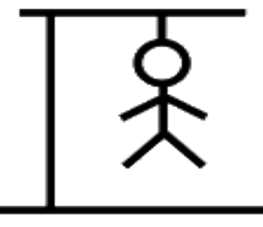
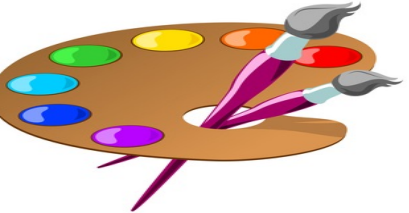
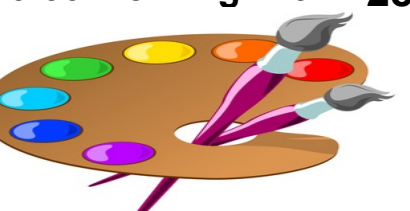


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
December 2020 EASTCHESTER REHABILITATION AND HEALTH CARE CENTER		10:30 Riddle Me This 1  2:30 PM Bingo 6:30 Evening Flick CH-3	10:30 Chair Exercise 2  2:30 Tree trimming party 6:30 Wheel of Fortune	10:30 Coffee Convos 3 2:30 PM Bingo  6:00 Evening Movie Ch3	10:30 Hang man 4  2:30 PM Happy Hour 6:30 Friday Cinema Ch3	10:00 AM Joel Osteen 5 Ministry on Channel # 3 10:30 AM Morning Visit 2:00 PM Soul Music on Channel # 3 2:30 PM Afternoon Room Visits 4:30 Evening MovieCH3
10:00 Catholic Mass 6 on Channel # 3 10:30 AM Morning Visit 2:00 PM Movie on Channel # 3 2:30 Room Visits 4:30 Slow Jams CH-3	10:30 Family Feud 7 2:30 Afternoon Spa  6:30 Evening Flick CH-3	10:30 Guess the word 8 2:30 PM Bingo  6:30 Evening Flick CH-3	10:30 Jewelry Making 9 2:30 Wheel of Fortune  6:30 Family Feud Ch3	10:30 Learn to Draw 10 2:30 Happy Hanukkah  Hanukkah Begins	10:30 Find the Difference 11 2:30 PM Happy Hour 	10:00 AM Joel Osteen12 Ministry on Channel # 3 10:30 AM Morning Visit 2:00 PM Soul Music on Channel # 3 2:30 PM Afternoon Room Visits 4:30 Evening MovieCH3
10:00 Catholic Mass 13 on Channel # 3 10:30 AM Morning Visit 2:00 PM Movie on Channel # 3 2:30 PM Afternoon Room Visits 4:30 Slow Jams CH-3	10:30 Wii Games 14 2:30 Deal or No Deal  6:30 Evening Flick CH-3	10:30 Dear Abby 15 2:30 PM Bingo  6:00 Evening Movie Ch3	10:30 Morning Yoga 16  2:30 Cooking Club 6:30 Wheel of Fortune Ch3	10:30 Hot Coco and Matinee Movie 17 2:30 Birthday Party  6:00 Evening Movie Ch3	10:30 Am Painting 18  2:30 PM Happy Hour 6:30 Friday Cinema Ch3	10:00 AM Joel Osteen19 Ministry on Channel # 3 10:30 AM Morning Visit 2:00 PM Soul Music on Channel # 3 2:30 PM Afternoon Room Visits 4:30 Evening MovieCH3
10:00 Catholic Mass 20 on Channel # 3 10:30 AM Morning Visit 2:00 PM Movie on Channel # 3 2:30 Room Visits 4:30 Slow Jams CH-3	10:30 Travel Club 21  2:30 Free style 6:30 Evening Flick CH-3 Winter Begins	10:30 Holiday Trivia 22 2:30 PM Bingo  6:00 Evening Movie Ch3	10:30 Name Da' Tune23 2:30 Cooking Club Cookies for Santa 	10:30 Flap Jacks 24 2:30 Christmas Party  6:30 A Christmas Story.	10:30 Christmas Song25 2:30 Christmas Day Social with Ariel.  Christmas	10:00 AM Joel Osteen26 Ministry on Channel # 3 10:30 AM Morning Visit 2:00 PM Soul Music on Channel # 3 2:30 PM Afternoon Room Visits 4:30 Evening MovieCH3 Kwanzaa Begins
10:00 Catholic Mass 27 on Channel # 3 10:30 AM Morning Visit 2:00 PM Movie on Channel # 3 2:30 Room Visits 4:30 Slow Jams CH-3	10:30 Morning Art 28  2:30 New year new me 6:30 Evening Flick CH-3	10:30 Residents' Council Meeting 29  2:30 PM Bingo 6:00 Evening Movie Ch3	10:30 Faces & Places30 2:30 Bingo Store  6:00 Evening Movie Ch3	10:30 New years Resolutions 31 2:30 New Year's Eve Party  New Year's Eve	Happy Birthday to all of those born on December Soto .V z12/1 Biti .H 12/31 Bowles .C 12/28 Cascione .G 12/7 Murrain .R 12/7 Varana .P 12/1 Negron .E 12/2 Alicea .R 12/5 Duhaney .L 12/21 Barrett .E 12/21 Beckford .N 12/19 Poplofsky .H 12/25 Grossman .M 12/23 Martinez. H 12/29 Castro .R 12/4	

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

December 2020

EASTCHESTER REHABILITATION AND HEALTH CARE CENTER

10:00 AM Story Time 1

2:30 PM Hand Massage
3:30 Family Video Call
6:30 Tuesday Musical

10:00 AM Sensory Stimulation 2

2:30 Family Video Calls
6:30 Wheel of Fortune

10:30 AM Music 3
2:30 PM Ladies Club

with Jocelyn
6:30 Evening Jams

10:00 AM Sensory Stimulation 4
2:30 PM Arts & Crafts

3:30 Family Video Call

10:00 AM Joel Osteen 5
Ministry on Channel # 3
10:30 AM Morning Visit
2:00 PM Soul Music on Channel # 3
2:30 PM Afternoon Room Visits
4:30 Evening MovieCH3

10:00 Catholic Mass 6
on Channel # 3
10:30 AM Morning Visit
2:00 PM Movie on Channel # 3
2:30 Room Visits
4:30 Slow Jams CH-3

10:00 AM Sensory Stimulation 7
2:30 Pamper & Polish

6:30 Evening Flick Ch 3

10:00 Sensory-Stimuli 8
2:30 Music Reminisce

6:30 Tuesday Musical

10:30 AM Reminisce 9
2:30 PM You Be The DJ
3:30 PM Afternoon Movie on Channel # 3
6:30 6:30 Wheel of Fortune on Channel # 3

10:00 AM Story Time 10

2:30 PM Hand Massage
2:30 Hanukkah Celebration
Hanukkah Begins

10:00 AM Story Time 11
2:30 Hand Massage

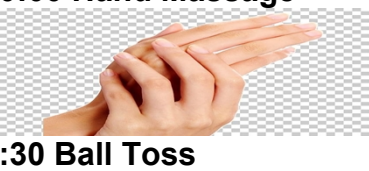
3:30 Family Video Call
6:30 Destination Travel on Channel # 3

10:00 AM Joel Osteen 12
Ministry on Channel # 3
10:30 AM Morning Visit
2:00 PM Soul Music on Channel # 3
2:30 PM Afternoon Room Visits
4:30 Evening MovieCH3

10:00 Catholic Mass 13
on Channel # 3
10:30 AM Morning Visit
2:00 PM Movie on Channel # 3
2:30 PM Afternoon Room Visits
4:30 Slow Jams CH-3

10:30 AM Morning Exercise 14
2:30 Hand Massage

6:30 Evening Flick on Channel # 3

10:00 Hand Massage 15

2:30 Ball Toss
3:30 Family Video Call
6:30 Tuesday Musical on Channel # 3

10:30 Activity Cart 16
2:30 PM Music/Coloring

6:30 Wheel of Fortune on Channel # 3

10:00 Sens. Stimulation 17
2:30 Birthday Party

6:00 Evening Movie Ch3

10:00 AM Sensory Stimulation 18
2:30 Spa/Pamper

6:30 Destination Travel on Channel # 3

10:00 AM Joel Osteen 19
Ministry on Channel # 3
10:30 AM Morning Visit
2:00 PM Soul Music on Channel # 3
2:30 PM Afternoon Room Visits
4:30 Evening MovieCH3

10:00 Catholic Mass 20
on Channel # 3
10:30 AM Morning Visit
2:00 PM Movie on Channel # 3
2:30 Room Visits
4:30 Slow Jams CH-3

10:00 AM Sensory Stimulation 21

2:30 PM Story Time
6:30 Evening Flick on Channel # 3

10:00 AM Sensory Stimulation 22
2:30 PM Story Time

3:30 Family Video Call
6:30 Tuesday Musical on Channel # 3

10:30 Activity Cart 23

2:30 PM You Be The DJ
6:30 Wheel of Fortune on Channel # 3

10:30 Table Games 24
2:30 Christmas Party
1st Floor Day Room

6:30 A Christmas Story.

10:30 Holly Jolly Art 25
2:30 Christmas Day Social with Ariel.

The Year We Stayed Home Christmas

10:00 AM Joel Osteen 26
Ministry on Channel # 3
10:30 AM Morning Visit
2:00 PM Soul Music on Channel # 3
2:30 PM Afternoon Room Visits
4:30 Evening MovieCH3
Kwanzaa Begins

10:00 Catholic Mass 27
on Channel # 3
10:30 AM Morning Visit
2:00 PM Movie on Channel # 3
2:30 PM Afternoon Room Visits
4:30 Slow Jams CH-3

10:00 AM Hand Massage 28
2:30 PM Ball Toss

6:30 PM Evening Flick on Channel # 3

10:30 Residents' Council Meeting 29

2:30 PM Bingo
6:00 Evening Movie Ch3

10:30 AM Puzzles 30
2:30 Bingo Store

6:00 Evening Movie

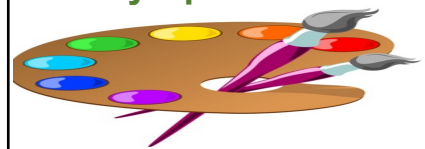
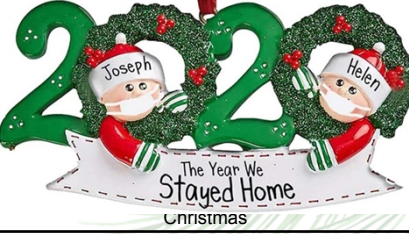
10:30 Activity Cart 31
2:30 New Year's Eve Party


Happy Birthday to all of those born on December

Soto .V	12/1	Castro.R	12/4
Biti .H	12/31	Duhaney .L	12/21
Bowles .C	12/28	Barrett .E	12/21
Cascione .G	12/7	Beckford .N	12/19
Murray .R	12/7	Poplofsky .H	12/25
Varana .P	12/1	Grossman .M	12/23
Negron .E	12/2	Martinez .H	12/29
Alicea. R	12/5		

Activity Leader: Jocelyn Cabral 2nd Floor

ALL PROGRAMS ARE SUBJECT TO CHANGE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
December 2020  HAPPY HOLIDAYS!		10:30 AM Morning Stretches/Seated Ex. 2:30 PM Bingo  6:00 Evening Movie Ch3	2 10:30 AM Morning Stretches 2:30 Name that Tune  6:30 Wheel of Fortune Ch3	3 10:30 AM Morning Stretches/Seated Yoga 2:30 PM Bingo  6:00 Evening Movie Ch3	4 10:30 AM Friday Trivia  2:30 PM Happy Hour 6:30 Friday Cinema Ch3	5 10:00 AM Movie on Channel 3 10:30 Morning Visits 2:00 PM Afternoon Movie on Channel 3 2:30 PM Afternoon Room Visits
6 10:30 AM Catholic Mass on Channel 3 10:30 AM Morning Visits 2:00 PM Afternoon Movie on Channel 3 2:30 PM Afternoon Room Visits	7 10:30 Morning Stretch & Positive Affirmations 2:30 PM Coloring: Holiday Spirits  6:30 Evening Flick CH-3	8 10:30 AM Morning Stretches/Seated Yoga 2:30 PM Bingo  6:30 Evening Flick CH-3	9 10:30 Morning Stretch Daily Chronicles 2:30 Music Reminiscing  6:30 Family Feud Ch3	10 10:30 AM Morning Stretches/ Chair Ex. 2:30 Happy Hanukkah  Hanukkah Begins 6:00 Evening Movie Ch3	11 10:30 AM Coffee Cart 2:30 Table Games  6:30 Friday Cinema Ch3	12 10:00 AM Movie on Channel 3 10:30 Morning Visits 2:00 PM Afternoon Movie on Channel 3 2:30 PM Afternoon Room Visits
13 10:30 AM Catholic Mass on Channel 3 10:30 AM Morning Visits 2:00 PM Afternoon Movie on Channel 3 2:30 PM Afternoon Room Visits	14 10:30 AM Morning Stretches/Seated Yoga  2:30 PM Reminiscing to the 60's Music 6:30 Evening Flick CH-3	15 10:30 AM Morning Stretches/Seated Ex. 2:30 PM Bingo  6:00 Evening Movie Ch3	16 10:30 AM Morning Stretches 2:30 Name That Tune  6:30 Wheel of Fortune Ch3	17 10:30 AM Morning Stretch / + Affirmations 2:30 Birthday Party  6:00 Evening Movie Ch3	18 10:30 Friday Trivia  2:30 PM Happy Hour 6:30 Friday Cinema Ch3	19 10:00 AM Movie on Channel 3 10:30 Morning Visits 2:00 PM Afternoon Movie on Channel 3 2:30 PM Afternoon Room Visits
20 10:30 AM Catholic Mass on Channel 3 10:30 AM Morning Visits 2:00 Afternoon Movie on Channel 3 2:30 PM Afternoon Room Visits	21 10:30 AM Morning Stretch/Chair Exercises 2:30 PM Movie Trivia  6:30 Evening Flick CH-3 Winter Begins	22 10:30 AM Morning Stretch/ + Affirmations 2:30 PM Bingo  6:30 Evening Flick CH-3	23 10:30 AM Morning Stretches and Daily Chronicles 2:30 PM Games/Puzzles  6:30 Family Feud Ch3	24 10:30 AM Morning Stretches/Seated Yoga 2:30 Christmas Party  6:30 A Christmas Story	25 10:30 Christmas Song 2:30 Christmas Day Social with Ariel.  Christmas	26 10:00 AM Movie on Channel 3 10:30 Morning Visits 2:00 PM Afternoon Movie on Channel 3 2:30 PM Afternoon Room Visits Boxing Day (Canada) Kwanzaa Begins
27 10:30 AM Catholic Mass on Channel 3 10:30 PM Morning Visits 2:00 PM Afternoon Movie on Channel 3 2:30 PM Afternoon Room Visits	28 10:30 AM Morning Stretches 2:30 PM Music Trivia  6:30 Evening Flick CH-3	29 10:30 AM Morning Stretches/Seated Ex. 10:30 Res.'Council Meeting  2:30 PM Bingo	30 10:30 AM Morning Stretch/ + Affirmations 2:30 Bingo Store  6:00 Evening Movie	31 10:30 AM Morning Stretches 2:30 New Year's Eve Party  New Year's Eve	EASTCHESTER REHABILITATION & HEALTH CARE CENTER MERRY CHRISTMAS!	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																
December 2020 EASTCHESTER REHABILITATION AND HEALTH CARE CENTER		10:30 AM Trivia 1  2:30 PM Bingo 6:00 Evening Movie Ch3	10:30 AM Exercise 2  2:30 PM Music 6:30 Wheel of Fortune	10:30 Morning Spa 3 2:30 PM Bingo  6:00 Evening Movie Ch3	10:30 Morning Art 4 2:30 PM Happy Hour  6:30 Friday Cinema Ch3	10:00 AM Joel Osteen 5 Ministry on Channel # 3 10:30 AM Morning Visit 2:00 PM Soul Music on Channel # 3 2:30 PM Afternoon Room Visits 4:30 Evening MovieCH3																																
10:00 Catholic Mass 6 on Channel # 3 10:30 AM Morning Visit 2:00 PM Movie on Channel # 3 2:30 Room Visits 4:30 Slow Jams CH-3	10:30 Morning Exercise 7  2:30 PM Monday Trivia 6:30 Evening Flick CH-3	10:30 Arts and Crafts 8  2:30 PM Bingo 6:00 Evening Movie Ch3	10:30 AM Reminisce 9  2:30 PM You Be The DJ 6:30 Family Feud Ch3	10:30 Morning Spa 10  2:30 Hanukkah Celebration Hanukkah Begins	10:30 Table Games 11 2:30 PM Happy Hour  6:30 Friday Cinema Ch3	10:00 AM Joel Osteen12 Ministry on Channel # 3 10:30 AM Morning Visit 2:00 PM Soul Music on Channel # 3 2:30 PM Afternoon Room Visits 4:30 Evening MovieCH3																																
10:00 Catholic Mass 13 on Channel # 3 10:30 AM Morning Visit 2:00 PM Movie on Channel # 3 2:30 PM Afternoon Room Visits 4:30 Slow Jams CH-3	10:30 Current Events 14  2:30 PM You Be The DJ 6:30 Evening Flick CH-3	10:30 Table Games 15 2:30 PM Bingo  6:00 Evening Movie Ch3	10:30 Activity Cart 16  2:30 PM Music/Coloring 6:30 Wheel of Fortune Ch3	10:30 AM Trivia 17 2:30 Birthday Party  6:00 Evening Movie Ch3	10:30 Morning Spa 18 2:30 PM Happy Hour  6:30 Friday Cinema Ch3	10:00 AM Joel Osteen19 Ministry on Channel # 3 10:30 AM Morning Visit 2:00 PM Soul Music on Channel # 3 2:30 PM Afternoon Room Visits 4:30 Evening MovieCH3																																
10:00 Catholic Mass 20 on Channel # 3 10:30 AM Morning Visit 2:00 PM Movie on Channel # 3 2:30 Room Visits 4:30 Slow Jams CH-3	10:30 Exercise and 21 Reminisce 2:30 PM Puzzles  6:30 Evening Flick CH-3	10:30 Making Music 22 2:30 PM Bingo  6:00 Evening Movie Ch3	10:30 Table Games 23  2:30 PM You Be The DJ 6:30 Family Feud Ch3	10:30 Table Games 24 2:30 Christmas Party 1st Floor Day Room  6:30 A Christmas Story.	10:30 Holly Jolly Art 25 2:30 Christmas Day Social with Ariel.  The Year We Stayed Home Christmas	10:00 AM Joel Osteen26 Ministry on Channel # 3 10:30 AM Morning Visit 2:00 PM Soul Music on Channel # 3 2:30 PM Afternoon Room Visits 4:30 Evening MovieCH3																																
10:00 Catholic Mass 27 on Channel # 3 10:30 AM Morning Visit 2:00 PM Movie on Channel # 3 2:30 PM Afternoon Room Visits 4:30 Slow Jams CH-3	10:30 Planet Earth 28 2:30 Move to The Music  6:30 Evening Flick CH-3	10:30 Residents' 29 Council Meeting  2:30 PM Bingo 6:00 Evening Movie Ch3	10:30 AM Puzzles 30 2:30 Bingo Store  6:00 Evening Movie	10:30 Activity Cart 31 2:30 New Year's Eve Party 	Happy Birthday to all of those born on December <table><tr><td>Soto .V</td><td>12/1</td><td>Castro.R</td><td>12/4</td></tr><tr><td>Biti .H</td><td>12/31</td><td>Duhaney .L</td><td>12/21</td></tr><tr><td>Bowles .C</td><td>12/28</td><td>Barrett .E</td><td>12/21</td></tr><tr><td>Cascione .G</td><td>12/7</td><td>Beckford .N</td><td>12/19</td></tr><tr><td>Murray .R</td><td>12/7</td><td>Poplofsky .H</td><td>12/25</td></tr><tr><td>Varana .P</td><td>12/1</td><td>Grossman .M</td><td>12/23</td></tr><tr><td>Negron .E</td><td>12/2</td><td>Martinez .H</td><td>12/29</td></tr><tr><td>Alicea. R</td><td>12/5</td><td></td><td></td></tr></table>		Soto .V	12/1	Castro.R	12/4	Biti .H	12/31	Duhaney .L	12/21	Bowles .C	12/28	Barrett .E	12/21	Cascione .G	12/7	Beckford .N	12/19	Murray .R	12/7	Poplofsky .H	12/25	Varana .P	12/1	Grossman .M	12/23	Negron .E	12/2	Martinez .H	12/29	Alicea. R	12/5		
Soto .V	12/1	Castro.R	12/4																																			
Biti .H	12/31	Duhaney .L	12/21																																			
Bowles .C	12/28	Barrett .E	12/21																																			
Cascione .G	12/7	Beckford .N	12/19																																			
Murray .R	12/7	Poplofsky .H	12/25																																			
Varana .P	12/1	Grossman .M	12/23																																			
Negron .E	12/2	Martinez .H	12/29																																			
Alicea. R	12/5																																					