

Resident to Resident

Ullman Escapes Nazi Rule; Moves to U.S.

By Carol Keochekian

Charles (Chuck) Ullman was 12 years old when his father received a phone call from a government friend telling him that "It's time for you to take a vacation." The message was a code meaning Hitler was going to invade Czechoslovakia the next day.

The Ullman family left that evening for Hungary then bypassed any German occupied country until they reached Paris. When checking with the shipping line, his father found that the ship to America was conscripted by the government. They had to wait a week to get passage on a ship but only by separating the family. His mother's berth was in the front of the ship, while Chuck and his father were at the back of the ship. In the U.S. the family lived in Cleveland, where they stayed with an uncle until 1939, when his father obtained a job in Chicago.

World War II had started when Chuck was in high school, and he felt an urgency to serve in the military. So as soon as he graduated in three and a half years, he enlisted in the Navy. He was sent to the University of Wisconsin and trained to become a Communications Officer. Chuck was assigned to the Merchant Marines and spent two years transporting materials to Europe. After his time in the Navy, Chuck worked for Pullman Standard Railroad Company in Chicago. While there, he was assigned to design the first double-decker sleeping car in December of 1948.

Wanting to try something new, Chuck moved to California and sent a one-way ticket to his future wife, Betty. If she wanted to move back to Chicago, she'd have to pay her own way. They were married in 1949 with about nine guests at a luncheon in a restaurant in Hollywood. They had two unexpected guests—Lucille Ball and Rock Hudson!

The Navy was in need of a radar tester, and Chuck and his partner, Howard Margowsky, built one at home. They donated the tester to the Navy who then wanted to lease it. Soon afterwards, the Navy wanted to lease a second unit and eventually ordered 125 units. As a result, Chuck and Howard started an electronic manufacturing firm "Remaco" Research Manufacturing Company. The business had 200 employees in Santa Monica as well as 200 in Mexico. After Howard's death in the mid-1960s, Chuck sold the business.

Chuck, who later became a vice president of Genisco, retired in 1988, and did consulting work until 1995. His work was primarily to assist companies that had more than one facility to consolidate them into one location in Southern California.

After retirement in 1988, the Ullmans moved to the Del Webb Retirement Community in Phoenix, AZ, where Chuck served as president for three years of PORA, the local government of Sun City West. While in Arizona, he was riding a motor bike when a car struck him broadside and he was hospitalized for three months. When he was released, he and Betty moved to University Village where they are closer to their two daughters. The Ullmans, who have been married 72 years, also have a son, six grandchildren and five great-grandchildren

"I would consider our life to be fortunate, satisfying and good," Chuck recalls. "I think I've accomplished most of what I wanted to and am enjoying this great place—UVTO."



Village View

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<http://communityapps.com/>



Volume 15 Issue 3
March 2021

UVTO Committees Duties and Goals

Activities Committee

Jerry Lewi, 2918

The mission of the Activities Committee is, "To recommend to the Life Enrichment Director a wide variety of social, creative, athletic, and cultural activities for the enjoyment of University Village residents." That's pretty broad and gives us a lot of latitude of what we might get into.

Members offer the following reasons why they enjoy being part of the committee:

- "I get to meet people."
- "I get to learn about what's going on."
- "I get to voice my opinion about something new that might be considered or on current activities."
- "I enjoy socialization with the committee members, all of whom are interested and interesting people."
- "I joined just after moving in, and it was a quick way to learn about what's going on."

A good example of what we can do is the Map Project. Have you seen the maps on the wall outside the Laguna Room? On these maps is a pin showing where residents consider to be the place that they are from. The project was recommended by a committee member, and with the support of the Activities Department, carried out by committee members. The committee also created two lists, one geographical and one alphabetical. The committee updates the information every six months.

With the prospect of greater opening up during this year, we look forward to a very active year helping to get old and new activities up and running.

There are still openings on the committee. Please contact Jerry Lewi if you are interested.

Bereavement Committee

Gail Barton, 2566

The Bereavement Committee is dedicated to supporting the families, friends, and neighbors of those residents of UVTO & OakView who have passed away during the year. We do this in several ways. We reach out to the family by telephone and cards, we acknowledge the resident's life by posting their photo and tribute on our memory table, and we provide informational pamphlets to our residents. When COVID is behind us, we hope to offer additional support in the way of hosted lunches for the surviving spouses and significant others who continue to reside here at UVTO. In January of each year we plan a "Celebration of Life" program where we honor and pay tribute to each resident who has passed during the previous year.

Budget & Finance Committee

Bill Love, 4773

The purpose of the Budget & Finance Committee is to promote cooperative relations between Residents and Management, Providers, and Trustee, representing the interests and concerns of Residents to Management, and fostering the understanding of financial operations at UVTO by Residents.

The committee is composed of ten members elected to three-year staggered terms and meets regularly once a month on the second Tuesday beginning at 2:00 p.m. Three officers are elected for one-year terms, Chair, Vice-Chair and Secretary.

Residents and guests are invited to attend the regular meetings and if invited by the Chair may participate at times. Minutes and reports are

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Residents' Corner

UVTO Committees Duties & Goals

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stored for public view in the UVTO Library. Current restrictions require that meetings must use Zoom. The address for meetings may be found on the UVTO Portal under Committees.

Food & Beverage Committee

Mario Metzger, 2024

The purpose of your Food and Beverage Committee is to represent resident interests and concerns to Food and Beverage management regarding food quality and selection, food service and dining ambience.

For the past year all these basic premises have been uprooted by the COVID-19 pandemic. Dining Room experiences became multiple "to-go" experiments. The silver lining during these extremely difficult times has been the special bond which has been forged between your committee and Food & Beverage management specifically relating to the many necessary adjustments required to the changing situations and the increased needs of our residents.

With the reopening of our Dining Rooms it is our goal to continue this positive relationship with the Food and Beverage management staff, while acting as a liaison between residents and management, to further enhance our dining experiences, variety, and quality of meals and fulfill special dietary needs.

As one of our goals for 2021, we have established four Sub-Committees to help deal with the multiple aspects of our committee responsibilities. They consist of three members each, divided as follows:

1. Menu Related Issues – Linda Habif, Chair
2. Resident Relations – Judy Nichols, Chair
3. Resident Communications – Ellen Narver, Chair

4. Food and Beverage Staff Communications – Mario Metzger, Chair

The Chairs will be presenting their Sub-Committee reports at our monthly Committee meetings.

Additionally, the Food and Beverage Committee, with the collaboration of our Executive Director, has enlisted the consultation services of a Certified Dietitian to answer questions, make suggestions, and if needed, formulate meal plans for our residents.

Health & Wellness Committee

Linda Metzger, 2024

This should be an exciting year with lots of activity by the 13 members of the Health & Wellness Committee. Our committee will continue to pursue the best interest of our residents in both residential living and in OakView. Among the many plans for this year are the following:

1. A special satisfaction survey directed to former OakView residents who have returned to residential living to determine if any areas of concern exist. Once OakView reopens, we will continue to conduct visits to individuals residing in both skilled nursing and assisted living by committee members.
2. Communication by way of articles in the weekly *University Update* and the *Village View* written by committee members aimed at keeping residents informed of health issues and especially the fight against the COVID-19 virus.
3. Health safety advice will be communicated regarding issues of power failure, fires, earthquake and other hazards that may affect the health of our residents.

Residents' Corner

Of Time and Place

By Zelda Arditte



It was more than sixty years ago
but I remember it well and I smile,
warmed by the memory.

We were young, in love, and happy
to be together on a clear September day,
driving down a forested road edged by
trees two thousand birthdays old

They reached across the road like
lovers aching to embrace, filtering the sun
with needled branches so nothing grew
beneath them save giant ferns that thrive in shade.

Their tops climbed up to where the clouds live,
the red ground beneath so bare we wondered
who swept it.

We two climbed atop a tree stump five yards wide
and danced together on a redwood stage.
alone in that awesome place, protected by
immortal giants, we locked that sacred memory
deep inside us, ours alone forever.



Residents' Corner

Eye to Eye

By Denna Heerema

The next visit on my patient information sheet:

Pediatric ICU rm 1052 Jose male 6 wks

I quietly opened the hospital room door and entered the dimly lit room. The only sound was the drip-drip of the IV tubes that fed into the tiny veins of baby Jose whose little body seemed swallowed up in a huge crib with its steel-sided railings. A young woman lay on a lounge-type chair next to Jose's crib. Her deep, dark eyes darted between the crib and me as I introduced myself as a volunteer chaplain from the hospital's Spiritual Care Department. She introduced herself as Jose's mother. After exchanging a few words, I cautiously asked, "How is Jose doing today?"

Her vigilance never wavered, and her face remained stoic as she told me that Jose was facing his third surgery tomorrow.

What could possibly be so wrong with this beautiful child whose thick, jet-black hair shot straight up from his very small head, his body swaddled tightly in a fleece blanket? He was born, his mother explained to me in her limited English, with his intestines outside his body. The surgeon was optimistic; tomorrow's six hour surgery would hopefully be Jose's last.

When I offered to pray with her, she reached out her hand for mine, and together we lightly placed our hands on Jose's listless body. His eyes never opened; his mother's never closed.

"Is Jose your only child?" I later asked.

"No, we have four daughters at home with their grandmother. Jose is our one and only son!"

For three weeks I continued my weekly visits. I found Jose and his mother in their usual places, her eyes focused on her son while he slept. Watching...waiting...for Jose's body to respond to the surgery which would allow him to process and digest liquid formula independent of medical support.

The last week I arrived in room 1052, his mother's bright eyes were focused on Jose. She smiled and pointed to the side of his crib. All the tubes were gone! It was then I glanced at Jose; his eyes wide open, looking intently at his mother.

(specific information changed to protect patient privacy)



Residents' Corner

4. The committee intends to compile a statistical evaluation of COVID-19 vaccination data compared to like kind communities and the general public in Ventura County.

Hospitality Committee

Maggie Kildee, 2595

The Hospitality Committee is comprised of a group of UVTO residents who want to provide a warm welcome to new residents and help them become assimilated into the community. Any resident with an interest in meeting and welcoming new residents with a friendly and outgoing attitude is qualified to become a member of the committee.

Library Committee

Char Wecker, 2881

The purpose of the 15 member UVTO Library Committee is to maintain the library including books, audiobooks and DVDs. Newspapers and magazines are also maintained by the committee. The catalogue of the library's holdings are maintained in a digital format by the committee and can be accessed by residents on the UVTO Portal under "Entertaining Diversions."

How does the committee choose new books? Proceeds from the book sales are used to purchase best seller books selected from the best seller lists in three newspapers. Residents will find newly purchased books along with short summaries in UVTO's weekly *University Update*.

The library also receives a great number of donations from our residents. If the donations are duplicates or are not appropriate for the library, they will be offered at the next book sale. Due to space limitations, the committee needs to withdraw titles on a regular basis. These titles will also go to the next book sale. If books do not sell at a couple of book sales, they are donated to Goodwill.

Library Committee members have two major responsibilities: shelving newly returned books and shelf-reading materials on an assigned range of shelves. The committee also maintains a themed display table which changes on a regular basis. In addition the entire committee participates in holding book sales a few times a year.

In 2021 we implemented the use of sending overdue notices to residents. The committee increased the checkout period to three weeks; renewals can be done by signing the item out again.

Resident Council

Sandee Kane, 2957

Resident Council Election Chair and Resident Council Election Coordinator

The Resident Council Election Chair is responsible for establishing an orderly process for the election of new members to the following year's Resident Council. By September 1, the Resident Council Application form will be made available to all residents, and a new election will be held in early November. The Election Committee Coordinating Committee is made up of four Building Reps, three Resident Council members, and two additional residents. The committee will set timeline dates for the Resident Council application.

Safety & Security Committee

Larry Thrasher, 2942

Our purpose remains as currently stated and our major goal for 2021 is to take steps to make certain that residents are equipped to deal with emergencies and disasters, to provide a means for them to get the necessary supplies and to update our resident guide.



Weekly Activities		MARCH 2021 MONTHLY ACTIVITIES AND SPECIAL EVENTS							
Sun		Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat	
Monday	Open Art Studio—all day (AC) 2:00 Social Bridge (LR)	KEY Classes Clubs Committees Fitness/Wellness Games Recurring Events Sign-up Required Special Events Spiritual UVTO Community	1 10:00 Literary Club (Zoom) Contact: Marilyn Thomas, 3364 3:00 Big History Lecture Series (BR) RSVP: Activities, 3042	2 10:00 Food & Beverage Comm. (Zoom) Contact: Mario Metzger, 2924 10:00 Needle Crafters (AC) Contact: Brenda Rudin, 2579 2:00 Geological Wonders (BR) RSVP: Activities, 3042	3 9:00 Tech Class with Pat (BD) RSVP: Activities, 3026 10:30 Tech Class with Pat (BD) RSVP: Activities, 3026	4 10:00 Point of View (BR) Contact: Eve Loeb, 3374. Limit 16 1:00 Watercolor Art Class (AC) Contact: Linda Metzger, 2924 5:00 Getting to Know You (GR) Contact: Ricki Glassman, 2962	5 10:00-4:00 Library Book Sale (LR) 11:00 Activities Comm. (Zoom) Contact: Jerry Lewi, 2918 1:00 Mindful Meditation (Zoom) Meeting ID: 943 7556 7710 Password: 842541 1:45 Friday Afternoon Piano with Mark (MCT) 4:30 Shabbat (Zoom) Contact: Elissa Lazarus, 2597	6 10:00-4:00 Library Book Sale (LR) 11:30 Wake Up Your Brain (Zoom) ID: 676 735 6805 11:30-1:30 Window Shoppe Donations (AC) Appointment Only. Donna Keister, 2003	
	Tuesday		7 10:15 Fit-Tastic Fitness (1390) 11:30 Hatha Yoga with Karen (CH) 1:00 Poker (MCT) Contact: Dick Ruwe, 2558 1:15 Chair-based Cardio-Fit (1390) 1:30 Hand and Foot Card Game (LR) Contact: Maria Spage, 2837 2:00 Mexican Trains (MCT) Contact: Renate Mahla, 2550 2:00 Beginners French Class (BD) Limit 3 4:00 Advanced French Class (BD) Limit 3	8 10:00 Literary Club (Zoom) Contact: Marilyn Thomas, 3364 1:30 Resident Council (Zoom) Contact: Sandee Kane, 2957 2:00 Film Class (BR) RSVP: Activities, 3042 6:30 Art Trek (AC) RSVP: Activities, 3042. Limit 9	9 10:00 Needle Crafters (AC) Contact: Brenda Rudin, 2579 11:00 Getting to Know Us (BBQ) Contact: Ethel Hafner, 4794/ Hertha Hollander, 4771 11:00 Great Decisions Group 1 (Zoom) Contact: Jerry Reed, 2951 2:00 Budget & Finance Comm. (Zoom) Contact: Bill Love, 4773	10 9:00 Tech Class with Pat (BD) RSVP: Activities, 3026 10:30 Tech Class with Pat (BD) RSVP: Activities, 3026 2:00 University @ UVTO (Zoom) Contact: Ethel Hafner, 4794	11 9:00 Men’s Current Events (LR) Contact: Harvey Stump, 4797 Limit 12. New Date and Time 11:00 Art Club (BR) Contact: Bonnie Baas, 2850. Limit 16 5:00 Getting to Know You (GR) Contact: Ricki Glassman, 2962	12 1:00 Mindful Meditation (Zoom) Meeting ID: 943 7556 7710 Passcode: 842541 2:30 Town Hall (1390)	13 11:30 Wake Up Your Brain (Zoom) ID: 676 735 6805 11:30-1:30 Window Shoppe Donations (AC) Appointment Only. Donna Keister, 2003
Wednesday	8:30 Pickle Ball (TC) 10:00-12:00 Window Shoppe (LR) 10:15 Mobility & Strengthening (1390) 12:15 Duplicate Bridge (LR) Contact: Jerry Serling, 2846 1:00 Pan at the Poker Table (MCT) Contact: Judy Nichols, 2922 1:00 Pinochle (MCT) Contact: Peter Melitz, 4777 1:15 Mobility & Strengthening (1390)		14	15 Art Club Resident Display Begins (MCT) Wood Carvings by Larry Thrasher 10:00 Literary Club (Zoom) Contact: Marilyn Thomas, 3364 11:00 Health & Wellness Comm. (Zoom) Contact: Linda Metzger, 2924 3:00 Big History Lecture Series (BR) RSVP: Activities, 3042	16 10:00 Safety & Security Comm. (LR) Contact: Larry Thrasher, 2942. Limit 12 10:00 Bereavement Comm. (BR) Contact: Gail Barton, 2566. Limit 16 10:00 Needle Crafters (AC) 12:30 Women’s Board Meeting (LR) Contact: Donna Mani, 2828 2:00 Geological Wonders (BR) RSVP: Activities, 3042 2:00 Excursion Club (AC) Contact: Activities, 3026. Limit 9	17 9:00 Tech Class with Pat (BD) RSVP: Activities, 3026 10:00 Village Store Meeting (BR) Contact: Cindy Weaver, 2557 10:30 Tech Class with Pat (BD) RSVP: Activities, 3026 2:00 O’Shaughnessy Irish Dancers (1390/CH) RSVP: Activities, 3042 3:00 Bob Ryman Irish Fiddle (1390/CH) RSVP: Activities, 3042	18 10:00 Point of View (BR) Contact: Eve Loeb, 3374. Limit 16 1:00 Watercolor Art Class (AC) Contact: Linda Metzger, 2924 2:30 Paul Lenderman “What Do I Say to a Grieving Person” (1390/CH) RSVP: Activities, 3042 5:00 Getting to Know You (GR) Contact: Ricki Glassman, 2962	19 1:00 Mindful Meditation (Zoom) Meeting ID: 943 7556 7710 Passcode: 842541 1:00 Hearing Clinic (LR) Appointment Only. Contact: Acoustic Hearing, (805) 482-1104 New Date 1:45 Friday Afternoon Piano with Mark (MCT) 2:00 Library Comm. (BR) Contact: Char Wecker, 2881 Limit 16	20 11:30 Wake Up Your Brain (Zoom) ID: 676 735 6805 11:30-1:30 Window Shoppe Donations (AC) Appointment Only. Donna Keister, 2003
	Thursday		8:30 Open Tennis (TC) 9:15 Meditation/Chair-based Gentle Yoga with Deirdre (CH) 9:30 Wood Crafting Class (AC) 10:15 Fit-Tastic Fitness (1390) 1:00 Poker (MCT) Contact: Nelson Markel, 2971 1:15 Chair-based Cardio-Fit (1390) 2:00 Social Bridge (LR) 3:00 Scrabble (MCT) Contact: Cindy Weaver, 2557	21 5:00 Vespers with Pastor Tom Stephen (1390/CH)	22 10:00 Literary Club (Zoom) Contact: Marilyn Thomas, 3364 2:00 Film Class (BR) RSVP: Activities, 3042 6:30 Art Trek (AC) RSVP: Activities, 3042. Limit 9	23 10:00 Building Reps. (Zoom) Contact: Sylvia Lodato, 3328 10:00 Needle Crafters (AC) Contact: Brenda Rudin, 2579 11:00 Getting to Know Us (BBQ) Contact: Ethel Hafner, 4794/ Hertha Hollander, 4771	24 9:00 Tech Class with Pat (BD) RSVP: Activities, 3026 10:30 Tech Class with Pat (BD) RSVP: Activities, 3026 1:00 Hospitality Comm. (Zoom) Contact: Maggie Kildee, 2595 2:00 Opera Club Presents Operatic Music That Will Lift Your Spirit (Zoom)	25 9:00 Men’s Current Events (LR) Contact: Harvey Stump, 4797 Limit 12. New Date and Time 2:15 Safety Preparedness (1390/CH) RSVP: Activities, 3042 3:30 Jewish Leadership Council (Zoom) Contact: Elissa Lazarus, 2597 5:00 Getting to Know You (GR) Contact: Ricki Glassman, 2962	26 1:00 Mindful Meditation (Zoom) Meeting ID: 943 7556 7710 Passcode: 842541 1:00 New Resident Orientation (LR) RSVP: Marketing, 3300 3:00 Birthday Party with Panama G. (1390/CH) RSVP: Activities, 3042
Friday	8:30 Pickle Ball (TC) 10:15 Mobility & Strengthening (1390) 11:00 Bocce Ball (BBC) 1:15 Mobility & Strengthening (1390)	28	29 10:00 Literary Club (Zoom) Contact: Marilyn Thomas, 3364 4:30 Passover (1390/CH) Contact: Elissa Lazarus, 2597	30 10:00 Needle Crafters (AC) Contact: Brenda Rudin, 2579	31 9:00 Tech Class with Pat (BD) RSVP: Activities, 3026 10:30 Tech Class with Pat (BD) RSVP: Activities, 3026	UVTO Locations <div><div>AC Arts and Crafts Room ADP Avalon Dining Patio ADR Avalon Dining Room BBC Bocce Ball Court BBQ Barbeque Area BD Board Room BR Balboa Room BWR Bordeaux Wine Room CH Catalina Hall</div><div>CI Channel Islands Room (GV 3rd Floor) FC Fitness Center GR Garden Room LR Laguna Room LSL Lakeside Lounge (LV 2nd Floor) MCT Mt. Clef Terrace MDR Montecito Dining Room</div><div>SBL Santa Barbara Lounge (MV 2nd Floor) SHR Sherwood Lounge (LV 3rd Floor) SRL Santa Rosa Lounge (GV 2nd Floor) TC Tennis Courts WDR Westlake Dining Room</div></div>			
Sat	8:30 Open Tennis (TC) 9:00 Tai Chi with Kimiko (CH) 10:15 Mobility & Strengthening (1390) 11:15 Line Dancing with Sandi (CH)		The monthly calendar is subject to change. Check the portal or the weekly <i>University Update</i> for the most current events.						