



Spring & Summer Menu

Week 1

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Egg patty on a Biscuit Maple Flavored Oatmeal Juice of Choice Beverage of Choice	Scrambled Eggs Crispy Bacon Banana Bread Creamy Grits Beverage of Choice	Yogurt Parfait Cinnamon French Toast Maple Flavored Oatmeal Juice of Choice Beverage of Choice	Scrambled eggs Sausage Patty Creamy Grits Pancakes Beverage of Choice	Cheese Quiche Crispy Bacon Maple flavored Oatmeal Orange Blossom Muffin Beverage of Choice	Scrambled eggs Sausage Gravy Biscuit Creamy Grits Beverage of choice	Mexican Style Eggs Waffle Maple flavored oatmeal juice of choice Beverage of choice
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Fish with Tarragon Sauce Buttered Corn Seasoned Carrots Corn bread Tropical Fruit Beverage of choice	Roast Beef & Cheddar Sandwich Texas Caviar Cucumber onion salad Strawberry Shortcake Beverage of Choice	Seasoned baked chicken Poultry Gravy Mashed potatoes Collard Greens Hummingbird Cake Beverage of Choice	Country Fried Steak Saw dust Gravy Mashed Potatoes Seasoned Green Beans Peach Cobbler Beverage of Choice	Bangladeshi Chicken With Apple Cream sauce Seasoned Green Beans Steamed Rice Brownie Beverage of Choice	Harborview Fish Fry Promise Land Sauce Seasoned Couscous Garden Green Peas Mandarin Oranges Beverage of choice	Turkey & Cheese Sandwich Cucumber Tomato salad Potato salad Ambrosia Beverage of choice
Lunch Alternate	Lunch Alternate	Lunch Alternate	Lunch Alternate	Lunch Alternate	Lunch Alternate	Lunch Alternate
Bbq Pork Rib on a bun Garden Green Peas	Hawaiian Chicken Wrap Green Pea Salad	Pork with Mango salsa California Vegetables	Salisbury Steak & Gravy Buttered Beans	Glazed Ham Cream Style Corn	Hamburger Seasoned Broccoli	Tuna Salad Croissant Mixed vegetable salad
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Asia Chicken Stir fry Steamed Rice Dinner Roll Pears with cherries Choice of Beverage	Honey Glazed Ham Au Gratin Potatoes California Vegetables Fresh cornbread Baked Apples Choice of Beverage	Spaghetti with Meat sauce Capri Blend Vegetables Garlic Bread Peaches & Cream Choice of Beverage	Cheese Quiche Sausage Patty Herbed baked tomatoes Fruit Bread Fruit Basket Crumble Choice of Beverage	Shrimp Burger Oven fried potatoes Creole Yellow Squash Dinner roll Pineapple Tidbits Choice of Beverage	Honey BBQ Chicken Baked Sweet potato Broccoli Casserole Dinner roll Banana Pudding Choice of Beverage	Pot Roast Carrots & Celery Potatoes & onions Dinner roll Daffodil cake Choice of Beverage
Dinner Alternate	Dinner Alternate	Dinner Alternate	Dinner Alternate	Dinner Alternate	Dinner Alternate	Dinner Alternate
Oriental Beef & Broccoli	Oven Fried Chicken Field peas & Snaps	Chicken & Pastry Okra & Tomatoes	Pam's Malibu Chicken Garden Vegetable Pasta	Honey Lemon Chicken Glazed Carrots	Breaded Pork Steak Calico Slaw	Cheese Quiche French Green Beans
5/31/15-9/19/15						