

August 2019

Gold Country Gazette

Assisted Living Activity Department Newsletter



Celebrating August

**Read a Romance Novel
Month**

**American Artists
Appreciation Month**

International Clown Week
August 1-7

National Night Out
August 6

Bowling Day
August 10

**International Left Handers
Day**
August 13

International Geocaching Day
August 17

Bow Tie Day
August 28

NATIONAL NIGHT OUT
Tuesday, August 6th
5 to 8 pm
Dunk an Explorer - Dunk Tank
Bounce House • Food Trucks
Free Hot Dogs • Face Painting, Games & Fun!

CELEBRATING 33 Years 1986-2019

2018 Winner Best Retirement Community

The Random Strangers Band 5:30-7:30

POLICE COMMUNITY PARTNERSHIPS

Gold Country RETIREMENT COMMUNITY
INDEPENDENT LIVING • ASSISTED LIVING • HEALTH & REHABILITATION
4301 Golden Center Drive • Placerville
530-621-1100 • TDD#(800) 545-1833, Ext 359
Language Assistance Services 562-257-5255
www.goldcountryretirement.org
A Community of Retirement Housing Foundation RCFE#090317665



Lincoln's Penny

On August 2, 1909, the very first Lincoln cents were put into circulation by the U.S.Mint. Before 1909, a president's visage had never appeared on a coin. In

January of 1909, the Mint approached artist Victor David Brenner to design a coin depicting President Abraham Lincoln to commemorate the centennial anniversary of Lincoln's birth. Two years earlier, Brenner had completed a plaque of Lincoln in profile for the Gorham Manufacturing Company; it was this plaque that became the design for the Lincoln cent, with Brenner imprinting his initials VDB on the reverse. When the cent was released, Treasury facilities were mobbed by those seeking the new pennies. Just one week after the minting, production of the pennies was halted to remove the VDB initials on the reverse, making the original VDB pennies invaluable collector items.

From the Desk of Sandy...

By the time you read this, we hope ballots have been sent in or dropped off to the front desk for the annual Mt Democrat's READERS CHOICE awards and that our Assisted Living and Retirement Campus are in the running. If you voted this year -thank you! If you didn't we hope you will remember us next year! Regardless of who wins – we KNOW we are #1!!!! And it is because of our residents, their families and our fabulous staff!! Remember it also helps us if you give us a THUMBS UP on YELP, so please feel free to let the public know if you are satisfied with our services.

We should have new call bell systems with installation starting soon (maybe they have already started by the time this newsletter reaches you). Thank you in advance for suffering though the drawing of electrical wires, the pounding in the ceiling and the inconvenience of installing equipment in each room. We know it's a mess, but it will be worth it.

FAMILY MEMBERS: Mike Bazzone, one of our ALU family members, has offered to start a Family Council. This is a family run meeting which we accommodate. The role of Family Council is similar to a Resident Council – to apprise management of issues from the eyes of a family. Family Council is not attended by the resident and Resident Council is not attended by family members. Staff provides Family Council with a location and notices. Councils may invite staff to address the Council (in advance) on matters of interest. Both Councils may also invite the local Ombudsman to attend as a guest. The first meeting was Saturday July 27. Future meetings as well as days and times should have been decided then. Questions about the next meeting – call **Mike** at **530-644-6420**.

Have a thought, question or suggestion on how we can be even better? Feel free to call me at (530) 621-1100, or email me at sandy.haskins@rhf.org

Welcome to Assisted Living

Tony in Room 33

Zella in Room 38

Stop by and say HELLO!



Important Information:

As we approach wild fire season, please note that our phones will go out if PG&E turns off electricity as promised. The easiest way to stay in contact with us is to "LIKE US" on Facebook. Our home office will post updates and emergency cell phone numbers, if you absolutely must call us. Please only call those published numbers if you have an emergency or your family member here requires your assistance. We would also encourage you to keep both our MAIN LINE Numbers in your phone, **530 621-1100 or 530 621-1826**. You may also try dialing in directly. This direct dial number is **530 497-2000** and then your party's extension. You may dial this number anytime (not just in an emergency) without going through the receptionist. Again, this will not work if the power is out.

Roanoke's "Lost Colony"

On August 18, 1587, Virginia Dare was born, becoming the very first child born in the New World to English parents. This honor alone would have been enough to grant the girl fame, but she became even more famous for her mysterious disappearance as a member of the "Lost Colony" of Roanoke.



The founding of the Roanoke Colony in 1585 was the first attempt at establishing a permanent English settlement in the New World. The attempt was not successful, however. Due to a lack of supplies and bad relations with the local Croatan tribe, most of the settlers returned to England. A second contingent of settlers, led by John White, returned to the colony in 1587. Shortly after their arrival, Virginia Dare, White's granddaughter, was born. This small success was overshadowed by other hardships. Desperate for assistance, White sailed back to England in late 1587, leaving behind Dare and the others. If White had hoped for a quick return to Roanoke with fresh supplies, he was badly mistaken. The Anglo-Spanish War broke out, and White's return was delayed for three years.

White did eventually return to Roanoke, ironically landing on August 18, 1590, his granddaughter Virginia Dare's third birthday. The settlement, though, was completely deserted, and there was no trace of the 118 people he had left behind. Even stranger, there was no sign of a battle. The only clue left was the word "CROATOAN" carved on a fence post. White believed this to mean that the colony had moved to the nearby Croatoan Island. The colony, however, was never found, and their disappearance remains a mystery. Theories abound as to the colony's fate. Some believe they moved north and integrated with a local tribe, only to be slaughtered by another. Others say they perished during a drought. Still others claim they attempted to sail back to England and were lost at sea, or that they were killed by the Spanish. Whatever their fate, archaeologists and anthropologists have been searching for clues for centuries.

August Birthdays

In astrology, those born between August 1–22 are Lions of Leo. Leos are natural leaders: intelligent, courageous, and bold. Leos' social natures also make them excellent friends.

Those born between August 23–31 are Virgo's Virgins. Virgos love paying attention to details—not to be picky, but to help others. Their industrious efficiency makes them smart problem-solvers and fact-finders.

Lauren J.(Resident) – August 1st

Maria Mitchell (astronomer) – August 1, 1818

Louis Armstrong (musician) – August 4, 1901

Neil Armstrong (astronaut) – August 5, 1930

Matthew Henson (explorer) – August 8, 1866

Edith J.(Resident) – August 10th

Alfred Hitchcock (director) – August 13, 1899

Davy Crockett (frontiersman) – August 17, 1786

H. P. Lovecraft (writer) – August 20, 1890

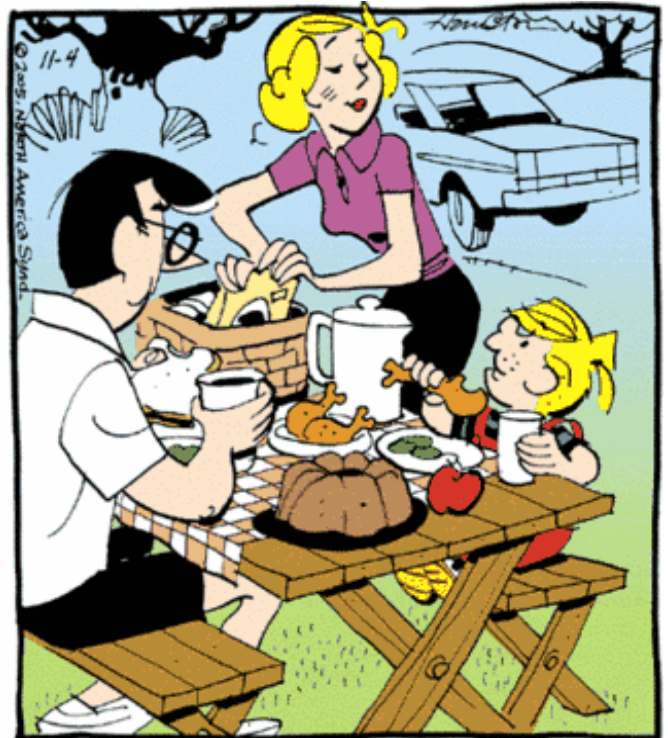
Dorothy Parker (writer) – August 22, 1893

Sean Connery (actor) – August 25, 1930

Eugene H.(Resident) – August 28th

Charlie Parker (musician) – August 29, 1920

Frank Robinson (ballplayer) – August 31, 1935



"I THINK THIS IS GONNA BE ONE OF MY GOOD OL' DAYS."

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