



Notable Quotable

“The sea, once it casts its spell, holds one in its net of wonder forever.”

~ Jacques Yves Cousteau, underwater explorer



June Horoscopes and Birthdays

In astrology, those born June 1–20 are Gemini’s Twins. Twins seem to have two personalities. They have an energetic and fun-loving side that is the life of the party, but also a deep and emotional side that needs love and nurturing. Those born June 21–30 are the Crabs of Cancer. Guided by their hearts, Crabs are emotional and nurturing. They create deep bonds and comfortable homes and are always willing to welcome people into their circle.

- E. Planter 6-1
- S. Rivers 6-5
- K.P 6-6
- A. Sharp 6-9
- D. Hills 6-11
- S. Davis 6-13
- M. Gaston
- L. Halfmann 6-16
- H. Elsworth 6-18
- L. Hill 6-20
- J. Holman 6-24
- S. Neiderhiser 6-26
- S. Benton 6-30

The Magnificent Abyss *continued from pg. 1*

The vast diversity of life in our oceans is astounding. Large and charismatic animals such as whales, sharks, dolphins, rays, walruses, and seals get the lion’s share of attention. Tourist hotspots such as reefs, beaches, and lagoons along the coasts draw visitors. But the mystery of the ocean lies in its vast depths. Humans are most familiar with the upper ocean, perhaps the top 500 feet. What is astounding is that the average depth of the ocean is over 13,000 feet deep. That’s as

high as the peaks of the Rocky Mountains! So what mysteries lie at those unplumbed depths? Just in this past year, scientists have discovered sea anemones and upside-down swimming fish under ice sheets, coral reefs off Greenland, and new species of shrimp and sponges living in superheated waters near underwater sea vents. Who is to say that mermaids do not exist, given the fact that so many parts of the ocean have been unexplored?

The Chaplain’s Corner

We are living in an age, when it seems like many of us lack courage in standing up for what is right and good. Such situations present themselves in homes, workplaces, churches and communities. The world needs men and women of courage and conviction for it to be a better place. Will you be that someone of courage? Thomas Jefferson said: **“In matters of style, swim with the current. In matters of principle, stand like a rock.”** Deuteronomy 31:6 : **Be strong and courageous, do not be afraid or terrified of them, for the Lord your God is the One who goes with you. He will not fail you or forsake you.**

Wilbert Thompson, Chaplain

Palm Garden in the Sun

June 2019



Palm Garden Jacksonville
5725 Spring Park Road
Jacksonville, FL 32216
904-733-6954 (Phone)
904-739-8932 (Fax)

Celebrating June

Beautiful in Your Skin Month

Soul Food Month

Lemonade Days
June 1–9

World Bicycle Day
June 3

Banana Split Days
June 7–8

Roller Coaster Day
June 13

Father’s Day
June 16

World Music Day
June 21

Social Media Day
June 30

The Magnificent Abyss

June is World Ocean Month, a time to celebrate everything under the sea. What would our world be without the ocean? The ocean produces over half of the air we breathe. Covering 70% of the planet’s surface, the ocean’s currents distribute heat all around the globe, regulating both the world’s climate and weather patterns. And although 95% of the ocean remains unexplored, it is home to over two million different species, including the largest animal ever to have existed on Earth.

The blue whale, capable of growing to almost 100 feet long and weighing in at 190 tons, is larger by far than any dinosaur that ever walked the earth. This massive creature relies

on one of the ocean’s smallest animals for its chief food source. The blue whale eats krill, those tiny two-inch-long, shrimp-like crustaceans that swarm by the tens of thousands. That the world’s largest animal should rely on one of the smallest should not come as a surprise, for this is just another example of Earth’s great symbiosis. Whether on land or in the sea, all organisms are interdependent on each other for their survival.

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June Happenings

- We will have pet therapy starting in June when Izzy and Lizzy will make their rounds. If you wish these cute bundles of fur come and see you let the Life Enrichment Staff know.
- Come join us as the Circus comes to Palm Garden on June 13th at 2:30 in the Main Dining Room. We will be having Sparky the Clown come and perform.
- Life Enrichment will be honoring all of our Dads Donuts for Dads in the Life Enrichment Room at 9:30. Then we will be firing up the grill and grilling some steaks for them and if you wish join them; the price is only \$5.00 per person. You need to RSVP by no later than June 13th to the Concierge.
- Life Enrichment will be having a Pool Party on June 21st in the Court yard with Ice Cream Floats.

