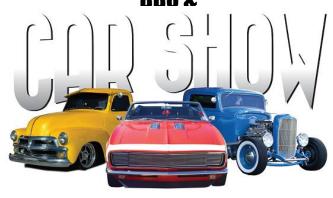
## Saturday, May 15th Gold Country Health Center 10:00 – 2:00 RRO &





Their food is neat,
Waiter's faces sweet!
Beautiful scenes wherever you look,
It's like fantasy from a book,
I've found friends galore.
Who could want anything more?

A poet I'm not, but this is what I've got!

By Dorothy Worthington

### June Birthdays

Sylvia Ball	June 2
Sandie Abreo	June 5
Wally Mason	June 6
Jim Howe	June 7
Val Pepper	June 10
June Solomon	June 10
Dola Albusche	June 11
Joe Muschetto	June 11
Maxine Sewald	June 19
Arlene Carlson	June 20
Clara Neilsen	June 21
Gwen Upshaw	June 23
Mildred Romero	June 26

#### **Anniversaries**

Marion & Dale Cundall June 20

# I<sup>th</sup> of July Celebration

We are celebrating the 4<sup>th</sup> this year with a BBQ, music from Last 2 Standing & games in the Health Center Courtyard.

We will have a bounce house, waterslide, watermelon eating contest, water balloon toss and more games for everyone to enjoy.

Residents and staff please invite your families to come and spend the day celebrating with you!

Party will run from 10-2pm

RSVP to Phoebie @ 957-9549 or phoebie.carcot@rhf.org or let your activity director know.

# THE OUTLOOK

Gold Country Retirement Center 6041 Golden Center Ct. Placerville CA 95667 530-621-1826



### Management Team

**Executive Director:** Sandy Haskins

Housing Manager: Trisha Raines

Dietary Manager: Rose Jurgensen

Activities Director: Mary Fatooh

Resident Services Coordinator: Dixie Adams

Marketing and Outreach: Phoebie Carcot

Maintenance Supervisor: Bob Piercey

Housekeeping Supervisor Lupe Frazel

www.GoldCountryRetirement.com

# From the desk of Trisha ~ Manager's Message

Please welcome the following new residents this month: Franklin Walters 313-1, Olga Wise 212-3 and Mary Lou Carruthers 201-3.

Happy Father's Day to all of our wonderful Gold Country Dads. We plan to have a nice Father's day meal in our dining room on June 16<sup>th</sup> featuring ribs and fried chicken. A boxed dinner will be available at 4:00pm.

A Father's Day Car Showcase will be held on Saturday, June 15 from 10 to 2 in the parking lot of the Health Center. There will be musical entertainment and BBQ food for sale by youth groups from Union Mine and El Dorado High schools.

Happy June! Trisha Raines, Manager

TRANSPORTATION:
IT IS THE RESIDENT'S
RESPONSIBILITY TO NOTIFY THE
RECEPTION DESK AT LEAST ONE
DAY IN ADVANCE FOR
TRANSPORTATION SERVICE. PLEASE
ARRIVE IN THE LOBBY 45 MINUTES
BEFORE YOUR SCHEDULED
APPOINTMENT TIME TO BE
TRANSPORTED TO YOUR
DESTINATION.
TRANSPORTATION FOR THOSE WITH
SCHEDULED APPOINTMENTS HAS
PRIORITY OVER UNSCHEDULED
"ADD-ONS".

BARBER: On Monday, June 3
Debbie from the Health Center will
be in Bldg. 2-3rd Beauty Salon to
trim your hair beginning at 9:00.
The Beauty Salon is now open on
Tuesdays 9:30-2:00 with Kim and
Wednesday 1:00 – 5:00 with Debbie.

**HEARING AID SERVICE:** First Tuesday of the month, Sandy from AccuQuest will meet you in the library to service your hearing aids. June 4,1:00

**BOOK MOBILE**: 2nd Wednesday, between Buildings 2 & 3 from 11:00-11:45.

**DRY CLEANING:** CLASSIC

CLEANERS provides FREE pickup & delivery service. Your dry cleaning needs to be at the front desk by 6:15 p.m. on Fridays.

Please attach your name & phone number to your dry cleaning bag to ensure proper delivery.

**MONDAY: Shopping:** 

12:30p.m. Walgreens & Wal-Mart 12:55p.m. Prospector's Plaza &

Safeway.

THIRD MONDAY: Transportation to the Folsom area for medical Appointments or shopping (\$10.00).

TUESDAY & THURSDAY: Scheduled Appointments: 8:00 a.m. - 2:30 p.m.

**WEDNESDAY:** 

**Outings - Independent Apartments** 

FRIDAY: Shopping:
9:00 a.m. Raley's & Rite-Aid
9:30 a.m. Walgreens & Wal-Mart
12:30 First Friday OnlyDollar Tree or Thrift Store
Please sign up at the front desk

### **Gold Country Outings**

Wednesday, June 5 Breakfast / Mystery Trip 10:00

> Friday, June 7 Dollar/Thrift Store 12:30

Wednesday, June 12
Taylor Creek-Tahoe-Lunch at
Fresh Ketch
9:00

Wednesday, June 19
Sherwood Demonstration Garden
Lunch - 9:15

Wednesday, June 26 Sunrise Mall / Lunch 9:30

### Let's Not Let Our Guard Down by Walt Narr (Apt. #115-2)

I haven't heard anything about gas thefts recently. Cool, huh! Nor have I headed of weird looking people sleeping in our lobbies lately either. Great, right? Wrong! These things are still happening. We just don't hear about them, because there are not being reported.

New residents have arrived here and are not aware of our recommendations to notify the Sheriff's Dept. of any suspicious circumstance we observe or experience. For example, a few weeks ago I found an expensive looking yellow bicycle stashed in the bushes next to my apartment wall. I called the Sheriff's Dept. to pick it up and, hopefully, find the owner. Then I notified our Front Desk of it.

To contact the boys & girls with the shiny badges and the big irons on their hips, call 530-621-6600. If it is an emergency or an "in progress" crime that you observe and you are on a land line phone, call 911. Otherwise use 530-621-6600.

If you think you don't need to be vigilant and lock your doors, please read the "crime log" section on page A-2 of the Mountain Democrat and see some of the crap that occurs around the perimeter of "Fort Gold Country." It is getting significantly worse, so let's keep our eyes and ears open to report incidents to the Sheriff's Dept. and our Front Desk.





**ACTIVITY HOT LINE PHONE #** 

530-497-2005

# Veterans Resource Office ~ Free Ride Service

Are you a Veteran and need a ride to a medical appt?
Call Placerville VA Office
530-621-5146
Rich Martin will take you where you need to go.



#### **Residents Who've Moved or Passed:**

Jane Heath has moved to AL 13

Hilda Konkel moved to 112-1 in SNF

Bill Eastman passed away in May