

Week 4

MONDAY 3/16	TUESDAY 3/17	WEDNESDAY 3/18	THURSDAY 3/19	FRIDAY 3/20	SATURDAY 3/21	SUNDAY 3/22
<b>BREAKFAST</b>						
JUICE CEREAL OF CHOICE BISCUIT WITH SAUSAGE GRAVY  COFFEE/CREAMER/SUGAR MILK FRUIT	JUICE MALT O MEAL FRIED EGGS WITH BACON RAISIN OR REGULAR TOAST COFFEE/CREAMER/SUGAR MILK FRUIT  ST PATRICK'S DAY	JUICE CEREAL OF CHOICE PANCAKES SAUSAGE COFFEE/CREAMER/SUGAR MILK FRESH ORANGE SLICES	JUICE CEREAL BY REQUEST BELGIAN WAFFLE/SYRUP BACON  COFFEE/CREAMER/SUGAR FRUIT	JUICE MALT O MEAL OMELET BAKERY ROLL MILK COFFEE/CREAMER/SUGAR FRUIT	JUICE OATMEAL OR COLD CEREAL SCRAMBLED EGGS RAISIN TOAST WITH BUTTER MILK COFFEE/CREAMER/SUGAR FRUIT	JUICE CREAM OF WHEAT CREAMED CHIPPED BEEF OVER A BISCUIT  FRUIT  D
<b>DINNER</b>		<b>INSERVICE DAY</b>				
COUNTRY FRIED STEAK MASHED POTATOES AND GRAVY BROCCOLI  SOUR CREAM, BUTTER FRUIT TART COFFEE/CREAMER/SUGAR MILK <b>OR</b>	CORNE <b>D</b> BEEF BOILED CABBAGE BOILED POTATOES AND BUTTER RYE BREAD PISTACHIO PUDDING COFFEE/CREAMER/SUGAR MILK	BROCCOLI CHEESE SOUP OR WILD RICE SOUP CRACKERS CHICKEN SALAD SANDWICH COLE SLAW CREAM PIE BEVERAGES	ROAST BEEF COMMERCIAL MASHED POTATOES AND GRAVY CREAMED CORN  JELL-O PARFAIT COFFEE/CREAMER/SUGAR MILK	CITRUS PEPPERCORN TILAPIA AU GRATIN POTATOES ASPARAGUS BREAD PUDDING WITH WHIP CREAM TOPPING MILK COFFEE/CREAMER/SUGAR	FRIED CHICKEN RICE PILAF STEWED TOMATOES  DESSERT BAR COFFEE/CREAMER/SUGAR MILK	HAM MASHED POTATOES AND GRAVY SCALLOPED CORN PIE  MIL,COFFEE, JUICE
FISH	MASHED POTATOES AND GRAVY		TURKEY	SALSBURY STEAK	MASHED POTATOES AND GRAVY	TURKEY
SQUASH	PORK ROAST		SWEET POTATOES	MASHED POTATOES AND GRAVY	ROAST BEEF	SWEET POTATOES
BAKED POTATO, SOUR CREAM	GREEN BEANS		CAULIFLOWER	CARROTS	GREEN BEANS	CRANBERRY SAUCE
<b>SUPPER</b>						
PORK BURGER ON A BUN BAKED BEANS PICKLE  MILK COFFEE/CREAMER/SUGAR  ICE CREAM TREAT	BROCCOLI AND CHEESE SOUP CRACKERS EGG SALAD SANDWICH PICKLES COFFEE/CREAMER/SUGAR MILK  TURNOVER	CHICKEN NUGGETS FRIED POTATOES PEAS  DESSERT VARIETY COFFEE/CREAMER/SUGAR MILK BUTTERSCOTCH PUDDING	PIZZA LETTUCE SALAD WITH DRESSING PICKLES  MILK COFFEE/CREAMER/SUGAR FRUIT COBBLER	SAUERKRAUT SOUP CRACKERS  DESSERT VARIETY COFFEE/CREAMER/SUGAR MILK FRUIT COCKTAIL	LASAGNA ROLL UP CAULIFLOWER BREAD STICK  MILK COFFEE/CREAMER/SUGAR SHERBET	CHICKEN DRUMMIES MACARONI AND CHEESE PEAS AND CARROTS  COFFEE/CREAMER/SUGAR MILK PUDDING
<b>OR</b>						
CHICKEN NOODLE SOUP CRACKERS COLESLAW	COTTAGE CHEESE AND FRUIT PLATE DINNER ROLL	ROAST BEEF SANDWICH COLE SLAW	MEAT SANDWICH PASTA SALAD	TUNA MACARONI SALAD DINNER ROLL	HAM SALAD SANDWICH LETTUCE SALAD	MEAT SANDWICH POTATO SALAD

\*\* Good Nutrition is an essential part of your care in our center. The menu has been planned with variety and moderation in mind, and to achieve a well balanced diet. Your daily menu may vary slightly due to the special diet ordered by your physician. Please feel free to ask any questions you may have regarding your menu, diet, or service.

\*\* (Please note menus are subject to change)\*\*

J. Haug R.D.

Dietary Manager: Marty Nyhus CDSM/CFPP