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We know this is a difficult time for everyone. We will continue to provide you with resources as they become available. Please know that we are strictly adhering to all directions from the local and state health department.

Resource Links

[City of Frederick](#)

[Frederick Health Department](#)

[Maryland Department of Health](#)

We know that you may have questions and we encourage you to contact our center. You may also contact us via email at **Covidquestions@citizensnf.com** with any further questions.

Please visit the Centers for **[Disease Control and Prevention \(CDC\) website](#)** to learn how you can help prevent the spread in our community.