

Health Resource Center Safety Card Guide

All of our resources are available in English - other languages are available only where specified. Materials can be ordered as PDF downloads or hard copies through our website: www.futureswithoutviolence.org

GENERAL HEALTH



Is Your Relationship Affecting Your Health?

The General Health Safety Card was designed for women receiving health care services. The card features safety planning tips and serves as a tool for providers can use to help women recognize the relationship between their well-being and stress or abuse. Also available in Spanish, and soon in Chinese and Tagalog.



Also available: Hawaii-specific cards (digital download only)

Our Hawaiian Community General Health Safety Card was adapted by Queens Medical Center and The Domestic Violence Action Center, both located in Honolulu, Hawaii, to better reach their multilingual and multicultural clients. Also available in Chuukese, Marshallese, Chinese, Tagalog, Hawaiian.

GENERAL HEALTH: NATIVE



Women Are Sacred

The card aims to help women recognize healthy and unhealthy relationship dynamics and identify how their relationship may impact their health, as well as their children's well-being. Developed in partnership with the National Indigenous Women's Resource Center.

REPRODUCTIVE HEALTH: NATIVE



We Are Sacred

Designed for health settings serving Native communities including IHS clinics, Tribal health centers, and Urban Indian Health Centers, to help women recognize how their intimate relationships may impact their reproductive health. Provides information for safety planning & referral.

Violence destroys.



Keep our families sacred.

Go with:

Violence Destroys Poster

The poster was developed for use in health care and community-based programs and encourages patients to talk to their health care provider about domestic violence.



American Indian/Alaska Native Fathering After Violence

Fathering After Violence is a national initiative to enhance the safety and well-being of women and children by motivating men to become better fathers (or father figures) and more supportive parenting partners.

REPRODUCTIVE HEALTH



Did You Know Your Relationship Affects Your Health?

This card is designed to help women recognize how their intimate relationships may impact their reproductive health and their children's health, while providing information for safety planning and referral. Also distributed by Planned Parenthood. Available in Spanish.



Go with:

Reproductive Health Curriculum/Toolkit and Clinical Guidelines

The guide and curriculum focus on the transformative role of the reproductive health care provider in identifying and addressing intimate partner violence (IPV) and reproductive coercion.

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ADOLESCENT HEALTH



Hanging Out or Hooking Up

The safety card is designed for

adolescents. It challenges teens to consider how their partner treats them and identifies signs of a relationship that may indicate abuse, as well as the dynamics of consensual sex versus pressured sex. Also available in Spanish.

ADOLESCENT REPRODUCTIVE HEALTH



Young Moms, Strong Kids

is designed for adolescent parents that home visitation and health care providers can distribute as part of universal education.



Goes with:

Adolescent Clinical Guidelines and Curriculum

The English guide and curriculum were developed to assist health care providers in enhancing their skills while working with youth to promote healthy relationships,

assess for and respond to adolescent relationship abuse.



Adolescent Poster

The poster identifies aspects of a healthy versus unhealthy relationship. It is designed for display in a range of health sites serving adolescents, such as school-based health centers, school nurses offices, teen clinics, and pediatricians' offices.

COLLEGE CAMPUS SAFETY



Who's Got Your Back?

This card, designed for college-aged women and men, details the high prevalence of

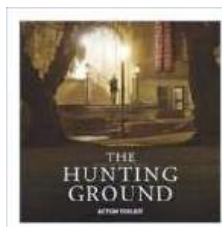
sexual assaults on campus, defines consent, and offers strategies about how to increase personal safety.



Goes with:

Campus Training Slides

These training slides were developed in partnership with Dr. Elizabeth Miller at University of Pittsburgh School of Medicine. Available as a PDF only.

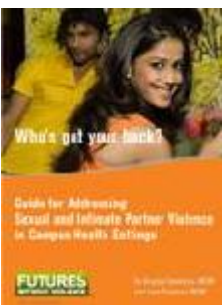


Goes with:

The Hunting Ground Toolkit

The toolkit compliments the documentary and is designed to equip students, faculty, parents and alumni with empowering ways to address and discuss campus sexual

assault. To view the documentary: www.thehuntinggroundfilm.com



Campus Handbook

The handbook provides strategies, tools and resources for providers, staff and students working in campus based health settings to incorporate intimate partner and sexual violence prevention and response into their work. Available as a PDF download.

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Adverse Childhood Experiences (ACEs)



Connected Parents, Connected Kids is a safety card designed for parents that health care providers can

distribute as part of universal education. In addition to providing safety resources for women, this tool also functions as a prompt for health care providers to discuss Adverse Childhood Experiences (ACEs) and the impact on parenting. Soon to be available in Spanish.

PEDIATRIC



Healthy Moms, Happy Kids This safety card for moms is used by

pediatric health care providers to distribute as a part of routine care. The card serves to improve discussions with women about the impact of domestic violence on their parenting and children. Co-branded by the Academy for Pediatrics, also available in Spanish.

HOME VISITATION



Safe Homes, Safe Babies

The perinatal card, is intended for perinatal health care

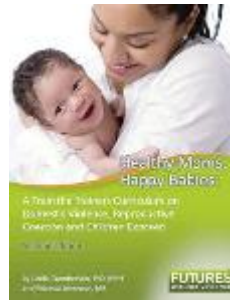
providers to distribute to patients. In addition to providing safety resources for women, this tool also functions as a prompt for perinatal health care providers to improve discussions with women about the impact of domestic violence on their parenting and children. Also available in Spanish.



Healthy Moms, Happy Babies

This updated Home Visitation card is currently used to

facilitate a conversation between health care providers and patients, in addition to providing safety resources for women. Also available in Spanish.



Go with:

Healthy Moms, Happy Babies: Train the Trainers Curriculum (2nd edition)

The curriculum provides training, tools, and resources to help home visitation staff address the complex and sometimes

uncomfortable issue of domestic violence. Available as a digital download only.



Poster

The poster sends the message that babies and kids thrive when their moms thrive in healthy relationships. Developed in partnership with the American College of Obstetricians and Gynecologists (ACOG). Also available Spanish.

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BEHAVIORAL HEALTH



Relationships, Support & Wellness

the card poses simple questions to help women examine whether their relationship is healthy and safe, while exploring potential impacts on health and mental health including anxiety, suicidal ideation, drug and alcohol use, and chronic stress.

Developed in partnership with the National Center on Domestic Violence, Trauma & Mental Health. Also available in Spanish.

HIV CARD



Sex Relationships, and Taking Control of Your Health

Designed for STI testing and counseling settings, the card aims to help patients recognize how their intimate relationship(s) may impact their health and relative risk of becoming infected with HIV or other STIs.

Coming soon: LGBTQ safety card

Other Resources

SURVIVOR BROCHURE



A Health Care Guide for Survivors of Domestic and Sexual Violence

The brochure offers trauma-informed recommendations for survivors about how to become proactive in their healthcare and how to best advocate for their needs with health care providers. Developed in partnership with Olga Trujillo, JD and the National Center on Domestic Violence, Trauma & Mental Health.

ADVOCATE TOOLKIT



Integrating Health Services Into Domestic Violence Programs

This toolkit is designed to assist domestic violence advocates in integrating onsite health assessment and primary health services into DV programs. It provides an opportunity for DV programs to create a culture of wellness and develop a more comprehensive array of services for their clients and staff.

The National Health Resource Center on Domestic Violence has supported health care practitioners, administrators and systems, domestic violence experts, survivors, and policy makers at all levels as they improve health care's response to domestic violence. The Center is funded by a grant from the Administration for Children and Families, U.S. DHHS.

For questions, contact Melody Pagan, Health Resource Center Assistant:

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