

October 2021

Gold Country Gazette

ASSISTED LIVING ACTIVITY DEPARTMENT



Celebrating October

Country Music Month

Stamp Collecting Month

Positive Attitude Month

International Coffee Day
October 1

World Space Week
October 4–10

World Teachers Day
October 5

**Columbus Day &
Indigenous Peoples' Day**
October 11

**Harvest Festival
in GC Parking Lot**
October 23, 2-4pm

World Origami Days
October 24–November 11

Cranky Coworkers Day
October 27

**All Hallows' Eve or
Halloween**
October 31

Bigfoot's Big Moment

In 1958, a northern California newspaper published a letter in which local loggers described their discovery of massive 16-inch-long footprints in the California wilderness. The loggers called the unknown creature who had left the prints "Big Foot," and readers of the newspaper became instantly fascinated with the story. Quite suddenly, the legend of Bigfoot was born. It wasn't until October 20, 1967, that the Bigfoot legend reached a fever pitch.

Two rodeo cowboys from Yakima, Washington, Roger Patterson and Bob Gimlin, ventured into the northern California wilderness in the hopes of capturing hard evidence of the creature. Patterson had long held a fascination with the mysterious Bigfoot. Despite Patterson's earnest belief in Bigfoot's existence, no one was more shocked than he when he and Gimlin stumbled upon a large, hairy, bipedal, apelike figure stomping through northern California's remote forests.



Patterson was able to film Bigfoot for about a minute, capturing the now-famous shot of Bigfoot midstride. He and Gimlin tracked the creature for a few miles and made plaster casts of its massive footprints before losing it. The men believed that they had

struck Bigfoot gold, that they possessed the evidence needed to prove Bigfoot's existence. The scientific community, however, was not impressed with the footage. Many believed the film had been a hoax and Bigfoot just a man in a costume. For the rest of their lives, Patterson and Gimlin argued that their experience and the film were genuine, giving hope to the many Bigfoot believers worldwide.



Don't Be Scared

Each October, scarecrows begin to appear in and around the village of Pietrebais in Belgium. In some years, hundreds of scarecrows appear. In others, a scant dozen or fewer. No one knows why or how the tradition began 21 years ago in the year 2000, but it is a tradition that has continued ever since.

In the 1500s, it was common for farmers to hire guards to protect their crops from animal pests and thieves. The guards sometimes slept in the fields in straw huts or stood watch on wooden platforms. But as farms grew, farmers could no longer afford to employ vast numbers of guards. They began instead to use human-like watchers. These first scarecrows were erected in the spring, topped with animal skulls or fashioned out of rotting vegetables, or hung on crosses in the image of Christ's crucifixion. They served one purpose: to scare pests like crows away from valuable crops. It seems that these scarecrows have earned a spooky reputation ever since. But in Belgium, there is no need to fear. The scarecrows are often dressed like happy or silly villagers welcoming visitors to Pietrebais.



October Birthdays

In astrology, those born from October 1–23 balance the scales of Libra. Libras are peaceful and fair, and value balance and symmetry. For this reason, they often champion justice and equality.

Those born from October 24–31 are Scorpions of Scorpio. Scorpions are passionate, dedicated, and resourceful. Scorpions may seem intimidating, but they are just no-nonsense people who value honesty and loyalty above all else.

WELCOME!

New Director of Housekeeping Cortez J. McFarland

With over 15 years of hospitality experience, I now lead a great team as the Housekeeping Director for Gold Country Retirement. I enjoy watching sports, reading, traveling, and eating out.



Donna Karan (designer) – Oct. 2, 1948

CAROL (Resident) – Oct. 2nd

Chubby Checker (singer) – Oct. 3, 1941

Chevy Chase (comedian) – Oct. 8, 1943

Henry Heinz (ketchup...) – Oct. 11, 1844

Marie Osmond (singer) – Oct. 13, 1959

Penny Marshall (director) – Oct. 15, 1943

Naomi Osaka (tennis) – Oct. 16, 1997

DIANA (Resident) – Oct. 20th

Kamala Harris (VP) – Oct. 20, 1964

Pele (soccer player) – Oct. 23, 1940

KATHY (Resident) – Oct. 25th

Jonas Salk (doctor) – Oct. 28, 1914

PAULINE (Resident) – Oct. 29th

John Candy (comedian) – Oct. 31, 1950

WHAT YOU MIGHT HAVE MISSED at GOLD COUNTRY!



Fire Relief Fundraiser



Just making sure you're paying attention!



**This page reserved for
calendar**