

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



December 2018



HAPPY HOILDAYS!

<p>9:30 Resistance Band Training 10:00 Coffee Social 10:30 Bible Study 1:00 Music Social 1:30 Bingo! 2:30 Bowling</p>	<p>9:30 Aerobic Class 10:00 Coffee Social 10:30 Bingo! 1:30 Jenga 2:30 Trivia 4:00 Walking Club 6:30 World News <small>First Day of Hanukkah</small></p>	<p>9:30 Stretching 10:00 Baking Class "Cookies" 1:00 Music Social 1:30 War Card Game 2:30 Walking Club 3:30 Golfing National Cookie Day</p>	<p>9:30 Seniorcise 10:30 Bingo! 1:30 Movie Club 5:30-7:00 Tree Lighting Ceremony w/Lindsay</p>	<p>9:30 Fun Exercise 10:00 Watercolor Class 1:00 Movie Club 2:00 Music w/Leslie 2:30 Connect Four 4:00 CNN Health News</p>	<p>9:30 Exercise Fun 10:30 Bingo! 1:00 Music Social 2:00 Snack Social 2:30 HeadBandz 3:30 Movie Club "Miracle of 34th Street"</p>	<p>9:30 Sing & Stretch 10:00 Coffee Social 10:30 HeadBandz 1:30 Music Social 2:30 Bingo! 4:00.CNN News 6:00 Movie Club</p>
<p>9:30 Strength Training 10:30 Hot Cocoa Party 1:00 Music Social 2:30 Jenga 4:00 Walking Club</p>	<p>9:30 Chair Yoga 10:00: La Crescenta HS Choir 12:00 Luncheon Birthday Party 1:00 Holiday Music 2:30 Game of Pairs 4:00 World News</p>	<p>9:30 Fun Exercise 10:00 Coffee Chat 10:30 Pet Therapy Essex 2:30 "Uno" 4:00 Documentary "The Short Game"</p>	<p>9:30 Noodle Exercise 10:30 Drumming for Health 1:30 Music Social 2:00 Bingo! 4:00 World News</p>	<p>9:00 Church Choir 10:00 Watercolor Class 1:30 Music Social 2:30 Music w/ Carol 4:00 La Canada HS Choir</p>	<p>9:30 Seniorcise 10:00 Snack Social 10:30 Trivia 1:30 Sing-a-long 2:30 Bingo! 4:00 Uno Card Game</p>	<p>9:30 Basic Exercise 10:00 Coffee Social 11:00 Violin Music 1:30 Music Social 2:30 Nail Spa 4:00 Documentary "Sugar Rush"</p>
<p>9:30 Aerobics 10:00 Coffee Social 10:30 Bingo! 1:30 Men's Club 2:00 Snack Social 4:00 Nature Walk 6:00 Movie Club</p>	<p>9:30 Chair Yoga 10:00 Coffee Chat 10:30 Christmas Trivia 2:00 Snack Social 2:30 Bingo! 4:00 News</p>	<p>9:30 Exercise 10:30 Art's & Crafts "Making Holiday Ornaments & Snow Globes" 1:30 Holiday Trivia 3:00 Board Games</p>	<p>9:30 Exercise 10:00 Watercolor Class 1:00 Music Social 1:30 "Uno" 2:30 Walking Club 4:00 CNN Health</p>	<p>10:00am Resident Secret Santa 1:30 Bingo! 2:30 Music w/Lindsay 4:00 Documentary "The Eighties"</p>	<p>9:30 Chair Yoga 10:30 Bingo! 1:30 Jenga 2:00 Happy Hour Music w/ Winfield 4:00 TV Social 7:00 Jeopardy <small>Winter Begins</small></p>	<p>9:30 Fun Exercise 10:00 Coffee Chat 10:30 Name That Tune 1:00 Fuller House 2:30 Holiday Movie 4:00 World News</p>
<p>9:30 Chair Yoga 10:00 Coffee Social 10:30 Movie Club "How the Grinch Stole Christmas" 1:00 Music Social 2:30 War Game</p>	<p>9:00 Catholic Mass 9:30 Fun Exercise 10:30 Resident's Council Meeting 1:30 Bingo! 2:30 Bingo Prizes 4:00 Movie Club 7:00 Jeopardy</p>	<p>9:00 Catholic Mass 9:30 Fitness Fun 10:00 Christmas Hot Cocoa Chat 1:30 Movie Club "White Christmas" 4:00 World News <small>Christmas Day</small></p>	<p>8:00 Country Breakfast with Joey 9:30 Fun Exercise 10:30 Bingo! 1:30 Board Games 2:30 Uno Card Game 4:00 Movie Club <small>Kwanzaa Begins</small></p>	<p>9:00 Church Choir 10:00 Watercolor Class 1:00 Music Social 2:30 Card Games 4:00 Puzzles 6:00 Documentary</p>	<p>9:30 Exercise 10:00 Coffee Chat 10:30 Bingo! 1:30 Nail Spa 3:00 Movie Club 6:30 World News 7:00 Jeopardy</p>	<p>9:30 Seniorcise 10:30 Bowling 1:30 Jenga 2:30 Bingo! 4:00 T.V Social "The Brady Brunch" 6:30 World News</p>
<p>9:30 Exercise 10:00 Snack Social 10:30 Game of Pairs 2:00 Snack Social 2:30 Chess Game 3:30 Balloon Toss 4:00 Walking Club</p>	<p>11:00-1:00 Countdown New Year's Eve Champagne Brunch With Leslie 2:30 Bingo! 4:00 World News <small>New Year's Eve</small></p>	<p>Resident's Birthdays Leona Martin 12/06 Lewis Rosenzweig 12/06 Helen Connolly 12/16 Jeanne Kearns 12/17 Julianna Agoston 12/18 Liberty Naoum 12/22 Margot Rubschlager 12/26</p>				

ALL ACTIVITIES A RE SUBJECT TO CHANGE. FOOTHILL RETIREMENT 6720 SAINT ESTABAN STREET TUJUNGA CA 91042