

# Welcome to Canyon Springs Post-Acute Care

Located in San Jose next to Regional
Medical Center, Canyon Springs Post-Acute
is the region's premier skilled nursing and
post-acute rehabilitation center.

Our team of highly skilled, dedicated, and caring clinicians look forward to continuing the tradition of delivering unsurpassed quality care to everyone who enters our door. We are genuinely interested in you and your health and will do our best to ensure you have everything you need for a quick recovery. We encourage you and your family to be active participants in establishing your rehab goals and plan of care.

#### **INSURANCE WE ACCEPT**

Below is a list of accepted insurance. If a plan is not listed, please contact us.

Medicare Blue Cross Medi-Cal MediConnect

Alignment Care1st Health Plan

On Lok Santa Clara

**TRICARE** 

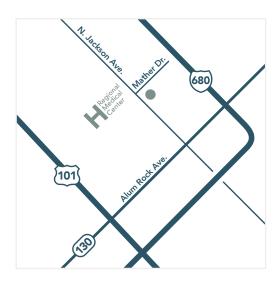
Family Health Plan

### **LANGUAGES SPOKEN**

English, Spanish, Tagalog, Vietnamese, Hindi, German, Cantonese, Mandarin.

#### **COME VISIT US**

Call us anytime to schedule a guided tour and complimentary therapy consultation.





180 N. Jackson Avenue, San Jose, CA 95116 phone: 408.259.8700 | fax: 408.259.2343 CanyonSpringsPostAcute.com Skilled Nursing • Physical Therapy

Occupational Therapy • Speech Therapy



# Experience Canyon Springs Post-Acute Care

Canyon Springs Post-Acute is a Medicare-certified skilled nursing and rehabilitation facility that serves the greater Peninsula region. We pride ourselves on our ability to offer a team of dedicated professionals who are specially trained to manage a full spectrum of healthcare needs. Our experienced healthcare team strives to help our patients reach their maximum potential in a caring and supportive environment.

Our facility is conveniently located in San Jose, next to Regional Medical Center, and a short drive to Santa Clara Valley Medical Center, O'Connor Hospital, and other major hospitals.

## Premier Rehabilitation

A stay at Canyon Springs Post-Acute begins with an evaluation by our team of physicians, therapists, nurses, social services, and other support staff. These meetings allow us to design a personalized care plan focused on returning you to your highest level of independence as quickly as possible.

Our expansive therapy gym and rehab suites offer a unique and personalized experience for patients recovering from strokes, neurological impairments, and orthopedic procedures. Rehabilitation takes place in our fully equipped therapy gym under the guidance of experienced professional therapists.

### **Rehab Services**

- Fully staffed, In-House Physical,
   Occupational and Speech Therapists
- Therapy Offered 7 Days a Week as Appropriate
- Stroke and Neurological Recovery Program
- Orthopedic Rehabilitation Program
- Cardiac and Pulmonary Rehab
- Return to Home and Activities of Daily Living Retraining Program
- Fall Prevention and Balance Retraining Program
- Expansive Therapy Gym
- Postamputation Care and Rehab

## **Skilled Nursing Services**

- Registered Nurses 24 Hours / Day
- Postsurgical Care
- Pain Management
- Diabetes Care
- Certified Wound Specialists
- I.V. Hydration and Therapy
- Enteral and Total Parenteral Nutrition (TPN)
- Trach / Stoma Care
- Registered Dietitian