

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
milk	Milk 1 C	Milk 1 C	Milk 1 C	Milk 1 C	Milk 1 C	Milk 1 C	Milk 1 C
fruit	fruit juice 3/4 C	fruit juice 3/4 C	fruit juice 3/4 C	fruit juice 3/4 C	fruit juice 3/4 C	fruit juice 3/4 C	fruit juice 3/4 C
cereal	hot cereal 1/2 c Cold Cereal 3/4 c	hot cereal 1/2 c Cold Cereal 3/4 c	hot cereal 1/2 c Cold Cereal 3/4 c	hot cereal 1/2 c Cold Cereal 3/4 c	hot cereal 1/2 c Cold Cereal 3/4 c	hot cereal 1/2 c Cold Cereal 3/4 c	hot cereal 1/2 c Cold Cereal 3/4 c
bread	toast, pancake, waffle	toast, pancake, waffle	toast, pancake, waffle	toast, pancake, waffle	toast, pancake, waffle	toast, pancake, waffle	toast, pancake, waffle
protein	eggs, bacon, sausage	eggs, bacon, sausage	eggs, bacon, sausage	eggs, bacon, sausage	eggs, bacon, sausage	eggs, bacon, sausage	eggs, bacon, sausage
special						cook sweet treat	
daycare	cottage cheese peaches	boiled egg milk	whole wheat toast peanut butter	bran muffin milk	fruit cup milk	teddy grahams yogurt	cheerios milk
soup		chicken wild rice 3/4c				tomato soup 3/4c	
entrée	beef tips 3oz	deli ham 3oz	rueben sandwich 3oz	tater tot hotdish 1c	shrimp 3oz	grilled cheese - 2oz	roast turkey 3oz, 2T gvy
starch	mashed potato 1/2c		french fries 1/2c	corn 1/2c	baked potato 1/2c		mashed potato 1/2c
vegetable	creamed peas 1/2c	lettuce, tomato, pickle	sauerkraut 1/3c	peaches 1/2 c	prince edward veg 1/2c		green bean cass 1/2c
fruit		strawberries/whip 1/2c	fruit cocktail 1/2c	wheat/white bread - 1		wheat bread 2	cranberry sauce 1/4c
bread	wheat/white bread - 1	wheat bread - 2	rye bread 2		garlic bread 1	choc chip bar 2x2"	stuffing 1/4c
dessert	orange jello salad 1/2c	angel food - 2x2"		milk, juice, coffee	banana bar 2x2"	milk, juice, coffee	milk, juice, coffee
beverage	milk, juice, coffee	milk, juice, coffee	milk, juice, coffee				
daycare	peanut butter apple slices	cheese stick whole grain crackers	applesauce whole grain crackers	yogurt fruit cup	cheerios milk	whole grain goldfish slice cheese	applesauce milk
soup			creamy chkn noodle 3/4c				beef noodle 3/4c
entrée	sloppy joe 3oz	beef meatballs 3oz	3oz egg salad	beef stew 1c	ckn drummies 3oz	ham & scallop pot 1c	deli meat 2oz, cheese1oz
starch	tater tots 1/2c	mashed w/gravy 1/2c			hashbrowns 1/2c		
vegetable	calif blend veg 1/2c	cream corn 1/2c	lettuce, pickles		squash 1/2c	corn 1/2c	coleslaw 1/2c
fruit	grapes 1/2c		mandarin orange 1/2c		baked apples 1/2c	whole wheat roll 1	fruit salad 1/2c
bread	hamburger bun - 1	whole wheat roll 1	round bread - 2	buttered pull apart - 1	corn bread muffin - 1		3" ww sub bun
dessert		carrot cake 2x2"		pumpkin dumpcake 2x2"			
beverage	milk, juice, coffee	milk, juice, coffee	milk, juice, coffee	milk, juice, coffee	milk, juice, coffee	milk, juice coffee	milk, juice, coffee
<p>Meal times: Breakfast is served from 7am-9am; Lunch/Dinner is served at 11:30am; Supper is served at 5:30pm. Water is provided with all meals. Alternatives are available if a resident does not like what is being served. Snacks are served at 10am, 3pm, & 7pm and include items such as fresh fruit, crackers, cheese, pudding, jello, cookies, and ice cream. Daycare will always receive a fruit at a meal instead of dessert.</p>							