GREAT LAKES Region

Men's Track Athlete of the Year

Yared Nuguse -- Notre Dame

1500 Meters: 3:34.68 @ ACC Outdoor Track & Field Championships ... May 13-15th; Collegiate Record ... ACC Record ... ACC champion --- 5000 Meters: 13:40.62 @ Raleigh Relays ... March 25-27th --- Also ran 3:35.96 over 1500m at Oregon Twilight ... Louisville, Kentucky ... RS Junior

Men's Field Athlete of the Year

Ayden Owens -- Michigan

Decathlon: 8238 @ Big Ten Outdoor Championships (5/14-5/16); B1G Champion; B1G Championships record; #2 score in Big Ten history, #17 all-time NCAA --- Long Jump: 7.47 m/24-61/4 @ Big Ten Outdoor Championships (5/14-5/16 --- Qualified to the NCAA Outdoor Championships as the No. 2 seed in the decathlon ... Ranked No. 10 in the world in 2021 ... Wexford, Pa. ... Sophomore

Men's Coach of the Year

Thomas Chorny -- Miami (Ohio)

Miami won their Conference title this year, first in 28 years, with 4 individual champions and the mid distance crew swept the 800m and the 1500m... They also scored 3 athletes in the steeplechase and the shot put... Individually, Mclear's 1:46.51 in the 800m is ranked 8n/1r; He was the fastest qualifier out of the NCAA East... For the NCAA East prelim, Miami had 3 qualifiers in the 800m and 3 in the 1500m --- Mid American Conference (MAC) Conference Champions: 4 event champs ... Regional TFRI: 14th --- 5th year at school (Director and Head Coach of Track and Field and Cross Country)

Men's Assistant Coach of the Year

Sean Carlson -- Notre Dame

Scored in every distance event at ACC Outdoor Championships totaling 40 points ... ACC Conference Championship in Men's 1500 ... NCAA Collegiate record in the 1500 ... 14 student-athletes qualified to the NCAA East Regional competing in every distance event offered ... 3 student-athletes qualified for NCAA Championships. --- ... Regional TFRI: 2nd --- 10th year at school (Assistant Track Coach) ... coaches: Men's Distance

Women's Track Athlete of the Year

Anavia Battle -- Ohio State

200 Meters: 22.28 @ NCAA East Prelims 5/30; School record; qualified for NCAA championships No. 3 out of East Prelims --- 100 Meters: 11.10 @ Jesse Owens Invitational 4/30 --- Won the 100 meters in 11.35, the 200 meters in 22.54 at the Big Ten outdoor championships ... also ran a leg on the victorious 4×100 relay team ... Named the track athlete of the championships ... ran 11.18 100 at NCAA East Prelims and qualified for nationals ... Inkster, Mich. ... Senior

Women's Field Athlete of the Year

Adelaide Aquilla -- Ohio State

Shot Put: 19.12m (62-8¾) @ Big Ten Championships (May 14); No. 4 all-time NCAA, Big Ten champion, Big Ten championships record twice --- Discus: 56.70m (186-0) @ NCAA East Prelims (May 30) --- Big Ten Championships Field Athlete of Meet ... Rocky River, Ohio ... RS Junior

Women's Coach of the Year

Karen Dennis -- Ohio State

Karen Dennis was unanimously selected by her coaching peers as the 2021 Big Ten Conference women's outdoor coach of the year ... eight Buckeyes have qualified out of the NCAA East Prelims to compete in a total of 10 events at the NCAA championships. --- Big Ten Conference Conference Champions: 5 event champs --- National TFRI: 12th ... Regional TFRI: 1st --- 7th year at school (Director of Track & Field and Cross Country)

Women's Assistant Coach of the Year

Ashley Kovacs -- Ohio State

Three of Ashley's student-athletes have qualified for the NCAA Championships out of the NCAA East Prelims in 2 events apiece ... Sade Olatoye won the Big Ten hammer throw with a championships record throw of 68.9m/226-0 ... Adelaide Aquilla broke the Big Ten championships record in winning the shot put (19.12m/62-8¾) ... that put is the No. 4 shot put all-time in U.S. history ... Aquilla was named the Field Athlete of the Championships ... Aquilla won East Prelims shot put in a stadium record. --- --- National TFRI: 12th ... Regional TFRI: 1st --- 7th year at school (Assistant Coach, Throws) ... coaches: Throws



MID-ATLANTIC Region

Men's Track Athlete of the Year

Joseph Amoah -- Coppin State

100 Meters: 10.00 @ Aggie Invitational (4/10/21) --- 200 Meters: 20.32 @ NCAA East Prelims (5/28/21) --- Also helped Coppin qualify for Nationals in 4x100m Relay. Was on 4x4 Relay that qualified for East Regionals ... Helped Native Ghana qualify for 2021 Olympics in the 4x100m Relay by competing for Ghana in the 4x100m Relay at World Relays in Poland. ... Greater Accra, Ghana ... Senior

Men's Field Athlete of the Year

David Lucas -- Penn State

Discus: 60.77/199-4 @ NCAA East Preliminary Round May 28th; NCAA finalist; Big Ten Champion --- Top-ranked Discus thrower in Mid-Atlantic Region ... Lititz, PA ... RS Senior

Men's Coach of the Year

Jamie Cook -- Navy

Helped Navy to undefeated season, while also winning Patriot League Outdoor Championship (298 pts), and IC4A Outdoor Championship... Named Patriot League Coach of the Year... Had 11 student-athletes qualify for NCAA East Prelims...6 top-20 #EventSquad rankings, including #2 in Decathlon and #6 in Javelin --- Patriot League Conference Champions: 7 event champs ... Regional TFRI: 1st --- 4th year at school (Director of Navy Track and Field)

Men's Assistant Coach of the Year

Lucais MacKay -- Penn State

Had Big Ten Champions in the Discus and Javelin and runner up in the Hammer. Javelin throwers went 1-3-4 at the conference meet. Athletes scored 44 of the teams 65 points at Big Ten. Had 9 athletes qualify for the NCAA Championships and 4 advanced to the NCAA finals in Eugene. --- ... Regional TFRI: 4th --- 5th year at school (Assistant Coach) ... coaches: Throws

Women's Track Athlete of the Year

McKenna Keegan -- Villanova

800 Meters: 2:01.25 @ NCAA East Preliminary (5.29); School record --- 4x400 Relay: 3:38.78 @ Philly Mets (4/24) --- 2x conference champion and All-BIG EAST ... NCAA qualifier ... 5th fastest 800m time in NCAA East Preliminary history ... West Grove, Pa. ... Senior

Women's Field Athlete of the Year

Madeline Nickal (Holmberg) -- Penn State

Heptathlon: 5839 @ Big Ten Championships (5/16); Big Ten champion, ranked 8th in NCAA - highest field event ranking for Mid-Atlantic Region --- Long Jump: 6.36m (20-10½) @ Maryland BIG Invite (3/26); Highest ranked in Mid-Atlantic Region ... Greensburg, PA ... RS Senior

Women's Coach of the Year

Gina Procaccio -- Villanova

Won the Big East Title ... Conference champions in 400m hurdles, 800m, 1500m, 3000 meter steeplechase, 5000m, 4x400 meter relay, javelin, discus ... 19 qualifiers plus 4x400 meter relay for NCAA East Preliminary ... two qualifiers for NCAA Championships ... School records in steeplechase, shot put, javelin, discus --- BIG EAST Championships Conference Champions: 8 event champs ... Regional TFRI: 2nd --- 21st year at school (Head Coach - Women's Track & Field/Cross Country)

Women's Assistant Coach of the Year

James Snyder -- Temple

Guided athletes to podium finishes in every middle & long distance event at the AAC Championships. With seven All-Conference performances and other scorers outside the top 3 the Lady Owls distance group scored 64 of the team's 81 points culminating in a program best 3rd place team finish. Three of Snyder's athletes advanced to the NCAA 1st Round with steeplechaser Emma Gee qualifying on to Eugene. They established new school records at 800, 1500, 5000, 1000 & SC --- Regional TFRI: 6th --- 8th year at school (Head Cross Country/Assistant Track & Field Coach) ... coaches: Middle/Long Distance

MIDWEST Region

Men's Track Athlete of the Year

Wesley Kiptoo -- Iowa State

5000 Meters: 13:21.02 @ Oregon Relays (4/23); Big 12 Champ in Meet and Facility Record 13:29.92. --- 10,000 Meters: 27:58.10 @ Hayward Premiere (4/2); Big 12 Champ in Meet and Facility Record 28:22.98. --- Made ISU steeplechase debut at Big 12 Championships, going School, Meet & Facility record 8:31.82 (2n/1r). Became first male in Big 12 history to win three individual events at one outdoor conference championships. Has gone sub-29 in the 10K three times in 2021 Outdoor Season (Hayward Premiere, Big 12 Championships, NCAA West Prelims) and sub-13:45 three times in the 5K during 2021 Outdoor Season (Oregon Relays, Big 12 Championships, NCAA West Prelims). ... Marakwet, Kenya ... Sophomore

Men's Field Athlete of the Year

Alex Talley -- North Dakota State

Hammer: 71.05m/233-1 @ Rock Chalk Classic (4/30); NCAA finals-site qualifier; Summit League champion with meet record holder (69.78/228-11); School record --- Shot Put: 20.19m/66-3 @ Rock Chalk Classic (5/1); Summit League champion (19.54/64/1-½), NCAA West Prelims Qualifier --- Summit League Championships Field MVP with titles in both events ... 1 of only 2 athletes in the nation ranked Top 10 in both hammer and shot put. ... West Fargo, N.D. ... RS Junior

Men's Coach of the Year

Joey Woody -- Iowa

Qualified 7 athletes in 8 individual events and qualified 2 relays to NCAA Championships final site... Big Ten champion, with a school record 127.5 points, and 15 medalists... 8 top-20 national event rankings... 8 top-15 #EventSquad rankings, including #1 in 110m H, #2 in Discus, and #3 in 400m H --- Big Ten Conference Champions: 2 event champs --- National TFRI: 15th ... Regional TFRI: 1st --- 7th year at school (Director of Track & Field)

Men's Assistant Coach of the Year

Tom Hays -- Kansas

Guided the KU pole vault unit to become the first in NCAA history with four vaulters from the same team over 18 feet in the same season (Zach Bradford (19-0.75 ft.), Hussain Al Hizam (18-8.25 ft.)), Kyle Rogers (18-1.25 ft.) and Christian Champen (18-1.25 ft.) ... Coached the Jayhawks to score 27 pts in the pole vault at the 2021 Big 12 Championship, the most points scored by a single team in the event in conference history ... Qualified two individuals for NCAA's --- --- National TFRI: 24th ... Regional TFRI: 10th --- 16th year at school (Associate Head Coach - Vertical Jumps) ... coaches: vertical jumps

Women's Track Athlete of the Year

Abby Kohut-Jackson -- Minnesota

Steeplechase: 9:46.96 @ NCAA West Prelim (5/29); Minnesota program record; BIG TEN CHAMPION --- 1500 Meters: 4:19.10 @ Big Ten Championships (5/16); Placed 8th in Big Ten --- Entered NCAA West Prelim ranked 12th in the nation in 3000m steeplechase and enters the NCAA Championships ranked 4th. Ran OTQ at the Big Ten Championship and improved her time at the NCAA West Prelim where she placed 3rd in 9:46.96. Also ran on 1st place distance medley relay at Illini B1G Relays and set Minnesota program record at 11:03.01. ... Huxley, Iowa ... RS Senior

Women's Field Athlete of the Year

Laulauga Tausaga -- Iowa

Discus: 63.28m (207-7) @ NCAA West Regional (5/26-29); 2nd at West Regional --- Shot Put: 17.97m (58-11.5) @ NCAA West Regional (5/26-29); Won West Regional --- Contributed 15 points to Iowa's Big Ten point total (75, fourth place) ... Two-time Big Ten Athlete of the Week (March 31 and April 7) ... Spring Valley, Calif. ... RS Senior

Women's Coach of the Year

Jeff Bovee -- Illinois State

Led ISU to the MVC title ... the team finished with individual titles in five events from four student-athletes on the women's side in addition to a win in the 4x400m relay ... had 2 athletes earn MVC awards, including Grace Beattie being named the Most Outstanding Track Athlete and Jordyn Bruce earning the title of Most Valuable Athlete ... 30 of 32 women on the ISU MVC Championships roster scored points for the 'Birds ... 18 individual All-MVC performances and two relays named All-MVC --- Missouri Valley Conference Conference Champions: 6 event champs ... Regional TFRI: 12th --- 7th year at school (Director of Track & Field/Cross Country)

Women's Assistant Coach of the Year

Justin St. Clair -- North Dakota State

5 women's entries to NCAA Championships in throws -- 2 in shot put, 2 in javelin, 1 in hammer ... 13 women's entries in throws at NCAA West Prelims - most in nation ... NDSU women are No. 1 in Event Squad Rankings for both shot put & hammer ... 6 NDSU women threw 50+ feet in shot put this season; no other school had more than 3 ... Swept all 4 throwing event titles at Summit League Championships ... NDSU women scored 104 team points in throws at conference meet, including 1-through-6 sweep of SP --- --- National TFRI: 25th ... Regional TFRI: 7th --- 10th year at school (Associate Director of Track & Field) ... coaches: Throws (both genders)

MIDWEST Region



USTFCCCA Award Winners

2021 NCAA DI OTF Regional Awards

MOUNTAIN Region

Men's Track Athlete of the Year

Conner Mantz -- BYU

10,000 Meters: 27:41.16 @ Sound Running Track Meet; National leader --- 5000 Meters: 13:24.78 @ Hayward Premiere --- 1500 Meters: 3:37.96 (16n/6r) @ West Coast Relays ... Smithfield, Utah ... Junior

Men's Field Athlete of the Year

Cameron Bates -- BYU

Javelin: 77.17m/253-2 @ Hayward Premiere (4/2); Finals-site qualifier (2nd qualifier in West); school record; U.S. Olympic Trials Qualifier --- ... Spanish Fork, Utah ... Sophomore

Men's Coach of the Year

Ed Eyestone -- BYU

The BYU men spent 7 weeks in the top 5 of the National TFRI, including being ranked No. 1 for the first time in program history... Tied Oregon for the most regional entries in the nation with 34 and advanced 14 to the NCAA Championships... 9 top-10 #EventSquad rankings, including #1 in 1500m & Steeplechase, #2 in 5000m, and #3 in Javelin... 14 top-20 national event rankings, including 1st in 10000m --- --- National TFRI: 5th ... Regional TFRI: 1st --- 8th year at school (Director of Track & Field/ Head Cross Country Coach)

Men's Assistant Coach of the Year

Kyle Grossarth -- BYU

Qualified seven entries to NCAA West Prelims and advanced four to the NCAA Championships ... coached national qualifier Michael Bluth to school record and U.S. Olympic Trials Qualifying Standard in 400m -- 45.13 (10n/1r) ... coached national qualifier Colten Yardley in 400m hurdles -- 50.04 (17n/2r) ... coaches national qualifying 4x100m and 4x400m teams. --- --- National TFRI: 5th ... Regional TFRI: 1st --- 9th year at school (Assistant Track & Field Coach) ... coaches: Sprints, hurdles, relays

Women's Track Athlete of the Year

Whittni Orton -- BYU

5000 Meters: 15:12.91 @ Sound Running Track Meet (5/14); National qualifier, school record, U.S. Olympic Trials Qualifying Standard --- 1500 Meters: 4:09.31 @ West Coast Relays (4/30); National qualifier, school record --- ... Panguitch, Utah ... Senior

Women's Field Athlete of the Year

Ruth Usoro -- Texas Tech

Triple Jump: 14.50m (47-7) @ Masked Rider Open (4/10); NCAA No. 3 performance All-time (No. 2 performer), Big 12 champion & conference record holder --- Long Jump: 6.76 (22-21/4) @ Texas Relays (3/27); School record, ranked No. 5 in NCAA --- Current Bowerman Watch List member ... Akwa Ibom, Nigeria ... Junior

Women's Coach of the Year

Wes Kittley -- Texas Tech

Coach Kittley's women have had one of their best years ... tt began with the national rankings, with the team holding a top-10 ranking for seven weeks — the most consecutive weeks spent in the top-10 in school history ... Tech scored 106.5 points at the meet ... they would go on to qualify four individuals in five events, plus both the 4x100 and 4x400 relays for nationals — the latter being something that's only occurred once before under Kittley's watch. --- Big 12 Conference (3rd place): 1 event champs --- National TFRI: 14th ... Regional TFRI: 1st --- 21st year at school (Director of Track & Field and Cross Country)

Women's Assistant Coach of the Year

Diljeet Taylor -- BYU

Qualified 22 entries to the NCAA West Prelims and advanced nine to the final site. Coached the top-ranked 1500m #EventSquad in the nation as well as the No. 2 steeplechase squad and No. 2 800m squad. ... Coached NCAA-leaders Whittni Orton (5000m - 15:12.91) and Courtney Wayment (Steeplechase - 9:31.37) to U.S. Olympic Trials Qualifying Standards ... Has eight athletes that rank in the top 15 nationally in their respective events --- National TFRI: 11th ... Regional TFRI: 2nd --- 5th year at school (Associate Director of Track & Field/Cross Country) ... coaches: Distance

NORTHEAST Region

Men's Track Athlete of the Year

Alex Masai -- Hofstra

10,000 Meters: 28:27 @ April 2 Stanford Invitw --- 5000 Meters: 13:42 @ East Region May 26; CAA champion --- East Region 10K champion w/ 28:11 PR ... Won East Region by 8 seconds ... Mt. Elgon ... RS Junior

Men's Field Athlete of the Year

August Cook -- Army West Point

Javelin: 75.20m/246'9" @ Patriot League Championships (04/30); Conference champion with meet record and overall league record; NCAA finals-site qualifier (6th in the East; 72.06/236-5); IC4A Champion; Olympic trials qualifier --- Patriot League field MVP. ... Bedford, PA ... Senior

Men's Coach of the Year

Greg Roy -- Connecticut

Huskies named Coaching Staff of the Year, Scott named High Point Performer of the Meet, O'Brien named Track Athlete of the Meet, and Torney named Field Athlete of the Meet... 4 top-20 #EventSquad rankings --- Big East Conference Champions: 12 event champs ... Regional TFRI: 1st --- 36th year at school (Director of TF/XC)

Men's Assistant Coach of the Year

Angelo Posillico -- Army West Point

Posillico's throwers swept all four throwing events at the Patriot League Championships scoring 86 points, the most ever by a throws squad. Set a meet record and an Olympic Trials standard ... Won 3 IC4A titles with 59 points scored ... Top Northeast Region throwers in Shot, Discus, and Javelin, and #3 in the hammer ... Six men qualified for the NCAA Preliminary, five finishers in the Top-24 with one advancing to Eugene. Has the #1 ranked event squad in the Northeast region in all four throwing events. --- ... Regional TFRI: 2nd --- 4th year at school (Assistant Coach) ... coaches: Throws

Women's Track Athlete of the Year

Abbey Wheeler -- Providence

10,000 Meters: 33:18.34 @ 5/27 -NCAA East 1st Round Championships; Placed 2nd in the region - went in seeded 22nd in the East - PR'd by 32 seconds. Big East 10k Champ. --- 5000 Meters: 15:46.87 @ 3/26 - Raleigh Relays; 12th ranked in the East Region. --- Ocean State Invitational Champion - mile - 4:41.93. ... Elmira, NY ... Senior

Women's Field Athlete of the Year

Emily Mikoud -- Army West Point

Shot Put: 15.51m (50-101/4) @ Patrior League Championships (4/30); Patriot League champion, ECAC runner-up, ranks first in region --- Discus: 50.42m (165-5) @ Patriot League Championships (4/30); Patriot League Champion, ECAC champion, ranks second in region ... Plymouth, Mass. ... Junior

Women's Coach of the Year

Roberto Vives -- Albany

Under Vives, the UAlbany women won the America East Outdoor title behind eight event victories, including three from Asia Jinks, who trains in Vives' event group ... UAlbany earned the America East Women's Coaching Staff of the Year award ... the women's team in 2021 saw six total varsity and freshman class school record-breaking performances, and qualified two individuals to NCAA East Preliminary Championships. --- America East Conference Champions: 8 event champs ... Regional TFRI: 4th --- 36th year at school (Director of Track & Field/Cross Country)

Women's Assistant Coach of the Year

Annette Acuff -- Binghamton

Two NCAA east regional qualifiers with Emily Mackay 5000 @ 15:48.15 and Aziza Chigatayeva steeple @ 10:15.85. Mackay finished 3rd to qualify for nationals and Chigatayeva finished 23rd. Mackay ran personal bests and school records in the 800 (2:08.53), 1500 (4:17.37), & 5000. Chigatayeva ran a personal best in the steeple that also broke the school record. Both Mackay (1500) and Chigatayeva (steeple) won America East titles this season. --- ... Regional TFRI: 14th --- 21st year at school (Assistant Men's & Women's Track & Field Coach) ... coaches: Distances



SOUTH Region

Men's Track Athlete of the Year

Robert Dunning -- Alabama

110 Meter Hurdles: 13.24 @ NCAA East Preliminary 5/28; SEC Champion w/all-conditions best of 13.15 --- 400 Meter Hurdles: 49.70 @ Florida Relays 4/2; SEC Championships - 4th place ... Atlanta, Ga. ... Senior

Men's Field Athlete of the Year

Karel Tilga -- Georgia

Decathlon: 8,484 points @ Spec Towns Invitational (4/9-10); No. 2 performance in collegiate history; No. 3 in the World in 2021; No. 4 on all-time Estonian list --- Javelin: 66.16m for 6th @ SEC Championships ... Tartu, Estonia ... Junior

Men's Coach of the Year

Dan Waters -- Alabama

Led UA to 2nd, its best SEC Outdoor Championship finish in 37 years... UA's men came away with 4 First Team All-SEC honors, 3 second-team accolades and a pair Freshman All-SEC nods... qualified 13 men to the NCAA Championship Finals... Broke four school records... Eliud Kipsang ranks 4th all-time in NCAA in 1500m... Robert Dunning ranks 14th all-time in NCAA History and No. 1 in 2021 in 110m H... 11 top-20 national event rankings, including 1st in 100mH... #2 #EventSquad ranking in SP --- SEC (2nd place): 5 event champs --- National TFRI: 8th ... Regional TFRI: 2nd --- 10th year at school (Head Coach)

Men's Assistant Coach of the Year

Althea Thomas -- Georgia

Has six entries (x2 100m, 200m, 400m, 400mH, 4x100m relay) for the NCAA Championships, including three who finished the conference championships ranked in the top five nationally ... event area scored 28 of 48 points at SEC Championships ... School records in 200m (20.06), 400m (44.61) and 4x100m relay (38.57) during 2021 ... Began coaching freshman Arian Smith before SEC Championships & guided him to eighth at SECs & a spot at Nationals with a 10.10w --- --- National TFRI: 13th ... Regional TFRI: 5th --- 4th year at school (Associate Head Coach/Recruiting Coordinator) ... coaches: Sprints, Hurdles & Relays

Women's Track Athlete of the Year

Tamara Clark -- Alabama

200 Meters: 22.13 @ SEC Championships 5/13 --- 100 Meters: 10.87 @ SEC Championships 5/19; 10.87w #6 fastest all-conditions in NCAA history --- SEC champ in 100m and 200m, ran 2nd leg on silver medal 4x100m relay & the 2nd leg on the 4x400m relay to score 22.5 pts at SECs...ran 10.87w & 21.89w at SECs...200m time of 21.89 is the fastest all-conditions run in NCAA history...followed that up with the No. 4 all-time run in NCAA history w/a 22.13 at East Preliminary...during the season posted NCAA No. 9 all-time 100m mark of 10.96 and ran a 10.98 at East Prelims...school record holder in the 100/200m ... High Point, N.C. ... Junior

Women's Field Athlete of the Year

Jasmine Moore -- Georgia

Triple Jump: 14.39m (47-2½) @ SEC Championships (5/13-15); No. 3 all-time collegiate performer/No. 4 all-time collegiate performance, SEC champion, ranks No. 2 in NCAA, 3-0 through SEC meet, --- Long Jump: 6.83m (22-5) @ Spec Towns Invitational (4/9-10); School record, 3rd at SEC, ranks No. 3 in NCAA, No. 11 all-time collegiate performer --- Qualified for nationals in triple jump and long jump ... Grand Prairie, Texas ... Sophomore

Women's Coach of the Year

Bob Braman -- Florida State

Seminole Women finished as the Co-ACC Champions ... The Florida State women claimed points in virtually every event to finish tied of the conference crown ... women ran a meet-record time of 43.28 in the 4x100m relay to win the title ... had 23 entires in the NCAA East Preliminaries --- ACC Conference Champions: 5 event champs --- National TFRI: 10th ... Regional TFRI: 2nd --- 18th year at school (Head Coach Track & Field)

Women's Assistant Coach of the Year

Blaine Wiley -- Alabama

Sent 6 in 4 events & both relays to NCAA East Preliminary...advanced 2 in 3 events (100, 200, 400) & both relays to NCAA Finals...sprinters scored 38 pts at SECs, w/22.5 from SEC 100/200 champ Tamara Clark, boosting UA to its best team finish since 1994...Clark ran 10.87w & 21.89w at SECs...her 21.89 200m is fastest all-condition run in NCAA history...Clark ran an all-time NCAA #4 22.13 at the East...ran a UA record 10.96 in 100m in season & 10.98 at the East...Natassha McDonald's 50.91 in 400m is 2nd in 2021 --- --- National TFRI: 6th ... Regional TFRI: 1st --- 6th year at school (Assistant Coach) ... coaches: sprints



SOUTH CENTRAL Region

Men's Track Athlete of the Year

Terrance Laird -- LSU

200 Meters: 19.81 @ Texas Relays (March 27); No. 3 collegiate history (19.81) ... SEC Champion (meet record 19.82) --- 100 Meters: 9.80w @ SEC Championships (May 15); SEC Champion (9.80w) --- SEC High Point Scorer of Meet (22.5 pts) ... Won 100m, 200m, 4x100m relay at SECs ... Has not lost individual race outdoors going a perfect 5-0 and has helped LSU win four titles in 4x100m relay ... Coatesville, Pa. ... Junior

Men's Field Athlete of the Year

JuVaughn Harrison -- LSU

High Jump: 2.36m/7-8¾ @ SEC Championships (May 14); Conference champion with meet record; Equaled No. 2 performer in collegiate history; Also over 2.30/7-6½ at LSU Invitational on May 1 --- Long Jump: 8.44m/27-8¼ @ LSU Alumni Gold (April 24); No. 6 in collegiate history with leap of 8.44m in LJ; SEC runner-up; Over 27 feet in two of three meets this season ... Huntsville, Ala. ... Junior

Men's Coach of the Year

Dennis Shaver -- LSU

JuVaughn Harrison is No. 2 performer collegiate history in the high jump (2.36m), No. 6 overall in the long jump (8.44m), and Terrance Laird is the No. 3 performer in collegiate history in the 200 meters (19.81)... LSU has 15 entries at the NCAA Championships.... 18 top-20 national event rankings, including 1st in 100m, 200m, 400m, HJ, and LJ --- SEC (3rd place): 5 event champs --- National TFRI: 1st ... Regional TFRI: 3rd --- 17th year at school (Head Coach)

Men's Assistant Coach of the Year

Todd Lane -- LSU

Coached JuVaughn Harrison to becoming the second best collegiate performer in the high jump (2.36m). The mark of 2.36m set the SEC meet record ... Harrison also is the sixth best collegiate performer in the long jump (8.44m) ... Three athletes qualified in a total of four events for the NCAA Championships ... Rayvon Grey owns the No. 5 long jump mark in the NCAA this season (8.12m) ... Sean Dixon-Bodie is the No. 2 freshman in the nation in the triple jump at 16.35m (No. 12 overall). --- --- National TFRI: 1st ... Regional TFRI: 3rd --- 14th year at school (Assistant Coach) ... coaches: Jumps

Women's Track Athlete of the Year

Athing Mu -- Texas A&M

400 Meters: 49.68 @ NCAA West Regional (5/29); SEC Champ (49.84), NCAA National Qualifier, U-20 American Record, Collegiate Record --- 800 Meters: 1:57.73 @ Michael Johnson Invitational (4/17); Collegiate record, American U-20 record, Texas A&M Record --- Recorded four collegiate all-time top-10 marks, three in the 400m and one in the 800m...Was the SEC Champion in the 400m (49.84/SEC Meet Record) and 4x400m (3:26.17)...Went a perfect 12-0 in races entered, including 6-0 in individual races ranging from 400m, 800m and 1500m ... Trenton, New Jersey ... Freshman

Women's Field Athlete of the Year

Tyra Gittens -- Texas A&M

Heptathlon: 6418 @ SEC Championships (5/12-13); SEC champion with meet record, No. 3 collegian all-time, school record --- High Jump: 1.95m (6-43/4) @ SEC Championships (5/12); Broke a 32-year old Texas A&M record, SEC heptathlon HJ record, NCAA leader --- National qualifier in the high jump, long jump and heptathlon ... NCAA-leader in the high jump and heptathlon ... Won West Regional long jump at 6.95m/22-9.75 ... Finished the SEC Championships as the highest point scorer with 23 points - 1st in hept. 2nd in the HJ and 4th in the LJ ... Saint Augustine, Trinidad and Tobago ... RS Junior

Women's Coach of the Year

Dennis Shaver -- LSU

Has had women ranked No. 1 every week this season ... coached Tonea Marshall to become the fourth fastest 100m hurdler in NCAA history (12.44) ... LSU's 4x100m relay is NCAA and world leader at 42.52... LSU won four SEC event titles ... Emma Robbins won the hammer throw ... other SEC event titles were Tonea Marshall (100m hurdles), Brittley Humphrey (400m hurdles), and 4x100m relay ... LSU has 19 entries at NCAA Championships --- SEC (2nd place): 4 event champs --- National TFRI: 1st ... Regional TFRI: 3rd --- 17th year at school (Head Coach)

Women's Assistant Coach of the Year

Sean Brady -- Texas A&M

His athletes scored 50 of 82 points for Texas A&M at the SEC Championships... He produced 2 conference champions, Acquah (long jump) and Gittens (heptathlon)... 4 of his athletes qualified for the NCAA Championships in a total of 7 entries... His athletes broke school records in the long jump, triple jump, high jump and heptathlon... Gittens produced 4 all-time top-10 collegiate marks in the high jump, long jump and heptathlon (2x) --- National TFRI: 3rd ... Regional TFRI: 4th --- 3rd year at school (Assistant Coach) ... coaches: Jumps/Combined Events

SOUTH CENTRAL Region



SOUTHEAST Region

Men's Track Athlete of the Year

Trevor Stewart -- North Carolina A&T

400 Meters: 44.52 @ 4/29/21 --- 200 Meters: @ 5/8/21 --- Anchored winning the winning 4x400m Relay - NCAA 1st Round-East Region 2:59.21 (43.70 split) - Third fastest performance in collegiate history ... Has run under 44.59 3x times outdoors 2021. ... Lorton, VA ... RS Junior

Men's Field Athlete of the Year

Claudio Romero -- Virginia

Discus: 65.78m (215' 10") @ NCAA East Preliminary Round (5/28); Finals-site qualifier (2nd Q in the East); ACC Champion (61.21/200-10); school record; Tallied throws of 61m (200 feet) in six-of-seven contests this season --- Shot Put: 18.47m (60' 7.25") @ UVA Opener (3/20); 6th at ACC meet --- ... Santiago, Chile ... Freshman

Men's Coach of the Year

Duane Ross -- North Carolina A&T

Scored a MEAC record 288 points... Won every track event at the MEAC Championship, except Steeplechase... 13 athletes qualified for East Regional in 9 events... 9 athletes qualified for NCAA Championships in 9 events... East Region Meet record and Facility record in 4x100m relay and 4x400m relay... #EventSquad Rankings: 400m (1), 200m (3), and 100m (5)... 7 top-20 national event rankings, including 1st in 4x400 --- MEAC Conference Champions: 13 event champs --- National TFRI: 12th ... Regional TFRI: 5th --- 9th year at school (Director of Track & Field Programs)

Men's Assistant Coach of the Year

Ron Garner -- North Carolina A&T

Assisted head coach with Sprints, Hurdles and Relays ... won S-H-R events; including – 100m, 200m, 400m, 110h, 400h, 4x1R, 4x4R ... qualified athletes in seven S-H-R events (100m, 200m, 100H,400H, 4x1R,4x4R) for the FINALS in Eugene ... assisted with two 400m runners in the "TOP 5" in the NCAA & World - athletes (44.52 & 44.60) ... No. 4 ranked 4x100m Relay and No. 1 ranked 4x400m Relay --- --- National TFRI: 12th ... Regional TFRI: 5th --- 3rd year at school (Assistant T&F Coach) ... coaches: Sprints-Hurdles-Relays

Women's Track Athlete of the Year

Cambrea Sturgis -- North Carolina A&T

100 Meters: 10.92 @ NCAA Divison I East Preliminary Round (5/29); #5 USTFCCCA "All-Time" List; fastest qualifier --- 200 Meters: 22.26 @ NCAA Divison I East Preliminary Round (5/29); #15 USTFCCCA "All-Time" List; second fastest qualifier --- 4x100m Relay: 42.94 @ NCAA Division I East Preliminary (5/29) --- 2021 MEAC OTF Championships: Won 100m-200m-4x100R - scored 22.5 points --- School Record in 100m, 200m, 4x100 ... Kannapolis, NC ... Sophomore

Women's Field Athlete of the Year

Rachel Glenn -- South Carolina

High Jump: 1.91m (6-31/4) @ UNF Invitational (4/29/2021); No. 2 in school history, SEC Champion as a freshman (first since 2012) ... Long Beach, Calif. ... Freshman

Women's Coach of the Year

Duane Ross -- North Carolina A&T

Scored a MEAC record 290 points ... MEAC COY ... Qualified 14 athletes in nine events for East Regionals ... Qualified nine athletes in six events for NCAA Championships ... Cambrea Sturgis National Athlete of the Week (5/11/2021) ... Cambrea Sturgis, East Regional Facility Record 100m (10.92) ... Three NCAA 200m qualifiers ... Three NCAA 100mh qualifiers ... Event Squad Rankings: 100m (2), 100mh (4), 200m (5) --- MEAC Conference Champions: 13 event champs --- National TFRI: 13th ... Regional TFRI: 6th --- 9th year at school (Director of Track & Field Programs)

Women's Assistant Coach of the Year

Mark Mueller -- Duke

Oversaw a dominant season for Duke sprints as Brittany Aveni set the school record in the 100m, 200m, 400m, 4x100m and 4x400m. Aided Aveni's 400m ACC Championship and the 4x400m ACC title. Contributed to the qualification of all 8 women to the NCAA Outdoor's, including both relays for the first time in program history. Sprints contributed 52/110 points for Duke's first ACC title. 400m took 1st, 2nd, 4th and 5th at ACC's. --- ... Regional TFRI: 1st --- 7th year at school (Assistant Coach) ... coaches: Sprints

WEST Region

Men's Track Athlete of the Year

Cole Hocker -- Oregon

5000 Meters: 13:19.98 @ Oregon Relays (4/23); Pac-12 champion --- 1500 Meters: 3:36.47 @ Oregon Twilight (5/7) --- 800 Meters: 1:46.39 (No. 7 in NCAA) @ Pac-12 Championships ... Ranked top 10 nationally in three events: No. 1 - 5,000m; No. 4 - 1,500m; No. 7 - 800m ... Indianapolis, Ind. ... RS Freshman

Men's Field Athlete of the Year

Turner Washington -- Arizona State

Shot Put: 21.07m/69' 1.5" @ GCU Invite Feb 3; NCAA finals-site qualifier (Top Q in the West; 20.74/68-½); Undefeated; Recorded four competitions with throws of 20.80m (68-3) or better --- Discus: 66.26m/217' 5" @ April 17 West Coast Classic; NCAA finals-site qualifier (Top Q in the West; 64.87/212-10); Undefeated; In all six competitions this season, marked 62m (203 feet) in each; Over 64m (210 feet) in five meets. --- Three-time national Field Athlete of the Week. ... Tucson, Arizona ... Sophomore

Men's Coach of the Year

Robert Johnson -- Oregon

Johnson named Pac-12 Coach of the Year... 15 national qualifiers spread among 10 events; 13 individual qualifiers + 1 relay... Scored at least 10 points in 10 different events... Set meet record with 185 points and school record in the triple jump... 14 top-20 national event rankings, including 1st in 5000m... Top #EventSquad rankings include: #1 in 800m & Decathlon, #2 in 1500m, and #3 in 5000m & LJ --- Pac-12 Conference Champions: 4 event champs --- National TFRI: 2nd ... Regional TFRI: 1st --- 9th year at school (Head Coach)

Men's Assistant Coach of the Year

Ben Thomas -- Oregon

Eight NCAA entries among seven individual qualifiers; Cole Hocker is a double qualifier at 1500m and 5000m...at least two national entries in three events including three at 1500m...distance crew accounted for 72 points (of 185) at Pac-12 Championships...three Pac-12 champions (Teare - 1500m, Hocker - 5000m, Mestler - steeplechase)...No. 9 (Teare - 3:35.97) and No. 15 (Hocker - 3:36.47) all-time performers at 1,500 meters. --- National TFRI: 2nd ... Regional TFRI: 1st --- 3rd year at school (Associate Head Coach) ... coaches: Distance

Women's Track Athlete of the Year

Twanisha "TeeTee" Terry -- Southern California

100 Meters: 10.89 (+1.3) @ NCAA West Prelims (5/28); Pac-12, USC record --- 200 Meters: 22.54 (+0.1) @ NCAA West Prelims (5/28) --- Ran 10.99 (+0.8) in 1st round of the NCAA West Prelims to set the Texas A&M stadium record, then ran the 4th-fastest 100m time in history of 10.89 (+1.3) in the quarters. She also had the top 200m & stadium record of 22.54 (+0.1) at the West Prelims. Won the 100m, 200m & anchored the 2nd-place 4x100m relay at the Pac-12 Championships to earn 22.0 points, earn co-Women's Athlete of the Meet ... Miami, Fla. ... Senior

Women's Field Athlete of the Year

Jorinde van Klinken -- Arizona State

Discus: 64.44m (211-5) @ May 27 West Prelims; Leads NCAA, also leads world with 70.22m (230-4) throw competing unattached heading to championships --- Shot Put: 17.67m (57-11¾) @ May 26 West Prelims; Ranks 12th in the NCAA, fifth in school history --- In her first semester, quickly became one of ASU's best throwers all-time. Sits fifth in the shot and her best collegiate-mark is second all-time, but her overall 70.22m from the unattached USATF Throws Festival is a program-best and leads the world. Sits 1st in the disc and sixth in the shot heading to NCAA Championships ... Assen, Netherlands ... Junior

Women's Coach of the Year

Caryl Smith Gilbert -- Southern California

Won the Pac-12 title, ranked in top 5 all season ... qualified 15 athletes in 18 events, plus both relays to NCAA Championships ... saw Terry set the school 100m record of 10.89, 4th-fastest all-time by a collegian and NCAA wind-legal leader and Anna Cockrell the USC 400mH record of 54.77, NCAA No. 1 ... also had athletes set the USC freshman LJ and TJ records ... her athletes posted 17 all-time top 10 Trojan times or marks and 27 top 30 NCAA marks heading into the Preliminary Rounds. --- Pac-12 Conference Champions: 7 event champs --- National TFRI: 2nd ... Regional TFRI: 1st --- 8th year at school (Directro of Track & Field)

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2021 NCAA DI OTF Regional Awards

WEST Region

Women's Assistant Coach of the Year

Quincy Watts -- Southern California

Had 5 400m runners, 2 400m hurdlers & the 4x400m relay team qualify for the NCAA Championships. He had 7 400m runners reach NCAA quarters, 4 post USC AT top 6 times, including Roberts 50.82, 2nd AT. Constantine won the Pac-12 400m title (51.16), Cockrell the 400m hurdles title while setting the USC & meet record of 54.77, No. 1 nationally. 4x400m ran 3:26.37 at West Prelims, 2nd in NCAA & 3 AT USC. His athletes scored 52 of USC's 162.5 points at the Pac-12 Championships to lead to title. --- National TFRI: 2nd ... Regional TFRI: 1st --- 8th year at school (Assistant Coach, Sprints) ... coaches: sprints, intermediate hurdles, 4x400m relay

WEST Region