

# THE OUTLOOK

Gold Country Retirement Center 6041 Golden Center Ct. Placerville CA 95667 530-621-1826

Eye halve a spelling checker, it came with my  
 pea see. It plainly marks four my revue, miss  
 steaks eye kin knot sea. Eye strike a key  
 and type a word and weight four it two say,  
 weather eye am wrong oar write; It shows me  
 strait a weigh as soon as a mist ache is maid,  
 it nose bee fore two long, and eye can put  
 the error rite, Its rare lea ever wrong. Eye  
 halve run this poem threw it; I am shore your  
 pleased two no, Its letter perfect awl the  
 weigh. My spell checker tolled me sew.



## February Birthdays

|                      |        |
|----------------------|--------|
| Pamela Flynn         | Feb 1  |
| Norma Jean Schneider | Feb 1  |
| Joyce Bellucci       | Feb 1  |
| Erma Wells           | Feb 2  |
| Mary Hinzman         | Feb 3  |
| Betty Harr-Sigl      | Feb 5  |
| Tom Livingstone      | Feb 6  |
| Helen Stephenson     | Feb 6  |
| Billie Bedegrew      | Feb 8  |
| Clara Redwine        | Feb 19 |
| Dolores Miller       | Feb 24 |
| Merle Jones          | Feb 27 |
| Ellen Martin         | Feb 27 |
| Joan Therkelsen      | Feb 27 |
| Arlene Goranson      | Feb 28 |
| Larry Murphey        | Feb 28 |

## Anniversaries

|                    |        |
|--------------------|--------|
| Linda & Bob Sychta | Feb 24 |
|--------------------|--------|

## Photography by Betty Sederquist

February 1 – April 25

Join us for Betty's Artist Reception  
 February 8<sup>th</sup>  
 3:30 -5:30

Commons Lobby of  
 Gold Country Retirement  
 Community



**Thursday, February 14<sup>th</sup>**  
**1:00 – 3:00**  
**Health Center**

**Come test how well you  
 know your sweetie or just  
 come and share a laugh  
 with us!**



## Management Team

**Executive Director:**  
**Sandy Haskins**

**Housing Manager:**  
**Trisha Raines**

**Dietary Manager:**

**Activities Director:**  
**Mary Fatooh**

**Resident Services  
 Coordinator:**  
**Dixie Adams**

**Marketing and Outreach:**  
**Phoebie Carcot**

**Maintenance Supervisor:**  
**Bob Piercey**

[www.GoldCountryRetirement.com](http://www.GoldCountryRetirement.com)

## From the desk of Trisha Manager's Message

Super Bowl Sunday is Feb. 3rd. Join us in the library for a Super Bowl Party at 3:30. Gold country will provide beer, snacks / pretzels. Residents are invited to bring a snack to share. Don't forget to put your name in the pool!

We are holding our second annual "Not so Newlywed Game" on Thursday, February 14th at 1:30 in the Health Center dining room. It was so funny last year! Bus transportation will be available. Our contestants will be tested on how well they know their sweetie and everyone else can just share in some laughs.

We have several new residents to welcome this month: Artie Godfrey 209-1, Millard Wakefield 205-2, Frances Hunt 102-2 and Bill Mitchell 214-2.

Thank you to Maxine Sewald, Pam Lloyd and Esther Deogracia for their years of service to Resident Council. Your new and remaining resident council representatives are:

- Bldg. 1: Nancy Farrell  
 Spencer Turner
- Bldg. 2: Steve Brummer  
 Walter Narr
- Bldg. 3: Dave Davidson  
 Ellen Martin

Good luck to all of our new Resident Council members. See you at our next meeting on Monday, Feb. 4th at 10:30am.

Trisha Raines,  
 .. ..

**TRANSPORTATION:  
IT IS THE RESIDENT'S  
RESPONSIBILITY TO NOTIFY THE  
RECEPTION DESK AT LEAST ONE  
DAY IN ADVANCE FOR  
TRANSPORTATION SERVICE. PLEASE  
ARRIVE IN THE LOBBY 45 MINUTES  
BEFORE YOUR SCHEDULED  
APPOINTMENT TIME TO BE  
TRANSPORTED TO YOUR  
DESTINATION.  
TRANSPORTATION FOR THOSE WITH  
SCHEDULED APPOINTMENTS HAS  
PRIORITY OVER UNSCHEDULED  
"ADD-ONS".**

**BARBER:** On Monday, February 4 Debbie from the Health Center will be in Bldg. 2-3rd Beauty Salon to trim your hair beginning at 9:00. The Beauty Salon is now open on Tuesdays 9:00-2:00 with Kim and Wednesday 1:00 – 5:00 with Debbie.

**HEARING AID SERVICE:** First Tuesday of the month, Sandy from Accuquest will meet you in the library to service your hearing aids. Feb. 5 1:00

**BOOK MOBILE:** 2nd Wednesday, between Buildings 2 & 3 from 11:00-11:45.

**DRY CLEANING: CLASSIC CLEANERS** provides FREE pickup & delivery service. Your dry cleaning needs to be at the front desk by 6:15 p.m. on Fridays. Please attach your name & phone number to your dry cleaning bag to ensure proper delivery.

**MONDAY: Shopping:**  
12:30p.m. Walgreens & Wal-Mart  
12:55p.m. Prospector's Plaza & Safeway.

**THIRD MONDAY:** Transportation to the Folsom area for medical Appointments or shopping (\$10.00).

**TUESDAY & THURSDAY:**  
Scheduled Appointments:  
8:00 a.m. - 2:30 p.m.

**WEDNESDAY:**  
Outings - Independent Apartments

**FRIDAY: Shopping:**  
9:00 a.m. Raley's & Rite-Aid  
9:30 a.m. Walgreens & Wal-Mart  
12:30 First Friday Only-  
Dollar Tree or Thrift Store

### Gold Country Outings

Friday, February 1  
Dollar Thrift Stores – 12:30

Sunday, February 3  
Super Bowl Party  
3:30 in Library

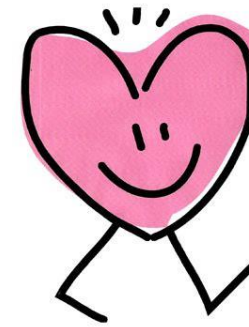
Wednesday, February 6  
Lunch & Visit to Power House  
Science Center Planetarium  
10:30

Wednesday, February 13  
No Outing Today

Wednesday, February 20  
Sierra Sacramento Valley  
Medical History Museum / Lunch  
9:30

Thursday, Feb. 21  
Education & Assistance Info for Seniors  
1:00 – Pine Room

Wednesday, February 27  
Lunch @ Casa Gardens  
10:15



## The happy heart

How happy the heart  
when left to sing and dance  
when given every dream  
told to believe  
and never be afraid  
happy joyful each beat  
while the laughter is filling  
those days and nights  
which pass by so quickly  
leaving little memories  
to always be kept  
a treasure of their own  
the friends which came  
for the love they shared  
and the joy they gave  
valued in every way  
how happy the heart  
which has all this  
~ by Matthew Holloway



ACTIVITY HOT LINE PHONE #

**530-497-2005**



## ART CLASS

**With Conni**

**2<sup>nd</sup> & 4<sup>th</sup> Mondays**

**2:00 – 3:00**

**In Oak Room**

## AARP TAX SERVICE

**Wednesdays & Saturdays**

**9:00 – 1:00**

**In the Pine Room**

**Call to make an appointment:**

**530-303-8115**

**Free service for Seniors!**