

Welcome to East Bay Post-Acute Healthcare Center

Located in Castro Valley next to Sutter Eden Medical Center, East Bay Post-Acute is the region's premier skilled nursing and post-acute rehabilitation center.

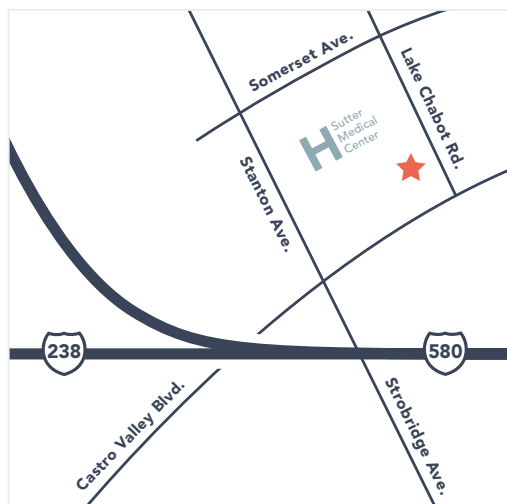
Our team of highly skilled, dedicated, and caring clinicians look forward to continuing the tradition of delivering unsurpassed quality care to everyone who enters our door. We are genuinely interested in you and your health and will do our best to ensure you have everything you need for a quick recovery. We encourage you and your family to be active participants in establishing your rehab goals and plan of care.

QUESTIONS ABOUT INSURANCE?

No matter what type of medical insurance you have, our financial experts will help you decipher what your plan benefits include.

COME VISIT US

Call us anytime to schedule a guided tour and complimentary therapy consultation.



East Bay Post-Acute

20259 Lake Chabot Rd. Castro Valley, CA 94546
main 510.351.3700 | fax 510.690.9184
admissions 510.407.7763

www.EastBayPostAcute.com



Skilled Nursing • Physical Therapy
Occupational Therapy • Speech Therapy



Experience East Bay Post-Acute

East Bay Post-Acute is a Medicare-certified skilled nursing and rehabilitation facility that serves the greater East Bay region. We pride ourselves on our ability to offer a team of dedicated professionals who are specially trained to manage a full spectrum of healthcare needs. Our experienced healthcare team strives to help our patients reach their maximum potential in a caring and supportive environment.

Our facility is conveniently located in Castro Valley, next to Sutter Eden Medical Center and a short drive from San Leandro Hospital, St. Rose Hospital, Kindred-San Leandro, and Alta Bates Summit Medical Center.

Premier Rehabilitation

A stay at East Bay Post-Acute begins with an evaluation by our team of physicians, therapists, nurses, social services, and other support staff. These meetings allow us to design a personalized care plan focused on returning you to your highest level of independence as quickly as possible.

Our expansive therapy gym and rehab suites offer a unique and personalized experience for patients recovering from strokes, neurological impairments, and orthopedic procedures. Rehabilitation takes place in our fully equipped therapy gym under the guidance of experienced professional therapists.

Rehab Services

- Fully staffed, In-House Physical, Occupational and Speech Therapists
- Therapy Offered 6 Days a Week as Appropriate
- Stroke and Neurological Recovery Program
- Orthopedic Rehabilitation Program
- Cardiac and Pulmonary Rehab
- Return to Home and Activities of Daily Living Retraining Program
- Fall Prevention and Balance Retraining Program
- Expansive Therapy Gym

Skilled Nursing Services

- Registered Nurses 24 Hours / Day
- Post Surgical Care
- Pain Management
- Diabetes Care
- Certified Wound Specialists
- I.V. Hydration and Therapy
- Enteral and Total Parenteral Nutrition (TPN)
- Trach / Stoma Care
- Registered Dietitian



Therapy Services

- Physical Therapy
- Occupational Therapy
- Speech Therapy
- Specialize in Orthopedic and Stroke Patients
- Offer Vestibular Testing

Skilled Nursing

- 24/7 Skilled Nursing Care
- Wound Management
- IV Therapy
- Tube Feeding
- Wound Vacs
- TPN
- Diabetic Management



20259 Lake Chabot Rd.
Castro Valley, CA 94546
phone 510.351.3700
fax 510.619.7691
EastBayPostAcute.com

Post-Acute Recovery Program

Take charge of your patient's post-surgical care by referring them to a no-cost pre-surgery consultation at East Bay Post-Acute.

A visit to our facility prior to surgery can help ease tensions and ensure an optimal recovery through advanced planning and preparation. During his or her visit each patient will receive:

- A comprehensive recovery consultation regarding his or her post-surgical rehabilitation and nursing needs
- A comprehensive facility tour
- Introductions to our therapy and nursing teams
- A reservation in one of our semi-private suites
- A consultation with our discharge planner
- Assistance with pre-admission documentation

After your patient's visit, we will contact you to discuss specific recovery protocols and will notify the appropriate staff at the hospital that they have pre-registered at East Bay Post-Acute. We provide post-surgical care for — but are not limited to — knee replacement, hip replacement, shoulder replacement, and spinal surgery.

Referring to East Bay Post-Acute is easy with our complimentary patient referral pads. Contact our Admissions Department at 510.407.7763 to get started or to request additional pads.