

# Field Crest Notes & Quotes

Volume 118 Issue 1

January 2018



Gayle was born Christmas Day in 1955 which means she is now 63 years young. She enjoys listening to country music, particularly George Strait and his Ace-In-The-Hole Band. She loves getting outside and breathing the fresh air and seeing the first snowfall...and even the second and third. She is always up for going on the outings, unless ice is involved, of course. Gayle loves it here at Field Crest Care Center because she gets good care, the food is delicious and she can participate in activities when she wants but also enjoy her independence.

## Resident Spotlight

Gayle Childs

## Employee Spotlights

*Field Crest Care Center welcomes two new members of management to our team in November.*



Mike Newcomb is our new Director of Maintenance and lives with his wife Karen on Lake Zumbro just north of Rochester. They have two grown children and seven grandchildren. He enjoys the small town atmosphere at Field Crest and says that he feels good coming to work where he can not only put his maintenance skills to good work, but to also feel that he is serving others. In his spare time, he loves to go boating every chance he gets. Along with that, of course, they go water skiing and take the grandkids tubing. In the wintertime, Mike says, "I go dormant...I could go ice fishing but it's been too darn cold for that." In other words, Mike enjoys the sunshine... and we sure enjoy his ray of light here at Field Crest Care Center.

Deb Brown joins our team as our new Activity Director. She lives in Blooming Prairie with her husband Jared and 6 of their 10 children... the other 4 of which are adults. She enjoys camping, reading, singing and attending the kids' extracurricular activities. She recently became a non-traditional student and received her Activity Director Certification through Ridgewater College in Hutchinson. She then received training at a previous facility to become a Dementia Specialist. Deb has worked in long-term care for 30 years, the last 12 of which was in activities. She enjoys the residents and her co-workers at Field Crest Care Center and is looking forward to enriching residents' lives with a fun-filled 2018.



# WORD SEARCH!

## WINTER FUN

FIND AND CIRCLE THE WORDS ON THE LIST...WORDS MAY BE FOUND ACROSS, DOWN, OR DIAGONALLY  
--FORWARDS, BACKWARDS, AND SOMETIMES OVERLAPPING. HAVE FUN!

### WORD LIST

BOBSLED  
DOGSLED  
HOCKEY  
HUNTING  
ICE FISHING  
ICE SKATE  
SHOVEL  
SKI  
SKIJORING  
SLED  
SLEIGH RIDE  
SNOW  
SNOW ANGEL  
SNOWBALL  
SNOWBLOWER  
SNOWBOARD  
SNOWMAN  
SNOWMOBILE  
SNOWSHOES  
TOBOGGAN

W	I	I	Z	H	U	N	T	I	N	G	L	S
Z	K	I	D	O	G	S	L	E	D	C	E	A
L	S	N	O	W	B	O	A	R	D	O	V	G
E	N	L	O	D	E	L	S	B	O	B	E	E
V	O	E	E	D	I	R	H	G	I	E	L	S
O	W	T	R	D	G	M	D	E	L	S	B	N
H	A	A	G	E	S	U	L	I	N	N	I	O
S	N	K	R	P	W	N	B	T	R	A	B	W
N	G	S	K	I	J	O	R	I	N	G	W	B
O	E	E	E	T	M	C	L	M	W	G	O	A
W	L	C	F	W	B	L	A	B	A	O	N	L
M	M	I	O	S	W	E	N	L	W	B	S	L
A	C	N	X	G	U	Y	E	K	C	O	H	S
N	S	N	O	W	S	H	O	E	S	T	N	T
I	C	E	F	I	S	H	I	N	G	O	O	S



# PEANUT BUTTER SNOWBALLS RECIPE

## INGREDIENTS

- 1 cup confectioners' sugar
  - 1/2 cup creamy peanut butter
  - 3 tablespoons butter, softened
- 1 pound white candy coating, coarsely chopped**



## DIRECTIONS

In a bowl, combine the sugar, peanut butter and butter. Shape into 1-in. balls and place on a waxed paper-lined baking sheet. Chill for 30 minutes or until firm.

Meanwhile, melt the candy coating in a microwave-safe bowl. Dip balls and place on waxed paper to harden. **Yield:** 2 dozen.

• **Editor's Note:** Dark, white or milk chocolate confectionery coating is found in the baking section of most grocery stores. It is sometime labeled "almond bark" or "candy coating" and is often sold in bulk packages (1 to 1-1/2 pounds). It is the product used for dipping chocolate. A substitute for 6 ounces chocolate coating would be 1 cup (6 ounces) semi-sweet, dark or white chocolate chips and 1 tablespoon shortening melted together.

**Test Kitchen Tips** Save on prep time by using candy coating disks. No chopping needed!





# Field Crest Care Center Recreation

Sun

Mon

Tue

W



1 **HAPPY NEW YEAR! Full Moon**  
9:30-Charades  
10:00-Rose Bowl Parade  
1:30-Word Games  
2:00-Tailgating Party  
4:00-Rose Bowl-Georgia Bulldogs vs. Oklahoma Sooners  
4:45- Stretching

2  
9:30- Trivia  
10:30-Wii Games  
1:30- Card Bingo  
3:00- Reminisce  
4:45- Stretching  
6:00- Casino Games



3 9:00-Sensory Gro  
10:00-Bible Study  
12:30- Catholic R  
1:30 Cooking w/ I  
3:00- Men's Grou  
4:45-Stretching  
6:00- Movie & Po  
**Grumpy Old M**

7

1:30- Worship Service-  
**1st Presbyterian-Hayfield**  
3:00-Noodle Ball  
4:45- Stretching  
6:30- **Mennonite Singers**



8 **Elvis Presley's B-Day**  
9:00- Manicures  
10:30- **Elvis Music & Motion**  
1:30-Hymn Sing  
3:00-Lucky Dog  
4:45- Stretching  
6:00- **Elvis Fun Facts**  
6:30-Just 4 Kix **Dancers**  
7:00- **Elvis Movie**



9  
9:30- Trivia  
10:30-Wii Games  
**11:00 -Outing- Daniels (Kasson)**  
1:30-Card Bingo  
3:00 Reminisce  
4:45 Stretching  
6:00- Casino Games  
**(Activity Staff Meeting 3:45)**



10  
9:00--Sensory Gro  
10:00-Communion  
12:30 Catholic Ro  
1:30 Cooking w/ I  
3:00- Men's Grou  
4:45-Stretching  
6:00- Movie & Po  
**Grumpier Old**

14

1:30- Worship Service  
**Our Savior Lutheran-Brownsdale**  
3:00- Noodle Ball  
4:45- Stretching  
6:00- Dominoes



15

9:00-Manicures  
10:30- Music & Motion  
1:30-**Jim Lonsdale**  
3:00-Lucky Dog  
4:45- Stretching  
6:00- Open Game Night



16 **National Fig Newton Day**

9:30- Trivia  
10:30-Wii Games  
1:30- Card Bingo  
3:00- Reminisce  
4:45- Stretching  
6:00- Casino Games

17 9:00-Sensory  
10:00- Bible Stud  
12:30- Catholic R  
1:30- **Cooking with**  
2:00-**Preschoolers**  
3:00- Men's Grou  
4:45- Stretching  
6:00- Movie & Po  
**Chronicals of N**

21 **Squirrel Appreciation Day-  
Feed a Squirrel**

1:30- Worship Service  
**First Baptist-Kasson**  
3:00- Noodle Ball  
4:45- Stretching  
6:00- Dominoes



22

9:00- Manicures  
10:30- Music & Motion  
1:30- Hymn Sing  
3:00-Lucky Dog  
4:45- Stretching  
6:00- Open Game Night

23 **Measure Your Feet Day**

9:30-Trivia  
10:30- **Measure your FEET!!**  
1:30 Card Bingo  
3:00 Reminisce  
4:45 Stretching  
6:00-Casino Games



24  
9:00--Sensory Gro  
9:30--Bible Study  
12:30- Catholic R  
1:30 Cooking w/ I  
3:00- Men's Grou  
6:00- Movie & Po  
**Alaska**

28

1:30- Worship Service  
**Evangel Lutheran-Sargeant**  
3:00- Noodle Ball  
4:45- Stretching  
6:00- Dominoes



29

9:00- Manicures  
10:30-Music & Motion  
1:30-**Jonny Bird**  
3:00--Lucky Dog  
6:00- Open Game Night



30

9:30- Trivia  
10:30-Wii Games  
1:30- Card Bingo  
3:00- Reminisce  
4:45- Stretching  
6:00- Casino Games



31 **Blue Moon**  
9:00--Sensory Gro  
10:00- Bible Stud  
12:30- Catholic R  
1:30 Cooking w/ I  
2:00-Preschool Vi  
2:30-**Blue Moon C**  
3:00- Men's Grou  
6:00- Movie & Po



# 2018



# ation Calendar January 2018



Wed

Thu

Fri

Sat

<p>Group w/Pastor Ken osary Kathi p pcorn- en</p>	<p><b>4 National Trivia Day</b></p> <p>9:30—Craft 10:30-Bean Bag Toss 1:30—Bingo 1:15—UMW 3:00—Local News 4:45—Stretching 6:00—Dominoes</p> <p><i>Answer Trivia at each activity you participate in-- your name will go in a drawing for a prize!!</i></p>	<p><b>5 National Whipped Cream Day</b></p> <p>9:30— Devotions 10:30- Ball Toss 1:30-<b>Debbie Nordland</b> 2:15— <b>Happy Hour/</b> <b>Whipped Cream Party</b></p> <p>4:45-Stretching 6:00— Dice</p> 	<p><b>6</b></p> <p>9:30-Hand Massages 10:30-Pictionary 1:30— Wheel-Less Fortune 4:45— Stretching 6:15— Bingo</p>
<p>oup n w/Pastor Paul sary Kathi p pcorn Men</p> 	<p><b>11</b></p> <p>9:30—Craft 10:30-Bean Bag Toss 1:15-UMW 1:30— Bingo 3:00— Local Newspaper 4:45— Stretching 6:00—Dominoes</p>	<p><b>12</b></p> <p>9:30— Preschool 10:30— Ball Toss 12:30-<b>Snow Scavenger Hunt</b> 1:30-<b>Robert Coats</b> 2:15— Happy Hour 4:45— Stretching 6:00— Dice</p>  	<p><b>13</b></p> <p>1:30-- Wheel-Less Fortune 4:45 Stretching 6:15— Bingo</p> 
<p>Group y w/Pastor Aaron osary thout Kathi /Snowball fight! p pcorn— larnia</p>	<p><b>18</b></p> <p>9:30—Craft 10:30 <b>Resident Council</b> 1:30—<b>Birthday Bingo</b> 3:00—Local Newspaper 4:45—Stretching 6:00—Dominoes</p> 	<p><b>19 National Hat Day</b></p> <p>9:30— Freshen Up 10:30- Ball Toss 1:30— <b>Bowling Tournament</b> 2:00— <b>Hats &amp; Happy Hour</b> 4:45-Stretching 6:00-Dice</p> 	<p><b>20 National Cheese Lover's Day</b></p> <p>9:30— Hand Massages 10:30—Pictionary 1:30— Wheel-less Fortune 2:00--<b>Wine &amp; Cheese Tasting</b> 4:45— Stretching 6:15— Bingo</p> 
<p>oup w/George osary Kathi p pcorn-</p>	<p><b>25</b></p> <p>9:30—<b>Charades</b> 10:00—<b>Shopping &amp; Lunch</b> 1:30—Bingo 3:00—Local Newspaper 4:45—Stretching 6:00—Dominoes</p> 	<p><b>26</b></p> <p>9:30— Freshen Up 10:30— <b>Beach Ball Toss</b> 1:30—<b>Hawaiian Luau!!!</b> 2:00- Happy Hour 4:45-Stretching 6:00-Dice</p> 	<p><b>27</b></p> <p>1:30 Wheel-Less Fortune 4:45 Stretching 6:15— Bingo</p> 
<p>oup y w/ Pastor Ken osary Kathi sits Coffee Social p pcorn Apollo 13</p>			
	<p><b>*Schedule</b> <b>Subject to Change</b></p>	<p><b>Coffee Social-- 2:00</b> <b>Stretching -4:45 D.R.</b> <b>Ongoing 1:1 visits</b></p>	<p><u><b>Crest View Villa</b></u> <b>Tuesday, Bible Study-9:30</b> <b>Wednesday, Bingo-1:30</b> <b>Thursday— 500 Club— 2:00</b></p>



## Resident Birthdays

January 7- Fran Buck

Assisted Living/Villa—None

## Staff Birthdays

Jan. 3--Alysa Stone

Jan. 5— Deb Brown

Kieara Raschke

Kimberly Schmidt

Jan. 6--Tara Jensen

Jan. 12-Samantha Reichert

Jan. 18-Jonni Goetz

Jan. 20-Ronda Rohl

Jan 26-Belinda Root

Jan. 27-Crystal Anderson

## Bingo Volunteers

Jan. 2nd—Kay Hodge

Jan. 4th—LaVonne Boullion

Jan. 9th—Marilyn Skov

Jan. 11th—Jan Oppegard

Jan. 16th—Jan Oppegard

Jan. 18th—Church (B-day Club)

Jan. 23rd—Carol Anderson

Jan 25th—Jill Matthieson

Jan. 30th—Kay Hodge

## Manicures Volunteers

Jan. 8th—Sharon Gulbranson

Jan. 22nd—Delores Distad

***Our Deepest Sympathy to the Families of :*** All of our loved ones who passed in 2017... long live their memory.



## *Lefse*

Auxiliary has Lefse available for purchase.

\$3.75 for 3 Rounds

Call Now at: 507-259-2500

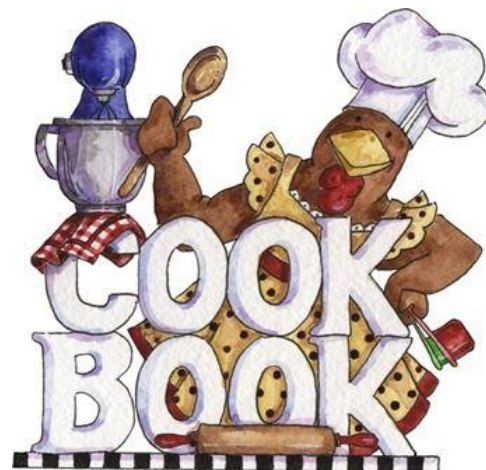
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**We are looking for Volunteers that would be willing to accompany Residents to their doctor appointments . You would go with them in the van, and be responsible for getting them to the appointment desk. Your help would be greatly appreciated. Please contact Activities at [477-3266](tel:477-3266), ext. 133.**



The Activity Department is looking for donations of cookbooks from local groups. We have found that our residents love looking through them and remembering the people and recipes in them!

Please contact Deb Brown at extension 133 to inquire whether we have your cookbook yet.



*The Joy Of Christmas  
brought smiles to all!!!*





## *Field Crest Notes & Quotes*

318 2nd Street N.E.  
Hayfield, MN 55940  
(507) 477-3266

*Serving the Hayfield  
community since 1969*

**Find us at: [www.fieldcrestcare.com](http://www.fieldcrestcare.com)**

**E-mail your residents at: [residents@fieldcrestcare.com](mailto:residents@fieldcrestcare.com)**

Type your person's name on the subject line, we will print it off and give it to them.

**To Contact Directors and Nurses: e-mail or call 507-477-3266**

**Ext. 113—Judy Bowman**, Director of Finance: [judyb@fieldcrestcare.com](mailto:judyb@fieldcrestcare.com)

**Ext. 114—Tonia Weitzencamp**, Director of Nursing: [toniaw@fieldcrestcare.com](mailto:toniaw@fieldcrestcare.com)

**Ext. 115—Cheryl Gustason**, LNHA, Administrator: [cherylg@fieldcrestcare.com](mailto:cherylg@fieldcrestcare.com)

**Ext. 116—Crystal Anderson**, Social Services: [crystala@fieldcrestcare.com](mailto:crystala@fieldcrestcare.com)

**Ext. 122—Nancy Prins**, Medical Records: [nancyp@fieldcrestcare.com](mailto:nancyp@fieldcrestcare.com)

**Ext. 123—Amy Gold**, Charge Nurse: [chargenurse@fieldcrestcare.com](mailto:chargenurse@fieldcrestcare.com)

**Ext. 125—Edie Arnold**, CDM, Dietary Director: [ediea@fieldcrestcare.com](mailto:ediea@fieldcrestcare.com)

**Ext. 127—Mike Newcomb**, Director of Maintenance: [michaeln@fieldcrestcare.com](mailto:michaeln@fieldcrestcare.com)

**Ext. 128—Lyn Demmer**, Dir. of Environmental Services: [lynd@fieldcrestcare.com](mailto:lynd@fieldcrestcare.com)

**Ext. 130—Carrie Beert-Bottema**, Rehab Care: [cdbeertbottema@rehabcare.com](mailto:cdbeertbottema@rehabcare.com)

**Ext. 133—Deb Brown** Activity Department: [debbieb@fieldcrestcare.com](mailto:debbieb@fieldcrestcare.com)

**Ext. 134—Linda Schwade**, RN, MDS Coordinator: [lindas@feildcrestcare.com](mailto:lindas@feildcrestcare.com)

**Ext. 116—Crystal Anderson**, Admissions Coordinator: Crest View Villa & Assisted Living: [crystal@fieldcrestcare.com](mailto:crystal@fieldcrestcare.com)

**Ext. 139—Ronda Rohl**, RN, Director of Health Services: Home Care for Assisted Living & Crest View Villa: [rondar@fieldcrestcare.com](mailto:rondar@fieldcrestcare.com)