

Week 1  
Regular

MONDAY 1/28	TUESDAY 1/29	WEDNESDAY 1/30	THURSDAY 1/31	FRIDAY 2/1	SATURDAY 2/2	SUNDAY 2/3
<b>BREAKFAST</b>						
JUICE OATMEAL SCRAMBLED EGGS TOAST OR MUFFIN MILK COFFEE/CREAMER/SUGAR FRUIT	JUICE CEREAL OF CHOICE WAFFLE STICKS WITH SYRUP SAUSAGE LINKS COFFEE/CREAMER/SUGAR MILK FRUIT	JUICE CREAM OF WHEAT FRIED EGG WITH BACON TOAST COFFEE/CREAMER/SUGAR MILK FRUIT	JUICE CEREAL OF CHOICE BISCUIT WITH SAUSAGE GRAVY MILK COFFEE/CREAMER/SUGAR FRUIT	JUICE MALT O MEAL OMELET BAKERY ROLL MILK COFFEE/CREAMER/SUGAR FRUIT	JUICE CEREAL OF CHOICE FRENCH TOAST WITH SYRUP BACON BUTTER COFFEE/CREAMER/SUGAR MILK FRUIT	JUICE CEREAL OF CHOICE EGG MCMUFFIN WITH SAUSAGE PATTIE, CHEESE COFFEE/CREAMER/SUGAR MILK FRUIT
<b>DINNER</b>						
BEEF STROGANOFF OVER NOODLES PEAS AND CARROTS DESSERT BAR MILK COFFEE/CREAMER/SUGAR	TURKEY HOT DISH CRANBERRY SAUCE PICKLES STRUDEL STICK COFFEE/CREAMER/SUGAR MILK	BUILD A BURGER WITH VARIOUS TOPPING CHIPS BAKED APPLE MILK COFFEE/CREAMER/SUGAR	HAM HASHBROWN CASSEROLE SQUASH FRUIT COBBLER COFFEE/CREAMER/SUGAR MILK, JUICE	SHRIMP AU GRATIN POTATOES GREEN BEANS CREAM PIE MILK COFFEE/CREAMER/SUGAR	COUNTRY STYLE BONELESS PORK RIB MACARONI AND CHEESE MIXED VEGETABLES APPLE CRISP COFFEE/CREAMER/SUGAR MILK	FRIED CHICKEN RICE PILAF PEA AND CHEESE SALAD PIE COFFEE/CREAMER/SUGAR MILK
<b>OR</b>						
FISH STICKS SQUASH MASHED POTATOES AND BUTTER	LIVER MASHED POTATOES AND GRAVY PEAS	TURKEY MASHED POTATOES AND GRAVY CARROTS	ROAST BEEF MASHED POTATOES AND GRAVY BEETS	MEAT LOAF CORN MASHED POTATOES AND GRAVY	ROAST BEEF MASHED POTATOES AND GRAVY CAULIFLOWER	SALISBURY STEAK MASHED POTATOES AND GRAYV BEETS
<b>SUPPER</b>						
GRILLED CHICKEN BREAST ON A BUN TOMATO, ONION, LETTUCE COLE SLAW SEASONED DICED POTATOES ICE CREAM BAR	SLOPPY JOES ON A BUN HASHBROWNS COLE SLAW DESSERT VARIETY COFFEE/CREAMER/SUGAR MILK PEACHES	STUFFED GREEN PEPPERS CORN GARLIC BREAD PUDDING PARFAIT WITH TOPPING MILK	PHILLY BEEF SANDWICH FRIED POTATOES PICKLES DESSERT VARIETY COFFEE/CREAMER/SUGAR JELL-O CUBES WITH TOPPING MILK	CRAB SALAD DINNER ROLL DESSERT VARIETY MILK COFFEE/CREAMER/SUGAR SHERBET	BEEF STEW BISCUIT WITH BUTTER PICKLES DESSERT VARIETY COFFEE/CREAMER/SUGAR MILK LEFT OVER DESSERTS OR COOKIE	TATAR TOT HOT DISH CALIFORNIA BLEND VEGETABLE DESSERT VARIETY COFFEE/CREAMER/SUGAR MILK VANILLA PUDDING
<b>OR</b>						
EGG SALAD SANDWICH PICKLES	CHEF SALAD DINNER ROLL	ROAST BEEF SANDWICH POTATO SALAD PICKLES	CHEESE SOUP CRACKERS	CHICKEN NUGGETS TRICOLORED POTATOES YELLOW BEANS	MEAT AND CHEESE SANDWICH POTATO TRIANGLE	HAM SALAD SANDWICH POTATO CHIPS PICKLES

\*\* Good Nutrition is an essential part of your care in our center. The menu has been planned with variety and moderation in mind, and to achieve a well balanced diet. Your daily menu may vary slightly due to the special diet ordered by your physician. Please feel free to ask any questions you may have regarding your menu, diet, or service.

\*\* (Please note menus are subject to change)\*\*

J. Haug R.D.

Dietary Manager: Marty Nyhus CDSM/CFPP