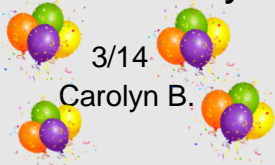
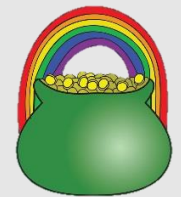
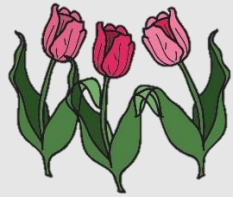






# March 2019

## INDEPENDENCE MANOR CARE CENTER

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>March Birthdays</b>  3/14 Carolyn B.	<b>Notes:</b> All activities take place in your dining room unless otherwise noted. (B)=Back Dining Room; (F)=Front Dining Room (QR)=Quiet Room; (BP)=Back Patio <b>Monday's at 11:00: 1:1s and Small Groups (B)</b> <i>All activities are subject to change and are weather dependent.</i>				<b>1</b> 9:30 Fitball (F) 10:15 Sittercize (B) 2:00 Jeopardy (F) 3:00 Roll-A-Word (B)	<b>2</b> 10:00 High Rollers (F) 10:-00-12:00 One-to-Ones & Small Groups (B) 1:30 Show & Share Your Treasures (F)
<b>3</b> 11:00 Worship with Kevin & Amy (F) 2:00 Cards with Marty & Peggy (F)	<b>4</b> 10:00 Sittercize (F) Bowling (B) 11:00 Be Happy Class: -Savor (F) 2:00 Bingo (B) 3:00 Sing-Along Rosary (QR)	<b>5</b> <i>Mardis Gras</i> 9:30 Music & Movement (F) 10:15 Sittercize (B) 11:00 Adult Coloring 2:00 Fancy Nails 3:15 Pancake Party (F)	<b>6</b> <i>Ash Wednesday</i> 10:00 Sittercize (F) Balloon Volley (B) 11:00 Blessing of the Ashes (QR) <b>2:00 New Hope Baptist Church (F)</b> 3:00 Snake Eyes 7:00 Karaoke Night (F)	<b>7</b> 9:30 Resist & Stretch (F) 10:15 Sittercize (B) 2:00 Bingo (F) <b>Reading w/ Sam (B)</b> 3:00 Cranium Crunches (F) Puzzle Time (B)	<b>8</b> 9:30 Sittercize (F) 10:15 Fitball (B) 2:00 Joy of Painting Club (F) Adult Coloring (B) 3:00 Cooking: Peanut Clusters (F)	<b>9</b> 10:00 Candy Bingo (B) 11:00 One-to-Ones & Small Groups (B) 1:30 Jigsaw Puzzles (F)
<b>10</b> <i>Daylight Savings</i> 11:00 Worship with Kevin & Amy (F) 2:00 Cards with Marty & Peggy (F)	<b>11</b> 10:00 Music & Movement (F) Sittercize (B) 11:00 Be Happy Class: -Relationships (F) 2:00 Bingo (B) 3:00 Sing-Along Rosary (QR)	<b>12</b> <b>10:00 Music w/ Michelle Hawkins (F)</b> 11:00 Adult Coloring 2:00 Fancy Nails 3:15 Gardening: Seed Starters 	<b>13</b> <b>10:00 Bible Study with Mary Linda (F)</b> Sittercize (B) 2:00 High Rollers 3:00 Community Cookbook (F) 7:00 Keno Bingo (F)	<b>14</b> 9:30 Sittercize (F) 10:15 Music & Motion Sing-Along (B) 2:00 Bingo (F) <b>Reading w/ Sam (B)</b> 3:00 Gone Camping (B)	<b>15</b> 9:30 Fitball (F) 10:15 Sittercize (B) <b>Lunch: Fast Food Friday Back Yard Burger</b> 2:00 Dot-to-Dots 3:00 Craft: Ribbon Shamrock Pins (B)	<b>16</b> 10:00 High Rollers (F) 10:00-12:00 One-to-Ones & Small Groups (B) <b>1:30 Shamrock Shindig (F)</b> 
<b>17</b> <i>St. Patrick's Day</i> 11:00 Worship with Kevin & Amy (F) 2:00 Cards with Marty & Peggy (F)	<b>18</b> 10:00 Sittercize (F) Bowling (B) 11:00 Be Happy Class: -Optimism (F) 2:00 Bingo (B) 3:00 Sing-Along Rosary (QR)	<b>19</b> 10:00 Music & Movement (F) Sittercize (B) 11:00 Adult Coloring 2:00 Fancy Nails 3:15 Tech Time (F)	<b>20</b> <i>Spring Begins</i> 10:00 Sittercize (F) Chair Yoga (B) 11:00 Blowing Bubbles (BP) <b>2:00 New Hope Baptist Church (F)</b> 3:00 High Rollers 7:00 Karaoke Night (F)	<b>21</b> 9:30 Resist & Stretch (F) 10:15 Sittercize (B) <b>2:00 Bingo with One Community (F)</b> <b>Reading w/ Sam (B)</b> 3:00 Craft: Flying Spring Birds (B)	<b>22</b> 9:30 Sittercize (F) 10:15 Fitball (B) 2:00 Happy Hour (F) 3:00 Did You Know? – All About Crosswords (F)	<b>23</b> 10:00 Jigsaw Puzzles (F) 10:-00-12:00 One-to-Ones & Small Groups (B) 1:30 Puppies & Kittens
<b>24</b> 11:00 Worship w/ Kevin & Amy (F) 2:00 Cards w/ Marty & Peggy (F)	<b>25</b> <b>10:00 Music with Gino (F)</b> 11:00 Be Happy Class: -Kindness (F) 2:00 Bingo (B) 3:00 Sing-Along Rosary (QR)	<b>26</b> <b>10:00 Resident Council (F)</b> Balloon Volley (B) 11:00 Adult Coloring 2:00 Fancy Nails 3:15 Fondue Fun (F)	<b>27</b> <b>10:00 Bible Study with Mary Linda (F)</b> Sittercize (B) 2:00 High Rollers 3:00 Community Cookbook (F) 7:00 Keno Bingo (F)	<b>28</b> <i>Royals Home Opener</i> 9:30 Sittercize (F) 10:15 Resist & Stretch (B) 2:00 Bingo (F) <b>Reading w/ Sam (B)</b> 3:00 Royals Watch Party (B) 	<b>29</b> 9:30 Fitball (F) 10:15 Sittercize (B) 2:00 Rob the Table (F) 3:00 Have a Coke and a Smile (B) 	<b>30</b> 10:00 High Rollers (F) 10:00-12:00 One-to-Ones & Small Groups (B) <b>1:30 Family Game Day (F)</b>
<b>31</b> 11:00 Worship w/ Kevin & Amy (F) 2:00 Cards w/ Marty & Peggy (F)						