

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
milk	Milk 1 C	Milk 1 C	Milk 1 C	Milk 1 C	Milk 1 C	Milk 1 C	Milk 1 C
fruit	fruit juice 3/4 C	fruit juice 3/4 C	fruit juice 3/4 C	fruit juice 3/4 C	fruit juice 3/4 C	fruit juice 3/4 C	fruit juice 3/4 C
cereal	hot cereal 1/2 c Cold Cereal 3/4 c	hot cereal 1/2 c Cold Cereal 3/4 c	hot cereal 1/2 c Cold Cereal 3/4 c	hot cereal 1/2 c Cold Cereal 3/4 c	hot cereal 1/2 c Cold Cereal 3/4 c	hot cereal 1/2 c Cold Cereal 3/4 c	hot cereal 1/2 c Cold Cereal 3/4 c
bread	toast, pancake, waffle	toast, pancake, waffle	toast, pancake, waffle	toast, pancake, waffle	toast, pancake, waffle	toast, pancake, waffle	toast, pancake, waffle
protein	eggs, bacon, sausage	eggs, bacon, sausage	eggs, bacon, sausage	eggs, bacon, sausage	eggs, bacon, sausage	eggs, bacon, sausage	eggs, bacon, sausage
special						cook sweet treat	
daycare	cottage cheese peaches	boiled egg milk	whole wheat toast peanut butter	bran muffin milk	fruit cup milk	teddy grahams yogurt	cheerios milk
soup	potato & bacon 3/4c	hot beef 2oz, 2T gravy	pulled pork 3oz	chicken alfredo 1/2c	lemon pepper fish 3 oz	meat loaf 3oz	sliced ham 3 oz
entrée	ham salad 3oz	mashed potato 1/2c	baked beans 1/2 c	spaghetti noodles 1/2c	rice pilaf 1/2c	loaded mash potato 1/2c	cheesy hashbrowns 1/2c
starch		gr. bean casserole 1/2c	scalloped corn 1/2 c	broccoli 1/2c	carrots 1/2c	squash 1/2c	mixed veg 1/2c
vegetable				mangos 1/2c			
fruit	mixed fruit 1/2c	wheat bread - 1	whole wheat roll - 1	garlic bread - 1	buttered pull apart - 1	wheat/white bread - 1	hawaiian roll -1
bread	round bread- 2	cherry crisp 2x2"	cranberry fluff 1/2c		pudding dessert 2x2"	blueberry cobbler 2x2"	pie - 1 slice
dessert		milk, juice coffee	milk, juice coffee		milk, juice coffee	milk, juice coffee	milk, juice coffee
beverage	milk, juice coffee						
daycare	peanut butter apple slices	cheese stick whole grain crackers	applesauce whole grain crackers	yogurt fruit cup	cheerios milk	whole grain goldfish slice cheese	applesauce milk
soup	creamed chicken 1/2c	stuffed pork chop 3oz	broccoli cheese 3/4c	beef chili 1c	chicken noodle 3/4c	sausage & gravy, 1/2c	bbq chicken leg 3oz
entrée	rice 1/2c	baked potato 1/2c	deli turkey 3oz		egg salad 3oz	hashbrowns 1/2c	mash sweet potato 1/2c
starch	peas 1/2c	beets 1/2c	lettuce, tomato, pickles				scallop corn 1/2c
vegetable		pears 1/2c	bananas in jello 1/2c		mandarin oranges 1/2c	berries w/ whip 1/2c	peaches 1/2c
fruit		wheat/white bread - 1	wheat bread - 2	corn bread muffin 1	croissant 2oz	buttermilk biscuit - 1	whole wheat roll 1
bread	pull apart - 1			apple dump cake 2x2"			
dessert	pumpkin icebox 2x2"	milk, juice, coffee	milk, juice coffee	milk, juice coffee	milk, juice coffee	milk, juice coffee	milk, juice coffee
beverage	milk, juice coffee						
<p>Meal times: Breakfast is served from 7am-9am; Lunch/Dinner is served at 11:30am; Supper is served at 5:30pm.</p> <p>Water is provided with all meals. Alternatives are available if a resident does not like what is being served.</p> <p>Snacks are served at 10am, 3pm, & 7pm and include items such as fresh fruit, crackers, cheese, pudding, jello, cookies, and ice cream.</p> <p>Daycare will always receive a fruit at a meal instead of dessert</p>							