

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# September 2018



## Make it a September to Remember!

							8:30 Daily Announcements 9:00 Table Toss 9:30 Religious Hymns 10:00 Spirit Lifters 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (PT) 2:00 Creative Arts w/ Yelena 4:15 RNA Range of Motion (PT) 6:45 Knott Ave. Church 7:30 Wheel of Fortune	<b>1</b>					
8:30 Sunday News Broadcast 9:00 Catholic Bible Study 9:30 AC Video Tour 10:30 Exercise Fun 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (PT) 2:00 Penny Bingo 3:00 Bell Class 4:15 RNA Range of Motion (PT) 7:00 WAEC Cinema	<b>2</b>	8:30 News & Coffee Social 9:30 Sitting Zumba 10:30 Derby Races 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (PT) <b>2:00 Labor Day Celebration</b> 3:00 Manicure / Glamour Hour 4:00 Fun & Fitness (PT) 4:15 RNA Range of Motion (BC) 7:00 Penny Bingo  Labor Day	<b>3</b>	8:30 Daily Headlines 9:00 Music Arts w/ Jesse 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (BC) 2:00 Chenille's Wellness Class 4:00 Fun & Fitness (PT) 4:15 RNA Range of Motion (BC) 5:00 Easy Listening 7:00 Faith Revival Ministries	<b>4</b>	8:30 Morning News Discussion 9:15 Sing A Long w/ Beverly 10:30 Exercise / Communion 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (PT) 1:30 Blast from the Past w/ Joy 3:30 Hardware Store Shopping Fun 4:00 Fun & Fitness (PT) 4:15 RNA Range of Motion (BC) 7:00 Penny Bingo	<b>5</b>	8:30 A.M. Updates 9:15 Senior Topics w/ Lisa 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (PT) 2:00 Music Class w/ Josh (BC) 4:00 Fun & Fitness (PT) 4:15 RNA Range of Motion (BC) 5:00 Easy Listening 7:00 Penny Bingo	<b>6</b>	8:30 News Broadcast 9:30 Table Toss 10:00 Brad & His Guitar 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (PT) 2:00 Nickel Bingo 3:00 Arts & Crafts 4:00 Fun & Fitness (PT) 4:15 RNA Range of Motion (BC) 7:00 Movie Night	<b>7</b>	8:30 Daily Announcements 9:00 Table Toss 9:30 Religious Hymns 10:00 Spirit Lifters 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (PT) 2:00 Creative Arts w/ Yelena 4:15 RNA Range of Motion (PT) 6:45 Knott Ave. Church 7:30 Wheel of Fortune	<b>8</b>
8:30 Sunday News Broadcast 9:00 Catholic Bible Study 9:30 AC Video Tour <b>10:00 Grandparent's Day Reminisce</b> 10:30 Exercise Fun 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (PT) 2:00 Penny Bingo 3:00 Bell Class 4:15 RNA Range of Motion (PT) 7:00 WAEC Cinema  Grandparents Day	<b>9</b>	8:30 Morning Headlines 9:30 Sitting Zumba 10:30 Derby Races 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (PT) 2:00 Jingo (BC) 3:00 Manicure / Glamour Hour 4:00 Fun & Fitness (PT) 4:15 RNA Range of Motion (BC) 7:00 Penny Bingo  Rosh Hashanah	<b>10</b>	8:30 News Broadcast 9:00 Music Arts w/ Jesse 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (BC) 2:00 Chenille's Wellness Class 4:00 Fun & Fitness (PT) 4:15 RNA Range of Motion (BC) 5:00 Easy Listening 7:00 Penny Bingo  <b>*Resident Outing</b>	<b>11</b>	8:30 News & Coffee Social 9:15 Sing A Long w/ Beverly 10:30 Exercise / Communion 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (PT) 1:30 Blast from the Past w/ Joy <b>2:00 Chocolate Milkshakes</b> 3:30 Hardware Store Shopping Fun 4:00 Fun & Fitness (PT) 7:00 Penny Bingo  <b>*National Chocolate Milkshake Day</b>	<b>12</b>	8:30 Daily Update 9:15 Senior Topics w/ Lisa 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (PT) 2:00 Music Class w/ Josh (BC) 4:00 Fun & Fitness (PT) 4:15 RNA Range of Motion (BC) 5:00 Easy Listening 7:00 Penny Bingo	<b>13</b>	<b>8:30 Coffee &amp; Donuts Social</b> 9:30 Table Toss 10:00 Brad & His Guitar 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (PT) 2:00 Nickel Bingo 3:00 Arts & Crafts 4:00 Fun & Fitness (PT) 4:15 RNA Range of Motion (BC) 7:00 Movie Night	<b>14</b>	8:30 Daily Announcements 9:00 Table Toss 9:30 Religious Hymns 10:00 Spirit Lifters 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (PT) 2:00 Creative Arts w/ Yelena 4:15 RNA Range of Motion (PT) 6:45 Knott Ave. Church 7:30 Wheel of Fortune	<b>15</b>
8:30 Sunday News Broadcast 9:30 Friendship Baptist Church 10:30 Higher/Lower 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (PT) 2:00 Penny Bingo 3:00 Bell Class 4:00 Fun & Fitness (PT) 7:00 WAEC Cinema	<b>16</b>	8:30 News Talk 9:30 Sitting Zumba 10:30 Derby Races 11:00 Life Enrichment (PT) <b>NO BISTRO</b> 1:00 Sunshine Group (PT) 2:00 Jingo 3:00 Manicure / Glamour Hour 4:00 Fun & Fitness (PT) 4:15 RNA Range of Motion (BC) 7:00 Penny Bingo	<b>17</b>	8:30 Morning Headlines 9:00 Music Arts w/ Jesse 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (BC) 2:00 Chenille's Wellness Class 4:00 Fun & Fitness (PT) 4:15 RNA Range of Motion (BC) 5:00 Easy Listening 7:00 Faith Revival Ministries  Yom Kippur	<b>18</b>	8:30 News Broadcast 9:15 Sing A Long w/ Beverly 10:30 Exercise / Communion 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (PT) 1:30 Blast from the Past w/ Joy 3:30 Hardware Store Shopping Fun 4:00 Fun & Fitness (PT) 4:15 RNA Range of Motion (BC) 7:00 Penny Bingo	<b>19</b>	8:30 News & Coffee Social 9:15 Senior Topics w/ Lisa 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (PT) 2:00 Music Class w/ Josh (BC) 4:00 Fun & Fitness (PT) 4:15 RNA Range of Motion (BC) 5:00 Easy Listening 7:00 Penny Bingo	<b>20</b>	8:30 Morning Headline 9:30 Table Toss 10:00 Brad & His Guitar 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (PT) <b>2:00 Alzheimer's Appreciation Social</b> 3:00 Arts & Crafts 4:00 Fun & Fitness (PT) 4:15 RNA Range of Motion (BC) 7:00 Nickel Bingo  <b>*World Alzheimer's Day</b>	<b>21</b>	8:30 Daily Announcements 9:00 Table Toss 9:30 Religious Hymns 10:00 Spirit Lifters 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (PT) 2:00 Creative Arts w/ Yelena 4:15 RNA Range of Motion (PT) 6:45 Knott Ave. Church 7:30 Wheel of Fortune  Autumn Begins October Begins	<b>22</b>
8:30 Sunday News Broadcast 9:00 Ing's Family Chimes 9:30 Crescent Baptist Ministry 10:00 Web Connection Games 10:30 Higher/Lower 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (PT) 2:00 Penny Bingo 3:00 Bell Class 4:00 Fun & Fitness (PT) 7:00 WAEC Cinema	<b>23</b>	8:30 News & Coffee Social 9:30 Sitting Zumba 10:30 Derby Races 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (PT) 2:00 Jingo 3:00 Manicure / Glamour Hour 4:00 Fun & Fitness (PT) 4:15 RNA Range of Motion (BC) 7:00 Penny Bingo  Sukkot	<b>24</b>	8:30 News Social 9:00 Music Arts w/ Jesse 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (BC) 2:00 Chenille's Wellness Class 4:00 Fun & Fitness (PT) 4:15 RNA Range of Motion (BC) 5:00 Easy Listening 7:00 Penny Bingo  <b>*Resident Outing</b>	<b>25</b>	8:30 Morning Headlines 9:15 Sing A Long w/ Beverly 10:30 Exercise / Communion 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (PT) 1:30 Blast from the Past w/ Joy 3:30 Hardware Store Shopping Fun 4:00 Fun & Fitness (PT) 4:15 RNA Range of Motion (BC) 7:00 Penny Bingo	<b>26</b>	8:30 News Broadcast 9:15 Senior Topics w/ Lisa <b>10:00 Resident Council (BC)</b> 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (PT) 2:00 Music Class w/ Josh (BC) 4:00 Fun & Fitness (PT) 4:15 RNA Range of Motion (BC) 5:00 Easy Listening 7:00 Penny Bingo	<b>27</b>	<b>8:30 Coffee &amp; Donuts Social</b> 9:30 Table Toss 10:00 Brad & His Guitar 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (PT) 2:00 Nickel Bingo <b>3:00 Birthday Bash</b> 4:00 Fun & Fitness (PT) 4:15 RNA Range of Motion (BC) 7:00 Movie Night	<b>28</b>	8:30 Daily Announcements 9:00 Table Toss 9:30 Religious Hymns 10:00 Spirit Lifters 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (PT) 2:00 Creative Arts w/ Yelena 4:15 RNA Range of Motion (PT) 6:45 Knott Ave. Church 7:30 Wheel of Fortune	<b>29</b>
8:30 Sunday News Broadcast 9:00 Catholic Bible Study 9:30 AC Video Tour 10:00 Higher/Lower 10:30 Exercise Fun 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (PT) 2:00 Penny Bingo 3:00 Bell Class 4:15 RNA Range of Motion (PT) 7:00 WAEC Cinema	<b>30</b>												

All activities are subject to change. Activities are held in the large dining room unless otherwise specified: PT – Physical Therapy / BC – Bistro Café. Room Visits offered daily PRN.