

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2019

“Always remember that you are absolutely unique. Just like everyone else” ~ Margaret Mead

<p>10:30 The McCollum Duo Musical Entertainment</p> <p>3:30 Super Bowl Party in the Library</p> <p>5:30 Christian Fellowship Pastor: Joe Ramirez</p>	<p>9:00 Barber</p> <p>9:30 Stretch & Flex</p> <p>10:30 Resident Council Mtg.</p> <p>12:30 Local Shopping</p> <p>2:30 Balance & Energize – Qi Gong</p> <p>5:15 Pinochle</p> <p>5:30 Spinner</p>	<p>9:00–2:00 Beauty Shop Open</p> <p>9:30 Light Weights</p> <p>10:00 Armchair Travel: <i>Antarctica</i></p> <p>10:30 Michelle’s Clothes & Gifts</p> <p>1:00 Hearing Aid Service in Library</p> <p>1:00 Stretch & Flex</p> <p>2:30 Bingo</p> <p><small>Chinese New Year</small></p>	<p>9:00-1:00 AARP Taxes</p> <p>9:30 Balance & Energize – Qi Gong - Library</p> <p>10:30 Lunch & Power House Science Museum-Planetarium</p> <p>11:00 Catholic Communion</p> <p>1:00 – 5:00 Beauty Shop Open</p> <p>6:00-8:00 Writers’ Guild</p>	<p>9:30 Stretch & Flex</p> <p>10:00 Knowledge Unlimited</p> <p>1:00 The Fall Detection Guy Pine Room</p> <p>1:30 Welcoming Committee</p> <p>2:30 Balance & Energize – Qi Gong</p> <p>3:00 Bible Study</p> <p>5:15 Hand & Foot</p>	<p>9:00 Local Shopping</p> <p>9:30 Light Weights</p> <p>12:00 Birthday/Anniversary</p> <p>3:15 Happy Hour/Artist Reception- Betty Sederquist</p> <p>5:15 Pinochle</p>	<p>9:00-1:00 AARP Taxes</p> <p>9:30 Balance & Energize – Qi Gong-Library</p> <p>12:30 Movie Matinee: <i>Love Finds You In Valentine</i></p> <p>1:00 Bridge – Oak Rm.</p> <p><small>Groundhog Day</small></p>
<p>5:30 Christian Fellowship Pastor: John Parker</p>	<p>9:30 Stretch & Flex</p> <p>10:00 Fellowship Planning</p> <p>12:30 Local Shopping</p> <p>2:00 Painting with Conni</p> <p>2:30 Balance & Energize – Qi Gong</p> <p>5:15 Pinochle</p> <p>5:30 Spinner</p>	<p>9:00–2:00 Beauty Shop Open</p> <p>9:30 Light Weights</p> <p>10:00 Arm Chair Travel: India</p> <p>1:00 Stretch & Flex</p> <p>2:30 Bingo</p>	<p>9:00-1:00 AARP Taxes</p> <p>NO OUTING TODAY</p> <p>9:30 Balance & Energize – Qi Gong - Library</p> <p>11:00 Catholic Communion</p> <p>11:00 - 11:45 Book Mobile</p> <p>1:00 – 5:00 Beauty Shop Open</p>	<p>9:30 Stretch & Flex</p> <p>10:00 Knowledge Unlimited</p> <p>1:00 “Not So Newlywed Game”</p> <p>1:00 No Knitting</p> <p>2:30 Balance & Energize – Qi Gong</p> <p>5:15 Hand & Foot <small>Valentine’s Day</small></p>	<p>9:00 Local Shopping</p> <p>9:30 Light Weights</p> <p>1:00 Bunco</p> <p>3:15 Happy Hour</p> <p>5:15 Pinochle</p>	<p>9:00-1:00 AARP Taxes</p> <p>9:30 Balance & Energize – Qi Gong-Library</p> <p>12:30 Movie Matinee: <i>Viceroy’s House</i></p> <p>1:00 Bridge – Oak Rm.</p>
<p>5:30 Christian Fellowship Pastor: Kevin Foley</p>	<p>9:00 Folsom Transportation</p> <p>9:30 Stretch & Flex</p> <p>12:30 Local Shopping</p> <p>2:30 Balance & Energize – Qi Gong</p> <p>5:15 Pinochle</p> <p>5:30 Spinner</p> <p><small>Presidents’ Day (US)</small></p>	<p>9:00–2:00 Beauty Shop Open</p> <p>9:30 Light Weights</p> <p>10:00 Men Donuts & Discussion</p> <p>12:30 TOWN HALL MEETING</p> <p>2:30 Bingo</p>	<p>9:00-1:00 AARP Taxes</p> <p>9:30 Balance & Energize – Qi Gong - Library</p> <p>9:30 Sacramento Medical History Museum/Lunch</p> <p>10:00 Armchair Travel: Animals of the World</p> <p>11:00 Catholic Communion</p> <p>1:00 – 5:00 Beauty Shop Open</p> <p>6:00-8:00 Writers’ Guild</p>	<p>9:30 Stretch & Flex</p> <p>10:00 Knowledge Unlimited-</p> <p>1:00 Education & Assistance Info for Seniors</p> <p>2:30 Balance & Energize – Qi Gong</p> <p>3:00 Bible Study</p> <p>5:15 Hand & Foot</p> <p>6:00 Community Concert (ticket holders)</p>	<p>9:00 Food Committee</p> <p>9:00 Local Shopping</p> <p>9:30 Light Weights</p> <p>1:00 Story Tellers</p> <p>3:15 Happy Hour</p> <p>5:00 Musical Entertainment with Talia</p> <p>5:15 Pinochle</p>	<p>9:00-1:00 AARP Taxes</p> <p>9:30 Balance & Energize – Qi Gong-Library</p> <p>12:30 Movie Matinee: <i>Safe Haven</i></p> <p>1:00 Bridge – Oak Rm.</p>
<p>5:30 Christian Fellowship Pastor: Mark Freman</p>	<p>9:30 Stretch & Flex</p> <p>12:30 Local Shopping</p> <p>12:30 Federated Women’s Circle</p> <p>1:00 Visually Impaired Meeting</p> <p>2:00 Painting with Conni</p> <p>2:30 Balance & Energize – Qi Gong</p> <p>5:15 Pinochle</p> <p>5:30 Spinner</p>	<p>9:00–2:00 Beauty Shop Open</p> <p>9:30 Light Weights</p> <p>11:00 Country Store</p> <p>12:30 Greeting Card Class</p> <p>1:00 Begin Ping Pong Tournament</p> <p>2:30 Bingo</p>	<p>9:00-1:00 AARP Taxes</p> <p>9:30 Balance & Energize – Qi Gong - Library</p> <p>10:00 Armchair Travel: <i>Galapagos</i></p> <p>10:15 Lunch @ Casa Gardens</p> <p>11:00 Catholic Communion</p> <p>1:00 – 5:00 Beauty Shop Open</p>	<p>9:30 Stretch & Flex</p> <p>10:00 Knowledge Unlimited</p> <p>1:00 Stretch & Flex</p> <p>1:00 Knitting</p> <p>2:30 Balance & Energize – Qi Gong</p> <p>3:15 Trip sign-ups</p> <p>5:15 Hand & Foot</p>		