor commercial space. The buildings are expected to achieve a minimum LEED Silver certification. The units have been designed with an open plan concept in common areas, and will feature Energy Star® appliances and low flow plumbing fixtures. These communities will each feature a large community room and a communal laundry room, and their exteriors will include a courtyard, environmentally conscious landscaping, and an automatic irrigation system. Both communities have been carefully designed and organized to maximize their accessibility for the physically disabled.

Crenshaw Gardens is made possible through funding from the California Tax Credit Allocation Committee, Boston Financial Investment Management, The Angelus Trust, the City of Los Angeles Housing and Community Investment Department, and Citibank. Crenshaw Villas is made possible through funding from the California Tax Credit Allocation Committee, Credit Capital, the City of Los Angeles Housing and Community Investment Department, UNIDAD, California Community Reinvestment Corporation, Bank of America, and the California Department of Housing and Community Development.

The Preacher In Me (cont.)

Recently I’ve visited legislative offices in Sacramento, California with others at the Leading Age California Conference and, in this case, we actually met with legislators who were very informed about how the demise of the Community Redevelopment Agencies took a billion dollars a year out of new affordable housing construction in California. Several legislators have introduced legislation to fund new construction because they recognize the incredible need for affordable housing.

And then a few weeks ago as part of our Leading Age national meeting in DC, delegations visited the offices of members of congress and we heard how much they supported affordable housing. But in my reality check I remember that only twice in my 30 years of legislative visits had I encountered staff or politicians who did not support affordable housing. The challenge is to get actions in line with words.

I again challenge residents, team members, Boards, families, churches, synagogues, friends and neighbors to become part of the Seniors Action Network and help us create a snowstorm of letters which our government cannot ignore. If we don’t, the epidemic of homelessness and ill health will continue to soar and we will not have the kind of society we want.

Thank you in advance for taking this challenge seriously!
Community News

Volunteering and Advocating

Bringing the Concert Hall To Our Residents
Mesquite Gardens - Mesquite, Texas
Mesquite Gardens was filled with the sounds of beautiful music thanks to the Texas Winds Musical Outreach Program. They recently provided residents with a melodic morning of violin and piano music with selections from a wide range of eras.

Texas Winds Musical Outreach takes live music out of the concert hall and brings it directly to people who otherwise have little opportunity to experience it. They are professional musicians performing over 1,500 free concerts annually, reaching 85,000 individuals, from nursing home residents and hospital patients to disadvantaged children.

Honoring Those Who Serve In The Community
Towne Creek Apartments - McKinney, Texas
John Crnkovich, RHF’s 2015 Volunteer of the Year winner, was recognized for his volunteer work at Towne Creek Apartments at the Spirit of McKinney Awards Dinner with The HEART award. This event is hosted by an organization called Volunteer McKinney, which helps people in the community find volunteer opportunities at local non-profit organizations. Pictured here is John at the awards ceremony.

John is known for his incredibly generous contributions to RHF’s Towne Creek Apartments. Previously the mail carrier for Towne Creek’s neighborhood in McKinney, Texas, John has provided food and supplies for various spirit-lifting community events several times a year for many years now.

Thinking About Our Troops
Capital Court - Corydon, Indiana
Geneva Kinser, a Capital Court resident, uses her spare time to gather donations to be used to send care packages to deployed U.S. soldiers. These boxes contain things like snacks, magazines, and personal items to be distributed among the troops.

Geneva started sending these packages in 2011 when she saw deployed soldiers on television talking about how much it means to them to receive packages from home. Geneva has sent more than 100 boxes since starting this project and continues to work to send more.

What Is Old Is New Again
Crescent Gardens - Mesquite, Texas
Crescent Manor’s Maintenance Supervisor, Ken, heard about a local family who had purchased a home at the end of last year only to have their kitchen cabinets, appliances and other valuables stolen in a break-in. Crescent Manor had just recently removed some cabinets from their building and decided to gift a set of these cabinets to this family. Pictured here are the cabinets newly installed in this family’s home.

We were informed that a local business also donated all new appliances so that the family now has a fully functional kitchen again.
Advocating For Safety
La Mirada Vistas - La Mirada, California

After more than ten years of petitioning and advocating, La Mirada Vistas residents and staff have been celebrating the recent establishment of a new and much needed traffic light at an intersection right outside of their community.

In 2004, a La Mirada Vistas resident named Dee Lawson started to gather signatures that were handed over to the City of La Mirada. Since then, many other efforts have been put forth by residents and staff, all while traffic accidents were occurring outside of their community. Luckily, the city did finally see the immense need for this change and put up this new traffic light just this year. As you can see, all those involved are ecstatic that their efforts finally paid off.

Meeting With The Decision Makers
Park Place - Seattle, Washington

The members of Park Place’s resident council and staff just recently advocated at the Washington state capital for an increase in assisted living Medicaid rates.

For this group of residents, advocacy is personal – they need to save their home! It began with letter writing and signature campaigns, but it wasn’t enough to talk to everyone they knew so they decided to visit the capital and tell legislators about their cause. With the help of LeadingAge Washington, they realized their goal.

This resident group is dedicated to the mission-driven philosophy of Park Place. In addition to their advocacy work, the resident council runs an on-site thrift store that helps support residents needs like clothing and computers, and also funds some resident events. This council continues to give generously to other non-profits’ emergency causes from their thrift store profits.

Celebrating A Life
Ingleside Manor - Macon, Georgia

In mid-January, the Iota Eta Chapter and the Epsilon Omega Omega Chapter of Alpha Kappa Alpha Sorority, Inc. brought an incredible celebration of the life and work of Dr. Martin Luther King, Jr. to Ingleside Manor residents.

The visitors from the sororities not only served lunch to the residents, but also brought hours of entertainment for them that included inspiring local speakers, musical performances, and games.
Centenarians

Happy Birthday To You, Happy Birthday To You . . .

Angelus Plaza - Los Angeles, California

Soledad Alfaro turned 101 in February of this year. She worked for the U. S. Consulate in Cuba in 1944 and four years later she and her 15-year-old daughter emigrated to the United States.

These days she is active in the Latin American Club and enjoys getting together with her daughter, eight grandsons, 17 great-grandchildren and nine great-great grandchildren.

Bishop’s Glen - Holly Hill, Florida

Harriet Norris turned 102 in April. Born in Michigan, Harriet and her husband traveled throughout the US and Canada in an RV. She was a registered nurse and spent 20 years as a hospice volunteer. She has three children and loves to play bridge and read. She is a friendly person who always has a smile and is willing to share her generous spirit with both residents and staff.

The Concord - Pasadena, California

Isabel Valasquez turned 101 in February and has lived at The Concord since 2008. She is a regular at all resident activity events. Isabel can always be found in the community room enjoying conversation with other residents or, her favorite pastime, sunbathing in the community back patio. When asked what she likes most about living at The Concord she replied, “My neighbors, I like that I can knock on their door if I need help with something.”

Gold Country Healthcare Center - Placerville, California

Freda Sanor turned 103 in February. She has lived at Gold Country Healthcare Center (GCHC) for a little over two years. She is an active person, but knows how to enjoy her naps. She loves the outdoors and takes a stroll outside daily. While her family doesn’t live locally, her son calls her and she waits patiently for that call to complete her day. Their devotion to each other puts a smile on everyone’s face. Freda is a delight and a welcomed addition to the Gold Country community.

Billie Bedegrew has lived at Gold Country for 10 years, and turned 101 in February of this year. Her life started with excitement: the doctor was late and she was delivered by her father! The family relocated to Sacramento when she was 17. She met her future husband through a friend while she was a senior at Sacramento High, and they were married while she was in college.

They had three children who all live locally and enjoy the Sierra foothills. She is the proud grandmother to six and great grandmother to three.

Harshfield Terrace - Quartz Hill, California

Rozelle Thompson turned 101 in March of this year. Rozelle is a delight to know, is full of life and loved by everyone at Harshfield Terrace. She likes to read and loves her church and time spent with her family.
Happy Birthday To You . . .

Courtenay Springs Village - Merritt Island, Florida

Mary Ferrigno turned 100 in April of this year. She moved into Courtenay Springs Village in May of 2013. She has three daughters and one son. She earned her Masters degree in education and was a teacher. Mary enjoys spending time with family and friends.

Helen Barnini was born in June of 1913 in New York City, NY, and will be 104 next month. She married at the age of 16 and moved to western Massachusetts where she had two sons and was known as a great chef and cooked for some very wealthy families. She enjoys playing bingo and going to the beauty salon once a week.

Colonial Heights & Gardens - Florence, Kentucky

Fran Buxton, turned 101 in April. Fran was born in Winchester, Indiana. She was married to Edmund Buxton for 49 years. They had two children and two grandchildren.

Fran enjoyed her career as a bookkeeper. She said we might be surprised to know she was born in the jail house. Her grandfather was the sheriff and her father was the deputy sheriff and her family lived in the jail building!

Mayflower Gardens - Lancaster, California

Maurine Ter Borch turned 100 in February. She had a wonderful childhood in Champagne, Illinois and is one of six children.

She and a close friend moved to California in 1942 and she became “Rosie the Riveter,” working on building planes 60 hours per week. She said that the stories about that time could take a week to tell!

Married in 1945 to a WWII Pilot, Maurine and her husband traveled the world on “space available” $10 tickets for many years before he passed in 1974.

Moving to Mayflower in 2001, Maurine says that she “couldn’t imagine a better place to live.” She keeps busy with walks, reading, sewing and going out with friends. She attends most of the special events at Mayflower Gardens with a positive attitude and a smile that lights up the room.

Auburn Ravine Terrace - Auburn, California

Bette Johnson turned 101 in May. Bette was born in Duluth, Minnesota. She came to Southern California as a young girl, she was married and widowed very early and raised her two daughters on her own.

Before moving to Auburn Ravine Terrace, she told me stories of how nice the firemen were in Southern California. I did not realize until she moved here, that her previous apartment was right across the street from the fire station and she had made quite good friends with the firemen.

Bette still goes every week to the Senior Center for her painting class and she is quite active in our Helping Hands Program.
Deaconess Perry Center - North Royalton, OH

At Deaconess-Perry Center, Louis Krzepina turned 101 in February, 2017. Lou was born in Cleveland, Ohio, he has lived in Cuyahoga County his entire life. He was married in 1936 to Erminia and has three children; one daughter and two sons. Lou has always enjoyed sports, hiking and dancing. He always looks forward to new challenges and is very outgoing.

DeSmet Retirement Community - Florissant, MO

Charles Dyall was born in April of 1917. After graduating from college, he spent 4 years in the Army at Fort Leonard Wood in the headquarters photo lab during WWII. Upon returning home he took over Dyall Portrait Studio from his father, C. Herbert Dyall, who started the business in 1892. He ran the business until his daughter took over in 1980.

Charles and his wife Marjorie lived on a small farm and enjoyed organic gardening. Charles is a tennis buff, having been the city and Iowa Weslyan College tennis champ many times in his younger years. He now lives in Florissant, MO to be close to his son John. He was able to make the first serve at the opening ceremonies for the Florissant Tennis courts. Four generations of Dyalls were in attendance and he served the ball to his great-grandson Owen Dyall age 1 in 2015.

At the age of 99, Charlie went on the Greater St. Louis Honor Flight for Veterans last year. It was a very special experience for him. He wants to support that non-profit and is asking his family and friends that, in lieu of gifts, they donate to the Greater St. Louis Honor Flight.

Park Place - Seattle, Washington

Geneva Willins will celebrate her 100th birthday in June. Geneva will not let you pass her without a smile. In fact you won’t be able to pass her, as her pace is faster than most of the staff! She says that she has made it to 100 because she never drank, never smoked, and still goes to church every Sunday.

Seabury Heights - Worcester, Massachusetts

Doris Clark turned 100 this past March. She was one of nine children and states she had a wonderful childhood. At the age of 13, her father died and she left school to work in a shoe shop near her home. She eventually went back to school and got her high school diploma.

She raised three children. “I worked all my life taking care of everyone,” Doris says, “but I didn’t do it alone, I had the good Lord behind me all the way.”

Sun City Gardens- Sun City, California

Irene Higginbotham was born in Los Angeles, California in 1917. She has two children, and eight grandchildren. Irene moved to Sun City Gardens seven years ago and is very happy here. One of her favorite things to do at the Sun City Gardens is her afternoon walks, sitting outside watching the birds, and enjoying all the pretty flowers.
Get Your Copy of *In the Kitchen with RHF* Before They’re Gone!

*In the Kitchen with RHF*, a collection of time-tested recipes from RHF communities all over the country, is available to order. This book contains over 80 recipes ranging from tempting appetizers to scrumptious main dishes to delectable desserts that have all been submitted by residents of RHF communities. While sampling these tried-and-true recipes, the reader can also learn a little about each resident and the RHF community that they call “home.”

This book is offered for $10 for residents of RHF communities and $15 for non-residents. You can order your very own copy by visiting the RHF website (www.rhf.org) and visiting the Spotlight section.

Residents can also speak to the Executive Director or Manager of their community to order their copy.

Join Us On Social Media!

Like Us on Facebook

Do you want to hear what is happening at the RHF national office and within our communities? Go to these community Facebook pages to keep in touch with the latest that is going on at RHF:

Angelus Plaza  
Bishop’s Glen Retirement Community  
The Cloisters  
Courtenay Springs Village  
Farrfield Manor  
Gold Country Retirement and Healthcare  
Lindsay Place  
Park Place Assisted Living  
Plymouth Square  
St. Catherine Retirement Community  
The Carolinian  
Westminster Village  
Auburn Ravine Terrace  
Bixby Knolls Towers  
Colonial Heights and Gardens  
DeSmet Retirement  
Gaslight Apartments  
LaFontaine Center Apartments  
Mayflower Gardens Retirement Community  
Pioneer House  
Retirement Housing Foundation  
Sun City Gardens  
The Gateway

RHF is now on Twitter!

Make sure to follow @RHFoundation on Twitter! Our Tweets cover everything from news within our communities and our organization to news from our affiliates to advocacy and calls to action.

Visit Our YouTube Channel

Follow Retirement Housing Foundation’s YouTube channel for a chance to get to know some of our residents and hear their stories. The two well-received videos that were shown at our annual dinner are available to watch there and we already have plans to add plenty more exciting content. Stay tuned!
# Thank You 2017 Major Donors

We are grateful to the following business partners that contributed a major gift to the RHF mission. They were recognized during our 56th Annual Meeting in February 2017.

## Celebration Sponsor - $40,000
- American Communities

## Reception Sponsor - $30,000
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- Stratford Capital Group

## Silver Sponsors - $2,500
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- Citi Community Capital
- Creative Planning
- Bellwether Enterprise
- MGroup
- Novogradac & Co.
- SCS Engineers

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- Victoria Hunt - Weiss
- WDA

- Palmer Kazanjian
- Compo Construction
The following people made gifts to the RHF designated funds (see donor form) through our national office from 11/1/2016 to 3/31/2017:

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RHF provides an invaluable service to our nation’s seniors.”
- Sullivan Curtis Monroe
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Bo Ock Pak
Myong Hui Pak
Cheng Pan
Carmen Parenzuela
Seung Eun Park
Young Shin Park
Partners for a Better World
Frances J. Pearce
Estela Perez
Larry Pierce
Jeffrey & Martha Pollock
Betty E. Previtali
Electra Price
Ok Y. Pyon
Elizabeth Quillian
Saturnina & Maria Ramos
Debbie Remington
Edward Requardt
Timothy D. Reuben
Angela Rocha Reyes
Bertila Ricci
Barbara Gray Richley
Consuelo Roman
Patrick M. Romano
Alejandri Rombaoa
Manuela L. Roque
Myung Sun Ryu
Hermogenes Sabino
Azatouhi Sadafian
Baldomero Salinas
Gershwin T. Samala
Teresita P. San Diego
Juan Sanchez
Maria Sandoval
Carmen Santana
Shirley Schroeder
Dr. & Mrs. Darryl M. Sexton
Maliheh Shakooei
Mr. & Mrs. Frank Shaw
Shirley Shawler
Soon N. Shin
Angela Shockley
Eduardo Enrique Sime
Stewart M. Simington
L. Miles & Sharon Snyder
Kimberly Sowma-Thomas
Martha & Willard Spencer
Maurice Stefani
Dorothy Stephens
Paula Suchy
Svetlana Sullo
Conchita Q. Sunga
Tito V. Tagarao
Susana C. Tambagan
Chiu Yee Tang
John & Pamela Taylor
Sister Kathleen Terlau
Therapy Management
Corporation (TMC)
Renato S. Tiamzon
Marjorie & Gerraine Tom
Dimlay Tran
Rev. Dr. & Mrs. John E. Trnka
Lucie Truderung
Josephina A. Trujillo
Catherine Westbrook
Mr. & Mrs. Douglas
Wickstrom
Joan Wilkins
Judy Willems-VanKrey
Shirley Wilmhoff
Paulin Wong
Hae Yun & Jae Ho Woo
Mei Chin Woo
Gail P. Yang
Ok Soon Yang
Francis Yee
Young In Yoon
Mansoureh M. Zanjani
Karyakos Zardo

In Honor of . . .

... Nicole Beverly
Mikki Randolph

... Edwin Gregory Buss
Patricia J. Back

... DeLisa Harrington
Mikki Randolph

... Henry Hoppe
Garrett A. Burns

... Denny Jennings
Garrett A. Burns

... Rev. Dr. Laverne R. Joseph
Carmelita M. Bell
Helia G. Prsha

... Manuel ‘Spike’ Machado
Virginia L. Clark

... Pearl Harbor Survivors Association
Zilla Kenna

... Virginia Stuckey
Christine Stuckey

... Rev. Dr. John Trnka
Mr. & Mrs. Raymond E. East
Rev. Dr. Robert A.
& Mrs. Christina E. Potter

... Westminster Village Staff
Deborah Mitchell
In Memory of . . .

... Kris Amberg
Cheryl Howell

... George Angel
Elizabeth Jean Angel

... Rex & Gertrude Chapman
James & Madeleine Collinson

... Ronnie Cooper
George & Isabel Cooper

... Jill Feldman Hames
Barbara K. Berghoff

... Tom & Yuri Masuda
Rev. Dr. Norma & Col. John
DeSaegher (USA Ret.)
Jean G. Dremstedt
Mr. & Mrs. Raymond E. East
Cheryl J. Howell
Rev. Dr. Laverne
& Ginger Joseph
Mr. & Mrs. Donald W. King
Dr. & Mrs. Dailey A. McPeak
Rev. Dr. Robert A.
& Mrs. Christina E. Potter
Stewart M. Simington
Rev. Dr. & Mrs. John E. Trnka

... Antonio Moreno-Dillon
Paula Suchy

... Mary Munafo
Garrett A. Burns

... Richard Slade
Mr. & Mrs. Raymond E. East

... William Suchy
Paula Suchy

... Jean Moore Warrick
Linda Heid
& William L. Warrick

RHF Circle of Friends

The RHF Circle of Friends is our legacy society. There are many ways to qualify for membership, such as RHF gift annuities that provide lifetime income to the donor, life insurance, real estate gifts, charitable remainder trusts, and gifts from pension fund assets and/or simply including RHF in your Will or Trust.

We are grateful for our RHF Circle of Friends members:

Karolla Brice  
Rev. Dr. Norma DeSaegher &
Col. John DeSaegher (USA Ret.)  
Raymond E. East  
Dr. & Mrs.* Charles Fain  
Dolores Foga*  
Toshiko Okazaki Fukuda*  
Wanda Haudek*  
Rev. Dr. Laverne R. Joseph  
Catherine Mackeris*  
Jean Moore Warrick*  
Jean H.P. Oppenheimer  
Edythe Patterson  
Marian Rhave  
Elisabeth A. Ruff*  
Jane Shenbarger  
Helga Tixel  
Miriam P. Vandenbush*  
Richard Walinch*  
Eleanor J. West  
Vera Wolpert*

Lydia Cervany*  
Jean G. Dremstedt  
Bernice E. Elkin, M.D.  
Robert Fliethmann*  
Burton L. French  
Alice R. Good*  
Rev. Dr. Teruo & Kiku Kawata  
Catherine Mackerist*  
Eveleth “Evie” Miller*  
Major Fitzhugh L. O’Neill*  
Virginia Paddocks*  
Eric H. Pierson*  
Barbara Gray Richley  
Rev. Charles G. Schepel  
Joan Sullivan  
Elsie Valek  
Anna Mae Wakefield*  
William L. Warrick  
Norman A. Whaley*

(* Indicates members who have passed away)

If you have named Retirement Housing Foundation as a beneficiary of a planned gift, please allow us to honor you as a member of the RHF Circle of Friends. If you would like more information about how to include RHF or an RHF community in your will, or structure a life income gift that benefits you and your family, please call 562-257-5141.
Spring Cleaning
For Your Estate Plan

Spring has sprung! Warmer temperatures and more daylight have a way of inspiring people to refresh their houses and clean up their yards to make way for the summer season. Not unlike our homes and yards, your estate plan may be in need of a spring cleanup too.

If it has been a few years since you have visited with your attorney, now is the perfect time to review your plan to ensure that your documents are up to date especially if your health or finances have changed in the past year. And like spring cleaning, when you break things down into pieces, estate planning can be a lot less intimidating.

In the course of your review, we suggest that you consider the following documents:

• Professional advice. Find a qualified estate planning professional who will listen to you and craft a plan that works for you and your family. That’s the best assurance that your intentions will be honored.

• Health care power of attorney. Before you make any big decisions about who will get items like furniture and collectibles, you need to determine who will represent your interests with your doctors should you become incapacitated. And a living will tells medical staff what to do in the event you are placed on life support.

• Financial power of attorney. This document is similar to a health care power of attorney, only it designates someone to handle your financial affairs. The person you select should not only be trustworthy, but also understand something about finance or investing. (This document is also referred to as a “property” power of attorney.)

• Will or Trust. A will is an essential, simple document that everyone should have. It is a legal declaration by which you name one or more persons to manage your estate and provides for the transfer of property in the event of your death. A trust can be drafted in addition, to serve your more complex estate-planning needs. Property and other assets can be placed in the trust to shield them from taxes and from probate, the lengthy and expensive court process by which wills are executed. With trusts, a trustee is appointed to manage the trust.

• Charitable gifts. Talk to your estate planner about how a charitable gift might reduce the value of your estate, and therefore the taxes paid on it. Allocating a portion of your estate or life insurance to your favorite charity is a great way to leave a legacy. No amount is too small.

• Updating old documents. If you have had an estate plan in place for years, take some time this spring to review it. Make sure that you have designated your beneficiaries and trustees and that you have signed the proper documents to give people you trust access to medical and financial decision making.

RHF Foundation Approved As a
Combined Federal Campaign (CFC) Member

In the summer of 2016, Philanthropy was again notified that our CFC application was approved. This makes it easier for federal employees to make a donation to us via payroll deduction and/or check. We received assistance from Health and Human Services Charities of America, a non-profit organization and a federation that reviews applications and distributes donated funds. There are currently more than 30 federations within the CFC, most of them organized around a specific theme. Approximately 1,900 national organizations and 40,000 local organizations qualify for the CFC annually.
RHF Team Givers

Our staff members perform important daily duties to make shelter and service a reality for the people we serve. Staff members who additionally choose to voluntarily support RHF Charitable Foundation through monetary donations are contributing to the fiscal health of our mission. We are extremely grateful for their optional financial commitment as well as the investment they already have made with their hearts, lives and careers.

The following staff members personally contributed to our mission since our last newsletter:

- Teresita Abenojar
- Carlos Adame
- Collen Adams
- Jennifer Adams
- Mario Alaniz
- Andrea Alvarez
- Robert Amberg
- Shannon Ancira
- Shana Anders-Hastings
- Jonas Angeles
- Anonymous Donors
- Jennifer Applegate
- Jose Arroyo
- Miraxia Augustin
- Gus Azero
- Christine Baca
- Christina Bagley
- Jeanie Barrett
- Nada Battaglia
- Ginger Benson
- Duncan Bradbury
- Marc Braun
- Natalie Brautigam
- Deborah Brown
- Jeannie Bryan
- Nancy Bullock-Brake
- Sheila Calado
- Martha Camacho
- Gabriela Cardenas
- Deanna Chambers
- John Chandler
- Channy Chhem
- Heath Clines
- Inez Codeus
- Penelope Cook
- Leonardo Corpuz
- Stephen Dalton
- Ashley Davila
- Philamena Decker
- Janice Delano
- Chantal Denny
- Dina Di Mambro
- Andres Diaz
- Ryan Drown
- Nancy Ellis
- Eduardo Enriquez
- Robert Esquer
- Nora Fannin
- Bob Fard
- Mary Filer
- Carol Foltz
- Cheryl Fontenot
- Marlene Ford
- Marsha Freyberg
- Gloria Galeano
- Deanna Garac
- Elvira Garcia
- Josh Garza
- Joshua Garza
- Kevin Gilchrist
- Perry Glenn
- Patricio Godoy
- Virginia Goldstein
- Maria Gomez
- Rachel Gould
- Evangeline Gregory
- Theresa Hall
- Delores Harris
- Melanie Harris
- Jennifer Hart
- Stuart Hartman
- Cassandra Harvey
- Sandra Haskins
- Emily Hidalgo
- Alydia Highsmith
- Christopher Hill
- Bao Hoang
- Ted Holt
- Natasha Holton
- Mary Hook
- Evet Howard
- Cheryl Howell
- Frank Huber
- Deborah Humphries
- Melissa Jackson
- Connie Jenkins
- Kerry Jennings
- Pamela Jennings
- Araceli Jimenez
- Angela Johnson
- Psyche Johnson
- Linda Jones
- Rev. Dr.
- Laverne Joseph
- Claudia Juarez
- Ken Kaser
- Teresa Kennedy
- Arnold Kim
- Diane King
- Deborah Kirksey
- Sandra Koss
- Briana Larkin
- Pearl Le
- Ri Ji Lee
- Marco Lemus
- Patricia Lendzion
- Catherine Lentz
- Cathy Levario
- Dawn Lewis
- Lynne Lichtenstern
- Teresita Liwanag
- Karen Loneli
- Rafael Lopez
- Keela-Jade Lujano
- Daniel Lumsden
- Monica Maciel
- Brian Magnone
- Dena Maiolo
- Ryder Majko
- Mark Malloy
- Genia Manapat
- Joshua Martin
- Traci Maxwell
- Brenda McLearn -Montz
- Rosa Mendez
- Emma Miano
- Stephanie Milano
- Olina Mirtil
- Celestina Mohabir
- Stacey Montero
- Rosaura Morales
- Kim Morrison
- Leah Nelson
- Linda Newsome
- Jacqueline Ng
- Elise Oberdorf
- Barbara Olivas
- Enrique Ortiz
- Doreatha Page
- Martha Palafax
- Helen Park
- Peter Peabody
- Gloria Pedregon
- Patricia Perez
- Michelle Pelham
- Loren Perrigo
- Delores Peters
- Taylor Pierce
- Gloria Plaza
- Pamela Power
- Larethia Prince
- Diana Pro
- Chris Purcell
- Dolores Quijano
- Christy Ragon
- Rosemary Ramirez
- Salgado Ramirez
- Juanita Reyna
- RHF National Office
- Staff Members
- Samantha Robbins
- Tina Robinson
- Cindy Rodriguez
- Gloria Ruiz
- Sandra Ruiz
- Rogelio Salgado
- Jacqueline Salmon -Munn
- Ruth Satterfield
- Barbra Scherer
- Leah Schultz
- Wendy Scott
- Judy Shaw
- Luella Shelton
- Floyd Shewmaker
- Steven Shroka
- Scott Siehr
- Amador Sierra
- Josue Sonido
- Margaret Spiller
- Suzanne Stacey
- Jennifer Staley
- Lisa Stark
- Edward Steadmon
- Kent Steckbeck
- Joy Stone
- John Stonecipher
- Deborah Stouff
- Susan Stringer
- Jasmine Su
- Elsie Tec Jimenez
- Mary Thomas
- Stephanie Titus
- Pawnee Tolentino
- Mia Tomei
- Wendy Tomlinson
- Hector Torres
- Lance Transfiguracion
- Marcos Uribe
- Manuel Valdez
- Alexis Vasilchak
- Saundra Vasquez
- Jeanette Villa
- Michael Vukovich
- Florence Webb
- Perry Weiker
- Deborah Whitehead
- Joella Willey
- Chrystal Williams
- Deborah Williams
- Wilma Wilson
- Diane Wink
- Jill Yamuta
- Judith Yost
- Randall Yost
- See See Young
- Sharon Young
- Chelsea Zepeda
- Teresita Zurbano

In Blue = Sterling Club members made donation via payroll deductions
If I can show you a way to redirect your taxes to benefit your family, your community and our mission, will you give me 20 minutes to discuss that with you?

Stephanie Titus, M.B.A., CFRE
Vice President of Philanthropy
Retirement Housing Foundation
562-257-5141
stephanie.titus@rhf.org

Losing a Good Friend

Tom Masuda, a former RHF National Board Member and dear friend, passed away in late February.

Tom came to RHF in 1989 as a Director on RHF’s National Board and was elected Treasurer of the Board in 2000. He also coordinated the responsibilities and reporting of the Investment & Finance Committee and served on the Project Development and Acquisitions Committee. He retired from the Board in 2015.

Mr. Masuda was a retired real estate appraiser formerly with Yuri, Inc. of Gardena, California. He was a licensed real estate broker in the State of California and a certified general appraiser in the states of California, Hawaii, and Nevada. While active, he served on several appraisal advisory commissions, including the State of California, various Federal agencies and professional appraisal organizations.

“In many ways Tom was filled with fun and mischief. He often made us laugh and never missed an opportunity to joke with someone, particularly the ladies. And yet when Tom spoke regarding property or construction issues we all sat up and listened because he knew what he was talking about and no detail escaped his attention,” said RHF National Board Chair Ray East.