

Field Crest Notes & Quotes

318 2nd Street N.E. Hayfield, MN 55940 (507) 477-3266

Serving the Hayfield community since 1969

Find us at: www.fieldcrestcare.com

E-mail your residents at: residents@fieldcrestcare.com

Type your person's name on the subject line, we will print it off and give it to them.

To Contact Directors and Nurses: e-mail or call 507-477-3266

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- Ext. 114—Tonia Weitzencamp, Director of Nursing: toniaw@fieldcrestcare.com
- Ext. 115—Cheryl Gustason, LNHA, Administrator: cherylg@fieldcrestcare.com
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Chuck Slowinski

Resident Spotlight

Chuck has farming in his blood, but he bleeds green. He's a John Deere man through and through! Born in Iowa, his family moved to Minnesota when he was a child. In his adult years, he farmed ground in the Sargeant, Brownsdale and Waltham areas. He enjoys spending time with his children and grandchildren. He likes living at Field Crest Care Center and says, "The young girls that take care of me make me smile!" If you want to make Chuck smile, stop by his "booth" (ahem...table) and ask him for his autograph!

Employee Spotlight



Crystal Anderson Social Services

Crystal lives on an acreage outside of Hayfield. She raises chickens and has two dogs, Baxter and Hooch. She loves spending time with her niece and two nephews and particularly loves their family vacations at Lake Tetonka. She began working at Field Crest Care Center as a CNA in 2004. She received a degree in Human Services from Riverland and has worked in the Social Services Department for 6 years now. Her favorite thing about working here is when she can help a resident have a better day.

Crystal has a heart of gold and is always willing to go the extra mile to help out not only our residents, but family members and staff as well. We truly enjoy Crystal's positive attitude and appreciate her great work ethic here at Field Crest!

PAGE 2 FIELD CREST NOTES & QUOTES

MDH Survey (From the Desk of Cheryl Gustason... FCCC Administrator)

I want to thank <u>All</u> staff members for doing a great job during the Minnesota Department of Health Survey this year. I am so proud of all of you and the great care you give the residents!

The Survey Team entered Field Crest on 1/23/17 around 1:00 pm and they Exited the next day, 1/24/17 at 4:15 pm. I have been through many surveys and this is the shortest survey ever!!!!!

The Surveyors had only 3 minor concerns

- -One Resident had facial hair A dignity concern over the fact that the resident was completely dependent on staff for Activities of Daily Living
- -The 2nd step TB testing was not read on 2 new staff members. Another staff member started working before the 1st step was read.
- -We failed to ask family members if they wanted to start a Family Council

The Surveyors interviewed 4 family members, stating that the family members had nothing but "Good Things" to say about Field Crest and our Staff.

I shared our great news about our Awesome Survey and the following are some of the responses:

Dr. Kirsch: Congratulations to all Cheryl that sounds wonderful. Look forward to hearing more!

Sarah Brown – Pharmacy Consultant – Sterling Drug: That's amazing! What team did you have? I have several other facilities that have had some pretty rough surveys in the past few weeks, so this is really something to be proud of. Congrats!

Jane Sheeran – Administrator - Fairview Care Center: Congrats!!! I think this is the shortest survey I have ever heard of!

Sharlla Regehr – Medical Records Nurse Consultant: WOW!! Very short, wonderful survey! Congratulations on the positive results.

Scott Spats – Administrator - St. John's of Albert Lea: Congrats – that's an awesome survey!

Gene Gustason – Administrator – Stewartville Care Center: Awesome! In 30 years of being an Administrator, I have never heard of such a short survey. Congrats!

Penny Solberg – Administrator – Spring Valley Living Center: Good for you!!!!

Gayle Kvenvold – CEO - Leading Age Minnesota Good morning Cheryl – Jon Lips passed along the excellent results from your recent MDH and I just had to reach out and congratulate you and your team on the terrific job they do! You all were clearly ready for the survey but more importantly, the surveyors clearly saw the real impact of the your team's caring and competence on the seniors in your care. Kudos and Happy Monday!!

Jonathon Lips – Vice President of Legal and Regulatory Affairs- Leading Age Minnesota

You DO rock! What a great report. That is the shortest survey I have ever heard of!?! 1000 kudos to you and your team!

Liz Sether -LeadingAge Minnesota: You truly did your homework and follow through while leading the very new team at Field Crest. Congratulations to you and your team.

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Starting the Year off with a Bang! Noodleball!









Local Artists

















Aloha from our Hawaiian Luau











Resident Birthdays

Feb. 13–Harlan Johnson Feb. 18-Jolene Rollins

Assisted Living/Villa—None

Staff Birthdays

Feb. 2—Hennelore Heydt

Feb. 13—Brianna Masching

Feb. 16—Danielle Schmidt

Feb. 8—Britney Cordes

Feb. 13—Karlee Steffani

Feb. 8—Darr Ehmke

Feb. 9—Edie Arnold

Feb. 16—Terri Busch

Feb. 25—Mackenzie Robinson

Bingo Volunteers

Feb 8th—Pam Dahle

Feb 15th—Jill Mathieson

*Tuesday Bingo Volunteers welcome!

Contact Deb in Activities

Manicures Volunteers

Feb. 12th—Sharon Gulbranson

Feb. 26th—Delores Distad

Our Deepest Sympathy to the Families of :

Edna Lenz Alice Pesch



Wee Little Wish List

(New or lightly used)

- <u>Bingo Prizes</u>:
 - —jewelry
 - —Small stuffed animals
 - —small trinkets
- —packaged food items
- —lotions/lipsticks/makeup
- —caps/small men's items
- Baking Group:
- —cookbooks from local groups for residents to browse through
- Movies:
 - —DVDs
 - VHS Tapes
- Music CDs
 - —Christian Hymns
 - -'50s, '602 & '70s
- Books
- ___Mysteries



Attention Friends and Families!!

- Do you want a voice in the care of your loved one and even the care of others in our facility?
- Can you provide recommendations for programming or policies that would benefit our residents?
- Are you good at advocating for others and identifying outside resources to enhance the lives of residents and facility?

If so, joining a Family Council may be right for you! Contact Deb Brown in Activities...507-477-3266 ext. 133. Your name will be added to our contact list for an informational meeting this spring. Thank you for your continued support in enhancing the lives of our residents!



Valentine's Day Word Search

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valentine red roses
arrow fourteenth friend
cupid hugs flowers
hearts chocolate sweetheart
love pink kisses

Black Forest Poke Cake

INGREDIENTS

- 1 box Chocolate cake mix
- Ingredients listed on the box: Eggs, Oil, Water
 - etc. (Note that I used milk instead of water).
- 1 jar Hot fudge sauce (16 oz)
- 1 can Lucky Leaf Cherry Pie Filling
- 2 C Heavy whipping cream
- 1 1/4 C Powdered sugar
- Chocolate bar for shavings
- OR Cool Whip instead of whipped cream



INSTRUCTIONS

- 1. Preheat oven to 350°F.
- 2. Combine cake mix according to the ingredients on the box. Beat on medium speed until well combined.
- 3. Bake cake in 9×13" for 20-22 minutes. Check for doneness by inserting a tooth-pick into the middle of the cake. If the toothpick comes out clean, you cake is done. Allow to cool for 10 minutes.
- 4. While the cake is still warm, take the end of a wooden spoon or another round object and poke holes all over the top of your cake.
- 5. Heat the jar of hot fudge sauce in the microwave for about 30 seconds until you can stir it and thin it out. You may need an additional 30 seconds. Pour the jar of hot fudge sauce on the top of cake and allow it to absorb in the cake until cake is cooled. Let set until completely cooled.
- 6. Open the jar of Cherry Pie Filling and pour over the top of the cake, spread evenly. Allow cake to cool completely.
- 7. Prepare the whipped cream. Put the bowl and whisk attachment in the freezer for 5-10 minutes to get them really cold (this step is optional, but a common practice I use.). In cold mixing bowl, pour in heavy whipping cream and beat on medium speed for about 3 minutes. Add powdered sugar and increase speed to medium high. Beat until stiff peak form.
- 8. Spread whipped cream over the top of cake.
- 9. Chop a chocolate bar into small pieces and sprinkle over the top of the cake 10. Keep refrigerated.