

Week 4

| MONDAY 2/18 | TUESDAY 2/19 | WEDNESDAY 2/20 | THURSDAY 2/21 | FRIDAY 2/22 | SATURDAY 2/23 | SUNDAY 2/24 |
|--|---|--|---|---|--|--|
| BREAKFAST | | | | | | |
| JUICE CEREAL OF CHOICE BREAKFAST PIZZA COFFEE/CREAMER/SUGAR MILK FRUIT | JUICE MALT O MEAL FRIED EGGS WITH BACON MUFFIN OR TOAST COFFEE/CREAMER/SUGAR MILK FRUIT | JUICE CEREAL OF CHOICE PANCAKES WITH SYRUP SAUSAGE LINKS COFFEE/CREAMER/SUGAR MILK FRESH ORANGE SLICES | JUICE CEREAL BY REQUEST BELGIAN WAFFLE/SYRUP BACON COFFEE/CREAMER/SUGAR FRUIT | JUICE MALT O MEAL OMELET BAKERY ROLL MILK COFFEE/CREAMER/SUGAR FRUIT | JUICE OATMEAL OR COLD CEREAL SCRAMBLED EGGS RAISIN TOAST WITH BUTTER MILK COFFEE/CREAMER/SUGAR FRUIT | JUICE CREAM OF WHEAT CREAMED CHIPPED BEEF OVER A BISCUIT FRUIT |
| DINNER | | | | | | |
| COUNTRY FRIED STEAK MASHED POTATOES AND GRAVY SQUASH FRUIT TART COFFEE/CREAMER/SUGAR MILK | FRIED CHICKEN RICE PILAF CORN FROSTED CAKE COFFEE/CREAMER/SUGAR MILK | HOT DOG IN A BUN WITH A VARIETY OF TOPPINGS AND CONDIMENTS BAG OF CHIPS CREAM PIE COFFEE/CREAMER/SUGAR MILK | ROAST BEEF COMMERCIAL WITH MASHED POTATOES AND GRAVY CREAMED CORN JELL-O PARFAIT COFFEE/CREAMER/SUGAR MILK | CITRUS PEPPERCORN TILAPIA AU GRATIN POTATOES ASPARAGUS BREAD PUDDING/WHIPPED TOPPING MILK COFFEE/CREAMER/SUGAR | SWEET AND SOUR CHICKEN RICE ORIENTAL VEGETABLES DESSERT BAR COFFEE/CREAMER/SUGAR MILK | HAM SWEET POTATOES GREEN BEAN CASSEROLE PIE MILK, COFFEE, JUICE |
| OR | | | | | | |
| FISH BAKED POTATO, SOUR CREAM BROCCOLI | MASHED POTATOES AND GRAVY PORK ROAST GREEN BEANS | MEATBALLS MASHED POTATOES AND GRAVY BEETS | TURKEY SWEET POTATOES CAULIFLOWER | CHICKEN STRIPS MASHED POTATOES AND GRAVY CARROTS | MASHED POTATOES AND GRAVY ROAST BEEF GREEN BEANS | TURKEY MASHED POTATOES AND GRAVY STEWED TOMATOES |
| SUPPER | | | | | | |
| PORK BURGER ON A BUN BAKED BEANS PICKLE MILK COFFEE/CREAMER/SUGAR ICE CREAM TREAT | CHEF'S SALAD DINNER ROLL COFFEE/CREAMER/SUGAR MILK TURNOVER | SALMON LOAF FRIED POTATOES MIXED VEGETABLES DESSERT VARIETY COFFEE/CREAMER/SUGAR MILK BUTTERSCOTCH PUDDING | PIZZA LETTUCE SALAD PICKLES MILK COFFEE/CREAMER/SUGAR FRUIT COBBLER | CRAB SALAD DINNER ROLL BEET PICKLES DESSERT VARIETY COFFEE/CREAMER/SUGAR MILK FRUIT COCKTAIL | LASAGNA ROLL UP CARROTS GARLIC BREAD MILK COFFEE/CREAMER/SUGAR SHERBET | CHICKEN DRUMMIES MACARONI AND CHEESE PEAS AND CARROTS COFFEE/CREAMER/SUGAR MILK PUDDING |
| OR | | | | | | |
| CHICKEN NOODLE SOUP CRACKERS COLESLAW | BROCCOLI CHEESE SOUP CRACKERS EGG SALAD SANDWICH | VEGETABLE BEEF SOUP CRACKERS MEAT SANDWICH | MEAT SANDWICH PASTA SALAD | CREAM OF POTATO SOUP CRACKERS MEAT SANDWICH | HAM SALAD SANDWICH LETTUCE SALAD | MEAT SANDWICH POTATO CHIPS |

** Good Nutrition is an essential part of your care in our center. The menu has been planned with variety and moderation in mind, and to achieve a well balanced diet. Your daily menu may vary slightly due to the special diet ordered by your physician. Please feel free to ask any questions you may have regarding your menu, diet, or service.

** (Please note menus are subject to change)**

J. Haug R.D.

Dietary Manager: Marty Nyhus CDSM/CFPP