

Field Crest Notes & Quotes

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Resident Spotlight



Marilyn Holtan

Marilyn was born and raised in Mantorville, but she and her husband, Harold raised 5 children in rural Hayfield. She now marvels at how her family has grown...including 7 grandchildren, 5 step-grandchildren, 3 great-grandchildren and 4 step great-grandchildren. She worked at Hayfield Drugstore and worked from opening day and was working still on the day they closed their doors 30+ years later. She was always an excellent seamstress and also enjoyed knitting, and perfected both of those skills. Gardening was also a passion as well as the love of animals...particularly cats and dogs. Marilyn is always seen as a bright-eyed, happy lady who we all enjoy serving here at Field Crest Care Center!

Employee Spotlight



Christine Mickelson

Christine grew up in Waltham and now lives in Hayfield with her three children Aiden (13), Hunter (7) and Kinlee (5). Her spare time is spent running her kids to their extra-curricular activities or taking them to movies and other kid-friendly activities to keep them from being cooped up in the house! Christine first joined our team in 2005 when she trained here to become a Certified Nursing Assistant, then further trained here to become TMA certified in 2008. She left Field Crest for awhile, but has been back with us for the past year and a half (where she belongs!). She likes the home-like environment that Field Crest has to offer and that everyone works as a team to help each other out...even between the different departments. Her peers here at Field Crest love Christine for her warm smile and compassion towards the residents.

Field Crest Care Center Welcomes New Director of Nursing



Tonia Weitzencamp

Field Crest welcomes our new Director of Nursing Tonia Weitzencamp to our team. She was born and raised in Dodge Center and still resides there to this day. She and her husband Dave have three children: Riki Jo, Logan and Drake. Tonia also has a grandson Dante who is her pride and joy. Physical fitness is extremely important to her, so in her free time, she loves to work-out and run. Another big part of her spare time is spent cheering on our very own Minnesota Vikings and Minnesota Wild teams! She also enjoys traveling to warm, exotic places to rejuvenate. Tonia first joined our team several years ago as MDS Coordinator before leaving to be Director of Nursing at a different facility. It was Field Crest's small town, friendly atmosphere that drew her back, as she stated that "the staff here feels like family". We are so thankful to have Tonia return to our Field Crest family and look forward to many years of her leadership skills in our amazing nursing department!

Q: What does "Person-Centered Care" Mean?

A: Person Centered Care means to Focus on the resident as the locus of control and support the resident making their own choices and having control over their daily lives.

One of the ways that Field Crest Care Center staff treat our residents with dignity is to really get to know who they are, what their likes and dislikes are where they've been in their life. The old saying "treat others as you would like to be treated" no longer applies when you look at being a facility who offers person centered care, because there are no two people who like exactly the same things. We strive to treat others the way THEY would like to be treated, giving each individual choices and the freedom to make his or her own decisions about their care, meal choices, activities they engage in and other areas of their lives. This gives our residents the sense of control, which in turn means higher self-esteem and more satisfied residents!

Attention Friends and Families!!

- Do you want a voice in the care of your loved one and even the care of others in our facility?
- Can you provide recommendations for programming or policies that would benefit our residents?
- Are you good at advocating for others and identifying outside resources to enhance the lives of residents and facility?

If so, joining a Family Council may be right for you! Contact Deb Brown in Activities...507-477-3266 ext. 133. Your name will be added to our contact list for an informational meeting this spring. Thank you for your continued support in enhancing the lives of our residents!



ST. PATRICK'S DAY WORD SEARCH

E	H	V	W	E	P	Y	Y	W	E	G	I	K	O	U	B	G	Q	G	R
F	H	K	Y	M	I	A	J	J	N	T	N	B	C	N	V	M	J	I	Z
B	O	P	L	W	Z	C	T	U	P	M	C	P	M	K	T	W	N	Q	D
S	U	Q	A	X	R	L	A	R	L	S	K	N	N	I	U	A	S	N	L
U	P	L	M	B	G	H	V	N	I	X	V	L	H	R	S	T	A	T	F
H	A	C	K	A	C	X	M	Q	P	C	M	G	G	Y	G	L	O	L	R
H	R	N	Z	E	T	C	D	S	J	G	K	C	B	J	E	K	V	H	K
S	A	S	R	Y	E	S	Z	O	W	E	M	N	A	R	M	O	R	C	Z
U	D	P	I	A	Y	M	T	N	M	U	H	N	I	Y	E	L	D	Z	I
J	E	R	V	Q	I	F	Y	B	M	Y	D	Y	G	M	R	T	X	I	N
L	T	R	W	W	O	N	R	X	R	G	P	R	G	C	A	L	F	C	D
A	E	O	V	N	P	M	B	N	J	F	L	L	O	N	L	W	Y	Z	V
F	D	A	I	X	B	J	G	O	C	E	E	S	E	Q	D	X	B	V	B
A	W	A	W	A	T	S	B	F	W	A	Q	E	N	M	W	X	A	P	E
U	U	F	R	T	B	P	S	V	R	X	R	R	H	K	M	A	J	I	I
J	G	R	L	P	F	C	A	V	B	G	V	Z	R	F	F	O	C	A	A
H	O	E	B	W	H	P	I	N	C	H	O	V	M	V	J	L	T	C	F
E	H	A	B	T	P	U	N	S	B	Y	J	D	A	W	V	E	D	C	F
I	O	G	J	D	B	K	T	L	K	Z	I	Z	R	D	I	D	E	L	T
A	Z	R	B	L	Y	P	W	C	K	J	Y	B	C	P	G	S	B	O	B
D	H	L	E	V	M	L	U	P	B	A	L	E	H	W	J	F	H	V	O
O	C	F	P	S	X	L	J	G	R	H	Z	J	H	W	Q	U	R	E	A
W	Y	D	S	H	A	M	R	O	C	K	G	J	X	J	Y	U	Q	R	S
P	U	I	A	A	Z	F	Q	L	C	Q	F	M	X	T	N	T	P	M	F
Y	Z	O	R	M	A	A	J	D	R	Z	N	U	R	D	R	Z	O	K	T

Saint

Patrick

Leprechaun

Rainbow

Gold

Ireland

Wishes

Shamrock

Green

Lucky

Clover

Parade

March

Pinch

Emerald



*Field Crest Residents had a great time cheering on our great country during the Winter Olympics! One way we celebrated was to make these fun Olympic Torch cupcakes! This was a great way to share in the excitement of the games!



OLYMPIC TORCH CONE CUP-CAKES

INGREDIENTS:

One orange cake mix, prepared according to the package instructions (This 8.25-ounce Funfetti Orange All Star Cake Mix* made exactly the right amount of batter for 12 cupcakes)

- 12 ice cream cones
- 1 container vanilla frosting
- Red, yellow and orange gel food coloring
- Piping bags and tips
- Yellow and red sugar sprinkles



DIRECTIONS:

1. Preheat oven to 350 degrees. Place the 12 ice cream cones into the openings of the cone baking rack. Use a small ice cream scoop or a spoon to fill the cones with batter, leaving about ½" unfilled at the top of the cone. Place the baking rack and filled cones in the preheated oven. Bake for approximately 15 minutes, or until a cake tester inserted into the center comes out clean. Allow the cupcakes to cool completely.
2. While the cupcakes are cooling, divide the vanilla frosting among three bowls. Add the food coloring to the frosting in the bowls, and mix well with a spoon.
3. Fill piping bags with the tinted frosting. Pipe swirls of the frosting onto the cooled cupcakes, creating a flame effect. Next, sprinkle on the yellow and red sugar sprinkles for some extra pizzazz for extra good luck as you root on your team.



Resident Birthdays

Helen Chapman—March 24

Assisted Living/Villa—

March 10-Elaine Green March 19-Pearl Brennan
 March 22-Floris Holderness March 24-Constanc Schnirring
 March 27- Dennis Cordes

Staff Birthdays

March 11- Hannah King March 19--Vonique Swenson March 20--Isabel Robinson
 March 20—Tya Rohl March 28—Katelyn Write March 31—Sandra Thorstenson

Bingo Volunteers

March 1st—Jan Oppeward
 March 6th—Jill Matthieson
 March 8th—Volunteer
 March 13th-Jan Oppeward
 March 15th—B-Day Bingo: West St. Olaf
 March 20th—Jill Matthieson
 March 22nd—Pam Dahle
 March 27th—Kay Hodge
 March 29th Pm Dahle

Manicures Volunteers

March 5—Sharon Gulbransen
 March 19th—Delores Distad

Our Deepest Sympathy to the Families of :

Helen Paulson Beth Samuelson
 George Whiting



Wee Little Wish List

(New or lightly used)

- Bingo Prizes:
 - adult costume jewelry
 - Small stuffed animals
 - small trinkets
 - packaged food items
 - lotions/lipsticks/makeup
 - caps/small men's items
- Baking Group:
 - cookbooks from local groups for residents to browse
- Movies:
 - DVDs
 - VHS Tapes
- Music CDs
 - Christian Hymns
 - '50s, '60s & '70s
- Books
 - Mysteries



A Field Crest Valentine's Day



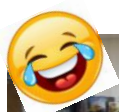
Looking Pretty!



Harlan celebrated a BIG one + one!!



The men were surprised with a "Wet T-Shirt Contest"





Field Crest Notes & Quotes

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*Serving the Hayfield
community since 1969*

Find us at: www.fieldcrestcare.com

E-mail your residents at: residents@fieldcrestcare.com

Type your person's name on the subject line, we will print it off and give it to them.

To Contact Directors and Nurses: e-mail or call 507-477-3266

Ext. 113—Judy Bowman, Director of Finance: judyb@fieldcrestcare.com

Ext. 114—Tonia Weitzencamp, Director of Nursing: toniaw@fieldcrestcare.com

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