

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
milk	Milk 1 C	Milk 1 C	Milk 1 C	Milk 1 C	Milk 1 C	Milk 1 C	Milk 1 C
fruit	fruit juice 3/4 C	fruit juice 3/4 C	fruit juice 3/4 C	fruit juice 3/4 C	fruit juice 3/4 C	fruit juice 3/4 C	fruit juice 3/4 C
cereal	hot cereal 1/2 c Cold Cereal 3/4 c	hot cereal 1/2 c Cold Cereal 3/4 c	hot cereal 1/2 c Cold Cereal 3/4 c	hot cereal 1/2 c Cold Cereal 3/4 c	hot cereal 1/2 c Cold Cereal 3/4 c	hot cereal 1/2 c Cold Cereal 3/4 c	hot cereal 1/2 c Cold Cereal 3/4 c
bread	toast, pancake, waffle	toast, pancake, waffle	toast, pancake, waffle	toast, pancake, waffle	toast, pancake, waffle	toast, pancake, waffle	toast, pancake, waffle
protein	eggs, bacon, sausage	eggs, bacon, sausage	eggs, bacon, sausage	eggs, bacon, sausage	eggs, bacon, sausage	eggs, bacon, sausage	eggs, bacon, sausage
special						<b>cook sweet treat</b>	
daycare	<b>cottage cheese peaches</b>	<b>boiled egg milk</b>	<b>whole wheat toast peanut butter</b>	<b>bran muffin milk</b>	<b>fruit cup milk</b>	<b>teddy grahams yogurt</b>	<b>cheerios milk</b>
soup	polish sausage 3 oz	hot hamburger 3oz	veg beef soup 3/4c	pork ribs 3oz	chicken & dumplings 1c	beef stroganoff 3oz	pork roast 3oz, 2T gvy
entrée	mashed pot 1/2 c	mashed pot 1/2c, 2T gvy	2oz deli meat, 1oz chs	baked potato 1/2c	broccoli 1/2c	egg noodles 1/2c	mashed pot 1/2c
starch	sauerkraut 1/2c	beets 1/2c	lettuce, tomato, pickle	cheesy green bean 1/2c	mango 1/2c	glazed carrots 1/2c	corn 1/2c
vegetable			mandarin org 1/2c		pull apart -1		
fruit	hot dog bun - 1	wheat/white bread - 1	3" whole wheat sub bun	corn bread muffin - 1	milk, juice, coffee	whole wheat roll - 1	stuffing 1/4c
bread	lemon bar 2x2"	bread pudding 1/2c	milk, juice, coffee	scotcheroo bar 2x2		pineapple ups/dwn 2x2"	pumpkin pie 1 slice
dessert	milk, juice, coffee	milk, juice, coffee		milk, juice, coffee		milk, juice, coffee	milk, juice, coffee
beverage							
daycare	<b>peanut butter apple slices</b>	<b>cheese stick whole grain crackers</b>	<b>applesauce whole grain crackers</b>	<b>yogurt fruit cup</b>	<b>cheerios milk</b>	<b>whole grain goldfish slice cheese</b>	<b>applesauce milk</b>
soup	tomato/meat sauce 1/2c	chicken stuffing cass 1c	calico bean casserole 1c	white chili 1c	patty melt - 3oz	spinach egg bake 3x3	beer cheese 3/4c
entrée	spaghetti 1/2c	mixed veg 1/2c	cream corn 1/2c	baked apples 1/2 c	peas & onions 1/2c	hashbrowns 1/2c	grilled turkey 2oz, chs 1oz
starch	tossed salad 1c	tropical fruit 1/2c	wheat/white bread-1	whole wheat roll 1	wheat bread - 2	peaches/cot chs 1/2c	grapes 1/2c
vegetable	pears 1/2c	whole wheat roll 1	ice cream bar - 1		cookie salad 1/2 c	muffin - 1	wheat bread - 2
fruit	garlic bread - 1 oz	milk, juice, coffee	milk, juice, coffee	milk, juice, coffee	milk, juice, coffee	milk, juice, coffee	milk, juice, coffee
bread							
dessert							
beverage							

**Meal times: Breakfast is served from 7am-9am; Lunch/Dinner is served at 11:30am; Supper is served at 5:30pm.**  
**Water is provided with all meals. Alternatives are available if a resident does not like what is being served.**  
**Snacks are served at 10am, 3pm, & 7pm and include items such as fresh fruit, crackers, cheese, pudding, jello, cookies, and ice cream.**  
**Daycare will always receive a fruit at a meal instead of dessert**