

Week 3  
Regular

MONDAY 2/11	TUESDAY 2/12	WEDNESDAY 2/13	THURSDAY 2/14	FRIDAY 2/15	SATURDAY 2/16	SUNDAY 2/17
<b>BREAKFAST</b>						
JUICE CREAM OF WHEAT BISCUIT WITH SAUSAGE GRAVY JELLY MILK COFFEE/CREAMER/SUGAR FRUIT	JUICE OATMEAL OR COLD CEREAL SCRAMBLED EGGS RAISIN BREAD OR REGULAR TOAST MILK COFFEE/CREAMER/SUGAR ORANGE SLICES	JUICE MALT O MEAL PANCAKES WITH SYRUP BACON MILK COFFEE/CREAMER/SUGAR FRUIT	JUICE CEREAL OF CHOICE BELGIAN WAFFLE WITH SYRUP SAUSAGE FRUIT COFFEE/CREAMER/SUGAR MILK	JUICE OATMEAL OR COLD CEREAL BAKERY ROLL BOILED EGG FRUIT COFFEE/CREAMER/SUGAR	JUICE CEREAL OF CHOICE FRIED EGGS AND SAUSAGE TOAST WITH BUTTER MILK COFFEE/CREAMER/SUGAR FRUIT	JUICE CEREAL BY REQUEST SAUSAGE POTATO SKILLET TOAST OR MUFFIN COFFEE/CREAMER/SUGAR FRESH ORANGE SLICES
<b>DINNER</b>						
SCALLOPED POTATOES WITH HAM CORN FROSTED CAKE COFFEE/CREAMER/SUGAR MILK	CHICKEN CHOW MEIN CHOW MEIN NOODLES RICE CORN DESSERT BAR MILK COFFEE/CREAMER/SUGAR	TACO BAR WITH VARIOUS TOPPINGS, TACO SHELLS TACO SAUCE, LETTUCE FRIED ICE CREAM MILK, JUICE, COFFEE	PORK ROAST AU GRATIN POTATOES ASPARAGUS JELL-O PARFAIT MILK, JUICE, COFFEE	CRAB CAKE BAKED POTATO SOUR CREAM, BUTTER CREAMED PEAS PASTRY COFFEE/CREAMER/SUGAR MILK	SWISS STEAK WITH TOMATO SAUCE MASHED POTATOES AND BUTTER GREEN BEANS LAYERED CAKE MILK	TURKEY AL A KING OVER A BISCUIT CRANBERRY SAUCE PIE MILK, JUICE, COFFEE
SALISBURY STEAK MASHED POTATOES AND GRAVY GREEN BEANS	MEATBALLS MASHED POTATOES AND GRAVY PEAS	CHICKEN BREAST MASHED POTATOES AND GRAVY CARROTS	SALISBURY STEAK MASHED POTATOES AND GRAVY CORN	CHICKEN BREAST STEWED TOMATOES MASHED POTATOES AND GRAVY	PORK ROAST IN BROTH CORN TRI COLORED POTATOES	ROAST BEEF MASHED POTATOES AND GRAVY GREEN BEANS
LASAGNA GARLIC BREAD WAX BEANS DESSERT MILK COFFEE/CREAMER/SUGAR ICE CREAM CONE	BBQ PORK ON A BUN POTATO CHIPS LETTUCE SALAD DESSERT VARIETY MILK COFFEE/CREAMER/SUGAR PUDDING	GOULASH SQUASH PICKLES BROWNIE MILK COFFEE/CREAMER/SUGAR	MEAT AND CHEESE SANDWICH POTATO SALAD PEA AND CHEESE SALAD BREAD AND BUTTER PICKLES FROSTED CAKE MILK/COFFEE	TUNA MACARONI SALAD PICKLES DINNER ROLL/BUTTER DESSERT VARIETY MILK COFFEE/CREAMER/SUGAR FRUIT-PEACHES OR PEARS	CHICKEN RICE HOTDISH MIXED VEGETABLES PICKLES DESSERT VARIETY MILK ICE CREAM	CHICKEN NUGGETS HASHBROWNS STEWED TOMATOES DESSERT VARIETY MILK, JUICE, COFFEE CREAM PUFF
<b>OR</b>						
CHICKEN SALAD SANDWICH LETTUCE SALAD	POTATO CHEESE CHOWDER CRACKERS	TUNA FISH SANDWICH PASTA SALAD	CHICKEN DUMPLING SOUP CRACKERS	CHICKEN PATTIE ON A BUN TATER TOTS	SPLIT PEA SOUP HAM SALAD SANDWICH	EGG SALAD SANDWICH PASTA SALAD/PICKLES

\*\* Good Nutrition is an essential part of your care in our center. The menu has been planned with variety and moderation in mind, and to achieve a well balanced diet. Your daily menu may vary slightly due to the special diet ordered by your physician. Please feel free to ask any questions you may have regarding your menu, diet, or service. \*\* **(Please note menus are subject to change)\*\***

J. Haug R.D.

Dietary Manager: Marty Nyhus CDSM/CFPP