













December













SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 10:00-11:00 Horse Racing U2 11:00-1:00 Dining Room 2:00 Horse Racing U1
2 9:00-10:00 Trivia U3B 10:00-11:15 Trivia U1 White Christmas presale for residents 11:00-12:00 White Christmas 12:00-4:00	3 9:30 Senior Solar Fitness U2 9:45 Senior Chair Yoga U1 10:00 Senior Solar Fitness U3B 10:30 Bible Study U1 Dining Room 1:15 - 5:00 Mail Pass 2:30 Mass Fr Chester 4:00 Afternoon Social Hour U1 4:00 Afternoon Social Hour U2	4 9:30 Kickball Exercise U2 9:45 Senior Chair Yoga U1 10:00 Senior Solar Fitness U3B 10:30 Horse Racing U1 and U2 1:15 - 5:00 Mail Pass 2:30 Seasonal Painting with Loretta 3:30 Joan's Chair Yoga U2 4:00 Afternoon Social Hour U1 4:00 Afternoon Social Hour U2	5 9:30 Senior Solar Fitness U2 9:45 Senior Chair Yoga U1 10:00 Senior Solar Fitness U3B 10:30 Rosary 1:15 - 5:00 Mail Pass 1:30 Resident Council U1 w/ Laurie our Ombudsman 2:30 Book Club U1 4:00 Afternoon Social Hour U1 4:00 Afternoon Social Hour U2	6 9:30 Kickball Exercise U2 9:45 Senior Chair Yoga U1 10:00 Senior Solar Fitness U3B 10:30 Church w/Linda Ottman 1:15 - 5:00 Mail Pass 1:30 Sweet Treats 2:30-3:30 Quabog Students to Perform on U3A and U3B 3:00 Card Games U1 & U2 4:00 Afternoon Social Hour U1 4:00 Afternoon Social Hour U2	7 9:45 Chimes Rehearsal 10:45 Chimes Rehearsal 9:30 Senior Solar Fitness U3B 1:15 - 5:00 Mail Pass 2:30 Bingo 4:00 Afternoon Social Hour U1 4:00 Afternoon Social Hour U2 	8 10:00-11:00 Horse Racing U2 11:00-1:00 Dining Room 1:30 Pilgrim Baptist Church to sing Christmas Carols with the residents on U1 and U2 
9 9:00-10:00 Trivia U3B 10:00-11:15 Trivia U1 2:00 Trivia & Whoopie U2	10 9:30 Senior Solar Fitness U2 9:45 Senior Chair Yoga U1 10:00 Senior Solar Fitness U3B 10:30 Hot Chocolate with a Craft U1 1:15 - 5:00 Mail Pass 2:30 Mass Fr Jakaubaskas 4:00 Afternoon Social Hour U1 4:00 Afternoon Social Hour U2 	11 9:30 Kickball Exercise U2 9:45 Senior Chair Yoga U1 10:00 Senior Solar Fitness U3B 10:30 Horse Racing U1 and U2 1:15 - 5:00 Mail Pass 2:30 Music w/ Gary Landgren 3:30 Joan's Chair Yoga U2 4:00 Afternoon Social Hour U1 4:00 Afternoon Social Hour U2	12 9:30 Senior Solar Fitness U2 9:45 Senior Chair Yoga U1 10:00 Senior Solar Fitness U3B 10:30 Rosary 1:15 - 5:00 Mail Pass 2:15 "Tri M" Carolers U1 4:00 Afternoon Social Hour U1 4:00 Afternoon Social Hour U2	13 9:30 Kickball Exercise U2 9:45 Senior Chair Yoga U1 10:00 Senior Solar Fitness U3B 10:30 Church with Pastor Rondeau with children from his church 1:15 - 5:00 Mail Pass 1:30 Sweet Treats 3:00 Card Games U1 & U2 4:00 Afternoon Social Hour U1 4:00 Afternoon Social Hour U2	14 9:30 Senior Solar Fitness U2 9:45 Senior Chair Yoga U1 9:30 Senior Solar Fitness U3B 1:15 - 5:00 Mail Pass 2:00-3:30 Holiday Chimes Concert 4:00 Afternoon Social Hour U1 4:00 Afternoon Social Hour U2 	15 10:00-11:00 Horse Racing U2 11:00-1:00 Dining Room 2:00 Horse Racing U1
16 9:00-10:00 Trivia U3B 10:00-11:15 Trivia U1 2:00 Biker's Caroling Group Unit 1 Dining Room	17 9:30 Senior Solar Fitness U2 9:45 Senior Chair Yoga U1 10:00 Senior Solar Fitness U3B 10:30 Spa Day on the units 1:15 - 5:00 Mail Pass 2:30 Mass w/Fr. Piotr 4:00 Afternoon Social Hour U1 4:00 Afternoon Social Hour U2	18 9:30 Kickball Exercise U2 9:45 Senior Chair Yoga U1 10:00 Senior Solar Fitness U3B 10:30 Horse Racing U1 and U2 1:15 - 5:00 Mail Pass 2:30 A Celtic Christmas w/ Dave and John for our Birthday Party 3:30 Joan's Chair Yoga U2 4:00 Afternoon Social Hour U1 4:00 Afternoon Social Hour U2 	19 9:30 Senior Solar Fitness U2 9:45 Senior Chair Yoga U1 10:00 Senior Solar Fitness U3B 10:30 Rosary 1:15 - 5:00 Mail Pass 2:30 Snowman Craft 4:00 Afternoon Social Hour U1 4:00 Afternoon Social Hour U2	20 9:30 Kickball Exercise U2 9:45 Senior Chair Yoga U1 10:00 Senior Solar Fitness U3B 10:30 Church Service w/Pastor Dawn Adams 1:30 Sweet Treats 3:00 Card Games U1 & U2 4:00 Afternoon Social Hour U1 4:00 Afternoon Social Hour U2 	21 9:30 Senior Solar Fitness U2 9:45 Senior Chair Yoga U1 9:30 Senior Solar Fitness U3B 10:30 Current Events 1:15-5:00 Mail Pass 2:30 Bingo 4:00 Afternoon Social Hour U1 4:00 Afternoon Social Hour U2	22 10:00-11:00 Horse Racing U2 11:00-1:00 Dining Room 2:00 Horse Racing U1
23 9:00-10:00 Trivia U3B 10:00-11:15 Trivia U1 2:00 Trivia & Whoopie U2	24 9:30 Senior Solar Fitness U2 9:45 Senior Chair Yoga U1 10:00 Senior Solar Fitness U3B 10:30 Bible Study U1 Dining Room 1:30-5:00 Mail Pass 2:30 Christmas with Santa  4:00 Afternoon Social Hour U1 4:00 Afternoon Social Hour U2	25 Christmas Dinner 12:00 Make your Reservations Early 	26 9:30 Senior Solar Fitness U2 9:45 Senior Chair Yoga U1 10:00 Senior Solar Fitness U3B 10:30 Rosary 1:15 - 5:00 Mail Pass 2:30 Christmas Reminisce 4:00 Afternoon Social Hour U1 4:00 Afternoon Social Hour U2	27 9:30 Kickball Exercise U2 9:45 Senior Chair Yoga U1 10:00 Senior Solar Fitness U3B 10:30 Church with Linda Ottman 1:15 - 5:00 Mail Pass 1:30 Sweet Treats 3:00 Card Games U1 & U2 4:00 Afternoon Social Hour U1 4:00 Afternoon Social Hour U2 Clothing Boutique 10:00-2:30	28 9:30 Senior Solar Fitness U2 9:30 Senior Chair Yoga U1 9:30 Senior Solar Fitness U3B 10:30 Making Ornaments on the units 1:15 - 5:00 Mail Pass 2:30 Bingo 4:00 Afternoon Social Hour U1 4:00 Afternoon Social Hour U2	29 10:00-11:00 Horse Racing U2 11:00-1:00 Dining Room 2:00 Horse Racing U1
30 9:00-10:00 Trivia U3B 10:00-11:15 Trivia U1 2:00 Trivia & Whoopie U2	31 9:30 Senior Solar Fitness U2 9:45 Senior Chair Yoga U1 10:00 Senior Solar Fitness U3B 10:30 Current Events U1 & U2 1:30-5:00 Mail Pass 2:30 New Years Eve Party! 4:00 Afternoon Social Hour U1 4:00 Afternoon Social Hour U2 					

Activities are Subject to Change



January 2014



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 	2 9:15-10:00 Exercise U2 10:00 Exercise U3B-10:45 U1 10:30 Church w/Pastor Ken 12:00 Piano Music U1 1:15-1:45 Guitar Music U3B 2:00 Snowball Throwing 3:00 Coffee Club	3 9:15-10:00 Exercise U2 10:00 Exercise U3B-10:45 U1 10:30 Current Events 2:00 Bingo 3:00 Coffee Club Afternoon Music Jam 	4 Exercise 10:30 Group Activity 3:00 Coffee Club 3:00 Movie U2 
5 Exercise Activity 10:30 2:00-Lucy 3:00 Coffee Club 	6 9:15-10:00 Exercise U2 10:00 Exercise U3B-10:45 U1 10:00 Exercise U1 10:30 Current events 2:00 Mass Fr. Galonek 3:00 Coffee Club 5:30-6:00 Piano Music U1 6:30-7:30 Music Group U2 	7 9:15-10:00 Exercise U2 10:00 Exercise U3B-10:45 U1 10:30 Horseracing 12:00 Piano Music U2 2:00 Resident Council 3:00 Coffee Club 5:30-6:00 Piano Music U1 6:30-7:30 Music & Reminiscing	8 9:15-10:00 Exercise U2 10:00 Exercise U3B-10:45 U1 10:30 Rosary 2:00 Knock Down 3:00 Coffee Club 	9 9:15-10:00 Exercise U2 10:00 Exercise U3B-10:45 U1 10:30 Church w/ Lisa 12:00 Piano Music U1 1:15-1:45 Guitar Music U3B 2:00 Crafts/Trivia 3:00 Coffee Club	10 9:15-10:00 Exercise U2 10:00 Exercise U3B-10:45 U1 2:00 Bingo 3:00 Coffee Club Afternoon Music Jam-3:30-4	11 Exercise 10:30 Group Activity 2:00 Singers w/Joan U1 3:00 Coffee Club 3:00 Movie U2
12 Exercise Activity 10:30 3:00 Coffee Club	13 9:15-10:00 Exercise U2 10:00 Exercise U3B-10:45 U1 10:30 Current Events 12:00 Piano Music U2 2:00 Mass Fr. Hartford 3:00 Coffee Club 5:30-6:00 Piano Music U1 6:30-7:30 Music Group U2	14 9:15-10:00 Exercise U2 10:00 Exercise U3B-10:45 U1 10:30 Horseracing 12:00 Piano Music U2 2:00 Birthday Party 3:00 Coffee Club 5:30-6:00 Piano Music U1 6:30-7:30 Music & Reminiscing	15 9:15-10:00 Exercise U2 10:00 Exercise U3B-10:45 U1 10:30 Rosary 2:00 Crafts/Trivia 3:00 Coffee Club 	16 9:15-10:00 Exercise U2 10:00 Exercise U3B-10:45 U1 10:30 Church w/Rondeau 12:00 Piano Music U1 1:15-1:45 Guitar Music U3B 2:00 PE-KE-NO 3:00 Coffee Club	17 9:15-10:00 Exercise U2 10:00 Exercise U3B-10:45 U1 2:00 Bingo 3:00 Coffee Club Afternoon Music Jam-3:30-4 	18 Exercise 10:30 Group Activity 2:00 Singers with Joan U1 3:00 Coffee Club 3:00 Movie U2
19 Exercise Activity 10:30 3:00 Coffee Club	20 9:15-10:00 Exercise U2 10:00 Exercise U3B-10:45 U1 10:30 Current Events 12:00 Piano Music U2 2:00 Mass Fr. Fitzgerald 3:00 Coffee Club 5:30-6:00 Piano Music U1 6:30-7:30 Music Group U2	21 9:15-10:00 Exercise U2 10:00 Exercise U3B-10:45 U1 10:30 Horseracing 12:00 Piano Music U2 2:00 Baking 3:00 Coffee Club 	22 9:15-10:00 Exercise U2 10:00 Exercise U3B-10:45 U1 10:30 Rosary 2:00 Who Dunnit 3:00 Coffee Club	23 9:15-10:00 Exercise U2 10:00 Exercise U3B-1:45 U1 10:00 Church/Linda Ottman 12:00 Piano Music U1 1:15-1:45 Guitar Music U3B 2:00 Bowling 3:00 Coffee Club 	24 9:15-10:00 Exercise U2 10:00 Exercise U3B-10:45 U1 2:00 Bingo 3:30-4 Afternoon Music Jam 3:00 Coffee Club	25 Exercise 10:30 Group Activity 2:00 Singers with Joan U1 3:00 Coffee Club 3:00 Movie U2
26 Exercise Activity 10:30 3:00 Coffee Club	27 9:15-10:00 Exercise U2 10:00 Exercise U3B-10:45 U1 10:30 Current Events 12:00 Piano Music U2 2:00 Trivia 3:00 Coffee Club 5:30-6:00 Piano Music U1 6:30-7:30 Music Group U2	28 9:15-10:00 Exercise U2 10:00 Exercise U3B-10:45 10:30 Horseracing 12:00 Piano Music U2 2:00 Happy Hour 3:00 Coffee Club 5:30-6:00 Piano Music U1 6:30-7:30 Music Group U2	29 9:15-10:00 Exercise U2 10:00 Exercise U3B-10:45 U1 10:30 Rosary 2:00 Whats My Line 3:00 Coffee Club	30 9:15-10:00 Exercise U2 10:00 Exercise U3B- 1:45 U1 12:00 Piano Music U1 1:15-1:45 Guitar Music U3B 2:00 Bowling	31	