November 2019

1st & 2nd Floor Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 **10:00 Individual Discovery ~Door to Door~** 11:00 Nailed It! (GR) **2:30 Karaoke Tunes with Alexa** 4:00 Book Club: The Diary of Anne Frank	**2** 10:00 Coffee Lounge 11:00 Music, Manicures, & Hand Massages **2:00 Bingo** 3:30 Mindfulness Meditation
3 10:00 Coffee Lounge 10:30 Sunday Sunrise Stretch 11:00 Heads Up! 1:00 Football Game with Jerel (GR) **2:00 Wayne & Nancy Schaeffer** Daylight Saving Time Ends	**4** 10:30 Coffee Lounge 11:00 Gentle Seated Yoga 11:30 Monday Mind Crunchers **2:30 Bingo Blast** 4:00Amenities Cart ~2nd Floor Door to Door~	**5** 10:00 Greet & Gather **10:45 Catholic Mass Prayer Service (GR)** **2:00 Piano Tunes with Bob Kaye** 4:30 Name 5	**6** 10:30 Coffee Lounge 11:00 Chair Fitness 11:30 Crossword **2:00 Cowboy Joe 1:1 Room Visits** **2:30 Creative Creations** 4:00Amenities Cart ~2nd Floor Door to Door~	**7** 10:30 Coffee Lounge 11:00 Poetry Hour **2:30 Movie Matinee & Popcorn (GR)** 4:30 Uno Tournament **5:30 Jehovah Witness Prayer Group**	**8** 10:30 Coffee Lounge 11:00 Friday Fitness 11:30 Penny Ante **2:30 Mocktails & Cheese Tasting** 4:00 Book Club: The Diary of Anne Frank	**9** 10:45 Coffee Lounge 11:00 Comedy Hour **2:30 Bingo Blast** 3:30 Music Reminisce
10 10:45 Coffee Lounge 11:00 Sunday Sunrise Stretch 1:00 Football Game with Jerel (GR) 2:30 Picture Guess	**11** 10:30 Coffee Lounge 11:00 Seated Yoga 11:30 Veterans Day Remembrance **2:30 Bingo Blast** **4**:00Amenities Cart ~2nd Floor Door to Door~ Veterans Day (US) Remembrance Day (Canada)	**12** 10:30 Coffee Lounge 11:00 Trivial Pursuit 11:30 Table Topics **2:30 National Happy Hour Day ~Mocktails~** **6:30 Pet Visits with United Methodist**	**13** 10:30 Coffee Lounge 11:00 Chair Fitness 11:30 Crossword Challenge **2:30 Creative Creations** 4:00Amenities Cart ~2nd Floor Door to Door~	**14** 10:30 Coffee Lounge 11:00 Residents Choice 2:30 Boggle 4:30 Rummy Club **5:30 Jehovah Witness Prayer Group**	**15** **10:30 Coffee Lounge** 11:00 Friday Fitness 11:30 Penny Ante **2:30 Music with Doug Phoebus** 4:00 Book Club: The Diary of Anne Frank	**16** 10:00 Coffee Lounge 11:00 Music, Manicures, & Hand Massages **2:00 Bingo Blast** 3:30 Mindfulness Meditation
17 10:00 Coffee Lounge 10:30 Sunday Sunrise Stretch 11:00 Heads Up! 1:00 Football Game with Jerel (GR) **2:30 Bowling Tournament**	**18** 10:30 Coffee Lounge 11:00 Gentle Seated Yoga 11:30 Monday Mind Crunchers **2:30 Bingo Blast** 4:00Amenities Cart ~2nd Floor Door to Door~	**19** 10:30 Coffee Lounge 11:00 Trivial Pursuit 11:30 Table Topics **2:00 Baking Club (GR)** 4:30 Name 5 **6:30 Bingo with Wesley Freedom Church**	**20** 10:30 Coffee Lounge 11:00 Chair Fitness 11:30 Crossword Challenge **2:30 Creative Creations** 4:00Amenities Cart ~2nd Floor Door to Door~	**21** 10:30 Coffee Lounge 11:00 Poetry Hour **2:00 Catholic Daughters Bingo** 4:30 Checkers Club **5:30 Jehovah Witness Prayer Group**	**22** **10:30** **Resident Council Holiday Bake Sale (GR)** **2:30 2:30 Birthday Bash with Melissa K.** 4:00 Book Club: The Diary of Anne Frank	**23** 10:45 Coffee Lounge 11:00 Comedy Hour **2:30 Bingo Blast** 3:30 Music Reminisce
24 10:45 Coffee Lounge 11:00 Sunday Sunrise Stretch 1:00 Football Game with Jerel (GR) **2:00 Hymn Sing with Doug Phoebus**	**25** 10:30 Coffee Lounge 11:00 Gentle Seated Yoga 11:30 Monday Mind Crunchers **2:30 Thanksgiving Jingo** 4:00Amenities Cart ~2nd Floor Door to Door~	**26** 10:30 Coffee Lounge 11:00 Trivial Pursuit 11:30 Table Topics **2:30 Ice Cream Sundaes** 4:30 Scrabble Club **6:45 Crafts with Church of Nazarene**	**27** 10:30 Coffee Lounge 11:00 Chair Fitness 11:30 Crossword Challenge **2:00 Resident Council Meeting (GR)** 4:00Amenities Cart ~2nd Floor Door to Door~	**28** **Happy Thanksgiving** **9:00 Macy's Thanksgiving Parade** 10:00 Coffee Lounge **1:00 Football Game Party with Chips & Dip (GR)** Thanksgiving Day (US)	**29** **10:30 Coffee Lounge** 11:00 Friday Fitness 11:30 Penny Ante **2:30 Holiday Special: Jumpin' Joe Motown Music** 4:00 Book Club: The Diary of Anne Frank	**30** 10:00 Coffee Lounge 11:00 Music, Manicures, & Hand Massages **2:00 Bingo** 3:30 Mindfulness Meditation

Birch Manor Healthcare Center, LLC 7309 2nd Avenue, Sykesville MD21784 ~Calendar Subject to Change~ Key: (GR) Game Room, (1st Floor) Dining Room