

Sunday

Monday



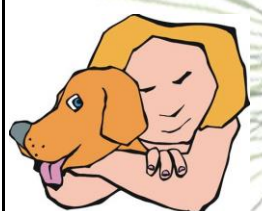
Tuesday

Wednesday

Thursday

Friday

Saturday

 <h1>January 2019</h1> <p>“Obstacles are those frightful things you see when you take your eyes off the goal” ~ Henry Ford</p>	<p>No Hearing Aid Service in January 8:00 Rose Bowl Parade – Library TV</p>  <p>New Year's Day</p>	<p>9:30 Balance & Energize – Qi Gong 10:00 Visit with Tibetan Monks 11:00 Catholic Communion 1:00 – 5:00 Beauty Shop Open 6:00-8:00 Writers' Guild</p>	<p>9:30 Stretch & Flex No Knowledge Unlimited Today 12:30 Pillow Toss – postponed until further notice 1:00 Stretch & Flex 1:30 Welcoming Committee 2:30 Balance & Energize – Qi Gong No Bible Study until 01/17/20 5:15 Hand & Foot</p>	<p>9:00 Local Shopping 9:30 Light Weights 12:30 Dollar/Thrift Stores 5:15 Pinochle No Happy Hour</p>	<p>9:30 Balance & Energize – Qi Gong 10:30 Musical Entertainment with Lance Kramer 12:30 Movie Matinee: “Dog Days” 2:30 Bingo</p>	
<p>12:30 Movie Matinee: “Red River” 5:30 Christian Fellowship Pastor: Dave Owen</p>	<p>9:00 Barber 9:30 Stretch & Flex 10:30 Resident Council Mtg. 12:30 Local Shopping 2:30 Balance & Energize – Qi Gong 5:15 Pinochle 5:30 Spinner</p>	<p>9:00–2:00 Beauty Shop Open 9:30 Light Weights 10:00 Documentary 11:30 Therapy Dog Visit Josie Wales 1:00 Stretch & Flex 2:30 Bingo</p>	<p>9:30 Balance & Energize – Qi Gong 9:30 Leland Stanford Museum Tour/Lunch 11:00 Catholic Communion 11:00 - 11:45 Book Mobile 1:00 – 5:00 Beauty Shop Open</p>	<p>9:30 Stretch & Flex 10:00 Knowledge Unlimited 1:00 Knitting 1:00 Come meet the “Fall Detection Guy” Fred 2:30 Balance & Energize – Qi Gong 5:15 Hand & Foot</p>	<p>9:00 Local Shopping 9:30 Light Weights 12:00 Birthday/Anniversary 3:15 Happy Hour 5:15 Pinochle</p>	<p>9:30 Balance & Energize – Qi Gong 10:30 Musical Entertainment with Rick Turnage 12:30 Movie Matinee: “Hachi” 2:30 Bingo</p>
<p>12:30 Movie Matinee: “Big Jake” 5:30 Christian Fellowship Pastor: Mike Harrell</p>	<p>9:30 Stretch & Flex 10:00 Fellowship Planning 12:30 Local Shopping 2:00 Painting with Conni 2:30 Balance & Energize – Qi Gong 5:15 Pinochle 5:30 Spinner</p>	<p>9:00–2:00 Beauty Shop Open 9:30 Light Weights 10:00 Men's Discussion & Donuts 12:30 TOWN HALL MEETING 1:00 Stretch & Flex 2:30 Bingo 6:00 Community Concert</p>	<p>No Outing Today 9:30 Balance & Energize – Qi Gong 10:00 Documentary 11:00 Catholic Communion 1:00 – 5:00 Beauty Shop Open 6:00-8:00 Writers' Guild</p>	<p>9:30 Stretch & Flex 10:00 Knowledge Unlimited 10:00–12:00 Learn how to better use your iPhone–New 1:00 Stretch & Flex 2:30 Balance & Energize – Qi Gong 3:00 Bible Study 5:15 Hand & Foot</p>	<p>9:00 Local Shopping 9:30 Light Weights 1:00 Bunco 3:15 Happy Hour 5:15 Pinochle</p>	<p>9:30 Balance & Energize – Qi Gong 12:30 Movie Matinee: “Red Dog” 2:30 Bingo</p>
<p>12:30 Movie Matinee: “Lawrence of Arabia” 5:30 Christian Fellowship Pastor: Floyd Hughes</p>	<p>9:00 Folsom Transportation 9:30 Stretch & Flex 12:30 Local Shopping 2:30 Balance & Energize – Qi Gong 5:15 Pinochle 5:30 Spinner Martin Luther King Day Tu B'Shevat</p>	<p>9:00–2:00 Beauty Shop Open 9:30 Light Weights 10:00 Documentary 1:00 Stretch & Flex 2:30 Bingo</p>	<p>9:30 Balance & Energize – Qi Gong 9:30 CA Railroad Museum - Lunch 11:00 Catholic Communion 1:00 – 5:00 Beauty Shop Open</p>	<p>9:30 Stretch & Flex 10:00 Knowledge Unlimited 10:00–12:00 Learn how to better use your Android Phone–New! 1:00 Stretch & Flex 2:30 Balance & Energize – Qi Gong 5:15 Hand & Foot</p>	<p>9:00 Food Committee 9:00 Local Shopping 9:30 Light Weights 1:00 Story Tellers 3:15 Happy Hour 5:15 Pinochle 5:30 Jammin' Dancers Performers</p>	<p>10:00 Bridge 9:30 Balance & Energize – Qi Gong 10:30 Musical Entertainment with Tim Durnan 12:30 Movie Matinee: “Snow Dogs” 2:30 Bingo</p>
<p>12:30 Movie Matinee: “Kiss Them For Me” 5:30 Christian Fellowship Pastor: Jim Eggert</p>	<p>9:30 Stretch & Flex 12:30 Local Shopping 12:30 Federated Women's Circle 1:00 Visually Impaired Meeting 2:00 Painting with Conni 2:30 Balance & Energize – Qi Gong 5:15 Pinochle 5:30 Spinner Australia Day (observed)</p>	<p>9:00–2:00 Beauty Shop Open 9:30 Light Weights 10:00 Documentary 11:00 Country Store 12:30 Greeting Card Class 1:00 Stretch & Flex 2:30 Bingo</p>	<p>9:30 Balance & Energize – Qi Gong 9:30 Sunrise Mall/Lunch 10:00 Documentary 11:00 Catholic Communion 1:00 – 5:00 Beauty Shop Open</p>	<p>9:30 Stretch & Flex 10:00 Knowledge Unlimited 1:00 Stretch & Flex 2:30 Balance & Energize – Qi Gong 3:00 Bible Study 3:15 Trip Sign-Ups 5:15 Hand & Foot</p>	 <p>“What a beautiful world it would be if people had hearts like dogs.” ~ PALS</p>	