

Saturday, May 15th
Gold Country Health Center
10:00 – 2:00

BBQ &



*Their food is neat,
 Waiter's faces sweet!
 Beautiful scenes wherever you look,
 It's like fantasy from a book,
 I've found friends galore.
 Who could want anything more?*

A poet I'm not, but this is what I've got!

By Dorothy Worthington

June Birthdays

Sylvia Ball	June 2
Sandie Abreo	June 5
Wally Mason	June 6
Jim Howe	June 7
Val Pepper	June 10
June Solomon	June 10
Dola Albusche	June 11
Joe Muschetto	June 11
Maxine Sewald	June 19
Arlene Carlson	June 20
Clara Neilsen	June 21
Gwen Upshaw	June 23
Mildred Romero	June 26

Anniversaries

Marion & Dale Cundall	June 20
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4th of July Celebration

We are celebrating the 4th this year with a BBQ, music from Last 2 Standing & games in the Health Center Courtyard.

We will have a bounce house, waterslide, watermelon eating contest, water balloon toss and more games for everyone to enjoy.

Residents and staff please invite your families to come and spend the day celebrating with you!

Party will run from 10-2pm

RSVP to Phoebe @ 957-9549 or phoebe.carcot@rhf.org or let your activity director know.

THE OUTLOOK

Gold Country Retirement Center 6041 Golden Center Ct. Placerville CA 95667 530-621-1826



Management Team

Executive Director:
 Sandy Haskins

Housing Manager:
 Trisha Raines

Dietary Manager:
 Rose Jurgensen

Activities Director:
 Mary Fatooh

Resident Services Coordinator:
 Dixie Adams

Marketing and Outreach:
 Phoebe Carcot

Maintenance Supervisor:
 Bob Piercey

Housekeeping Supervisor
 Lupe Frazel

www.GoldCountryRetirement.com

From the desk of Trisha ~ Manager's Message

Please welcome the following new residents this month: Franklin Walters 313-1, Olga Wise 212-3 and Mary Lou Carruthers 201-3.

Happy Father's Day to all of our wonderful Gold Country Dads. We plan to have a nice Father's day meal in our dining room on June 16th featuring ribs and fried chicken. A boxed dinner will be available at 4:00pm.

A Father's Day Car Showcase will be held on Saturday, June 15 from 10 to 2 in the parking lot of the Health Center. There will be musical entertainment and BBQ food for sale by youth groups from Union Mine and El Dorado High schools.

Happy June!
 Trisha Raines, Manager

TRANSPORTATION:
IT IS THE RESIDENT'S
RESPONSIBILITY TO NOTIFY THE
RECEPTION DESK AT LEAST ONE
DAY IN ADVANCE FOR
TRANSPORTATION SERVICE. PLEASE
ARRIVE IN THE LOBBY 45 MINUTES
BEFORE YOUR SCHEDULED
APPOINTMENT TIME TO BE
TRANSPORTED TO YOUR
DESTINATION.
TRANSPORTATION FOR THOSE WITH
SCHEDULED APPOINTMENTS HAS
PRIORITY OVER UNSCHEDULED
"ADD-ONS".

BARBER: On Monday, June 3
 Debbie from the Health Center will
 be in Bldg. 2-3rd Beauty Salon to
 trim your hair beginning at 9:00.
 The Beauty Salon is now open on
 Tuesdays 9:30-2:00 with Kim and
 Wednesday 1:00 – 5:00 with Debbie.

HEARING AID SERVICE: First Tuesday
 of the month, Sandy from AccuQuest will
 meet you in the library to service your
 hearing aids. June 4, 1:00

BOOK MOBILE: 2nd Wednesday,
 between Buildings 2 & 3 from 11:00-
 11:45.

DRY CLEANING: CLASSIC
 CLEANERS provides FREE pickup &
 delivery service. Your dry cleaning needs
 to be at the front desk by 6:15 p.m. on
 Fridays.
 Please attach your name & phone number
 to your dry cleaning bag to ensure proper
 delivery.

MONDAY: Shopping:
 12:30p.m. Walgreens & Wal-Mart
 12:55p.m. Prospector's Plaza &
 Safeway.

THIRD MONDAY: Transportation
 to the Folsom area for medical
 Appointments or shopping (\$10.00).

TUESDAY & THURSDAY:
 Scheduled Appointments:
 8:00 a.m. - 2:30 p.m.

WEDNESDAY:
 Outings - Independent Apartments

FRIDAY: Shopping:
 9:00 a.m. Raley's & Rite-Aid
 9:30 a.m. Walgreens & Wal-Mart
 12:30 First Friday Only-
 Dollar Tree or Thrift Store
 Please sign up at the front desk

Gold Country Outings

Wednesday, June 5
 Breakfast / Mystery Trip
 10:00

Friday, June 7
 Dollar/Thrift Store
 12:30

Wednesday, June 12
 Taylor Creek-Tahoe-Lunch at
 Fresh Ketch
 9:00

Wednesday, June 19
 Sherwood Demonstration Garden
 Lunch - 9:15

Wednesday, June 26
 Sunrise Mall / Lunch
 9:30

Let's Not Let Our Guard Down by Walt Narr (Apt. #115-2)

I haven't heard anything about gas thefts
 recently. Cool, huh! Nor have I headed
 of weird looking people sleeping in our
 lobbies lately either. Great, right? Wrong!
 These things are still happening. We just
 don't hear about them, because there are
 not being reported.

New residents have arrived here and are
 not aware of our recommendations to
 notify the Sheriff's Dept. of any suspicious
 circumstance we observe or experience.
 For example, a few weeks ago I found an
 expensive looking yellow bicycle stashed
 in the bushes next to my apartment wall.
 I called the Sheriff's Dept. to pick it up
 and, hopefully, find the owner. Then I
 notified our Front Desk of it.

To contact the boys & girls with the shiny
 badges and the big irons on their hips, call
 530-621-6600. If it is an emergency or an
 "in progress" crime that you observe and
 you are on a land line phone, call 911.
 Otherwise use 530-621-6600.

If you think you don't need to be vigilant
 and lock your doors, please read the
 "crime log" section on page A-2 of the
 Mountain Democrat and see some of the
 crap that occurs around the perimeter of
 "Fort Gold Country." It is getting
 significantly worse, so let's keep our eyes
 and ears open to report incidents to the
 Sheriff's Dept. and our Front Desk.



ACTIVITY HOT LINE PHONE #

530-497-2005

Veterans Resource Office ~ Free Ride Service

Are you a Veteran and need a
 ride to a medical appt?

Call Placerville VA Office

530-621-5146

Rich Martin will take you where
 you need to go.



Residents Who've Moved or Passed:

Jane Heath has moved to AL 13

Hilda Konkel moved to 112-1 in SNF

Bill Eastman passed away in May