

Gold Country Retirement and Health Centers

are Proud to Salute
OUR FANTASTIC NURSES
During

NATIONAL NURSES WEEK

May 6-12, 2020

Representing our Licensed Nursing Team:

Wendy Hudson, RN, Director of Nurses

Rachel Priolo, LVN Director of Staff Development

Monica Cornejo, LVN, MDS Nurse

Britney Almazan
Amanda Becerra
Abigail Boersma RN*
Ruth Cooke
Ashley Ferguson*
Chris Fernandez
Annie Ford
Jeremy Garcia
Magdalena Hernandez
Nina Heer
Donna Malley*
Alexis Panella *
Carol Reis, RN
Maria Rivas-Ramirez
Megan Rothwell*
Kim Saiz, RN
Pamela Stapleton, RN
Wendy Wagner *
Colleen Warren
*On Call

"Helping People One Life at a Time"

The Staff & Residents of Gold
Country salute you!

May Birthdays

Barb Atkins	5/2
Eva Johnson	5/2
Ruthie Mason	5/3
Bev Wells	5/3
Bill Schalker	5/7
Christine Massengale	5/9
Marjory Hubbell	5/10
Sam Salmon	5/10
Moose Knox	100!! 5/11
Betty Lore	5/13
Lois Orr	5/19
Tom Atkins	5/22
Bill Lehman	5/22
Darlene Taylor	5/23
Howard O'Brien	5/29
Spencer Turner	5/31

Anniversaries

Ruthie & Wally Mason	5/17
Barb & Tom Atkins	5/27

NATIONAL NURSING HOME WEEK

May, 10-16, 2020

*"Making a Difference in
Every Life we Touch"*

Thank you to the Staff, Our Residents,
and Our Families who support us
EVERY day!
We appreciate you!



THE OUTLOOK

Gold Country Retirement Center 6041 Golden Center Ct. Placerville CA 95667 530-621-1826



From the desk of Trisha: Managers Message

Please welcome the following new residents this month: Patricia Welter plans to move-in on June 1 to 204-2.

Thank you to all of our resident who are staying in their apartments during the pandemic and staying safe. It is great to see so many people wearing masks to keep yourself and others safe. Please remember we are still limiting visitors to keep everyone safe. Anyone who comes to see you and enters one of our buildings, must come to our front desk to be screened before entering. Also if you have to go to the ER, we ask that you isolate yourself in your apartment for 3 days to make sure you have not brought something from the Hospital back to our community.

As the shelter in place continues, it is good to stick to established routines. Take showers and get dressed as you did before, exercise each day. Now that the weather is better, take a walk each day or try our exercise equipment on the 2nd floor of Building 2. You are still welcome to come to the Common's Building for a book or to read the newspaper. As long as we stay 6 feet apart, we are OK to gather in groups of less than 10.

Come sit on the patio and soak up some sun, we have the tables set up with chairs 6 feet apart. We could all use a little sunshine right now. Soon we will all be able to gather together again, remember we are all in this together.

Happy May and stay safe,
Trisha Raines, Manager

Management Team

Executive Director:
Sandy Haskins

Housing Manager:
Trisha Raines

Dietary Supervisor:
Titus Hartwick

Activities Director:
Mary Fatooh

**Resident Services
Coordinator:**
Dixie Adams

Maintenance Supervisor:
Bob Piercey

Housekeeping Supervisor:
Lupe Frazel

Transportation during COVID-19:

As per county and state directives, we are encouraging our residents to comply with the “stay home” directive. For those who do not have family, friends or their own transportation but are in need of “Essentials”/prescriptions and/or medical appointments our Bus Service will be available for the following:

Monday Previously made appointments with Dr. Sucheski (podiatrist) 626-5062

Tuesdays and Thursdays: Shopping at Safeway from 8:00 a.m. to 9:00 a.m. (senior hours) and medical appointments in the Placerville area from 8:00 a.m. – 2:30 p.m. Passengers will be limited to four at a time. Please follow normal procedure - sign up at the front desk at least one day in advance if possible and arrive early for appointments.

If your needs cannot be met by these arrangements, please give Dixie a call (530-409-5212) to discuss alternatives.

BEAUTY SALON:

The Beauty Salon is closed until further notice.

HEARING AID SERVICE ☎ : N/A.

BOOK MOBILE: Will return soon. 📖🚌 Books can be returned to Library Drop Boxes if you need to. No fines will be applied at this time.

DRY CLEANING: CLASSIC CLEANERS provides FREE pickup & delivery service. Your dry cleaning needs to be at the Front Desk by 6:15 p.m. on Fridays.

Please attach your name & phone number to your dry cleaning bag to ensure proper delivery.

**TUESDAY & THURSDAY:
Essential Doctor/Labs
Appointments:**

8:00 a.m. - 2:30 p.m.

Senior Safeway Shopping

8:00 – 9:00

(limit 4 passengers for the above trip)

!!!NEW!!!

**Short Country Cruise Special
Tuesday & Thursday**

9:30 and 1:00

(limit 4 passengers for the above trip)

Please sign up at the Front Desk

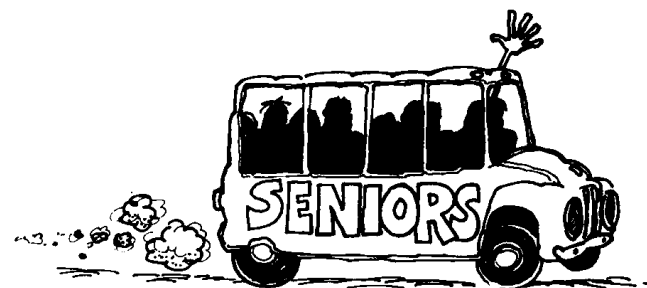
Gold Country Outings

Wednesday, May 6th
TBA

Wednesday, May 13th
TBA

Wednesday, May 20th
TBA

Wednesday, May 27th
TBA



Possible Ripple Effect of Corona Virus

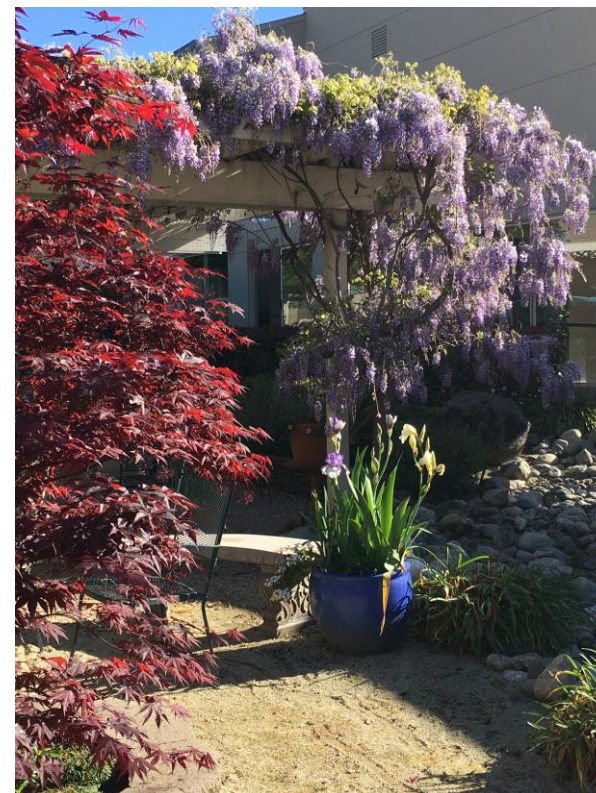
By Walt Narr (Bldg 2 Resident)

In addition to sickness, death, unemployment, mental anguish, loneliness, and family relationship problems, I have noticed a definite uptick in the number of residential burglaries, according to the “crime log” section of the Mountain Democrat newspaper. Between April 6th and April 10th, there were 7 burglaries in our general area, possibly caused by good people who are now unemployed.

Because it has been a while since we talked about burglary, which is defined as the “entry of a building with the intent to steal, or to commit a felony therein,” I wish to stress, again, the importance of keeping both of your apartment doors locked at all times. Yes, even when you are home. The old days of leaving your home doors unlocked or leaving the keys in your vehicle ignition, have been over for years. Also, please make sure the buildings outside doors fully close & latch when you use them.

To report an emergency to our Sheriff’s Dept call 911 on your home phone. To call on a cell phone for any reason dial 621-6600. Please enter that number in your phones or write it on a card to place next to your home phone. Any questions, give me a call.

Walt 530-303-3858



**ACTIVITY HOT LINE PHONE #
530-497-2005**

Call for the most current
Activities **UPDATES!**

ATTITUDE IS CONTAGIOUS...



IS YOURS WORTH CATCHING?

Don't wait to catch a healthy
attitude from others.

Be a carrier.



Residents Who've Moved or Passed:

Donna Golemon passed in April