

11/23/21

Dear Families:

Last week the Centers for Medicaid and Medicare Services (CMS) sent a directive to long term care facilities per CDC recommendations that visitation in nursing homes is to be allowed at all times for all residents, not limit the frequency, length of visit, the number of visitors or require advance scheduling of visits.

While this is great news for our residents, the facility has many reservations about “opening” the building in this way due to the high positivity rate of COVID 19 in the State of Michigan. Every time a resident has a visitor or goes out on a visit, they or fellow residents are at risk for exposure. To be clear, the facility cannot care for COVID 19 residents by law as we are not a COVID Recovery Center (CRC). This means an infected resident will be sent out to the hospital or a COVID Recovery Center for the duration of the illness. The closest CRC in our area is in Frankenmuth and there are several in the Detroit area.

In the past month, we have had one vaccinated resident contract COVID 19 from a family visit, we’ve had 2 staff members test positive and just yesterday, 1 staff had an exposure and is at home in quarantine. COVID 19 is rampant in Genesee County. Eighty-eight percent of our residents are fully vaccinated and 66% of our staff are. Residents who have had COVID 19 and are fully vaccinated are less prone to contract the virus again, however they can “shed” the virus to others. Those residents who have not had COVID 19 and are fully vaccinated are at risk as well as the 6 unvaccinated residents who currently reside here.

The facility has revised its Visitation Policy and it, and other documents pertaining to visitation, are posted to our website. (Families will also be getting a mailed copy of these documents.)

During this period of high COVID 19 positivity rates, the facility is asking for you to do the following to keep our residents safe:

1. DO NOT visit if you are sick.
2. All visitors will continue to need to be screened prior to entering the facility.
3. We request all visitors, regardless of vaccination status, be tested for COVID 19 because of the high rate of transmission currently in Michigan. This will be done after screening. Records of testing will be given to the facility’s Infection Preventionist.
4. Hand hygiene is to be performed upon arrival and entrance to the building. We encourage you to please use hand sanitizer frequently while in the building and upon exit.
5. Visitors must read and agree to follow the provided “How to Protect Yourself and Others” handout.
6. Masks must be correctly worn, (e.g., masks completely covers nose and mouth), for all resident/visitor contact regardless if visitation is inside or out. Per MDHHS’s Public

Health Advisory on the 19<sup>th</sup> of November, "All Michiganders, regardless of vaccination status, should wear a mask in indoor public settings."

7. Social distancing, e.g., 6 feet apart, is to be maintained.
8. There can be NO wandering in the halls, you must be escorted to your resident.
9. We ask that you call ahead of your visit to let us know what time you are coming prior to visit to avoid wait times for staff to escort you to the resident. We will also tell you at that time which facility entrance to use, either the deck or office entrance.
10. We suggest that your visit last no more than 30 minutes. More than 30 minutes puts the resident more at risk for exposure per CDC guidelines.
11. Please limit the number of visitors to 3 if at all possible. Testing and screening takes staff time and takes them away from caring for other residents.
12. If possible, we ask that your visit be between the hours of 9:00 a.m. to 5:00 p.m. as we have more staff available to escort, screen, and test you. Remember also, dining times of noon to 4:30 p.m.
13. Failure to follow visitation rules will result in no future visitation per CMS and MDHHS Directives.

We thank you for your continued cooperation and understanding. These have been the most challenging of times for our residents, families and staff. We pray that our residents and the facility do not have to endure another COVID 19 outbreak. To say our outbreak last year was "horrific" is an understatement. Please, let us all continue to work together to keep everyone safe.

Sincerely,

Argentine Care Center, Inc.



Kerri Stiverson Messer  
Administrator

## Interim COVID-19 Visitation

Date Implemented:	11-23-21	Date Reviewed/ Revised:	11-23-21	Reviewed/ Revised By:	V Warner RN
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### Policy:

This facility will allow visitation of all visitors and non-essential health care personnel and can be conducted through different means based on the facility's structure and residents' needs, such as in resident rooms, dedicated visitation spaces, and outdoors. The visitation will be person-centered, consider the resident's physical, mental, and psychosocial well-being, and support their quality of life. Exceptions will be in accordance with current CMS directives and CDC recommendations, or as directed by state government (whichever is more stringent).

### Definitions:

**"Fully Vaccinated"** refers to a person who is  $\geq 2$  weeks following receipt of the second dose in a 2-dose series, or  $\geq 2$  weeks following receipt of one dose of a single-dose vaccine.

**"Unvaccinated"** refers to a person who does not fit the definition of "fully vaccinated," including people whose vaccination status is not known.

### Policy Explanation and Compliance Guidelines:

1. The Infection Preventionist will monitor the status of the COVID-19 situation through the CDC website and local/state health department, and will keep facility leadership informed of current directives/recommendations and the need for restricting visitation if indicated.
2. The facility will communicate this visitation policy through multiple channels. Examples include signage, calls, letters, social media posts, emails, and recorded messages for receiving calls.
3. Non-essential staff, as designated in emergency preparedness plans, will be notified through routine and emergency communication procedures for staff.
4. The core principles of COVID-19 infection prevention will be adhered to and as follows:
  - a. Visitors who have a positive viral test for COVID-19, symptoms of COVID-19, or currently meet the criteria for quarantine, should not enter the facility. The facility will screen all who enter for these visitation exclusions.
  - b. Visitors will be counseled about their potential to be exposed to COVID-19 in the facility.
  - c. Hand hygiene, using an alcohol-based hand rub, will be performed by the resident and the visitors before and after contact.
  - d. A well-fitting cloth mask, facemask, or respirator covering the mouth and nose, will be worn at all times except in certain situations.
  - e. Physical distancing at least six feet between persons will be observed.
  - f. Instructional signage throughout the facility and proper visitor education on COVID-19 signs and symptoms, infection control precautions, and other applicable facility practices will be conducted.
  - g. Cleaning and disinfection of highly touched surfaces in the facility and in designated visitation areas after each visit will be performed.
  - h. Staff will adhere to the appropriate use of personal protective equipment (PPE).
  - i. The facility will utilize effective strategies of cohorting residents (e.g., separate areas dedicated to COVID-19 care).
  - j. The facility will conduct resident and staff testing as per current CMS guidance.
  - k. Physical barriers (e.g., clear Plexiglass dividers, curtains) will be used to ensure privacy and reduced risk of transmission during in-person visits.
  - l. Visitors who are unable to adhere to these principles of COVID-19 infection prevention will not be permitted to visit or will be asked to leave.

5. Outdoor visitation will be conducted in a manner that reduces the risk of COVID-19 transmission as follows and is the preferred method when the resident and/or visitor are not fully vaccinated against COVID-19:
  - a. Visits will be held outdoors whenever practicable and will be facilitated routinely barring weather conditions, a resident's health status or the facility's outbreak status.
  - b. Resident should wear well-fitting source control (if tolerated), maintain physical distancing from others, and not linger in common spaces when moving from their rooms to the outdoors.
  - c. The facility will have an accessible and safe outdoor space (*designate space*) in which to conduct outdoor visitation.
6. Indoor visitation will be conducted in a manner that reduces the risk of COVID-19 transmission based on the following guidelines:
  - a. The facility will allow indoor visitation at all times and for all residents and will not limit the frequency and length of visits, the number of visitors, or require advance scheduling of visits.
  - b. Visits will be conducted in a manner that adheres to the core principles of COVID-19 infection prevention and does not increase risk to other residents.
  - c. Physical distancing will be maintained during peak times of visitation.
  - d. Visitors should still wear source control and physically distance from other residents, staff, and other visitors that are not part of their group in the facility regardless of vaccination status.
  - e. Visitors will go directly to the resident's room or designated visitation area.
  - f. A visit in the resident's room will not be conducted if the resident's roommate is unvaccinated or immunocompromised (regardless of vaccination status), but if unable, the facility will allow in-room visitation while adhering to the core principles of infection prevention.
  - g. If the facility's county COVID-19 community level of transmission is substantial to high, all residents and visitors, regardless of vaccination status, should wear face coverings or masks and physically distance, at all times.
  - h. If the facility's county COVID-19 community level of transmission is low to moderate, residents and visitors should wear face coverings or masks and physically distance, particularly if either of them is at increased risk for severe disease or are unvaccinated.
  - i. If the resident and all of their visitor(s) are fully vaccinated and the resident is not moderately or severely immunocompromised, they may choose not to wear face coverings or masks and to have physical contact.
  - j. For residents who are on transmission-based precautions or quarantine, visits may occur in the resident's room and the resident should wear a well-fitted facemask (if tolerated). Visitors will be made aware of the potential risk of visiting and precautions necessary in order to visit and should adhere to the core principles of infection prevention.
  - k. Residents regardless of vaccination status, may choose to have close contact (including physical touch) based on their preferences and needs, but unvaccinated residents (or their representatives) and their visitors should be advised of the risk of physical contact prior to the visit.
7. When a new case of COVID-19 among staff or residents is identified, the facility will immediately begin an outbreak investigation and adhere to CMS regulations and guidance for COVID-19 testing, including routine unvaccinated staff testing, testing of individuals with symptoms and outbreak testing. See *Coronavirus Testing Policy*.
8. Visits will be allowed during outbreak investigations, but visitors will be made aware of the potential risk of visiting during the outbreak investigation and adhere to the core principles of infection prevention. If visiting, during this time, residents and their visitors should wear face coverings or masks during the visits, regardless of vaccination status, and visits should ideally occur in the resident's room.
9. Visitors will be notified about the potential for COVID-19 exposure in the facility (e.g. appropriate signage regarding current outbreaks), and adhere to the core principles of COVID-19 infection and prevention, including effective hand hygiene and use of face coverings.
10. Compassionate care visits and visits required under the federal disability rights laws will be allowed at all times. If the resident is in transmission-based precautions or quarantine, or an unvaccinated resident is in a county where the level of community transmission is substantial or high in the past 7 days, the resident and

- visitor(s) should be made aware of the potential risk of visiting and the visit should take place in the resident's room.
11. Ombudsmen who plan to visit a resident in transmission-based precautions or quarantine, or an unvaccinated resident in the facility in a county where the level of community transmission is substantial or high in the past 7 days, the ombudsman and resident, will be made aware of the potential risk of visiting and the visit should take place in the resident's room.
  12. Alternative communication methods (phone or other technology) may be used if the resident or Ombudsman program requests it in lieu of an in-person visit.
  13. Visitor testing will be provided, especially during times when substantial or high levels of community transmission is present. If the facility does not offer testing, the facility should encourage visitors to be tested on their own before coming to the facility (e.g., within 2-3 days).
  14. The facility may ask about a visitor's vaccination status, however, visitors will not be required to be tested or vaccinated (or show proof of such) as a condition of visitation. If the visitor declines to disclose their vaccination status, the visitor should wear a face covering or mask at all times.
  15. All healthcare workers will be permitted to come into the facility as long as they are not subject to a work exclusion or showing signs or symptoms of COVID-19. This includes personnel educating and assisting in resident transitions to the community.
  16. Communal activities (including group activities, communal dining, and resident outings):
    - a. Communal activities and dining may occur, but regardless of vaccination status, everyone should wear a face covering or mask while in the communal areas of the facility.
    - b. Residents are permitted to leave the facility as they choose. The facility will remind the resident and any individual accompanying the resident to follow all recommended infection prevention practices including wearing a face covering or mask, physical distancing, and hand hygiene and to encourage those around them to do the same.
    - c. Upon the resident's return, the facility will take the following actions:
      - i. If the resident or family member reports possible close contact to an individual with COVID-19 while outside the facility, test the resident for COVID-19, regardless of vaccination status. Place the resident on quarantine if the resident has not been fully vaccinated.
      - ii. If the resident develops signs or symptoms of COVID-19 after the outing, test the resident for COVID-19 and place the resident on Transmission-Based Precautions, regardless of vaccination status.
    - d. The facility may opt to test unvaccinated residents without signs or symptoms if they leave the nursing home frequently or for a prolonged length of time, such as over 24 hours.
    - e. The facility may consider quarantining unvaccinated residents who leave the facility, if based on an assessment of risk, uncertainty exists about the adherence or the adherence of those around them to recommended infection prevention measures.
    - f. The facility will monitor residents for signs and symptoms of COVID-19 daily.
    - g. Residents who leave the facility for 24 hours or longer should be managed as a new admission or readmission and follow current CDC guidance. See *Novel Coronavirus Prevention and Response Policy*.

**References:**

Centers for Disease Control and Prevention. *Interim Infection Prevention and Control Recommendations for Healthcare Personnel During the Coronavirus Disease 2019 (COVID-19) Pandemic*. Located at: <https://www.cdc.gov/coronavirus/2019-ncov/hcp/infection-control-recommendations.html>. Accessed September 2021.

Centers for Medicare & Medicaid Services. (November 12 2021) *QSO-20-39-NH: Nursing Home Visitation – COVID-19 (REVISED)*.

# HOW TO PROTECT YOURSELF AND OTHERS

## Get a COVID-19 vaccine

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- COVID-19 vaccines are effective at keeping you from getting COVID-19, especially severe illness and death.
- Vaccines are safe, effective, and free!

## Wear a mask

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In indoor public places, people ages 2 and older should wear a mask if they are:

- Not fully vaccinated
- Fully vaccinated in an area with substantial or high transmission
- Fully vaccinated with weakened immune systems

In general, in outdoor settings, you do not need to wear a mask.

In areas with high numbers of COVID-19 cases, consider wearing a mask in crowded outdoor settings and for activities with close contact with others who are not fully vaccinated.

## Stay 6 feet from others

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Stay 6 feet apart from people who don't live in your household.

Remember that some people without symptoms may be able to spread the virus.

Keeping distance from others is especially important for people are at higher risk of getting very sick.

## Avoid crowds and poorly ventilated places

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Being in crowds like in restaurants, bars, fitness centers, or movie theaters puts you at higher risk for COVID-19.

Avoid indoor spaces that do not offer fresh air from the outdoors as much as possible.

If indoors, bring in fresh air by opening windows and doors, if possible.



[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)

## Wash your hands often

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Wash your hands often with soap and water, especially after you have been in a public place.

If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.

Avoid touching your eyes, nose, and mouth with unwashed hands.

## Cover coughs and sneezes

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Always cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow. Do not spit.

Throw used tissues in the trash.

Immediately wash your hands with soap and water or use hand sanitizer that contains at least 60% alcohol.

## Clean and disinfect

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Clean high touch surfaces daily.

If someone is sick or has tested positive for COVID-19, disinfect frequently touched surfaces.

If surfaces are dirty, clean them using detergent or soap and water prior to disinfection.

## Monitor your health daily

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Be alert for symptoms.

Watch for fever, cough, shortness of breath, or other symptoms of COVID-19.

Take your temperature if symptoms develop.

If you have symptoms, especially if you've been around someone with COVID-19, get tested as soon as possible.