

## The right choice to get **READY FOR HOME**

Let our **Center for Short-term Rehabilitation** at Laurel Ridge help you feel your strongest after surgery or a hospital stay.

Our goal is to get you home just as soon as you are ready.



*“Thank you to Laurel Ridge for the nursing care of my husband. All of the nurses were professional and exercised so much patience with him. This was his second stay with Laurel Ridge, the first surgery was easy but this time now the road was very bumpy. He was home sick, but the nurses and CNA’s always made sure he was happy so he could rehab better to get home again. Thank you.”*

*-M.N. former family member*

## **Pre-Bookings Welcome**

We encourage patients with scheduled surgeries to pre-book your stay at Laurel Ridge. Tour our center, meet our team, and become familiar with all that we offer in recovery care. Pre-bookings allow you to enjoy a stress-free transition after your surgery. We will work with your surgeon and primary care physician to learn details of your condition and post-operative goals, for a truly personalized approach that gets you ready for home.

## **CALL TODAY TO PRE-BOOK YOUR STAY.**

*Laurel Ridge is a part of Ascentria Care Alliance, a faith-based non-profit organization that provides a variety of social service residential and community-based programs throughout New England. The Center is under the management of Sheehan Health Group, known for their innovative settings and commitment to the highest standards of care and service. Both Ascentria Care Alliance and Sheehan Health Group are committed to providing the seniors of Jamaica Plain and the surrounding communities with the highest level of care in a quality setting they deserve.*



Ascentria  
CARE ALLIANCE  
[www.ascentria.org](http://www.ascentria.org)



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# **Center for Short-term Rehabilitation at**



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## REHABILITATION SERVICES

- Specialized focus in: Orthopedic, Stroke and Neurological, Cardiac and Pulmonary Rehabilitation
- Post-surgical Recovery Care
- Physical, Occupational and Speech-Language Therapies available seven days per week
  - One-on-one therapy sessions by therapists specializing in total joint rehabilitation and the latest treatments
  - Ambulation and endurance training
  - Adaptive equipment and wheelchair position education
  - Retraining in activities of daily living
  - Cognitive retraining
  - Low vision rehabilitation
  - Home evaluations and discharge preparation with family/patient education
- Fully equipped rehab gym with kitchenette and the latest modality devices
- Social Services and Case Management discharge planning for your return home

## SKILLED NURSING SERVICES

- Dedicated Medical Director leadership
- 24-hour Skilled Nursing Care
- Wound and Skin Care Management
- Pain Management
- Diabetic Management and Teaching
- Cardiac Management with specialty education
- Stroke treatment and management
- Vascular/Amputee Management and Rehabilitation
- Enteral Feeding Therapy and Nutrition Management
- Renal Care with available off-site dialysis
- IV Therapy
- Oxygen Therapy and Pulmonary Management



## SETTING OUR CARE APART

- **Resident Service Liaison** or designated Admissions Department staff, providing concierge services and daily check-ins to ensure patient satisfaction, comfort, and that all requests are met
- **Classic and Contemporary Cuisine offerings** to meet our patients' expectations
- **Designated Unit**, providing a warm atmosphere with spacious patient rooms and amenities such as cable television, private phone, and WiFi access

We support the emotional and physical recovery of our patients, through dining, activities, and amenities that offer an encouraging setting and make it easy to stay connected to family and friends.

Our team is the heart of the care we deliver. Each and every person you'll meet is focused on your recovery and goals.

PLEASED TO  
OFFER OUR HISPANIC  
AND LATINO WELCOME  
PROGRAM