

<u>Sunday</u> 11/4/2018	<u>Monday</u> 11/5/2018	<u>Tuesday</u> 11/6/2018	<u>Wednesday</u> 11/7/2018	<u>Thursday</u> 11/8/2018	<u>Friday</u> 11/9/2018	<u>Saturday</u> 11/10/2018
<u>BREAKFAST</u>	<u>BREAKFAST</u>	<u>BREAKFAST</u>	<u>BREAKFAST</u>	<u>BREAKFAST</u>	<u>BREAKFAST</u>	<u>BREAKFAST</u>
Hot/Cold Cereal Pancake or Toast Bacon Fried/scrambled Egg Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Danish or Toast Sausage Patty Hard Boiled Egg Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal English Muffin or Toast Egg Bake Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal French Toast Sticks or Toast Sausage Link Fried/scrambled Egg Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Caramel Rollor Toast Bacon Baked Eggs Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Toast Ham Patty Fried/scrambled Egg Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Sweet Bread or Toast Sausage Patty Hard Boiled Egg Fruit/juice Milk Coffee/Tea/HC
<u>DINNER</u>	<u>DINNER</u>	<u>DINNER</u>	<u>DINNER</u>	<u>DINNER</u>	<u>DINNER</u>	<u>DINNER</u>
Roasted Pork Corned Beef Squash Boiled Potatoes Applesauce Corn Bread Pie	Grilled Chicken Salad Hot Beef and Cheddar Sandwich Potato Chips Borscht Mixed Fruit Breadstick Ginger Bread	Turkey and Dressing Sweet and Sour Meatballs Mashed Potatoes* Asparagus Ambrosia Seasoned Rice Dessert	Hamburger Gravy BBQ Chicken Wings Creamed Corn Mashed Potatoes Bake Cinnamon Apple Slices Bread Pretzel Dessert	Pork Noodle Hot dish Beef Burgundy Cucumber Salad Steamed Brussel Sprouts Peaches and Cream Buttered Noodles Dessert	Grilled Cheese Sandwich Cobb Salad French Fries Tomato Soup Diced Pears Garlic Toast Crazy Cake	Braunschweiger on a Bun Pork Chop on Rice Green Beans Side Salad Banana Dessert
<u>SUPPER</u>	<u>SUPPER</u>	<u>SUPPER</u>	<u>SUPPER</u>	<u>SUPPER</u>	<u>SUPPER</u>	<u>SUPPER</u>
Cheese Burger on a bun Tomato, lettuce, onion, pickles Fries Blushing Pears Dessert	Corn Chowder Summer Sausage and Cheese Sandwich Fresh Carrots with Dip Apricots Dessert	Broccoli Chicken Alfredo Side Salad Chilled Peaches Garlic Toast Cookie	Ham Salad Sandwich Vegetable Soup Diced Pears Crackers Cake	Chicken Drummies Bean and Ham Soup Normandy Blend Vegetable Apricots Toast Dessert	French Toast Scrambled Eggs Hash browns Fruit Topping Tomato Juice	Turkey and Swiss Cheese Sandwich Knoephla Soup Candied Carrots Peach Sauce in Jell-O
<u>PM Snack</u>	<u>PM Snack</u>	<u>PM Snack</u>	<u>PM Snack</u>	<u>PM Snack</u>	<u>PM Snack</u>	<u>PM Snack</u>
Graham Crackers	Party Sandwiches	Ice Cream Sundae	Pound Cake	Celery Sticks with Peanut butter	Yogurt and fruit	Cookie

<u>Sunday</u> 11/11/2018	<u>Monday</u> 11/12/2018	<u>Tuesday</u> 11/13/2018	<u>Wednesday</u> 11/14/2018	<u>Thursday</u> 11/15/2018	<u>Friday</u> 11/16/2018	<u>Saturday</u> 11/17/2018
<u>BREAKFAST</u>	<u>BREAKFAST</u>	<u>BREAKFAST</u>	<u>BREAKFAST</u>	<u>BREAKFAST</u>	<u>BREAKFAST</u>	<u>BREAKFAST</u>
Hot/Cold Cereal Danish Or Toast Bacon Fried/scrambled Egg Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Toast Sausage Patty Hard Boiled Egg Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Muffin or Toast Ham Patty Western Omelet Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Donut or Toast Sausage Link Fried/scrambled Egg Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Kuchen or Toast Bacon Baked Eggs Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Toad in the Hole Ham Patty Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Toast or Coffee Cake Sausage Patty Hard Boiled Egg Fruit/juice Milk Coffee/Tea/HC
<u>DINNER</u>	<u>DINNER</u>	<u>DINNER</u>	<u>DINNER</u>	<u>DINNER</u>	<u>DINNER</u>	<u>DINNER</u>
Fried Chicken Pork Ribs and Sauerkraut Potato Chips Creamy Potato Salad Mixed fruit Corn Bread Muffin Pie	Turkey Ala King Porcupine Meatballs Buttered Beets Mashed Potato Chilled Peaches Buttered Bread Pumpkin Bars	Beef Pot Roast Chef Salad Mashed Potatoes* Carrots, Potatoes, Onions, Celery Mandarin Oranges Dinner Roll German Chocolate Cake	Biscuits and Gravy Reuben Casserole Breakfast Potatoes Green Beans Apricot halves Apple Sauce Jell-O	Sesame Chicken With Egg Roll French Dip with Aujus Coleslaw Oven Roasted Potatoes Pineapple Tidbits Fried Rice Cream Puffs	Cheese Buttons Lil' Smokies Carrot Sticks and dip Borscht Grapes Dinner Roll Pudding	Chicken Fried Steak Spaghetti and Meatballs Mashed Potatoes* Creamed Corn Berry Medley Pineapple Upside Cake
<u>SUPPER</u>	<u>SUPPER</u>	<u>SUPPER</u>	<u>SUPPER</u>	<u>SUPPER</u>	<u>SUPPER</u>	<u>SUPPER</u>
Egg Salad on Bun Beef Barley Soup Normandy Blend Bananas Crackers Chocolate pudding with Vanilla Wafers	Waffles Bacon Hash browns Sliced Strawberries with Cream	Shipwreck Brown sugar Squash Chilled Pears Corn Bread Cookie	Ham & Cheese Sandwich Lasagna Soup Italian Blend Fruit Salad	Chicken and Dumplings Side Salad Blueberries Brownies	Chicken and Wild Rice Soup Tuna Salad on Toast Cheesy Broccoli & Cauliflower Peaches Dessert	Beef Pot Pie Buttered Beets Carmel Apple Slices Biscuit
<u>PM Snack</u>	<u>PM Snack</u>	<u>PM Snack</u>	<u>PM Snack</u>	<u>PM Snack</u>	<u>PM Snack</u>	<u>PM Snack</u>
Pretzels	Bar	Crackers and meat slices	Pudding	Cookie	Cheese Cubes	Cake

<u>Sunday</u> 11/18/2018	<u>Monday</u> 11/19/2018	<u>Tuesday</u> 11/20/2018	<u>Wednesday</u> 11/21/2018	<u>Thursday</u> 11/22/2018	<u>Friday</u> 11/23/2018	<u>Saturday</u> 11/24/2018
<u>BREAKFAST</u>	<u>BREAKFAST</u>	<u>BREAKFAST</u>	<u>BREAKFAST</u>	<u>BREAKFAST</u>	<u>BREAKFAST</u>	<u>BREAKFAST</u>
Hot/Cold Cereal Waffle or Toast Bacon Fried/scrambled Egg Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Toast Sausage Patty Hard Boiled Egg Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Sweet Bread or Toast Ham Patty Fried/scrambled Egg Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal English Muffin or Toast Sausage Link Fried/scrambled Egg Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Muffin or Toast Bacon Baked Eggs Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Donut or Toast Ham Patty Fried/scrambled Egg Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Toast Sausage Patty Hard Boiled Egg Fruit/juice Milk Coffee/Tea/HC
<u>DINNER</u>	<u>DINNER</u>	<u>DINNER</u>	<u>DINNER</u>	<u>DINNER</u>	<u>DINNER</u>	<u>DINNER</u>
Steak and Gravy Honey Glazed Ham Augratin Potatoes Sunshine Carrots Banana Dressing Pie	Hot Turkey Sandwich Ham/ Sauerkraut with Knoephla Mashed Potatoes* Peas & Carrots Chilled Peaches Dessert	Beef Enchiladas Ring Bologna Mexican Corn German Potato Salad Capri Blend Mandarin Oranges Buttered Bread Banana Pudding	Cabbage Rolls Fried Chicken Potato Wedges Baked Beans Fruit Parfait Breadstick	Beef Stir Fry Chicken and Rice Bake Cheesy Potatoes Pickled Beets Stir Fry Veggies Fruit Medley Fried Rice Kuchen	Tuna Noodle Hot dish Pizza Chicken Mashed Potatoes* Side Salad Diced Peaches Buttered Noodles Bread pudding	Shake'n Bake Pork Chops Poppy Seed Chicken Baked Potatoes Borscht Blushing Pears Wild Rice Dessert
<u>SUPPER</u>	<u>SUPPER</u>	<u>SUPPER</u>	<u>SUPPER</u>	<u>SUPPER</u>	<u>SUPPER</u>	<u>SUPPER</u>
Grilled Cheese Tomato Soup Pickle Spear Chilled Apricots Poke Cake	Egg Bake Breakfast Potatoes Baked Apples Toast Dessert	Tator Tot Hot dish Green Beans Diced Pears Biscuits and Honey	Pasta Bake Corn Fruit Cocktail Cookie	Roast Beef and Cheese Sandwich Knoephla Soup Cucumber Slices Mixed Berries Moon Pie	Scalloped Potato with Ham Asian Salad Grapes Dinner Roll Pudding	Hot Ham & Cheese On a Bun Turkey Noodle Soup Potato Chip Bananas Danish Apple Bars
<u>PM Snack</u>	<u>PM Snack</u>	<u>PM Snack</u>	<u>PM Snack</u>	<u>PM Snack</u>	<u>PM Snack</u>	<u>PM Snack</u>
Yogurt Parfait	Coffee Cake	Apple Sauce	Ice Cream	Meat and cheese	Cookie	Party Sandwich

<u>Sunday</u> 11/25/2018	<u>Monday</u> 11/26/2018	<u>Tuesday</u> 11/27/2018	<u>Wednesday</u> 11/28/2018	<u>Thursday</u> 11/29/2018	<u>Friday</u> 11/30/2018	<u>Saturday</u> 12/1/2018
<u>BREAKFAST</u>	<u>BREAKFAST</u>	<u>BREAKFAST</u>	<u>BREAKFAST</u>	<u>BREAKFAST</u>	<u>BREAKFAST</u>	<u>BREAKFAST</u>
Hot/Cold Cereal French Toast or Toast Bacon Fried/scrambled Egg Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Bagel and Cream Cheese or Toast Sausage Patty Hard Boiled Egg Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Toast Ham Patty Denver Omelet Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Sweet Bread or Toast Sausage Link Fried/scrambled Egg Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Toast Bacon Baked Eggs Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal English Muffin or Toast Ham Patty Fried/scrambled Egg Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Coffee Cake or Toast Sausage Patty Hard Boiled Egg Fruit/juice Milk Coffee/Tea/HC
<u>DINNER</u>	<u>DINNER</u>	<u>DINNER</u>	<u>DINNER</u>	<u>DINNER</u>	<u>DINNER</u>	<u>DINNER</u>
Roasted Chicken Breast Pulled Pork Cooked Spinach Garlic Mashed Potatoes* Tropical Fruit Salad Crescent Roll Pie	Stuffed Peppers Chicken Parmesan Winter Blend Baby Baker Potatoes Apples and Caramel Alfredo Noodle Better than Life Cake	Taco Salad Hamburger On a Bun Borscht Shoe String Potatoes Diced Peaches Breadstick Glorified Rice	Chicken Strips Kielbasa Raw Carrots Waffle Fries Grapes Mac & Cheese Cup Cakes	Lasagna Philly Beef Sandwich Onions & Peppers & Side Salad Baked Diced Potatoes Sliced Strawberries Cookie Salad	Breaded Cod Meatballs in Brown Gravy Creamed Peas and Potatoes Broccoli and Cauliflower Cherries Buttered Bread Dessert	Chicken Patty on a Bun Hot Dog on a Bun Potato Wedges Creamy Coleslaw Mandarin Oranges Rice Krispy Treat
<u>SUPPER</u>	<u>SUPPER</u>	<u>SUPPER</u>	<u>SUPPER</u>	<u>SUPPER</u>	<u>SUPPER</u>	<u>SUPPER</u>
Italian Beef Sandwich Chicken Noodle Soup Baked Carrots Cranberry/Grape Juice Kuchen	Pancakes Scrambled Eggs Party Potatoes Oranges Wedges	Chicken Salad with Crackers Broccoli Cheese Soup Side Salad Spiced Pears Corn Bread Muffin Strawberry Rhubarb Dessert	Chicken Milano Italian Blend Mixed Fruit Garlic Toast Pudding	Loaded Baked Potato Chili Broccoli Banana Breadstick Dessert	Bologna and Cheese on Bun Clam Chowder Mixed Vegetable Chilled Peaches Dessert	Crab Salad with crackers French Onion Soup Normandy Blend Applesauce Crackers Bar
<u>PM Snack</u>	<u>PM Snack</u>	<u>PM Snack</u>	<u>PM Snack</u>	<u>PM Snack</u>	<u>PM Snack</u>	<u>PM Snack</u>
Pound Cake	Cookie	Meat Salad and Crackers	Ice Cream	Pretzels	Fresh Fruit	Cucumbers and Dip

<u>Sunday</u> 12/2/2018	<u>Monday</u> 12/3/2018	<u>Tuesday</u> 12/4/2018	<u>Wednesday</u> 12/5/2018	<u>Thursday</u> 12/6/2018	<u>Friday</u> 12/7/2018	<u>Saturday</u> 12/8/2018
<u>BREAKFAST</u> Hot/Cold Cereal Pancakes or Toast Bacon Fried/scrambled Egg Fruit/juice Milk Coffee/Tea/HC	<u>BREAKFAST</u> Hot/Cold Cereal Toast Sausage Patty Hard Boiled Egg Fruit/juice Milk Coffee/Tea/HC	<u>BREAKFAST</u> Hot/Cold Cereal Breakfast Sandwich Ham Patty Egg Patty Fruit/juice Milk Coffee/Tea/HC	<u>BREAKFAST</u> Hot/Cold Cereal Donut or Toast Sausage Link Fried/scrambled Egg Fruit/juice Milk Coffee/Tea/HC	<u>BREAKFAST</u> Hot/Cold Cereal Muffin Or Toast Bacon Baked Eggs Fruit/juice Milk Coffee/Tea/HC	<u>BREAKFAST</u> Hot/Cold Cereal Coffee Cake Or Toast Ham Patty Fried/scrambled Egg Fruit/juice Milk Coffee/Tea/HC	<u>BREAKFAST</u> Hot/Cold Cereal Toast Sausage Patty Hard Boiled Egg Fruit/juice Milk Coffee/Tea/HC
<u>DINNER</u> Roast Beef Smothered Pork Chop Mashed Potato & Gravy Steamed Brussel Sprouts Spiced Pears Dinner Roll Pie	<u>DINNER</u> Sausage/Sauerkraut/Knoep hla Grilled Chicken Salad Asparagus Candied Carrots Berry Medley Breadstick Dessert	<u>DINNER</u> Meat Loaf Chicken Drummies Squash Baked Potato Banana Dinner Roll Apple Crisp	<u>DINNER</u> Pork Chops and Rice Beef Tips and Gravy Twice Baked Potato Green Bean Casserole Blushing Pears Buttered Bread Kuchen	<u>DINNER</u> Ham Salad with Crackers Sweet n Sour Chicken Borscht Stir Fry Veggie Peaches Egg Roll And Fried Rice Blonde Brownies	<u>DINNER</u> Cheese Pizza Chicken Noodle Casserole Yams Waffle Fries Spiced Apple Ring Boston Cream Cake	<u>DINNER</u> Corn Flaked Chicken Roast Pork and gravy Mashed Potato Peas and Carrots Apricots Dinner Roll Pudding Dessert
<u>SUPPER</u> Chicken and Dumpling Soup Hot Beef Sandwich Lettuce Salad Fruit and Yogurt Parfait	<u>SUPPER</u> Summer Sausage Sandwiches Minestrone Soup Pineapple Tidbits Dessert	<u>SUPPER</u> Quiche Breakfast Potatos V-8 Juice Fruit Cup Toast	<u>SUPPER</u> Ham and Mac and Cheese Brussel Sprouts Apricot Halves Lemon Cake	<u>SUPPER</u> French Toast Sausage Patty Hashbrowns Strawberries and Cream Dessert	<u>SUPPER</u> Chicken Pilaf Harvard Beets Grapes Cookie	<u>SUPPER</u> Turkey , Cheese, Lettuce, & Tomato Sandwich Pickle Spear Mac and Tomatoes Berry Crisp
<u>PM Snack</u> Gold Fish Crackers	<u>PM Snack</u> Cookie	<u>PM Snack</u> Coffee Cake	<u>PM Snack</u> Meat and Cheese and Crackers	<u>PM Snack</u> Pretzels	<u>PM Snack</u> Pudding	<u>PM Snack</u> Fresh Veggies

<u>Sunday</u> 12/9/2018	<u>Monday</u> 12/10/2018	<u>Tuesday</u> 12/11/2018	<u>Wednesday</u> 12/12/2018	<u>Thursday</u> 12/13/2018	<u>Friday</u> 12/14/2018	<u>Saturday</u> 12/15/2018
<u>BREAKFAST</u>	<u>BREAKFAST</u>	<u>BREAKFAST</u>	<u>BREAKFAST</u>	<u>BREAKFAST</u>	<u>BREAKFAST</u>	<u>BREAKFAST</u>
Hot/Cold Cereal Waffle or Toast Bacon Fried/scrambled Egg Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Toast Sausage Patty Hard Boiled Egg Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Donut or Toast Ham and cheese Omelet Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Muffin or Toast Sausage Link Fried/scrambled Egg Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Raisin Bread or Toast Bacon Baked Eggs Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Cinnamon Roll or Toast Ham Patty Fried/scrambled Egg Fruit/juice Milk Coffee/Tea/HC	Hot/Cold Cereal Kuchen or Toast Sausage Patty Hard Boiled Egg Fruit/juice Milk Coffee/Tea/HC
<u>DINNER</u>	<u>DINNER</u>	<u>DINNER</u>	<u>DINNER</u>	<u>DINNER</u>	<u>DINNER</u>	<u>DINNER</u>
Glazed Ham Roasted Turkey Side Salad Baked Potato Peaches and Cream Dressing Pie	Bacon Ranch Chicken Meatloaf Roasted Potatos Normandy Blend Vegetable Fruit cocktail Seasoned Noodles Angel Food Cake	Fried Chicken Baked Pork Chop Mashed Potatoes* Cooked Spinach Mandarin Oranges Dinner Roll Cookie	Cheeseburger on bun Hot Ham and Cheese French Fries* Knoephla Soup Chilled Pears Bar	Baked Chicken Thigh Cheese Tortellini with Marinara Augratin Potatoes Candied Carrots Blueberries Cake	Lemon Pepper Tilapia Swedish Meatballs Mashed Potatoes* Green Beans Diced Peaches Seasoned Rice Pudding Dessert	Chicken Pot Pie Liver and Onions Fried Potatoes Mixed Vegetable Apricots Dinner Roll Dessert
<u>SUPPER</u>	<u>SUPPER</u>	<u>SUPPER</u>	<u>SUPPER</u>	<u>SUPPER</u>	<u>SUPPER</u>	<u>SUPPER</u>
Beef Stroganoff Noodles Green Beans Mandarin Oranges Chocolate Cake	Pancakes and fruit Ham Patties V-8 Juice Breakfast Potatoes Mixed Berries	Beef Stew Ham Salad with Crackers Side Salad Chilled Peaches Crackers Biscuits	Goulash Corn Banana Butterscotch Pudding	Sloppy Joe on a Bun Beer Cheese Soup Sliced Cucumbers with ranch Tropical Fruit	Tuna Melt Potato Soup Seasoned Sugar Snap Peas Cinnamon Apple Sauce Dessert	Turkey Noodle Hot dish Hamburger Soup Broccoli & Cauliflower Salad Canned Cranberries Dessert
<u>PM Snack</u>	<u>PM Snack</u>	<u>PM Snack</u>	<u>PM Snack</u>	<u>PM Snack</u>	<u>PM Snack</u>	<u>PM Snack</u>
Banana	Gold Fish Crackers	Pretzels	Jell-O	Pudding	Fresh Fruit	Cheese Cubes and Crackers