

Week 2
Regular

MONDAY 1/7	TUESDAY 1/8	WEDNESDAY 1/9	THURSDAY 1/10	FRIDAY 1/11	SATURDAY 1/12	SUNDAY 1/13
BREAKFAST						
JUICE CEREAL BY REQUEST HAM,EGG,CHEESE COMBO ORANGE SLICES COFFEE/CREAMER/SUGAR MILK/COFFEE/WATER	JUICE CEREAL BY REQUEST PANCAKES WITH SYRUP SAUSAGE FRUIT COFFEE/CREAMER/SUGAR MILK	JUICE MALT O MEAL OR COLD CEREAL FRIED EGGS AND BACON TOAST WITH BUTTER MILK COFFEE/CREAMER/SUGAR FRUIT	JUICE OATMEAL SCRAMBLED EGGS RAISIN TOAST WITH BUTTER MILK COFFEE/CREAMER/SUGAR FRESH ORANGE SLICES	JUICE CREAM OF WHEAT EGG BAKE BAKERY ROLL MILK COFFEE/CREAMER/SUGAR FRUIT	JUICE CEREAL BY REQUEST EGG PATTIE ON ENGLISH MUFFIN SAUSAGE PATTIE, CHEESE MILK COFFEE/CREAMER/SUGAR FRUIT	JUICE CEREAL BY REQUEST PANCAKE ON A STICK SYRUP COFFEE/CREAMER/SUGAR FRUIT MILK
DINNER						
SPAGHETTI WITH MEAT SAUCE GREEN BEANS GARLIC BREAD SHERBET MILK/COFFEE/WATER	SAUERKRAUT WITH POLISH SAUSAGE MASHED POTATOES AND BUTTER BUTTER FRUIT FILLED TURNOVER MILK, COFFEE, CREAMER	BAKED POTATO BAR WITH VARIOUS TOPPINGS LIKE CHEESE, SOUR CREAM, ONIONS, CHILI, DICED TOMATOES , BACON CRUMBS ICE CREAM SUNDAES WITH TOPPINGS MILK, COFFEE, JUICE	CHICKEN KIEV RICE PILAF ASPARAGUS CHEESECAKE MILK COFFEE/CREAMER/SUGAR	SALMON MASHED POTATOES AND GRAVY PEA AND CHEESE SALAD CREAM PUFF DESSERT MILK COFFEE/CREAMER/SUGAR	GOULASH GREEN BEANS GARLIC BREAD JELL-O CAKE COFFEE/CREAMER/SUGAR MILK	CHICKEN AND STUFFING HOTDISH BROCCOLI WITH CHEESE SAUCE PIE COFFEE/CREAMER/SUGAR MILK
HAM MASHED POTATOES AND GRAYV PEAS AND CARROTS	MEATLOAF SQUASH WHOLE POTATOES AND GRAVY	ROAST BEEF MASHED POTATOES AND GRAVY BROCCOLI/ CAULFLOWER BLEND	HAM MASHED POTATOES AND GRAVY BEETS	BBQ CHICKEN NUGGETS RED POTATOES AND BUTTER CARROTS	ROAST BEEF CORN MASHED POTATOES AND GRAVY	MEAT BALLS MASHED POTATOES AND GRAVY PEAS
SUPPER						
CHICKEN DRUMMIES FRIED POTATOES CORN CAKE	HAMBURGER ON A BUN TATOR TOTS CHEESE, ONION, PICKLE DESSERT VARIETY MILK, COFFEE, CREAMER DESSERT BAR	WILD RICE SOUP WITH CRACKERS COLESLAW COFFEE/CREAMER/SUGAR MILK MANDARIIN ORANGES	PANCAKES WITH SYRUP SAUSAGE LINKS MILK, COFFEE PUDDING PARFAIT	CHILI WITH CRACKERS CORN BREAD WITH HONEY LETTUCE SALAD DESSERT VARIETY MILK COFFEE/CREAMER/SUGAR ICE CREAM TREAT	BEEF BARLEY SOUP CRACKERS MEAT SANDWICH PICKLES COFFEE/CREAMER/SUGAR DESSERT VARIETY BROWNIE	TACO SALAD SALSA SPANISH RICE MILK, COFFEE, JUICE DESSERT/COOKIE
ALTERNATE SUPPER						
MINISTRONE SOUP CRACKERS	EGG SALAD SANDWICH LETTUCE SALAD	CHICKEN SALAD SANDWICH POTATO CHIPS PICKLES	CRAB SALAD CHEESE STICK DINNER ROLL	TUNA SALAD SANDWICH POTATO SALAD PICKLES	CHEF SALAD DINNER ROLL	FISH SANDWICH COLE SLAW PICKLES

** Good Nutrition is an essential part of your care in our center. The menu has been planned with variety and moderation in mind, and to achieve a well balanced diet. Your daily menu may vary slightly due to the special diet ordered by your physician. Please feel free to ask any questions you may have regarding your menu, diet, or service. **
(Please note menus are subject to change)**

J. Haug R.D.

Dietary Manager: Marty Nyhus CDSM/CFPP