

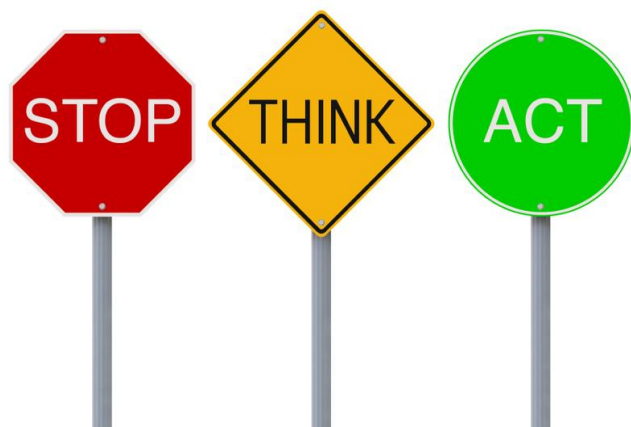


Thank you to all the wonderful volunteers on Gold Country's Welcoming Committee!

NEW

APARTMENT SAFETY MONITORS!

We are all interested in Disaster Preparedness. In that regard a new arrangement has been initiated whereby volunteer residents will act as Safety Monitors for each wing of each floor of our apartments, 18 residents in all! Their mission is to be a communications liaison between Staff/Emergency personnel and Residents. To assist in these efforts, the Monitor duties will include getting to know the contact info and any special needs of the residents (you) on their wing! The Monitors are listed on the bulletin board of each building and will be contacting you soon! Please welcome and cooperate with their efforts.



May Birthdays

Eva Johnson	May 2
Ruth Mason	May 3
Bill Schalker	May 7
Marjory Hubbell	May 10
Sam Salmon	May 10
Moose Knox	May 11
Betty Lore	May 13
Bev Wells	May 13
Lois Orr	May 19
Julia Huwe	May 21
Bill Lehman	May 22
Darlene Taylor	May 23
Lawrence Coulter	May 26
Howard O'Brien	May 29
Doug Spottswood	May 29
Spencer Turner	May 31

Anniversaries

Ruth & Wally Mason	May 17
Margaret & Larry Murphey	May 22

G.C.R.C. Is Proud to Salute
OUR FANTASTIC NURSES

NATIONAL NURSES WEEK

May 6-12, 2019

Suzanne Schroeder, RN, BSN, Dir of Nurses

Sandy Mendoza, RN, Asst Dir of Nurses

Cindy DeMirjyn, LVN, Dir of Staff Dev.

Monica Cornejo, LVN, MDS

Kimberly Anstead
Britney Almazan
Bonnie Berndt
Abigail Boersma*
Ruth Cooke
Ashley Ferguson
Annie Ford
Magdalena Hernandez
Nina Heer
Michelle Hopkins*
Nobuyo Iwagami
Kelsey Kettenhofen*
Pamela Stapleton

Donna Malley
Enrique Cotton Ordonez
Carol Reis
Bonnie Rhoads
Caro Schroeder*
Pamela Stapleton
Mary Sousa
Nolan Turner
Wendy Wagner
Colleen Warren
*On Call

"Are Nurses are All Heart"

The Staff & Residents of Gold Country
salute you!

THE OUTLOOK

Gold Country Retirement Center 6041 Golden Center Ct. Placerville CA 95667 530-621-1826



From the desk of Trisha ~ Manager's Message

Please welcome the following new residents this month: John and Ann Klingberg 106-3, Faye Sketchley 202-3, Jilda Gregory 202-2, Regina Hogan 309-1 and Ron dePass 205-2.

Happy Mother's Day to all of our wonderful Gold Country Moms. We plan to have a nice Mother's day meal in our dining room on May 12th. There will be a continental breakfast. Then the special meal featuring Prime Rib and Molasses Lime Cornish game hens. A boxed dinner will be available at 4:00pm.

We have new desserts available in the dining room at lunch time. Besides cookies, there are bars, and flavored ice creams that can be ordered. If you'd like to have a guest in the dining room for coffee and dessert only, you can do this after 3:00pm for a \$ 4.00 charge.

There are special events being planned to celebrate Senior Fitness day at the end of May. Watch for information later this month.

Enjoy the merry month of May!
Trisha Raines, Manager

Management Team

Executive Director:
Sandy Haskins

Housing Manager:
Trisha Raines

Dietary Manager:
Rose Jurgensen

Activities Director:
Mary Fatooh

**Resident Services
Coordinator:**
Dixie Adams

Marketing and Outreach:
Phoebie Carcot

Maintenance Supervisor:
Bob Piercey

www.GoldCountryRetirement.com

TRANSPORTATION:
IT IS THE RESIDENT'S
RESPONSIBILITY TO NOTIFY THE
RECEPTION DESK AT LEAST ONE
DAY IN ADVANCE FOR
TRANSPORTATION SERVICE. PLEASE
ARRIVE IN THE LOBBY 45 MINUTES
BEFORE YOUR SCHEDULED
APPOINTMENT TIME TO BE
TRANSPORTED TO YOUR
DESTINATION.
TRANSPORTATION FOR THOSE WITH
SCHEDULED APPOINTMENTS HAS
PRIORITY OVER UNSCHEDULED
"ADD-ONS".

BARBER: On Monday, May 6
 Debbie from the Health Center will
 be in Bldg. 2-3rd Beauty Salon to
 trim your hair beginning at 9:00.
 The Beauty Salon is now open on
 Tuesdays 9:30-2:00 with Kim and
 Wednesday 1:00 – 5:00 with Debbie.

HEARING AID SERVICE: First Tuesday
 of the month, Sandy from Accuquest will
 meet you in the library to service your
 hearing aids. Feb. 5 1:00

BOOK MOBILE: 2nd Wednesday,
 between Buildings 2 & 3 from 11:00-
 11:45.

DRY CLEANING: CLASSIC
 CLEANERS provides FREE pickup &
 delivery service. Your dry cleaning needs
 to be at the front desk by 6:15 p.m. on
 Fridays.
 Please attach your name & phone number
 to your dry cleaning bag to ensure proper
 delivery.

MONDAY: Shopping:
 12:30p.m. Walgreens & Wal-Mart
 12:55p.m. Prospector's Plaza &
 Safeway.

THIRD MONDAY: Transportation
 to the Folsom area for medical
 Appointments or shopping (\$10.00).

TUESDAY & THURSDAY:
 Scheduled Appointments:
 8:00 a.m. - 2:30 p.m.

WEDNESDAY:
 Outings - Independent Apartments

FRIDAY: Shopping:
 9:00 a.m. Raley's & Rite-Aid
 9:30 a.m. Walgreens & Wal-Mart
 12:30 First Friday Only-
 Dollar Tree or Thrift Store
 Please sign up at the front desk

Gold Country Outings

Wednesday, May 1
 Cathedral of the Blessed Sacrament
 10:00

Wednesday, May 8
 Women's Tea with Speaker
 12:30

Wednesday, May 15
 Covenant Players-Live Drama
 10:30

Wednesday, May 22
 Mystery Trip (make-up)

Wednesday, May 29
SENIOR FITNESS DAY
LOTS OF ACTIVITIES ON CAMPUS



Service for Lyle Davis
 May 11th
 1:00

Foothills United Methodist
Church
 3301 Green Valley Rd.
 Rescue, CA



ACTIVITY HOT LINE PHONE #

530-497-2005



Art Show of
Robert Kurtz's Paintings
 April 26th – July 25th

Artist Reception May 3rd
 3:30 – 5:30

With Wine Tasting by Gold Hill Vineyards
 & Hors d'Oeuvres by Gold Country Chefs

Gold Country's Commons Building

Want to Join the
Placerville Garden Club?
Our bus can take you to the
next meeting
Tuesday, May 14th
10:00 – 12:00