



Welcome to Midtown Oaks Post-Acute

Located in the heart of East Sacramento, Midtown Oaks is the region's premier skilled nursing and post-acute rehabilitation center.

Our team of highly skilled, dedicated, and caring clinicians look forward to continuing the tradition of delivering unsurpassed quality care to everyone who enters our door. We are genuinely interested in you and your health and will do our best to ensure you have everything you need for a quick recovery. We encourage you and your family to be active participants in establishing your rehab goals and plan of care.

QUESTIONS ABOUT INSURANCE?

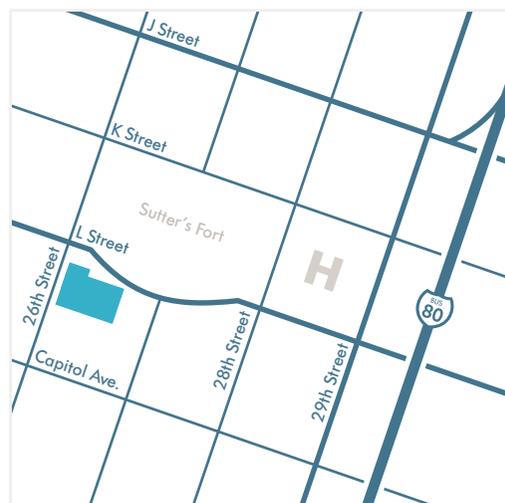
No matter what type of medical insurance you have, our financial experts will help you decipher what your plan benefits include.

COME VISIT US

Call us anytime to schedule a guided tour and complimentary therapy consultation.



Midtown Oaks Post-Acute



Midtown Oaks Post-Acute

2600 L Street, Sacramento, CA 95816

24/7 ADMISSIONS 916.730.6813

OFFICE 916.321.9440 FAX 916.321.9455

www.MidtownOaks.com

Skilled Nursing

Physical Therapy

Occupational Therapy

Speech Therapy



Experience Midtown Oaks

Midtown Oaks is a Medicare-certified skilled nursing and rehabilitation facility that serves the greater Sacramento region. We pride ourselves on our ability to offer a team of dedicated professionals who are specially trained to manage a full spectrum of healthcare needs. Our experienced healthcare team strives to help our patients reach their maximum potential in a caring and supportive environment.

Our facility is conveniently located in the heart of East Sacramento, just one block from Sutter General and a short drive from Sutter Memorial, Mercy General and UCD Med Center.

Premier Rehabilitation

A stay at Midtown Oaks begins with an evaluation by our team of physicians, therapists, nurses, social services, and other support staff. These meetings allow us to design a personalized care plan focused on returning you to your highest level of independence as quickly as possible.

Our expansive therapy gym and rehab suites offer a unique and personalized experience for patients recovering from strokes, neurological impairments, and orthopedic procedures. Rehabilitation takes place in our fully equipped therapy gym under the guidance of experienced professional therapists.

Rehab Services

- Fully staffed, In-House Physical, Occupational and Speech Therapists
- Therapy Offered 7 Days a Week as Appropriate
- Stroke and Neurological Recovery Program
- Orthopedic Rehabilitation Program
- Cardiac and Pulmonary Rehab
- Return to Home and Activities of Daily Living Re-Training Program
- Fall Prevention and Balance Re-Training Program
- Expansive Therapy Gym
- Electrical Stim, Ultrasound, TENS, Vital Stim

Skilled Nursing Services

- Registered Nurses 24 Hours / Day
- Post Surgical Care
- Pain Management
- Diabetes Care
- Certified Wound Specialists
- I.V. Hydration and Therapy
- Enteral and Total Parenteral Nutrition (TPN)
- Trach / Stoma Care
- Registered Dietitian

