

<u>Sunday</u> 1/6/2019	<u>Monday</u> 1/7/2019	<u>Tuesday</u> 1/8/2019	<u>Wednesday</u> 1/9/2019	<u>Thursday</u> 1/10/2019	<u>Friday</u> 1/11/2019	<u>Saturday</u> 1/12/2019
<b><u>BREAKFAST</u></b>	<b><u>BREAKFAST</u></b>	<b><u>BREAKFAST</u></b>	<b><u>BREAKFAST</u></b>	<b><u>BREAKFAST</u></b>	<b><u>BREAKFAST</u></b>	<b><u>BREAKFAST</u></b>
Hot/Cold Cereal French Toast or Toast Bacon Fried/scrambled Egg Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Bagel and Cream Cheese or Toast Sausage Patty Hard Boiled Egg Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Toast Ham Patty Denver Omelet Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Sweet Bread or Toast Sausage Link Fried/scrambled Egg Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Toast Bacon Baked Eggs Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal English Muffin or Toast Ham Patty Fried/scrambled Egg Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Coffee Cake or Toast Sausage Patty Hard Boiled Egg Fruit/juice Milk Coffee/Tea/HC
<b><u>DINNER</u></b>	<b><u>DINNER</u></b>	<b><u>DINNER</u></b>	<b><u>DINNER</u></b>	<b><u>DINNER</u></b>	<b><u>DINNER</u></b>	<b><u>DINNER</u></b>
Roasted Chicken Breast Pulled Pork Cooked Spinach Garlic Mashed Potatoes* Tropical Fruit Salad Crescent Roll Pie	Stuffed Peppers Chicken Parmesan Winter Blend Baby Baker Potatoes Apples and Caramel Alfredo Noodle Better than Life Cake	Taco Salad Hamburger On a Bun Borscht Shoe String Potatoes Diced Peaches Breadstick Glorified Rice	Chicken Strips Kielbasa Raw Carrots Waffle Fries Grapes Mac & Cheese Cup Cakes	Lasagna Philly Beef Sandwich Onions & Peppers & Side Salad Baked Diced Potatoes Sliced Strawberries Cookie Salad	Breaded Cod Meatballs in Brown Gravy Creamed Peas and Potatoes Broccoli and Cauliflower Cherries Buttered Bread Dessert	Chicken Patty on a Bun Hot Dog on a Bun Potato Wedges Creamy Coleslaw Mandarin Oranges Rice Krispy Treat
<b><u>SUPPER</u></b>	<b><u>SUPPER</u></b>	<b><u>SUPPER</u></b>	<b><u>SUPPER</u></b>	<b><u>SUPPER</u></b>	<b><u>SUPPER</u></b>	<b><u>SUPPER</u></b>
Italian Beef Sandwich Chicken Noodle Soup Baked Carrots Cranberry/Grape Juice Kuchen	Pancakes Scrambled Eggs Party Potatoes Oranges Wedges	Chicken Salad with Crackers Broccoli Cheese Soup Side Salad Spiced Pears Corn Bread Muffin Strawberry Rhubarb Dessert	Chicken Milano Italian Blend Mixed Fruit Garlic Toast Pudding	Loaded Baked Potato Chili Broccoli Banana Breadstick Dessert	Bologna and Cheese on Bun Clam Chowder Mixed Vegetable Chilled Peaches Dessert	Crab Salad with crackers French Onion Soup Normandy Blend Applesauce Crackers Bar
<b><u>PM Snack</u></b>	<b><u>PM Snack</u></b>	<b><u>PM Snack</u></b>	<b><u>PM Snack</u></b>	<b><u>PM Snack</u></b>	<b><u>PM Snack</u></b>	<b><u>PM Snack</u></b>
Pound Cake	Cookie	Meat Salad and Crackers	Ice Cream	Pretzels	Fresh Fruit	Cucumbers and Dip

<u>Sunday</u> 1/13/2019	<u>Monday</u> 1/14/2019	<u>Tuesday</u> 1/15/2019	<u>Wednesday</u> 1/16/2019	<u>Thursday</u> 1/17/2019	<u>Friday</u> 1/18/2019	<u>Saturday</u> 1/19/2019
<b><u>BREAKFAST</u></b>	<b><u>BREAKFAST</u></b>	<b><u>BREAKFAST</u></b>	<b><u>BREAKFAST</u></b>	<b><u>BREAKFAST</u></b>	<b><u>BREAKFAST</u></b>	<b><u>BREAKFAST</u></b>
Hot/Cold Cereal Pancakes or Toast Bacon Fried/scrambled Egg Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Toast Sausage Patty Hard Boiled Egg Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Breakfast Sandwich Ham Patty Egg Patty Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Donut or Toast Sausage Link Fried/scrambled Egg Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Muffin Or Toast Bacon Baked Eggs Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Coffee Cake Or Toast Ham Patty Fried/scrambled Egg Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Toast Sausage Patty Hard Boiled Egg Fruit/juice Milk Coffee/Tea/HC
<b><u>DINNER</u></b>	<b><u>DINNER</u></b>	<b><u>DINNER</u></b>	<b><u>DINNER</u></b>	<b><u>DINNER</u></b>	<b><u>DINNER</u></b>	<b><u>DINNER</u></b>
Roast Beef  Smothered Pork Chop Mashed Potato & Gravy Steamed Brussel Sprouts Spiced Pears Dinner Roll Pie	Sausage/Sauerkraut/Knoep hla  Grilled Chicken Salad  Asparagus Candied Carrots Berry Medley Breadstick Dessert	Meat Loaf  Chicken Drummies  Squash Baked Potato Banana Dinner Roll Apple Crisp	Pork Chops and Rice  Beef Tips and Gravy  Twice Baked Potato Green Bean Casserole Blushing Pears Buttered Bread Kuchen	Ham Salad with Crackers  Sweet n Sour Chicken  Borscht Stir Fry Veggie Peaches Egg Roll And Fried Rice Blonde Brownies	Cheese Pizza  Chicken Noodle Casserole  Yams Waffle Fries Spiced Apple Ring Boston Cream Cake	Corn Flaked Chicken  Roast Pork and gravy  Mashed Potato Peas and Carrots Apricots Dinner Roll Pudding Dessert
<b><u>SUPPER</u></b>	<b><u>SUPPER</u></b>	<b><u>SUPPER</u></b>	<b><u>SUPPER</u></b>	<b><u>SUPPER</u></b>	<b><u>SUPPER</u></b>	<b><u>SUPPER</u></b>
Chicken and Dumpling Soup  Hot Beef Sandwich Lettuce Salad Fruit and Yogurt Parfait	Summer Sausage Sandwiches  Minestrone Soup  Pineapple Tidbits  Dessert	Quiche  Breakfast Potatos V-8 Juice Fruit Cup Toast	Ham and Mac and Cheese  Brussel Sprouts Apricot Halves  Lemon Cake	French Toast  Sausage Patty Hashbrowns Strawberries and Cream  Dessert	Chicken Pilaf  Harvard Beets Grapes  Cookie	Turkey , Cheese, Lettuce, & Tomato Sandwich  Pickle Spear  Mac and Tomatoes Berry Crisp
<b><u>PM Snack</u></b>	<b><u>PM Snack</u></b>	<b><u>PM Snack</u></b>	<b><u>PM Snack</u></b>	<b><u>PM Snack</u></b>	<b><u>PM Snack</u></b>	<b><u>PM Snack</u></b>
Gold Fish Crackers	Cookie	Coffee Cake	Meat and Cheese and Crackers	Pretzels	Pudding	Fresh Veggies

<u>Sunday</u> 1/20/2019	<u>Monday</u> 1/21/2019	<u>Tuesday</u> 1/22/2019	<u>Wednesday</u> 1/23/2019	<u>Thursday</u> 1/24/2019	<u>Friday</u> 1/25/2019	<u>Saturday</u> 1/26/2019
<b><u>BREAKFAST</u></b>	<b><u>BREAKFAST</u></b>	<b><u>BREAKFAST</u></b>	<b><u>BREAKFAST</u></b>	<b><u>BREAKFAST</u></b>	<b><u>BREAKFAST</u></b>	<b><u>BREAKFAST</u></b>
Hot/Cold Cereal Waffle or Toast Bacon  Fried/scrambled Egg Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Toast Sausage Patty  Hard Boiled Egg Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Donut or Toast  Ham and cheese Omelet Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Muffin or Toast Sausage Link  Fried/scrambled Egg Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Raisin Bread or Toast Bacon  Baked Eggs Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Cinnamon Roll or Toast Ham Patty  Fried/scrambled Egg Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Kuchen or Toast Sausage Patty  Hard Boiled Egg Fruit/juice Milk Coffee/Tea/HC
<b><u>DINNER</u></b>	<b><u>DINNER</u></b>	<b><u>DINNER</u></b>	<b><u>DINNER</u></b>	<b><u>DINNER</u></b>	<b><u>DINNER</u></b>	<b><u>DINNER</u></b>
Glazed Ham  Roasted Turkey Side Salad  Baked Potato Peaches and Cream Dressing Pie	Bacon Ranch Chicken  Meatloaf Roasted Potatos  Normandy Blend Vegetable Fruit cocktail Seasoned Noodles Angel Food Cake	Fried Chicken  Baked Pork Chop Mashed Potatoes*  Cooked Spinach Mandarin Oranges Dinner Roll Cookie	Cheeseburger on bun  Hot Ham and Cheese French Fries*  Knoephla Soup Chilled Pears Bar	Baked Chicken Thigh Cheese Tortellini with Marinara Augratin Potatoes  Candied Carrots Blueberries  Cake	Lemon Pepper Tilapia  Swedish Meatballs Mashed Potatoes*  Green Beans Diced Peaches Seasoned Rice Pudding Dessert	Chicken Pot Pie  Liver and Onions Fried Potatoes  Mixed Vegetable Apricots Dinner Roll Dessert
<b><u>SUPPER</u></b>	<b><u>SUPPER</u></b>	<b><u>SUPPER</u></b>	<b><u>SUPPER</u></b>	<b><u>SUPPER</u></b>	<b><u>SUPPER</u></b>	<b><u>SUPPER</u></b>
Beef Stroganoff Noodles  Green Beans Mandarin Oranges Chocolate Cake	Pancakes and fruit Ham Patties  V-8 Juice Breakfast Potatoes Mixed Berries	Beef Stew Ham Salad with Crackers  Side Salad Chilled Peaches Crackers Biscuits	Goulash Corn  Banana  Butterscotch Pudding	Sloppy Joe on a Bun Beer Cheese Soup Sliced Cucumbers with ranch Tropical Fruit	Tuna Melt Potato Soup  Seasoned Sugar Snap Peas Cinnamon Apple Sauce  Dessert	Turkey Noodle Hot dish Hamburger Soup  Broccoli & Cauliflower Salad Canned Cranberries  Dessert
<b><u>PM Snack</u></b>	<b><u>PM Snack</u></b>	<b><u>PM Snack</u></b>	<b><u>PM Snack</u></b>	<b><u>PM Snack</u></b>	<b><u>PM Snack</u></b>	<b><u>PM Snack</u></b>
Banana	Gold Fish Crackers	Pretzels	Jell-O	Pudding	Fresh Fruit	Cheese Cubes and Crackers

<u>Sunday</u> 1/27/2019	<u>Monday</u> 1/28/2019	<u>Tuesday</u> 1/29/2019	<u>Wednesday</u> 1/30/2019	<u>Thursday</u> 1/31/2019	<u>Friday</u> 2/1/2019	<u>Saturday</u> 2/2/2019
<b><u>BREAKFAST</u></b>	<b><u>BREAKFAST</u></b>	<b><u>BREAKFAST</u></b>	<b><u>BREAKFAST</u></b>	<b><u>BREAKFAST</u></b>	<b><u>BREAKFAST</u></b>	<b><u>BREAKFAST</u></b>
Hot/Cold Cereal Pancake or Toast Bacon Fried/scrambled Egg Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Danish or Toast Sausage Patty Hard Boiled Egg Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal English Muffin or Toast Egg Bake Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal French Toast Sticks or Toast Sausage Link Fried/scrambled Egg Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Caramel Rollor Toast Bacon Baked Eggs Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Toast Ham Patty Fried/scrambled Egg Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Sweet Bread or Toast Sausage Patty Hard Boiled Egg Fruit/juice Milk Coffee/Tea/HC
<b><u>DINNER</u></b>	<b><u>DINNER</u></b>	<b><u>DINNER</u></b>	<b><u>DINNER</u></b>	<b><u>DINNER</u></b>	<b><u>DINNER</u></b>	<b><u>DINNER</u></b>
Roasted Pork Corned Beef Squash Boiled Potatoes Applesauce Corn Bread Pie	Grilled Chicken Salad Hot Beef and Cheddar Sandwich Potato Chips Borscht Mixed Fruit Breadstick Ginger Bread	Turkey and Dressing Sweet and Sour Meatballs Mashed Potatoes* Asparagus Ambrosia Seasoned Rice Dessert	Hamburger Gravy BBQ Chicken Wings Creamed Corn Mashed Potatoes Bake Cinnamon Apple Slices Bread Pretzel Dessert	Pork Noodle Hot dish Beef Burgundy Cucumber Salad Steamed Brussel Sprouts Peaches and Cream Buttered Noodles Dessert	Grilled Cheese Sandwich Cobb Salad French Fries Tomato Soup Diced Pears Garlic Toast Crazy Cake	Braunschweiger on a Bun Pork Chop on Rice Green Beans Side Salad Banana Dessert
<b><u>SUPPER</u></b>	<b><u>SUPPER</u></b>	<b><u>SUPPER</u></b>	<b><u>SUPPER</u></b>	<b><u>SUPPER</u></b>	<b><u>SUPPER</u></b>	<b><u>SUPPER</u></b>
Cheese Burger on a bun Tomato, lettuce, onion, pickles Fries Blushing Pears Dessert	Corn Chowder Summer Sausage and Cheese Sandwich Fresh Carrots with Dip Apricots Dessert	Broccoli Chicken Alfredo Side Salad Chilled Peaches Garlic Toast Cookie	Ham Salad Sandwich Vegetable Soup Diced Pears Crackers Cake	Chicken Drummies Bean and Ham Soup Normandy Blend Vegetable Apricots Toast Dessert	French Toast Scrambled Eggs Hash browns Fruit Topping Tomato Juice	Turkey and Swiss Cheese Sandwich Knoephla Soup Candied Carrots Peach Sauce in Jell-O
<b><u>PM Snack</u></b>	<b><u>PM Snack</u></b>	<b><u>PM Snack</u></b>	<b><u>PM Snack</u></b>	<b><u>PM Snack</u></b>	<b><u>PM Snack</u></b>	<b><u>PM Snack</u></b>
Graham Crackers	Party Sandwiches	Ice Cream Sundae	Pound Cake	Celery Sticks with Peanut butter	Yogurt and fruit	Cookie

<u>Sunday</u> 2/3/2019	<u>Monday</u> 2/4/2019	<u>Tuesday</u> 2/5/2019	<u>Wednesday</u> 2/6/2019	<u>Thursday</u> 2/7/2019	<u>Friday</u> 2/8/2019	<u>Saturday</u> 2/9/2019
<b><u>BREAKFAST</u></b>	<b><u>BREAKFAST</u></b>	<b><u>BREAKFAST</u></b>	<b><u>BREAKFAST</u></b>	<b><u>BREAKFAST</u></b>	<b><u>BREAKFAST</u></b>	<b><u>BREAKFAST</u></b>
Hot/Cold Cereal Danish Or Toast Bacon Fried/scrambled Egg Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Toast Sausage Patty Hard Boiled Egg Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Muffin or Toast Ham Patty Western Omelet Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Donut or Toast Sausage Link Fried/scrambled Egg Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Kuchen or Toast Bacon Baked Eggs Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Toad in the Hole Ham Patty Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Toast or Coffee Cake Sausage Patty Hard Boiled Egg Fruit/juice Milk Coffee/Tea/HC
<b><u>DINNER</u></b>	<b><u>DINNER</u></b>	<b><u>DINNER</u></b>	<b><u>DINNER</u></b>	<b><u>DINNER</u></b>	<b><u>DINNER</u></b>	<b><u>DINNER</u></b>
Fried Chicken Pork Ribs and Sauerkraut Potato Chips Creamy Potato Salad Mixed fruit Corn Bread Muffin Pie	Turkey Ala King Porcupine Meatballs Buttered Beets Mashed Potato Chilled Peaches Buttered Bread Pumpkin Bars	Beef Pot Roast Chef Salad Mashed Potatoes* Carrots, Potatoes, Onions, Celery Mandarin Oranges Dinner Roll German Chocolate Cake	Biscuits and Gravy Reuben Casserole Breakfast Potatoes Green Beans Apricot halves Apple Sauce Jell-O	Sesame Chicken With Egg Roll French Dip with Aujus Coleslaw Oven Roasted Potatoes Pineapple Tidbits Fried Rice Cream Puffs	Cheese Buttons Lil' Smokies Carrot Sticks and dip Borscht Grapes Dinner Roll Pudding	Chicken Fried Steak Spaghetti and Meatballs Mashed Potatoes* Creamed Corn Berry Medley Pineapple Upside Cake
<b><u>SUPPER</u></b>	<b><u>SUPPER</u></b>	<b><u>SUPPER</u></b>	<b><u>SUPPER</u></b>	<b><u>SUPPER</u></b>	<b><u>SUPPER</u></b>	<b><u>SUPPER</u></b>
Egg Salad on Bun Beef Barley Soup Normandy Blend Bananas Crackers Chocolate pudding with Vanilla Wafers	Waffles Bacon Hash browns Sliced Strawberries with Cream	Shipwreck Brown sugar Squash Chilled Pears Corn Bread Cookie	Ham & Cheese Sandwich Lasagna Soup Italian Blend Fruit Salad	Chicken and Dumplings Side Salad Blueberries Brownies	Chicken and Wild Rice Soup Tuna Salad on Toast Cheesy Broccoli & Cauliflower Peaches Dessert	Beef Pot Pie Buttered Beets Carmel Apple Slices Biscuit
<b><u>PM Snack</u></b>	<b><u>PM Snack</u></b>	<b><u>PM Snack</u></b>	<b><u>PM Snack</u></b>	<b><u>PM Snack</u></b>	<b><u>PM Snack</u></b>	<b><u>PM Snack</u></b>
Pretzels	Bar	Crackers and meat slices	Pudding	Cookie	Cheese Cubes	Cake

<u>Sunday</u> 2/10/2019	<u>Monday</u> 2/11/2019	<u>Tuesday</u> 2/12/2019	<u>Wednesday</u> 2/13/2019	<u>Thursday</u> 2/14/2019	<u>Friday</u> 2/15/2019	<u>Saturday</u> 2/16/2019
<b><u>BREAKFAST</u></b>	<b><u>BREAKFAST</u></b>	<b><u>BREAKFAST</u></b>	<b><u>BREAKFAST</u></b>	<b><u>BREAKFAST</u></b>	<b><u>BREAKFAST</u></b>	<b><u>BREAKFAST</u></b>
Hot/Cold Cereal  Waffle or Toast  Bacon Fried/scrambled Egg Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal  Toast  Sausage Patty Hard Boiled Egg Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal  Sweet Bread or Toast  Ham Patty Fried/scrambled Egg Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal  English Muffin or Toast  Sausage Link Fried/scrambled Egg Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal  Muffin or Toast  Bacon Baked Eggs Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal  Donut or Toast  Ham Patty Fried/scrambled Egg Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal  Toast  Sausage Patty Hard Boiled Egg Fruit/juice Milk Coffee/Tea/HC
<b><u>DINNER</u></b>	<b><u>DINNER</u></b>	<b><u>DINNER</u></b>	<b><u>DINNER</u></b>	<b><u>DINNER</u></b>	<b><u>DINNER</u></b>	<b><u>DINNER</u></b>
Steak and Gravy  Honey Glazed Ham  Augratin Potatoes Sunshine Carrots  Banana Dressing Pie	Hot Turkey Sandwich  Ham/ Sauerkraut with Knoephla Mashed Potatoes* Peas & Carrots  Chilled Peaches  Dessert	Beef Enchiladas  Ring Bologna  Mexican Corn German Potato Salad Capri Blend Mandarin Oranges Buttered Bread Banana Pudding	Cabbage Rolls  Fried Chicken  Potato Wedges Baked Beans  Fruit Parfait Breadstick	Beef Stir Fry  Chicken and Rice Bake  Cheesy Potatoes Pickled Beets Stir Fry Veggies Fruit Medley Fried Rice Kuchen	Tuna Noodle Hot dish  Pizza Chicken  Mashed Potatoes* Side Salad  Diced Peaches Buttered Noodles Bread pudding	Shake'n Bake Pork Chops  Poppy Seed Chicken  Baked Potatoes Borscht  Blushing Pears Wild Rice Dessert
<b><u>SUPPER</u></b>	<b><u>SUPPER</u></b>	<b><u>SUPPER</u></b>	<b><u>SUPPER</u></b>	<b><u>SUPPER</u></b>	<b><u>SUPPER</u></b>	<b><u>SUPPER</u></b>
Grilled Cheese  Tomato Soup Pickle Spear Chilled Apricots  Poke Cake	Egg Bake  Breakfast Potatoes Baked Apples Toast Dessert	Tator Tot Hot dish  Green Beans Diced Pears Biscuits and Honey	Pasta Bake  Corn Fruit Cocktail  Cookie	Roast Beef and Cheese Sandwich Knoephla Soup Cucumber Slices Mixed Berries  Moon Pie	Scalloped Potato with Ham Asian Salad  Grapes Dinner Roll Pudding	Hot Ham & Cheese On a Bun Turkey Noodle Soup Potato Chip Bananas  Danish Apple Bars
<b><u>PM Snack</u></b>	<b><u>PM Snack</u></b>	<b><u>PM Snack</u></b>	<b><u>PM Snack</u></b>	<b><u>PM Snack</u></b>	<b><u>PM Snack</u></b>	<b><u>PM Snack</u></b>
Yogurt Parfait	Coffee Cake	Apple Sauce	Ice Cream	Meat and cheese	Cookie	Party Sandwich